M A G I C.
"Everything that exists upon the Earth has its ethereal counterpart above the Earth, and there is nothing, however insignificant it may appear in the world, which is not depending on something higher; so that if the lower part acts, its presiding higher part reacts upon it."

Sohar Wajecae, Fol. 156, 6.
MAGIC
WHITE AND BLACK

or

The Science of Finite and Infinite Life

CONTAINING

PRACTICAL HINTS FOR STUDENTS OF OCCULTISM

BY

FRANZ HARTMANN, M.D.

"For in our searching are fulfilled all our desires, and we obtain the victory over all worlds."—Khand. Upanishad.

THIRD EDITION REVISED AND ENLARGED

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2666.3. 23.
DESCRIPTION OF THE FRONTISPIECE.

At the foot of the picture is a sleeping Sphinx, whose upper part (representing the higher principles) is human; while the lower parts (symbolising the lower principles) are of an animal nature. She is dreaming of the solution of the great problem of the construction of the Universe and of the nature and destiny of Man, and her dream takes the shape of the figure above her, representing the Macrocosm and the Microcosm and their mutual interaction.

Above, around, and within all, without beginning and without an end, penetrating and pervading all, from the endless and unimaginable periphery to the invisible and incomprehensible centre (in Man) is Parabrahm (Adi-Budha or God), the unmanifested Absolute, the supreme source of every power that ever manifested or may in the future manifest itself as a "thing," and by whose activity the world was thrown into existence, being projected by the power of His own will and imagination.

The Omega (and the Alpha in the centre) represent the "Son," the Absolute having become manifest as the Universal Logos or The Christ, also called Param-Atma, Buddhi, or the sixth principle, the cause of the beginning and the end of every created thing. It is One with the "father," being manifested as a Trinity in a Unity, the cause of what we call Space, Motion, and Substance. Its highest manifestation is Self-consciousness and Supreme Wisdom, by which it may come to the comprehension
of Man. The "regenerated" spiritual man, whose matrix is his own physical body, draws his nutriment from this universal spiritual principle as the physical foetus is nourished by means of the womb of the mother, his soul being formed from the astral influences or the soul of the world.

Out of the Universal Logos proceeds the "invisible Light" of the Spirit, the Truth, the Law, and the Life, embracing and penetrating the Cosmos and becoming manifest in the illuminated soul of Man, while the visible light of Nature is only its most material aspect or mode of manifestation, in the same sense as the visible sun is the reflex of its divine prototype, the invisible centre of power or the great spiritual Sun.

The circle with the twelve signs of the Zodiac, enclosing the space in which the planets belonging to our solar system are represented, symbolizes the Cosmos, filled with the planetary influences pervading the Astral Light, and which are caused by the interaction of the astral emanations of the cosmic bodies and their inhabitants. Here is the store-house of Life, the Iliaster of Paracelsus, in which the Mysterium magnum (the Spirit) is active.

The activity in the Cosmos is represented by the interlaced triangle. The two outer ones represent the great powers of creation, preservation, and destruction, or Brahma, Vishnu, and Siva, acting upon the elements of Fire, Water, and Earth—that is to say, upon the original principles out of which ethereal, fluid and solid material substances and forms are produced.

The two inner interlaced triangles refer more especially to the development of Man. B, C, and D represent Knowledge, the Knower, and the Known, which trinity constitutes Mind or Consciousness. E, F, and G represent the Physical man (Stoola-Sharira), the Ethereal or Inner Man (Sukshma-Sharira), sidereal body of Para
celsius, astral body, Kama rupa, &c., and the Spiritual Man (Karana-Sharira, the divine Archeus, the spiritual Soul). The centre represents the divine Atma, the personal Christ, being identical with the Universal Logos. It is, like the latter, a Trinity in a Unity,* receiving its light from the Param-Atma and radiating it again from the centre. It is the spiritual seed implanted in the soul of man, through whose growth immortal life is attained. Its light is the Rose of the Cross that is formed by Wisdom and Power, being joined together into one and sending its influence through the world. But below all is the realm of Illusion, of the most gross and heavy materialised thoughts, sinking into Darkness and Death (the Eighth Sphere or Chaos), where they decompose and putrefy, and are resolved again into the elements out of which the Universe came into existence.

* Of the three interlaced A's only one is distinctly drawn in the figure.
PREFACE TO THE THIRD EDITION.

THE favour with which "Magic" has been received by those who are interested in the study of the hidden mysteries of Nature, made it expedient to publish a third edition of this book. From an insignificant pamphlet, written originally for the purpose of demonstrating to a few inexperienced inquirers, that the study of the occult side of nature was not identical with the vile practices of sorcery, "Magic" grew into a book of respectable dimensions, and now this new edition is to be still more enlarged, and I hope will also become still more useful.

The most serious objection which has been made against this book has been on account of its title; but the causes which induced me to select such a title were suggested by the purpose for which the book was intended; nor would I at present be able to find one more appropriate for it, for "Magic"—in my opinion—means that divine art or exercise of spiritual power by which the awakened spirit in man may control the invisible living elements in the soul-substance of the universe; but above all those in his own soul, which are the ones nearest to him; for a person who cannot control the elements within his own sphere or organism, will not be able to control these identical forces existing beyond his own sphere in the organism of the universal soul, or in the souls of others.

But if we desire to master any forces whatever, either within or beyond our own sphere, it is above all necessary to know what these forces are which we desire to control, and how they originate, and as we have no better
means to study the qualities of any internal forces, than by observing those which are active within ourselves, the perception of the processes going on within our own psychic organism, and the acquirement of self-knowledge and power over oneself will be the means to accomplish our object. The art Magic is the exercise of spiritual power, which may be obtained by practising self-control, and this power cannot be acquired in any other way; nor is it possible to teach any one how to exercise a power which he does not possess, because he has not developed it. The constitutions of all men are fundamentally the same, and in each human being are magical powers germinally or in a latent condition; but they cannot be said to exist before they become active and manifest themselves, first interiorly, and afterwards in an outward direction.

It was not my object, in composing this book, to write merely a code of ethics, and thereby to increase the already existing enormous mountain of unread moral precepts, but to assist the student of Occultism in studying the elements of which his own soul is composed, and to learn to know his own psychical organism. I want to give an impulse to the study of a science, which may be called the "anatomy and physiology of the soul," which investigates the elements of which the soul is composed, and the source from which man's desires and emotions spring.

Physical science has advanced with great strides in the realm of superficial phenomena and external illusions, but the science of the real interior and invisible man is still very little known. The mechanical and chemical forces of nature have been made subservient to physical science. She has laid the yoke upon the neck of the giant Steam and chained Electricity to her triumphal chariot; she made mechanical motion, heat, and light, and magnetism the obedient slaves of men; she made
discoveries which make man to a certain extent independent of the conditions imposed upon him by space and time; she succeeded in realising certain ideas and to put them into practical execution, ideas which a century ago were believed to belong merely to the realm of the fancies of the visionary and the dreamer.

Why should we stop here? Why should it not be possible for us to advance still further, and to enchain those semi-conscious and conscious forces which pervade our own soul, and also the soul of the world? Why should it be impossible to condense into forms the living but formless Elementals; to concentrate and give shape to living and universal principles, which although they are invisible for us, nevertheless exist, as has been demonstrated by those who have acquired the power to perceive and to control them? Such things have been accomplished by the Eastern sages thousands of years ago, and may be accomplished by ourselves, provided we attain the same state of perfection which characterises these Adepts, and become like them, not merely learned, but wise.

To arrive at this end the merely superficially intellectual reading of books on Occultism is entirely insufficient. The divine mysteries of nature are above and beyond the power of conception of the semi-animal intellect. They must be intuitively grasped by the power of the spirit, which enters into the substance of which the world is formed. If we cannot perceive a spiritual truth with the eyes of the spirit, intellectual reasoning and book learning will not enable us to perceive it clearly. Books, dealing with such subjects, should not be masters to us to whom we must blindly follow; they should merely be our assistants. They are merely useful to describe the details of things which we already—although perhaps indistinctly—see with our spiritual perception; they are merely servants to hold up
before our eyes magnifying mirrors, wherein we see the truths, whose presence we feel in our own soul.

*Jacob Boehme*, the great theosophist, says in regard to the study of Occultism: "If you desire to investigate the divine mysteries of nature, investigate first your own mind, and ask yourself about the purity of your purpose. Do you desire to put the good teachings which you may receive into practice for the benefit of humanity? Are you ready to renounce all selfish desires, which cloud your mind and hinder you to see the clear light of eternal truth? Are you willing to become an instrument for the manifestation of Divine Wisdom? Do you know what it means to become united with your own higher Self, to get rid of your lower Self, to become one with the living universal power of Good and to die to your own insignificant terrestrial personality? Or do you merely desire to obtain great knowledge, so that your curiosity may be gratified, and that you may be proud of your science, and believe yourself to be superior to the rest of mankind? Consider, that the depths of Divinity can only be searched by the divine spirit itself, which is active within you. *Real knowledge* must come from our own interior, not merely from externals, and they who seek for the essence of things merely in externals, may find the artificial colour of a thing, but not the true thing itself."

Again this self-taught philosopher says: "The intellect should be developed, but above all the heart. We should attempt to understand intellectually the laws of everything; but our own still fallible intellect should not be made the starting-point in our investigations. Man should not be governed by his intellectual speculations; but he should govern his intellect, so that the light of divine reason may shine through the former. If our judgment becomes free of all selfish taint, and the vibrations of our soul are made to vibrate in harmony with
the eternal spirit, our perishable intellect will be penetrated by the imperishable light of divine wisdom; and we will be able to perceive and to solve the deepest problems of nature. If our desire and reason cling to the sphere of self, we shall see merely the illusions which we ourselves have created; but if we become free by being obedient to the universal law, we will become one with the law and see the truth in its purity."

Let therefore those who wish to acquire "magic," i.e., spiritual or divine power, follow this advice: let them rise mentally into the highest regions of thought and remain therein as its permanent residents. Let them cultivate their physical bodies and their mental constitutions in such a manner that the matter of which they are composed will become less gross and more movable and penetrable to the divine light of the spirit. Then will the veils that separate them from the invisible world become thinner; then will they become aware of the fact that the circle which limits their terrestrial and phenomenal existence is merely a small segment of that grand circle wherein their existence as self-conscious beings on the spiritual plane is enclosed, and as they increase in transcendental knowledge they will grow in spiritual power, until, by the understanding of the divine laws of the universe, they will become the co-operators of God, and God will co-operate with them.

The following pages are an attempt to show the way how Man may become a co-operator of the Divine Power whose product is Nature; they constitute a book which may properly bear the title of "Magic," for if the readers succeed in practically following its teachings, they will be able to perform the greatest of all magical feats, the spiritual regeneration of Man.
P R E F A C E.

O UR age is the age of opinions. The majority of our educated people live, so to say, in their heads, and the claims of the heart are neglected. Scepticism is king, and wisdom is only permitted to speak when it does not come into conflict with selfish considerations. The guardians of science attempt to bring the infinite truth within the grasp of their finite understanding, and whatever they fail to comprehend is supposed by them to have no existence. Our speculative philosophers refuse to recognise the incomprehensible power of universal love whose light is reflected in the human soul; they wish to examine eternal truths by the flickering candle-light of their minds reasoning from the basis of sensual observations; they forget that Humanity is a Unity, and that one individual cannot encompass the All. They ask for scientific reasons why man should be faithful and true, and why he should not consider his own personal interests above those of the rest of mankind.

It is universally admitted that man's final destiny cannot depend on the theories which he may have formed in his mind regarding Cosmology, Pneumatology, plans of salvation, &c., and as long as he possesses no real knowledge, one set of beliefs or opinions may perhaps be as good as another; but it cannot be denied, that the sooner man frees himself of erroneous opinions and recognises the real truth, the less will he be impeded by the obstacles which are in the way of his higher evolution, and the sooner will he reach the summit of his final perfection.
The most important questions seem, therefore, to be: "Is it possible that a man should actually know anything transcending his sensual perception, unless it is told to him by some supposed authority? Can the power of intuition be developed to such an extent as to become actual knowledge without any possibility of error, or shall we always be doomed to depend on hearsay and opinions? Can any individual man possess powers transcending those which are admitted to exist by modern science, and how can such transcendental powers be acquired?"

The following pages were written for the purpose of attempting to answer such questions, by calling the attention of those who desire to know the truth to a consideration of the true nature of Man and of his position in the Universe. Those who believe that they already know it of course will not need the instructions which these pages contain, but to those who desire to know they may be of some use, and to the latter we recommend the advice given by Gautama Buddha to his disciples: "Believe nothing which is unreasonable, and reject nothing as unreasonable without proper examination."

This book was not written for the purpose of convincing sceptics of the fact that phenomena of an occult character have taken place in the past and are occurring at present; though an attempt has been made to prove the possibility of mystic occurrences, by offering some explanation in regard to the laws by which they may be produced. No space has been devoted to lengthy illustrative examples of phenomena. Those who require them will find such evidence in the books whose titles have been given at the foot of the pages.
# CONTENTS

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>INTRODUCTION</strong></td>
<td>19</td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER I.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>The Ideal</strong></td>
<td>44</td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER II.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>The Real and the Unreal</strong></td>
<td>64</td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER III.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Form</strong></td>
<td>85</td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER IV.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Life</strong></td>
<td>115</td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER V.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Harmony</strong></td>
<td>132</td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER VI.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Illusion</strong></td>
<td>154</td>
</tr>
<tr>
<td></td>
<td><strong>CHAPTER VII.</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Consciousness</strong></td>
<td>177</td>
</tr>
</tbody>
</table>
CONTENTS.

CHAPTER VIII.

UNCONSCIOUSNESS . . . . . 200

CHAPTER IX.

TRANSFORMATIONS . . . . . 221

CHAPTER X.

CREATION . . . . . 245

CHAPTER XI.

LIGHT . . . . . 268

CHAPTER XII.

CONCLUSION . . . . . 290
INTRODUCTION.

"There is no religion higher than the recognition of the truth."

W HATEVER misinterpretation ancient or modern ignorance may have given to the word Magic, its only true significance is The Highest Science, or Wisdom, based upon knowledge and practical experience.

If you doubt whether there is any such thing as Magic, and if you desire any practical illustration about it, open your eyes and look around you. See the world, the animals, and the trees, and ask yourself whether they could have come into existence by any other power than by the magic power of nature. Magical power is not a supernatural power, if by the term "supernatural" you mean a power which is outside, beyond, or above nature. To suppose the existence of such a power is an absurdity and a superstition, opposed to all our experience; for we see that all organisms, vegetable and animal ones, grow by the action of internal forces acting outwardly, and not by having something added to their substance from the outside. A seed does not become a tree, nor a child a man, by having substance added to its organism by some outside workman, or like a house which is built by putting stones on the top of each other; but living things grow by the action of an internal force, acting from a centre within the form. To this centre flow the influences coming from the universal storehouse of matter and motion, and from there they radiate again towards the periphery, and perform that labour which builds up the living organism.

But what else can such a power be, except a spiritual
power, because it penetrates to the very centre of material things. It cannot be a mere mechanical force; for we know that a mechanical force ceases as soon as the impulse which originated it ceases to act. It cannot be a chemical force, for chemical action ceases when the chemical combination of the substances which were to combine has taken place. It must therefore be a living power, and as life cannot be a product of a dead form, it can be nothing else but the power of the One Life, acting within the life-centres of the forms.

Nature is a magician, and every plant, animal, and man is a magician, who uses his powers unconsciously and instinctively to build up his own organism; or, in other words, every living being is an organism in which the magic power of nature acts; and if a man should attain the knowledge how to control this power of life, and to employ it consciously, instead of merely submitting unconsciously to its influence, then he would be a magician, and could control the processes of life in his own organism, and perhaps in that of other beings.

Now the question is: Can any man obtain such a power as to control the processes of life? The answer to this question depends on what you mean by the term "man." If you mean by "man" an intellectual animal, such as we meet every day in the streets, then the answer is: No! for the majority of the men and women of our present generation, including our greatest scientific lumens, know absolutely nothing about the universal power of the One Life, and most of them have not even made up their minds whether or not they will believe in its existence. They can neither see it nor feel it, and therefore they do not know what to make of it.

But if you mean by "man" that intelligent principle, which is active within the organism of man, and which constitutes him a human being, and by whose action he becomes a being very distinct from and above the animals in human or animal form, then the answer is: Yes! for the divine power which acts within the organism of animal man is the same and identical power which acts within the centre of nature. It is an internal power of man, and belongs to man, and if man once knows all the
powers which belong to his essential constitution, and knows how to use them, then he may enter from the passive into the active state, and employ these powers himself.

Absurd as it may seem, it is nevertheless a logical consequence drawn from the fundamental truths about the constitution of man, that if a man could control the universal power of life acting within himself, he might prolong the life of his organism as long as it pleased to him; if he could control it, and knew all the laws of matter, he might render it dense or vaporous, concentrate it to a small point, or expand it, so as to occupy a great deal of space. Verily, truth is stranger than fiction, and we might see it, if we could only rise above the narrow conceptions and prejudices which we have inherited and acquired by education and sensual observation.

The most strange things happen continually in nature, and hardly attract our attention. They do not seem strange to us, although we do not understand them; merely because we are accustomed to see them every day. Who would be so "foolish" as to believe that a tree could grow out of a seed—as there is evidently no tree in the seed—if his experience had not told him that trees grow out of seeds in spite of all arguments to the contrary? Who would believe that a flower would grow out of a plant, if he had not seen it, for observation and reason show that there is no flower in the stalk? Nevertheless, flowers grow, and cannot be disputed away.

Everywhere in nature the action of a universal law is manifest, but we cannot see the law itself. Everywhere we see the manifestations of wisdom; but those who seek for the origin of wisdom within their own brains will seek for it in vain.

The art of Magic is the art of employing invisible or so-called spiritual agencies to obtain certain visible results. Such agencies are not necessarily invisible entities, flitting about in vacant space, ready to come at the command of anyone who has learned certain incantations and ceremonies; but they consist principally in the unseen but nevertheless powerful influences of the Emotions and the Will, of desires and passions, thought
and imagination, love and hate, fear and hope, faith and doubt, &c., &c. They are the powers of what is called the Soul; they are employed everywhere and by everybody every day, consciously or unconsciously, willingly or unwillingly, and while those that cannot control or resist such influences, but are controlled by them, are passive instruments, "Mediums" through which such unseen powers act, and often their unwilling slaves; those who are able to guide and control such influences by gaining control over themselves, are, in proportion to their controlling capacity, active, and powerful, and true Magicians, and may employ their powers for good or for evil. We see, therefore, that with the exception of irresponsible persons, every one who has any will power is, in so far as he exercises that will power, an active Magician; a white magician if he employs them for good, a black magician if he uses them for the purposes of evil.

There are people in the East and some in the West, through whom extraordinary feats, such as are usually classified as "Magic," are performed; but it does not logically follow that such people are therefore conscious Magicians; it only shows that the power which acts through their organism, is a magic power, and the supposed "Magician" may be merely the instrument through which the invisible magician performs such feats, and he may not even know who or what that magician or that power is.

We all cannot honestly say "we have life," for life does not belong to us, and we cannot control or monopolize it. All we can say without arrogance and presumption is, that we are instruments through which the universal One Life manifests itself in the form of a human being. We are all Mediums, through which the universal One Life acts. Only when we know our own selves and can control the life-principle within ourselves, can we "wrangle with God" and become our own Masters. He who thinks that he has any power whatever of his own, thinks foolish; for all the powers he has are lent him by nature, or—more correctly speaking—by that eternal spiritual power, which acts in and from the centre of nature, and which men have called "God," because they have found it to be the source of all good.
INTRODUCTION.

No one will deny that Man, besides having physical powers, is also temporally endowed with mental and spiritual energies. We love, respect, or obey a person, not on account of his superior bodily strength, but on account of his intellectual and moral worth, or while we are under the spell of some real or imaginary authority, that we may believe him to possess. A king or a bishop has, as a person, not necessarily any more power than his lackey or butler, and must make himself known before he will be obeyed; a captain may be the weakest man in his company and still his soldiers obey him. We love beauty, harmony, and sublimity, not on account of their usefulness for material purposes, but because they satisfy an inner sense, which does not belong to the physical plane; civilization gains ground, more by moral and intellectual influences than by the power of the bayonet, and it is a true saying, that in our age the pen is mightier than the sword.

What would be a world without the magic power of love of beauty and harmony? How would a world look if made after a pattern furnished by the modern "rationalistic philosopher"? A world in which the universal power of good were not recognized could be nothing else but a world of maniacs and filled with hallucinations. In such a world art and poetry could not exist, justice would become a convenience, honesty be equivalent with imbecility, to be truthful would be to be foolish, and the god of Self the only god worthy of any consideration.

Magic may be said to be that science which deals with the mental and moral powers of man, and shows what control he may exercise over himself and others. In order to study the powers of man it is necessary to investigate what Man is, and what relation he bears to the universe, and such an investigation, if properly conducted, will show that the elements which compose the essential man are identical with those we find in the universe; that is to say, that the universe is the Macrocosm, and man—its true copy—the Microcosm.

Microcosmic man and the Macrocosm of nature are one. How could it be possible that the Macrocosm should
contain anything not contained within the Microcosm or that Man should have something within his organism, which cannot be found within the grand organism of nature? Is not man the child of nature, and can there be anything within his constitution which does not come from his eternal father and mother? If man's organization contained something unnatural, he would be a monster, and nature would spew him out. Everything contained in nature can be found within the organism of man, and exists therein either in a germinal or developed state; either latent or active, and may be perceived by him who possesses the power of self-knowledge.

We are born into a world in which we find ourselves surrounded by physical objects. There seems to be still another—a subjective—world within us, capable of receiving and retaining impressions from the outside world. Each one is a world of its own, with a relation to space different from that of the other. Each has its days of sunshine and its nights of darkness, which are not regulated by the days and nights of the other, each has its clouds and its storms, and shapes and forms of its own.

As we grow up we listen to the teachings of science to try to find out the true nature of these worlds and the laws that govern them, but physical science deals only with forms, and forms are continually changing. She gives only a partial solution of the problems of the objective world, and leaves us in regard to the subjective world almost entirely in the dark. Modern science classifies phenomena and describes events, but to describe how an event takes place is not sufficient to explain why it takes place. To discover causes, which are in themselves the effects of unknown primal causes, is only to evade one difficulty by substituting another. Science describes some of the attributes of things, but the first causes which brought these attributes into existence are unknown to her, and will remain so, until her powers of perception will penetrate in the unseen.

Besides scientific observation there seems to be still another way to obtain knowledge of the mysterious side of nature. The religious teachers of the world
INTRODUCTION.

claim to have sounded the depths which the scientists cannot reach. Their doctrines are supposed by many to have been received through certain divine or angelic revelations, proceeding from a supreme, infinite, omnipresent, and yet personal—and therefore limited—Being—the existence of which has never been proved. Although the existence of such a being is—to say the least—exceedingly doubtful, yet men in all countries have bowed down in terror before its supposed dictates; ready to tear each other's throats at a sign of its supposed command, and willing to lay down their money, their lives, and even their honour at the feet of those who are looked upon as the confidants or deputies of a god. Men and women are willing to make themselves miserable and unhappy in life for the purpose of obtaining some reward after they live no more. Some waste their life in the anticipation of joys in a life of which they do not know whether or not it exists; some die for fear of losing that which they do not possess. Thousands are engaged in teaching others that which they themselves do not know, and in spite of a very great number of religious systems there is comparatively little religion at present upon the Earth.

The term Religion is derived from the Latin word religare, which may be properly translated "to bind back," or to "relate." Religion, in the true sense of the term, implies that science which examines the link which exists between man and the cause from which he originated, or in other words, which deals with the relation which exists between man and the world of causes, whether we call it Nature or whether we call it God, for the true meaning of the term God is Supreme First Cause, and Nature is the effect of its manifestation. True religion is therefore a science far higher than a science based upon mere sensual perception, but it cannot be in conflict with what is true in science. Only what is false in science must necessarily be in conflict with what is true in religion, and what is false in religion is in conflict with what is true in science. True religion and true science are ultimately one and the same thing, and therefore equally true; a religion that clings to
illusions, and an illusory science, are equally false, and
the greater the obstinacy with which they cling to their
illusions the more pernicious is their effect.

There should a distinction be made between "religion"
and "religionism;" between "science" and "scientism;"
between "mystic" and "mysticism."

The highest aspect of Religion teaches practically the
union of man with the Supreme First Cause, from which
his essence emanated in the beginning.

Its second aspect teaches the relations existing between
that Great First Cause and Man; in other words, the
relations existing between the Macrocosm and Microcosm.

In its lowest aspect religionism consists of the adula-
tion of dead forms, of the worshipping of fetiches, of
fruitless attempts to wheedle oneself into the favour
of some imaginary deity, to persuade "God" to change his
mind, and to try to obtain some favours which are not in
accordance with justice.

Science in her highest aspect is the knowledge of the
fundamental laws of Nature, and is therefore a spiritual
science, based upon the knowledge of the spirit within
our own selves.

In her lower aspect it is a knowledge of external phe-
nomena, and the secondary or superficial causes which
produce the latter, and which our modern scientism mis-
takes for the final cause.

In its lowest aspect scientism is a system of observation
and classification of external phenomena, of the causes of
which we know nothing.

Religionism and Scientism are continually subject to
changes. They have been created by illusions, and die
when the illusions are over. True Science and true
Religion are one, and if joined to Practice, they form the
three-lateral pyramid, whose foundations are upon the
earth, and whose point reaches to heaven.

Mystic in its true meaning is spiritual knowledge;
that is to say, the knowledge of spiritual and "super-
sensual" things, perceived by the spiritual powers of
perception. These powers are germinally contained in
every human organization, but only few have developed
them sufficiently to be of any practical use.
INTRODUCTION.

*Mysticism* is a hankering after illusions, a desire to pry into mysteries which we cannot comprehend, a craving to satisfy our curiosity in regard to what we ought not to know, as long as we have not the power to understand them. It is the realm of fancies, of dreams, the paradise of ghost-seers, and of spiritistic tomfooleries of all kinds.

But which is the true religion and the true science? There is no doubt that a definite relationship exists between Man and the cause that called humanity into existence, and a true religion or a true science must be the one which teaches the true terms of that relation. If we take a superficial view of the various religious systems of the world, we find them all apparently contradicting each other. We find a great mass of apparent superstitions and absurdities heaped upon a grain of something that may be true. We admire the ethics and moral doctrines of our favourite religious system, and we take its theological rubbish in our bargain, forgetting that the ethics of nearly all religions are essentially the same, and that the rubbish which surrounds them is not real religion. It is evidently an absurdity to believe that any system could be true, unless it contained the truth. But it is equally evident that a thing cannot be true and false at the same time. The truth can only be one. The truth never changes; but we ourselves change, and as we change so changes our aspect of the truth. The various religious systems of the world cannot be unnatural or supernatural products. They are all the natural outgrowth of man's evolution upon this globe, and they differ only in so far as the conditions under which they came into existence differed at the time when they began to exist. Each intellectual human being, except one blinded by prejudice, recognises the fact that each of the great religious systems of the world contains certain truths, which we intuitively know to be true; and as there can be only one fundamental truth, so all these religions are branches of the same tree, even if the forms in which the truth manifests itself are not alike. The sunshine is everywhere the same, only its intensity differs in different localities. In one place it induces the growth
of palms, in another of mushrooms; but there is only one Sun in our system. The processes going on on the physical plane have their analogies in the spiritual realm, for there is only one Nature, one Law.

If one person quarrels with another about religion, he cannot have the true religion, nor can he have any true knowledge. The only true religion is the religion of Love, and love does not quarrel. Love is an element of Wisdom, and there can be no wisdom without love. Each species of birds in the woods sings a different tune; but the principle which causes them to sing is the same in each. They do not quarrel with each other, because one can sing better than the rest. Moreover, religious disputation, with their resulting animosities, are the most useless things in the world; for no one can combat the darkness by fighting it with a stick: the only way to remove darkness is to kindle a light, the only way to dispel spiritual ignorance is to let the light of knowledge that comes from the centre of love shine into the heart.

All religions are based upon internal truth, all have an outside ornamentation which varies in character in the different systems, but all have the same foundation of truth, and if we compare the various systems with one another, looking below the surface of exterior forms, we find that this truth is in all religious systems one and the same. In all this truth has been hidden beneath a more or less allegorical language, impersonal and invisible powers have been personified and represented in images carved in stones or wood, and the formless and real has been pictured in illusive forms. These forms in letters, and pictures, and images are the means by which truths may be brought to the attention of the unripe Mind. They are to the grown-up children of all nations what picture-books are to small children who are not yet able to read, and it would be as unreasonable to deprive grown-up children of their images before they are able to read in their own hearts, as it would be to take away the picture-books from little children and to ask them to read printed books, which they cannot yet understand.

Very stupid indeed and insignificant would be the stories contained in the Bible, and in other religious
books, if the personal events described therein were
referring merely to certain occurrences having happened
in the lives of certain individuals who lived some
thousands of years ago, and whose biography can
seriously interest no one to-day. What do we care now
about the family affairs of a man called Adam or
Abraham? Why should we want to be interested in
knowing how many legitimate or illegitimate children
the Patriarchs had, and what became of them. What is
it to us whether or not a man by the name of Jonah was
thrown into the water and swallowed by a whale? What
happens to-day in the various countries of Europe
is more interesting and important for us to know
than what happened at the court of Zerubabel or
Nabuchodonosor.

But fortunately for the Bible and—if we only knew
how to read it—fortunately for us, the stories contained
therein are by no means merely histories of persons who
lived in ancient times, but they are allegories and myths
having very often a very deep meaning, of which our
expounders of the Bible, as well as its critics, usually
know very little.

The men and the women of the old and new "testa-
ment" are much more than mere persons supposed to
have existed at that time. They are personifications of
eternally active spiritual forces, of which physical science
does not even know that they exist; and their histories
give an account of their action, their interrelations within
the Macrocosm and its counterpart the Microcosm; they
teach the history of the evolution of mankind in its
spiritual aspect.

If our natural philosophers would study the Bible in
its esoteric and spiritual aspects, they might learn a great
many things which they desire to know. They might
learn to find out what are the true powers of the "living
faith," and which are required to produce occult pheno-
mena at will; they might find instruction how to trans-
mute lead or iron into pure gold, and to transform
animals into gods.

But it is a truth, based upon natural laws, that man
can see nothing except that which exists in his mind. If
his mind is filled with illusions, he will see nothing but illusions, and the deepest of symbols will be pictures without meaning to him.

If our children—the big ones as well as the little ones—are only looking at the pictures without learning the text, they are apt to grow to believe the pictorial representations to be the very things they are intended to represent; they become accustomed to forget that forms are only illusions, and that formless realities cannot be seen. It is so much easier to believe than to think. Children should not linger over their picture-books so long as to neglect their higher education. Humanity has outgrown the infancy of its present cycle, and asks for more intellectual food; the age of superstition is passing away, and the demand is not for opinions but for knowledge, and knowledge cannot be obtained without an effort. If we examine the various religious systems we may find a great deal of truth, but we cannot recognise it without knowledge, and real knowledge can only be obtained by practical experience. The expressed opinion of one person can only give rise to conviction in another, if corroborated by the same or a similar experience of the latter. A person can only truly believe that which he knows, and he can only actually know that which he has perceived.

There is a great difference between perceiving and understanding the truth. We may perceive the truth with our heart and we understand it with our brain. In other words: We may feel the truth intuitively, and examine it intellectually. If our present generation would cultivate the faculty of feeling the truth with their hearts, and afterwards examine that which they feel by means of their intellect, we would soon have a far better and happier state of society everywhere. But the great curse of our age is that the intellectual faculties are strained to their utmost power of resistance, to examine the external forms of things intellectually without perceiving their spiritual character by the power of intuition.

Men, instead of living in the sanctuary of the temples which they inhabit, are continually absent from there,
and reside in the garret under the roof, looking out through the windows of the garret after the illusions of life. Day and night they stand there and watch, careful that none of the passing illusions may escape their observation, and while their attention is absorbed by these idle shows, the thieves enter the house and the sanctuary without being seen, and steal away the treasures. Then at the time when the house is destroyed, and death appears, the soul returns to the heart and finds it empty and desolate, and all the illusions that occupied the brain during life fly away, and man is left poor indeed, because he has not perceived the truth in his heart.

The real object of a religious system should therefore be to teach a way by which a person may develop the power to perceive the truth. To ask a man to believe in the opinion expressed by another, and to remain satisfied with such a belief, is to ask him to remain ignorant, and to trust to another person more than to himself. A person without knowledge can have no conviction—no faith, and his adoption of one particular system depends on the circumstances under which he is born, or brought up, or surrounded. He is most liable to adopt that system which his parents or neighbours have inherited or adopted, and if he changes from one system to another, he, generally speaking, does so from mere sentimentality, or on account of some selfish consideration, expecting to obtain some benefit to himself by that change. From a spiritual standpoint he will gain nothing under such circumstances; because, to approach the truth, he must love the truth for its own sake, and not on account of the personal advantage that it may bring; from an intellectual standpoint he will gain little or nothing by exchanging one superstition for another. The only way by which Man can hope to arrive at the truth is to love the truth on account of its being the truth, and to free his mind from all prejudices and predilections, so that its light may penetrate into the mind.

What is the religionism of to-day, but a religion of fear? Men do not wish to avoid vice, but they wish to
avoid the punishment for having indulged in vice. Their experience teaches them that the laws of nature are unchangeable, but nevertheless they continue to act against the universal law. They claim to believe in a God who is changeable, and yet they implore His assistance if they desire to break His own law. When will they rise up to the true conception that the only possible God is that universal power which acts through the law, which is itself the law, and cannot be changed? To break the law is identical with breaking the God within ourselves, and the only way to obtain forgiveness after He is broken is to restore the law, and to create a new God within ourselves.

It may be well to study the opinions of others, and to store them up in the book of our memory, but we should not accept them on any merely external evidence, nor reject them without investigation, but weigh them in the scales of reason and justice. Even the teachings of the world's greatest Adepts, unimpeachable as they may be, can only instruct us, but give us no real knowledge. They can show the way, but we must take ourselves the steps on the ladder. Were we to recognise their *dictum* as the final aim, to be accepted without any further investigation, we should again fall back into a system of belief for the sake of authority. Knowledge gives strength, doubt paralyzes the will. A man who does not believe that he is able to walk will not be able to walk as long as he does not believe; a man who *knows* by experience that he can command himself will be able to do so. He who can command himself can command that which is below him, because the low is controlled by the high, and there is nothing higher than Man having obtained a perfect knowledge of Self.

The knowledge of Self is identical with Self-knowledge, *i.e.*, with a knowledge independent of any opinions, dogmas or doctrines, no matter from what authority they may proceed. If we study the teachings of any supposed authority external to our own selves, we at best know what the opinion of such an authority is in regard to the truth, but we do not necessarily arrive thereby at a self-knowledge of the truth. If we, for instance, learn
what Christ taught about God, we are only informed of what he knew or believed to know, but we cannot know God for all that, unless we awaken to a realization of his presence within our own heart. The knowledge of even the wisest of all men, if communicated to us, will be to us nothing more than an opinion, as long as it is not experienced within our own selves. As long as we cannot penetrate within the soul of Man, we can know little more about him but his corporeal form; but how could we penetrate within the soul of another as long as we have not the capacity to enter our own? Therefore the beginning of all real knowledge is the knowledge of Self.

Does "rationalistic" science confer any true knowledge of Man? The range of her power of observation is limited by the perceptive power of her physical senses, assisted by physical instruments; she has no means to investigate that which transcends physical sense, she cannot enter the temple of the unseen, she only knows the external form in which the reality dwells. She only knows the illusive form of man, she knows nothing whatever of the essential and real man, and even doubts his existence. In vain shall we look to her for the solution of the problem, which thousands of years ago the Egyptian Sphinx propounded.

Do the popular religious systems confer any true knowledge of Man? The conception which the average theologian has of the mysterious being called Man is as little as that of the professor of modern science. He looks upon man as a personal being, isolated from other personal beings around whose infinite little personality centres the interests of the infinitely great. He forgets that the founders upon the principal religious systems taught that the original and essential man (Adam) was an impersonal power, that the real man (the Christ) is a whole and cannot be divided, and that the personal man is only the temporary temple in which the universal spirit resides.*

The misconceptions arising from ignorance of the true nature of Man are the cause that the popular

* Bible: Corinth., iii. 16.
religious opinions held by the average theologians in Christian and Pagan countries are based upon selfishness, contrary to the spirit of that which true religion teaches. Christians and "Heathens" clamour for some personal benefit to be conferred by some imaginary person upon their insignificant personal self, either here or in the problematical hereafter. Each one of such short-sighted persons wants to be saved himself above all, the salvation of the rest is a matter of second consideration. They expect to obtain some benefit which they do not deserve, to wheedle themselves into the favour of some personal deity, to cheat the "devil" of his just dues, and to smuggle their imperfections into the kingdom of Heaven.

The only reasonable object which any external religious system can possibly have, is to elevate man from a lower state to a higher one, in which he can form a better conception of his true dignity as a member of the human family. If there is any possibility of imparting to a man a knowledge of self, the churches are the places where such a knowledge should be imparted; but to accomplish this the claims of the spirit should predominate over those of the form, the interests of religion and the interests of the "Church" would have to cease to be amalgamated, and the Church should again be founded upon the rock of the living faith instead of the craving to obtain some selfish personal benefit in this world or in the problematical hereafter.

He who is led by selfish considerations cannot enter a heaven where personal considerations do not exist. He who does not care for Heaven but is contented where he is, is already in Heaven, while the discontented will in vain clamour for it. To be without personal desires is to be free and happy, and "Heaven" can mean nothing else but a state in which freedom and happiness exist. The man who performs beneficial acts induced by a hope of reward is not happy unless the reward is obtained, and if his reward is obtained his happiness ends. There can be no permanent rest and happiness as long as there is some work to be done and not accomplished, and the fulfilment of duties brings its own reward.
A man who performs a good act with the hope of reward is not free. He is the servant of Self, and works for the benefit of Self and not for absolute Good. It is, therefore, not the power of Good which will reward him, he can only expect that reward from his own personal Self.

The man who performs evil acts, induced by a selfish motive, is not free. He who desires evil and is restrained by fear is not his own master. He who recognizes the supreme power of the universe in his own heart has become free. He whose will is swayed by his lower personal self is the slave of his person, but he who has conquered that lower self enters the higher life and becomes a power.

The science of Life consists in subduing the low and elevating the high. Its first lesson is how to free oneself from the love of self, the first angel of evil, or, according to Edwin Arnold:

"The sin of self, who in the universe
As in a mirror sees her fond face shown,
And crying 'I,' would have the world say 'I,'
And all things perish so if she endure."* 

This lower Self is composed of a great many I's, of which each one has his peculiar claims, and whose demands grow in proportion as we attempt to satisfy them. They are the semi-intellectual forces of the soul that would rend the soul to pieces if they were allowed to grow, and which must be subdued by the power of the real Master, the superior "I"—the Spirit.

These "I's" are the Elementals, of which has been said so much in occult literature. They are not imaginary things, but living forces, and they may be perceived by him who has acquired the power to look within his own soul. Each of these forces corresponds to some animal desire, and if it is permitted to grow is symbolized by the form of the animal which corresponds to its nature. At first they are thin and shadowy, but as the desire which corresponds to them is indulged in, they become more and more dense, and gain great

* Edw. Arnold: "Light of Asia."
strength as our desires grow into a passion. The lesser Elementals are swallowed by the bigger ones, the little desires are absorbed by the stronger ones, until perhaps at last one Master Passion, one powerful Elemental remains. They form the dreaded Dwellers of the Threshold, who guard the garden of the paradise of the soul. They are described as having the form of snakes and tigers, hogs, insatiable wolves, etc., but as they are often the result of a mixture of human and animal elements, they do not merely exhibit purely animal forms; but frequently they look like animals with human heads or like men with animal members; they appear under endless varieties of shapes, because there is an endless variety of correlations and mixtures of lust, avarice, greed, sensual love, ambition, cowardice, fear, terror, hate, pride, vanity, self-conceit, stupidity, voluptuousness, selfishness, jealousy, envy, arrogance, hypocrisy, cunning, sophistry, imbecility, superstition, etc., etc.

These Elementals may live in the soul-realm of man as long as he lives, and grow strong and fat, for they live on his life-principle, and are fed by the substance of his thoughts. They may even become objective to him, if during a paroxysm of fear or in consequence of some disease they are enabled to step out of their sphere. They cannot be killed by pious ceremonies, nor be driven away by the exhortations of a clergyman; they are only destroyed by the power of the spiritual Will of man, which annihilates them as the light annihilates darkness, or as a stroke of lightning seems to rend the clouds.

Only those who have awakened to spiritual consciousness can have that spiritual will, of which the non-regenerated knows nothing. But those who are not yet so far advanced may cause those elementals to die slowly, by withdrawing from them the food which they require, that is to say, by avoiding all desires and thoughts which correspond to their character. They will then begin to wane, to get sick, die and putrify like a member of the body which has become mortified. A line of demarkation will be formed in the soul-body of man, there may be "inflammation" and suffering. A
process, similar to that which takes place if a gangrenous part of the physical body is thrown off, takes place; and at last the putrid carcass of the Elemental drops off and dissolves.

These descriptions are neither fancies nor allegories. *Theophrastus Paracelsus, Jacob Boehme*, and many other writers on Occultism write about them, and a due appreciation of their doctrines will go far to explain many occurrences mentioned in the history of witchcraft, and in the legends of the lives of the saints.

But there are not merely animal germs within the realm of the soul of man. In each human constitution there are also the germs which go to make up a Shakespeare, a Washington, Goethe, Voltaire, a Buddha, or Christ. There are likewise the germs which may grow to make a Nero, Messalina or Torquemada; and each germ may develop and take a form, and ultimately find its expression and reflection in the outward form, as much as the density of the material atoms, which are slow to transform, will permit; for each character corresponds to a form, and each form to a character.

Man's microcosm is a garden in which all kinds of living plants grow. Some are poisonous, some are wholesome plants. It rests with man to decide which germs he wants to develop into a living tree, and that tree will be himself.

To accomplish this task it is not necessary to become a misanthrope and retire into a jungle to feed on the products of one's own morbid imagination; the struggle caused by the petty annoyances of everyday life is the best school to exercise the will power for those that have not yet gained the mastery over Self. "To renounce the vanities of the world" does not mean to look with contempt upon the progress of the world, to remain ignorant of mathematics and logic, to take no interest in the welfare of humanity, to avoid the duties of life or neglect one's family. Such a proceeding would accomplish the very reverse of what is intended; it would increase the love of self, it would concentrate the soul to a small focus instead of expanding it over the world. "To renounce one's self" means to conquer the sense of
personality and to free one's self of the love of things which that personality desires. It means to "live in the world, but not cling to the world," to substitute universal love for personal love, and to consider the interests of the whole of superior importance than personal claims. The renunciation of self is necessarily followed by spiritual growth. As we forget our personal self, we attach less importance to personalities, personal things, and personal feelings. We begin to look upon ourselves not as being permanent, unchanging and unchangeable entities, standing isolated among other isolated entities, and being separated from them by impenetrable shells, but as parts of an infinite power, which embraces the universe, and whose powers are concentrated and brought to a focus in the bodies which we temporarily inhabit, into which bodies continually flow and from which are incessantly radiating the rays of an infinite sphere of light, whose circumference is endless and whose centre is everywhere.

Upon the recognition and realisation of this truth rests the only true religion, the Religion of the Universal Love of all Beings. As long as man takes only his own little self into consideration in his thoughts and acts, the sphere of his mind becomes necessarily narrow. All our popular religious sects are based upon selfish considerations. Each of our religious sectarianists speculates to obtain some spiritual, if not material, benefit for himself. Each one wants to be saved by somebody; first he, and then perhaps the others; but, above all, he himself. The true religion of universal Love knows of no "self."

Even the high and laudable desire to go to heaven or enter the state of Aivana, is, after all, but a selfish desire, and as long as man has any selfish desires whatever, his mind perceives only his own self. Only when he ceases to have a limited illusive "self" will his real self become unlimited and be omnipresent, like the spirit of Wisdom. He who desires unlimited knowledge must rise above limitation.

Looked at from that height, the personality appears exceedingly small and insignificant, and of little importance. Man appears as the centralisation of an idea,
persons and peoples like living grains of sand on the shore of an infinite ocean. Fortune, fame, love, luxury, &c., assume in his conception the importance of soap-bubbles, and he has no hesitation in relinquishing them as the idle playthings of children. Neither can such a renunciation be called a sacrifice, for grown-up boys and girls do not "sacrifice" their popguns and dolls, they simply do not want them any longer. In proportion as their minds expand, do they reach out for something more useful, and as a man's spirit expands, his surroundings, and even the planet on which he lives, appear to him small as a landscape seen from a great distance, or from a high mountain, while at the same time his conception of the infinite grows larger and assumes a gigantic form. This expansion of our existence "robs us of a country and a home"* by making us citizens of the grand universe; it separates us from our mortal parents and friends to unite us with them for ever as our immortal brothers and sisters; it lifts us up from the narrow confines of the illusory form to the unlimited realm of the Ideal, and releasing man from the prison-house of insignificant clay, it leads him to the sublime splendour of Eternal and Universal Life.

Every form of life, the human form not excepted, is nothing more than a focus in which the energies of the universal principle of life are concentrated, and the more they are concentrated and cling to that centre, the less are they able to manifest their activity, to grow and expand. Self-satisfied man, who employs his capacities only for his own selfish purpose, contracts them into himself, and as he contracts he becomes more and more insignificant, and as he loses sight of the whole, the whole loses sight of him. If, on the other hand, a person who is not in possession of sufficient energy attempts to send his forces into the region of the unknown, scattering them through space, without having strengthened them by the development of the intellect, they will wander like shadows through the realm of the infinite and become lost. He will see things within the realm of the spirit, which his intellect is unable to com-

* Bulwer-Lytton: "Zanoni."
prehend, he may become impracticable, a superstitious fanatic, a dreamer. Harmonious growth requires expansion along with a corresponding accumulation of energy.

Some persons are possessed of great intellectual power, but of little spirituality; some have spiritual power, but a weak intellect; those in which the spiritual energies are well supported by a strong intellect are the elect. To become practical, we must first learn to understand the thing we want to practise, by observation and receiving instruction. Understanding is a result of assimilation and growth, not a result of cramming. It is an awakening to a state of consciousness of the nature of the thing that comes within the range of our cognition. A person coming to a strange country in the evening will, when after a night's rest he awakes in the morning, hardly realize where he is. He has, perhaps, been dreaming of his home and those that are left there, and only after he opens his eyes and awakens to a full sense of consciousness of his new and strange surroundings, will the old impressions fade away, and he will begin to realize where he is. In the same manner old errors must disappear before new truths can be realized. Man only begins to exist as a spiritual being when his spiritual consciousness comes to life.

To become perfect, physical health, intellectual growth, and spiritual perception and activity should go hand in hand. Intuition should be supported by an unselfish intellect, a pure mind by a healthy form. How to accomplish this can neither be taught by a science which deals only with illusory effects, nor by a religious belief based upon illusions; but it is taught by the Wisdom Religion of the ages, whose foundation is truth, and whose practical application is the highest object of human existence.

This Wisdom Religion has been, and is to-day, the heritage of the saints, prophets, and seers and of the illuminated ones of all nations, no matter to what external system of religion they may have given their adherence. It was taught by the ancient Brahmins, Egyptians, and Jews in temples and caves, Gautama
INTRODUCTION.

Buddha preached it, it formed the basis of the Eleusinian and Bachic mysteries of the Greeks, and the true religion of Christ is resting upon it. It is the religion of Humanity, that has nothing to do with confessions and forms. Now, as in times of old, its truths are misunderstood and misrepresented by men who profess to be teachers of men. The Pharisees and Sadducees of the New Testament were the prototypes of modern churchmen and scientists existing to-day. Now, as then, the truth is daily crucified between superstition and selfishness and laid in the tomb of ignorance, from whence it will rise again. Now, as then, the spirit has fled from the form, being driven away by those that worship the form and hate the spirit. Wisdom will for ever remain a secret science to the idolators adoring the form, even if it were proclaimed from the housetops and preached at a market-place. The dealer in pounds and pennies, absorbed by his material interests, may be surrounded by the greatest beauties of nature and not comprehend them, the intellectual reasoner will ask for a sign and not see the signs by which he is continually surrounded. The tomb from which the Saviour will arise is the heart of men and women; if the good in them awakens to self-consciousness, then will it appear to them as a sun, shedding its light upon a better and happier generation.

The existence of the magic power of good will probably be denied by few; but if the existence of good, or White Magic, is admitted, that of evil, or Black Magic, is not any more improbable.

It is not man who exercises good or evil magic powers, but it is the God in him who works good or evil through the organism of man. God is good or evil according to the conditions under which he acts; for if God did not include evil as well as good, he would not be universal. God performs good or evil deeds according to the mode in which he must act; in the same way as the sun is good in spring-time when he melts the snow and assists the grass and flowers to crawl out of the dark earth, and evil, if he parches the skin of the wanderer in tropical Africa and kills persons by sun-stroke. God causes the
healthy growth of a limb and the unhealthy growth of a cancer by the magic power of his unconscious will, which acts according to law and not according to whims. Only when the Divinity in Man has awakened to consciousness and knowledge, will man be able to control his own magic (spiritual) power and employ it for Good or for Evil.

A person having created (or called into consciousness) in himself an impersonal power may employ it for good or for evil, but if he employs it for his own personal gain, he loses that power, because in such a case the sense of his personality becomes more permanent and his personal Self has no power. Every day we may read of persons who have used high intellectual powers for vile purposes. We see persons making use of the vanity, greediness, selfishness, or ambition of others to render them subservient to their own purpose. We see them commit murder and instigate wars for the benefit of their own purposes or to attain some object of their ambition. But such events belong more or less to the struggle for existence. They do not necessarily belong to the sphere of black magic because they are usually not caused by a love for evil, but by a desire of a personal benefit of some kind. The real black magicians are those that are doing evil for the sake of doing evil, who injure others without expecting or receiving any benefit for themselves. To that class belong the backbiter and slanderer, the traducer and seducer, those who create enmity in the bosom of families, who oppose progress and encourage ignorance, and they have been rightly called the *Powers of Darkness*, while those who do good for the sole purpose of doing good have been called the *Children of Light*.

The struggle between Light and Darkness is as old as the world; there can be no light become manifest without Darkness and no evil without good. Good and evil are the light and shadow of the one eternal principle of life, and each is necessary if the other is to become manifest. Absolute good must exist, but we cannot know it without knowing the presence of evil. Absolute evil cannot exist, because it is held together by a spark of good. A
soul in which there were no good whatever would rage against itself, the forces constituting such a soul would combat each other and rend it to pieces. Man's Redeemer is his power for good. This power attracts him to that which is good, and at the end, when the supreme source of all power, from which life emanated in the beginning, withdraws that activity into itself, the powers of darkness will suffer, but the Children of Light will be united with the source of all Good.
CHAPTER I.

THE IDEAL.

"God is a Spirit, and they that worship him must worship him in spirit and in truth."—John iv. 24.

The highest desire any reasonable man can cherish and the highest right he may possibly claim, is to become perfect. To know everything, to love all and be known and beloved by all, to possess and command everything that exists, such is a condition of being that, to a certain extent, may be felt intuitively, but whose possibility cannot be grasped by the intellect of mortal man. A foretaste of such a blissful condition may be experienced by a person who—even for a short period of time—is perfectly happy. He who is not oppressed by sorrow, not excited by selfish desires, and who is conscious of his own strength and liberty, may feel as if he were the master of worlds and the king of creation; and, in fact, during such moments he is their ruler, as far as he himself is concerned, although his subjects may not seem to be aware of his existence.

But when he awakes from his dream and looks through the windows of his senses into the exterior world, and begins to reason about his surroundings, his vision fades away; he beholds himself a child of the Earth, a mortal form, bound with many chains to a speck of dust in the Universe, on a ball of matter called a planet that floats in the infinity of space. The ideal world, that perhaps a moment before appeared to him as a glorious reality, may now seem to him the baseless fabric of a dream, in which there is nothing real, and physical existence, with all its imperfections, is now to him the only unquestionable reality, and its most perfect illusions the only things worthy of his
attention. He sees himself surrounded by material forms, and he seeks to discover among these forms that which corresponds to his highest ideal.

The highest desire of any mortal is to attain that which exists in himself as his highest ideal. A person without an ideal is unthinkable. To be conscious is to realise the existence of some ideal, to relinquish the ideal world would be death. A person without any desire for some ideal would be useless in the economy of nature, a person having all his desires satisfied needs to live no longer, for life can be of no further use to him. Each one is bound to his own ideal; he whose ideal is mortal must die when his ideal dies, he whose ideal is immortal must become immortal himself to attain it.

Each man's highest ideal should be his own higher spiritual self. His Christ, God, or Logos; with which he should unite his lower consciousness, by keeping his feelings and thoughts in continual contact with it. Man's semi-animal self, which we see expressed in his physical form, is not the whole of man. Man may be regarded as an invisible power or ray extending in a line from the (spiritual) Sun to the Earth. Only the lower end of that line is visible, because it has evolved an organised material body; by means of which the invisible ray draws strength from the earth below. If all the life and thought-force evolved by the contact of the lower end of that line with matter are spent within the material plane, the higher spiritual self will gain nothing by it, and when death breaks the communication between the higher and lower self, the lower self will perish, and the higher one will remain what it was, before it evolved a mortal inhabitant of the material world.

Man lives in two worlds, in his interior and in the exterior world. Each of these worlds exists under conditions peculiar to itself, and that world in which he lives is for the time being the most real to him. When he fully enters his interior world during deep sleep or in moments of perfect abstraction, the forms perceived in the exterior world fade away; but when he awakes
into the exterior world the forms seen in his interior state are forgotten, or leave only their uncertain shadows on the sky. To live simultaneously in both worlds is only possible to him who succeeds in harmoniously blending his internal and external worlds into one.

The so-called Real seldom corresponds with the Ideal, and often it happens that man, after many unsuccessful attempts to realise his ideals in the exterior world, returns to his interior world with disappointment, and resolves to give up his search; but if he succeeds in the realisation of his ideal, then arises for him a moment of happiness, during which time, as we know it, exists for him no more, the exterior world is then blended with his interior world, his consciousness is absorbed in the enjoyment of both, and yet he remains a man.

Artists and poets may be familiar with such states. An inventor who sees his invention accepted, a soldier coming victorious out of the struggle for victory, a lover united with the object of his desire, forgets his own personality and is lost in the contemplation of his ideal. The extatic saint, seeing the Redeemer before him, floats in an ocean of rapture, and his consciousness is centred in the ideal that he himself has created out of his own mind, but which is as real to him as if it were a living form of flesh. Shakespeare's Juliet finds her mortal ideal realised in Romeo's youthful form. United with him, she forgets the rush of time, night disappears, and she is not conscious of it; the lark heralds the dawn and she mistakes its song for the singing of the nightingale. Happiness measures no time and knows no danger. But Juliet's ideal is mortal and dies, and having lost her ideal Juliet must die, and the immortal ideals of both become again united as they enter the immortal realm through the door of physical death.

But as the sun rose too early for Juliet, so in all engagements of evanescent ideals that have been realized in the external world, happiness vanishes soon. An ideal that has been realised ceases to be an ideal; the ethereal forms of the interior world, if grasped by the
THE IDEAL.

rude hand of mortals and embodied in matter, must die. To grasp an immortal ideal, man's mortal nature must die before he can grasp it.

Low ideals may be killed, but their death calls similar ones into existence. From the blood of a vampire that has been slain a swarm of vampires arises. A selfish desire fulfilled makes room for similar desires, a gratified passion is chased away by other similar passions, a sensual craving that has been stilled gives rise to new cravings. Earthly happiness is short-lived and often dies in disgust; the love of the immortal alone is immortal. Material acquisitions perish, because forms are evanescent and die. Intellectual accomplishments vanish, for the intellectual forces are subject to change. Desires and opinions change and memories fade away. He who clings to old memories, clings to that which is dead. A child becomes a man, a man an old man, an old man a child; the playthings of childhood give way to intellectual playthings, but when the latter have served their purpose, they appear as useless as did the former, only spiritual realities are everlasting and true. In the ever-revolving kaleidoscope of nature the aspect of illusions continually changes its form. What is laughed at as a superstition by one century is often accepted as the basis of science for the next, and what appears as wisdom today may be looked upon as an absurdity in the great to-morrow. Nothing is permanent but the truth.

But where can man find the truth? If he seeks deep enough in himself he will find it revealed, each man may know his own heart. He may send a ray of his intelligence into the depths of his soul and search its bottom, he may find it to be as infinitely deep as the sky above his head. He may find corals and pearls, or watch the monsters of the deep. If his thought is steady and unwavering, he may enter the innermost sanctuary of his own temple and see the goddess unveiled. Not every one can penetrate into such depths, because the thought is easily led astray; but the strong and persisting searcher will penetrate veil after veil, until at the innermost centre he discovers the germ of truth, which, awakened to consciousness, will grow into
a sun that illuminates the whole of the interior world, wherein everything is contained.

Such an interior meditation and concentration of thought upon the germ of divinity, which rests in the innermost centre of the soul, is the only true prayer and adoration of which we can reasonably conceive. The adulation of an external form, whether living or dead, whether existing objectively or merely subjectively in the imagination, is useless, and serves only to deceive ourselves. It is very easy to attend to external forms of external “so-called worship,” but the true worship of the living God within requires a great effort of will and a power of will, which few people are able to exercise, but which can be acquired by practice. It consists in continual guarding of the door of the sacred lodge, so that no illegitimate thoughts may enter the mind to disturb the holy assembly whose deliberations are presided over by the spirit of wisdom.

How shall we know the truth? Truth, having awakened to consciousness, knows that it is; it is the god-principle in man, which is infallible and cannot be misled by illusions. If the surface of the soul is not lashed by the storms of passions, if no selfish desires exist to disturb its tranquillity, if its waters are not darkened by reflections of the past, we will see the image of eternal truth mirrored in the deep. To know the truth in its fulness is to become alive and immortal, to lose the power of recognising the truth is to perish in death. The voice of truth in a person that has not yet awakened to spiritual life, is the “still small voice” that may be felt in the heart, listened to by the imperfect, as a half-conscious dreamer may listen to the ringing of bells in the distance; but in those that have become conscious of life, that have passed through the first resurrection of the spirit in their own heart, and received the baptism of the first initiation administered by themselves, the voice of the new-born ego has no uncertain sound, but becomes the powerful Word of the Master. The awakened principle of truth is self-conscious and self-sufficient, it is the great spiritual sun that knows that it exists. It stands higher than the
intellect and higher than science, it does not need to be corroborated by "recognised authorities," it cares not for the opinion of others, and its decisions suffer no appeal. It knows neither doubt nor fear, but reposes in the tranquillity of its own supreme majesty. It can neither be altered nor changed, it always was and ever remains the same, whether mortal man may perceive it or not. It may be compared to the light of the earthly sun, that cannot be excluded from the world, but from which man may exclude himself. We may blind ourselves to the perception of the truth, but the truth itself is not thereby changed. It illuminates the minds of those who have awakened to immortal life. A small room requires a little flame, a large room a great light for its illumination, but in either room the light shines equally clear in each; in the same manner the light of truth shines into the hearts of the illuminated with equal clearness, but with a power differing according to their individual capacity.

It would be perfectly useless to attempt to describe the state of this interior illumination to those who have not experienced it themselves. Only that which exists relatively to ourselves has a real existence for us, that of which we know nothing does not exist for us. No proof of the existence of light can be furnished to the blind, no proof of transcendental knowledge can be given to those whose capacity to know does not transcend the realm of external phenomena.

There is nothing higher than truth, and the acquisition of truth is therefore man's highest ideal. The highest ideal in the Universe must be a universal ideal. The constitution of all men is built according to one universal law, and the highest ideal must be the same ideal to all and attainable to all, and in its attainment all individuals become reunited into one. As long as a man does not recognise the highest ideal in the Universe, the highest one which he is able to recognise will be the highest to him; but as long as there still exists a higher one than the one he perceives, the higher will unconsciously attract him, unless he forcibly and persistently repulses its attraction. Only the attainment of
the highest ideal in the Universe can give permanent happiness, for having attained the highest there is nothing left that could possibly be desired. As long as there is still a higher ideal for man, he will have aspirations to reach it, but having reached the highest its attraction ceases, he becomes one with it and can desire nothing more, until the highest ideal itself has become still more exalted. There must be a state of perfection which all may reach and beyond which none can advance, until the Universe as a whole advances beyond it. All men have the same right to reach the highest, but not all have the same power developed, some may reach it soon, others may lag on the road, and perhaps the majority may fall and have to begin again at the foot of the ladder. Each ripe acorn that falls from an oak has the inherent capacity to develop into an oak; but not each finds the same conditions for development. Some may grow, a few may develop into trees, but the majority will enter into decomposition to furnish new material out of which new forms may be developed.

The highest truth in its fulness is not known to a man in the mortal form. Those that have attained to a state of perfect consciousness of absolute truth require no form to hold it, they belong to a formless tribe; they could not be one with an universal principle if they were tied by the chains of personality; a mind expanded, so that the prison-house of flesh can hold it no more, will require that prison-house no longer. Form is only required to shelter the spirit in the infancy of his development, as long as he has not attained full power. The "clothes of skin" * were needed to protect him against the destructive elementary influences of the sphere of evil as long as he could not resist evil. Having attained the knowledge of evil and the power to control it, and having by the realisation of the truth "eaten from the tree of life and attained immortality," † he can protect himself by his own power, and requires his clothes of flesh no longer.

Imperfectly developed man, unless he has become degraded, feels intuitively that which is true, but does

* Bible: Genesis iii. 21. † Bible: Genesis iii. 22,
not know the truth by direct perception. The scientist who reasons from the plane of sensual perceptions is farthest from a recognition of the truth, because he mistakes the illusions produced by his senses for the reality, and repulses the revelations of his own intuition. The philosopher, unable to see the truth, attempts to grasp it with his intellect, and may approach it to a certain extent; but he, in whom the truth has attained a state of self-consciousness, knows the truth by direct perception, he is one with it, and cannot err. Such a state is incomprehensible to the majority of men, to scientists and philosophers as well as to the ignorant, and yet men have existed, and exist to-day, who have attained that state. They are the true Theosophists, but not everyone is a Theosophist who goes by that name, nor is everyone a Christ who is called a Christian. But a true Theosophist and a true Christ are one and the same, because both are human forms in which the universal spiritual soul (the sixth principle of the occultists) has attained a state of self-consciousness, and everyone in whom it has attained that state is a Theosophist and a Christ.

The terms “Christian” or “Theosophist,” like so many other terms of a similar kind, have almost entirely lost their true meaning. A “Christian” now-a-days means a person whose name is inscribed in the register of some so-called Christian Church, and performs the ceremonies prescribed by that social organisation.

But a real Christian is something entirely different from a merely external one. The first Christians were a secret organisation, a school of Occultists, who adopted certain symbols and signs, in which to represent the truths they knew, and thus to communicate them to each other, while hiding them from the eyes of the ignorant.

A real Theosophist is not a dreamer, but a most practical person. By purity of life he develops the power to perceive higher things than average man is able to see, and he understands the things which he sees, because he possesses self-knowledge.

As the truth is only one, men in all countries, having
attained the consciousness of it, have the same perception. This explains why the revelations of those whom the ignorant call "visionists and religious fanatics" are identical with each other, provided they have attained the same power. The truths revealed by a Jackob Boehme, or Paracelsus in Germany, are essentially the same as those revealed by the Thibetan Mahatmas, they only differ in extent and in mode of expression. An ecstatic Christian saint in England or France would tell the same tale as an ecstatic Brahmin in India or an ecstatic red Indian in America; because all three, being in the same state, would exactly see the same thing. The truth is there, visible to all who are able to perceive it, but each will describe what he sees according to his mode of thinking and in his own fashion. If—as the ignorant believe—the visions of saints and lamas, sanyâssis, and dervishes, were only the result of hallucinations and fancies, not two of them, having never heard of each other, would have the same vision. A tree will be a tree to all who are able to see it, and if their sight is clear no preconceived opinions will change it into something else; a truth will be seen as a truth by all who are able to see it, and no preconceived opinions will alter it or change it into a lie. To know the whole truth is to know everything that exists; to love the truth above all is to become united with the consciousness of all; to be able to express the truth in its fulness is to possess universal power; to be one with immortal truth is to be for ever immortal.

The perception of the truth rests in the equilibrium of the intellect and the emotions. As long as the mind has not awakened to a state of spiritual consciousness and direct recognition of the truth, it will only see the shadow of its presence and hear the indistinct whispering of its voice. The sound of that voice may be drowned in the turmoil of the intellectual workshop, its light may be obscured by the storms of the emotions. To understand that voice and to behold that light distinctly and without any foreign admixture, heart and head should act harmoniously together. To perceive the truth, purity of heart and strength of mind should
go hand in hand, and it is therefore taught that men must become like children before they can enter the sphere of truth. Head and heart, if supported by reason, are as One, but if they act against each other they form the absurd Two that produces illusions. The emotional maniac is only guided by his heart, the intellectual fool only listens to the dictates of his head, he lives—so to say—in his head and neglects the heart. But neither the revelry of the emotions nor intellectual fanaticism discloses the truth; only in the "stillness that follows the storm,"* when the harmony of both is restored, will the truth be discovered. A man who only follows the dictates of his emotions, resembles one who in ascending a mountain peak becomes dizzy, and losing his power to control himself, falls over a precipice; a man who is only guided by his sensual perceptions influencing his intellect is easily lost in the whirlpool of multifarious illusions. He is like a person on an island in the ocean examining a drop of water taken from the ocean, and being blind to the existence of the ocean from which that drop has been taken. But if heart and head are attuned to the divine harmonies of the invisible realm of nature, then will the truth reveal itself to man, and in him will the highest ideal see its own image reflected.

We sometimes hear some people boast that they are controlled by their intellect; but no one boasts that he is controlled by his emotions. The former are as much in error as the latter; for a free man is not controlled by either of the two; he is his own master. By the power of his will and reason he controls the intellectual workings of his brain no less than the emotions of his heart, and only such a person is wise. Heart and brain are not ourselves. They are instruments which have been lent to us by nature. They should not govern us; but we should govern them, and use them according to the dictates of the universal law, whose words we can only hear, when we are free from the bonds of the animal and intellectual self.

Material man, entombed in his chrysalis of clay, can

* "Light on the Path," by M. C.
only feel, but not see, the rays that radiate from the sphere of infinite truth; but if he bids his emotions be still! and commands his intellect be not deluded! he may stretch his feelers into the realm of the spirit and perceive the light of truth. His heart should be used as a touchstone to examine the conclusions arrived at by the brain, and the brain should be employed like scales to weigh the decisions of the heart; but when his spiritual consciousness has been awakened, there will be no more difference of opinion between the head and the heart, the perceptions of the one will be in harmony with the aspirations of the latter, the one will see and the other will feel the truth. Then will the lower ideals vanish before the light of truth, for truth is a jealous goddess and suffers no other gods beside her.

Man is usually guided only by his intellect, woman is often guided only by her emotions. To reason from external appearances has become a necessity to men in consequence of their material organization, which like a shell surrounds the soul of men or women, in which alone rests the power of sensation and perception; but if the innermost man, the true spirit, sleeping in every mortal, awakens to life, he emits a light that penetrates through the veil of matter and illuminates the soul. If the germ of divinity, hidden in the centre of the soul, is permitted to awaken, it emits a spiritual light, which reaches from man to the stars and to the utmost limits of space, and by the help of that divine light he may perceive and penetrate into the deepest mysteries of the Universe. Those who are able to know the truth by direct perception do not need to be informed of it by the reading of books, the whole of the visible and invisible realm lies open before them, like a book in whose pages they may read the whole history of the world. They know all the forms of life, because they are one with the source of life from which all forms were born, they need not study letters, because the Word itself is living in them. They may be the instruments through whom eternal wisdom reveals itself to those who are entombed in matter. These are the only Illuminates and
THE IDEAL.

Theosophists; not those who merely imagine to be what they not really are.

How pitiful must appear to the enlightened the war of opinions raging among those whom humanity believes to be the lights of knowledge and wisdom; how insignificantly small appear those lights before the sun of truth. What appears as a light to the ignorant, appears to the illuminated seer as a source of darkness and smoke, and the wisdom of the world becomes foolishness before the eyes of the truth. The oyster in its shell may believe to be at the pinnacle of perfection, and that there is no higher existence than that which it enjoys in the ocean-bed; the scientist, proud of the discoveries of his department of science, is frequently found to be swelled with vanity, knowing little how little he knows. Many of the representatives of modern science forget that the greatest inventions have been made—not by the professed guardians of science, but by men upon whom they looked with contempt, and that many useful inventions were introduced, not with the assistance, but in spite of the opposition of the learned. It may be disagreeable to call up unpleasant memories, but we cannot close our eyes to the fact that the inventors of railroads, steamships, and telegraphs have been ridiculed by professors of science, that men of science have laughed at the belief in the rotundity of the earth, that some of the legitimate keepers of the truth have often betrayed their trust, and that especially the followers of the medical profession, as a class, have often been prominent on account of their misunderstanding of the laws of nature, and of their opposition to truth, whenever it conflicted with their preconceived opinions.

Many useful discoveries have been made through the power of intuition; assisted by a strong intellect, some have been made by intellectual reasoners without intuition, and their results are still a curse to mankind. For centuries the learned professions have been thriving on human suffering, and many of their followers, mistaking the low for the high, have dethroned the god of humanity and worshipped the fetish of Self in its place.

1 Cor. iii. 19.
The fear of an illusory devil external to man has served to swell the money-bags of Brahmins and priests, while the real internal devils, residing in the animal nature of man, were allowed to grow. For centuries many of the appointed servants of the Supreme have only served the golden calf, residing in their animal nature, feeding their followers with false hopes of immortality, and speculating on the selfish propensities of men to obtain material profits for their own selves. Those to whom humanity looks for protection against bodily ills, and who therefore—more than anybody else—should understand the real constitution of man, usually experiment with the physical form to seek the cause of disease, being ignorant of the fact that the form is the expression of life, the product of the soul, and that external effects cannot be effectually changed without changing the internal causes. Many of them refusing to believe in Soul, seek the cause of diseases in its external expression, where it does not exist. Diseases are the necessary results of disobedience to the laws of nature, they are the consequences of “sins” that cannot be forgiven, but must be atoned for by acting again in accordance with natural laws. In vain will the ignorant ask the guardians of health for their assistance to cheat the law of nature out of its dues. Physicians may restore health by restoring the supremacy of the law, but as long as they know only an infinitesimal part of the law they can only cure an infinitesimal part of the diseases afflicting mankind; they can often only suppress the manifestation of one disease by calling another and more serious one into existence.* In vain will such investigators seek for the cause for epidemic diseases in places where such causes may be propagated, but where they are not created. The soul of the Earth in which such causes reside cannot be seen with microscopes, it can only be recognised by a man whose spiritual perceptions have been awakened by the awakening into consciousness of his interior self.

A true conception of the nature of man will lead to the comprehension of the fact that man, being

* See C. L. Hunt: "Vaccination."
microcosm the true image, reflection and representative of the macrocosm of nature; Nature has the same organization as Man, although not the same external form. Having the same organs and functions, and being ruled by the same laws, the organism of Nature is liable to experience diseases, similar to those experienced by the organism of man. Nature has her dropsical swellings, her nervous tremblings, her paralytic affections by which civilised countries turn into deserts, her inflammatory affections, her rheumatic contractions, spells of heat and cold, eruptions and earthquakes. If our physicians knew the nature of man, they would also know the organization of Nature as a whole, and understand more about the origin of epidemic diseases, of which they now know merely the external effects.

What does modern medical science know of the constitution of man, whose life and safety is made to depend on that knowledge? It knows the form of the body, the arrangement of muscles, and bones, and organs, and it calls these constituent parts by names which it invented for the purpose of distinction. Having no supersensual perceptions it does not know the soul of man, but believes that his body is the essential man. If its eyes were open it would see that this visible body is only the material kernel of the "immaterial," but nevertheless substantial real man, whose soul-essence radiates far into space, and whose spirit is without limits. They would know that in the life-principle, in whose existence they do not believe, resides sensation, perception, consciousness, and all the causes that produce the growth of the form. Labouring under their fatal mistake they attempt to cure that which is not sick, while the real patient is unknown to them. Under such circumstances it is not surprising that the most enlightened physicians of our time have expressed the opinion that our present system of medicine is rather a curse than a blessing to mankind, and that our drugs and medicines do vastly more harm than good, because they are continually misapplied. This is an assertion which has often been made by their own most prominent leaders.

The ideal physician of the future is he who knows
the true constitution of man, and who is not led by illusive external appearances, but has developed his interior powers of perception to enable him to examine into the hidden causes of all external effects. To him the acquisitions of material science are not the guides but only the assistants, his guide will be his knowledge and not his "belief," and his knowledge will endow him with faith, which is a power acting upon that part of man that cannot be reached by the administration of drugs.

If our medical students were to apply a part of the time which they employ for the study of certain external sciences which are practically useless to them for the development of their interior perception, they would become able to see certain processes within the organism of man, which are at present to them a mere matter of speculation, and which are not discoverable by any physical means. But to do this it would be necessary to avoid the eating of flesh and the use of alcoholic liquors, and to learn how to concentrate their thoughts not merely upon external things, but within their own souls.

But even the modern physician acts wiser than he knows. He may say that he does not believe in faith, and yet it is only faith that upholds him and by which he exists, because if men had no faith in him they would not employ him, and if his patients did not believe that he could benefit them they would not follow his directions. A physician without intuition, having no faith in himself, and in whom no one else has any faith, is perfectly useless as a physician, no matter how much he may have learned in schools.

There is nothing whatever that can be accomplished without the power of Faith, and there is no faith possible without knowledge. We can only accomplish that of which we are confident that we can accomplish it, and we can only be truly confident if we know by experience that we have the power to do it.

What does popular science know about Mind? According to the usual definition, Mind is "the intellectual power in man," and as by man she means a visible form,
this definition makes of mind something confined within that visible form. But if this conception were true, there could be no transmission of thought to a distance. If no mind-substance did exist outside the visible form, there could be no transmission of thought from one such form to another. No sound can be heard in a space from which the air has been exhausted, and no thought can travel from one individual to another without a corresponding material existing between them to act as a conductor; but the possibility of thought-transference is now an almost universally admitted fact; its truth has been perceived long ago by children who make practical use of it in some of their games, and it has now been admitted as a fact even by the most critical observers.* Moreover, any one who doubts its possibility has it in his power to convince himself by either impressing his thoughts silently upon others, or—if he is of a receptive nature—by letting others impress their thoughts upon him. It must, therefore, be obvious even to the superficial observer, that popular science in regard to this fundamental doctrine has not yet arrived at the truth. Her logical deductions cannot be true as long as the premises from which she reasons are false, and her opinions in regard to the powers possessed by man cannot be perfect as long as she does not know the essential nature of Man.

How infinitely more grand and how much more reasonable is the conception of ancient science, according to whose doctrines everything that exists is an expression of the thoughts of the Universal Mind, pervading the infinity of space! This conception makes Mind a power in the realm of infinity, acting through living and intelligent instruments, and of Man, an intellectual power, an expression of the Universal Mind, able to receive, reflect, and modify the thoughts of the latter, like a diamond that becomes self-luminous through the influence of the Sun.

There is no reason why we should believe that an intelligent mind can exist only in a form which is visible and tangible to the external senses of man. There may

be, for all we know, untold millions of intelligent or semi-intelligent beings in the universe, whose forms are constituted differently from ours, who live on another plane of existence than ours, and who are therefore invisible to our physical senses, but who may be perceived by the superior power of perception of the awakened spirit. Nor is their existence a matter of mere speculation, for they may be perceived by those who have the power of interior perception whenever they enter the sphere of their mind.

All we know of external objects is the images which they produce in the sphere of our mind. Astral or spiritual beings produce no reflection upon the retina, but their presence may be felt when they enter the mental sphere of the observer, and they may be perceived with the eye of the soul.

The ideal scientist of the future having attained the power of spiritual perception, will recognise this truth. But when this time arrives scientific opinions will cease to be mere beliefs, and knowledge will take their place. Studying the contradictory opinions of others will be useless, because men will know the truth, and instead of being learned they will be wise.

The common utilitarianism of our age is the result of a general misconception of the true nature of man, and of that which is really useful and worthy of his attention. By the attainment of personal consciousness and knowledge, man has become the competitor of universal law,* and if he will re-enter the “paradise” existing in his own heart, by re-establishing the harmony of his desires with the law, he may “put forth his hand and take also of the tree of life, and eat and live for ever.”† There is nothing greater in the universe than God having become conscious of His powers in man, in a state of perfection.

If we believe that the object of life is simply to render our material Self satisfied and to keep it in comfort, and that material comfort confers the highest state of possible happiness, we mistake the low for the high and an illusion for the truth. Our material mode of life is

* Genesis, iii. 22.  
† Ibid.
a consequence of the material constitution of our bodies. We are "worms of earth" because we cling with all our aspirations to earth. If we can enter upon a path of evolution, by which we become less material and more ethereal, a very different order of civilisation would be established. Things which now appear indispensable and necessary would cease to be useful; if we could transfer our consciousness with the velocity of thought from one part of the globe to another, the present mode of communication and transportation would be no longer required. The deeper we sink into matter, the more material means for comfort will be needed; the essential and powerful god in man is not material—in the usual acceptation of this term—and independent of the restrictions laid upon matter.

What are the real necessities of life? The answer to this question depends entirely on what we imagine to be necessary. Railways, steamers, electric lights, &c., are now a necessity to us, and yet millions of people have lived long and happy knowing nothing about them. To one man a dozen of palaces may appear to be an indispensable necessity, to another a carriage, another a pipe, or a bottle of whisky. But all such necessities are only such as man himself has created. They make the state in which man now is agreeable to him, and tempt him to remain in that state and to desire for nothing higher. They may even hinder his development instead of advancing it. If we would rise into a higher state, in which we would no longer require such things, they would cease to be a necessity, and even become undesirable and useless; but it is the craving and the wasting of thought for the augmentation of the pleasures of the lower life which prevent man to enter the higher one.

To raise the evanescent man to a state of perfection enjoyed by the permanent ideal man is the great Arcanum, that cannot be learned in books. It is the great secret, that may be understood by a child, but will for ever be incomprehensible to him who, living entirely in the realm of sensual perceptions, has no power to grasp it. The attainment of spiritual consciousness is the Magnum opus, the great work, of which
the *Alchemists* said that thousands of years may be required to perform it, but that it may also be accomplished in a moment, even by a woman while engaged in spinning. They looked upon the human mind as being a great alembic, in which the contending forces of the emotions may be purified by the heat of holy aspirations and by a supreme love of truth. They gave instructions how the soul of mortal man may be sublimated and purified from earthly attractions, and its immortal parts be made living and free. The purified elements were made to ascend to the supreme source of law, and descended again in showers of snowy whiteness, visible to all, because they rendered every act of life holy and pure. They taught how the base metals—meaning the animal energies in man—could be transformed into the pure gold of true spirituality, and how by attaining spiritual consciousness and life—allegorically represented under the "*Elixir of Life*"—souls could have their youth and innocence restored and be rendered immortal.

Their truths shared the fate of other truths; they were misunderstood and rejected by the ignorant, who continually clamour for truth and reject it when it is offered, because, being blind, they are unable to see it; their science is known only to those who are able to grasp it. Theology and Masonry have—each in its own manner—continued the teachings of the Alchemists, and fortunate is the Mason or the priest who understands that which he teaches. But of such true disciples there are only few. The systems in which the old truths have been embodied are still in existence, but the cold hands of Sensualism and Materialism have been laid upon the outward forms, and from the interior the spirit has fled. Doctors and priests see only the outward form, and few can see the hidden mystery that called these forms into existence. The key to the inner sanctuary has been lost by those that were entrusted with its keeping, and the true password has not been rediscovered by the followers of Hiram Abiff. The riddle of the Egyptian Sphinx still waits for a solution, and will be revealed to none unless he becomes strong enough to discover it himself.

But the truth still lives. It resides on the top of a
"mountain" called Faith into the eternal Law of Good. It shines deep into the interior world of man, and sends its divine influence down into the valleys, and wherever the doors and windows are open to receive it, there will it dispel the darkness, rendering men and women conscious of their own godlike attributes and guiding them on the road to perfection, until, when all their struggles have ceased and the law has been restored, they will find permanent happiness in the realisation of the highest universal ideal.
CHAPTER II.

THE REAL AND THE UNREAL.

"Allah! Bi‘smi‘llah!—God is One."—Koran.

EVERYWHERE in the broad expanse of the universe we see an almost infinite variety of forms, belonging to different kingdoms and species, and exhibiting an endless variety of appearances. The substance of which those forms are composed may, for aught we know, consist essentially of the same primordial material, forming the basis of their constitution, although the qualities of the various bodies may differ from each other, and it is far more reasonable to suppose that this one primordial eternal essence exists and appears in the course of evolution in various forms, than to believe that a number of different original substances have come into existence either by being created out of nothing or otherwise. What this primordial essence—this immaterial substance*—may be we do not know, we only know of its manifestation in forms which we call things. Whatever may find expression in one form or another may be called a thing, and a thing may change its substance and yet the form remain the same, or its form may change and the substance remain. Water may be frozen into solid ice, or be transformed by heat into invisible vapour; and vapour may be chemically decomposed into hydrogen and oxygen; yet, if the necessary conditions are given, the energies which previously formed water will form water again; the forms and attributes change, but the elements remain the same and may combine again in certain stipulated proportions, regulated by the law of attraction.

* The A‘kāsa of the Brahmins or the Iliaster of Paracelsus, the Universal Proteus.
As this hypothetical primordial substance or principle has no attributes which we can perceive with our senses, we cannot see it or feel it, and we therefore do not know the real substance of a thing; we only distinguish the peculiarities of the attributes of its form, and for the purpose of distinction and classification we give it a name. We may gradually deprive a thing of some of its attributes or substance and change its form, and yet it remains that thing as long as its character remains, and even after we destroy its form and dissolve its substance the character of the thing still remains as an idea in the subjective world, where we cannot destroy it, and we may clothe the old idea with new attributes and produce it under a new form on the objective plane. A thing exists as long as its character exists, only when it changes its character it ceases to be. A material thing is only the symbol or the representation of an idea; we may give it a name, but the thing itself remains forever hidden behind the veil. If we could on the physical plane separate a single substance from its attributes, and endow it with others at will, then one body could be transformed into another, as, for instance, base metals be transformed into gold; but unless we change the character of a thing, a mere change of its form will only affect its external appearance.

By way of illustration, let us look at a stick. It is made of wood, but this is not essential; it might be made of something else and still be a stick. We do not perceive the stick itself, we only see its attributes, its extension and colour and density; we feel its weight, and we hear its sound if we strike it. Each of these attributes or all of them may be changed, and it may remain a stick for all that, as long as its character is not lost, because that which essentially constitutes it a stick is its character or an idea which has not necessarily a definite form. Let us endow that formless idea with new attributes that will change its character, and we shall have transformed our ideal stick into anything we choose to make of it.

We cannot change copper into gold on the physical
plane, we cannot change a man into a physical child, but we may daily transform our desires, our aspirations and tastes by the omnipotent power of the will. In doing this we change our character, and make of man—even on the physical plane—a different being.

Nobody ever saw a real man, we only perceive the qualities which he possesses. Man cannot see himself. He speaks of his body, his soul, his spirit; it is only the combination of the three which constitutes what we consider a man, the real Ego in which his character rests; the embodiment of The Absolute is a formless idea, for which we have no conception. As a formless idea and yet an individual unit he enters the world of matter, evolutes a new personality, obtains new experience and knowledge, passes through the pleasures and vicissitudes of life and through the valley of death, and enters again into that realm where in the course of ages his form will cease to exist, to appear again in a form upon the scene when the hour for his reappearance strikes. His form and personality change, his real Ego remains the same and yet not the same, because during life it acquires new attributes and changes its characteristics.

A true appreciation and understanding of the essential nature of man will show that the repeated reincarnation of the human monad in successive personalities is a scientific necessity. How could it be possible for a man to develop into a state of perfection, if the time of his spiritual growth were restricted to the period of one short existence upon this globe? If he could go on and develop without having a physical body, then why should it have been necessary for him to take a physical body at all? It is unreasonable to suppose that the spiritual germ of a man begins its existence at the time of the birth of the physical body, or that the physical parents of the child could be the generators of the spiritual monad. If the spiritual monad existed before the body was born, and could develop without it, what would be the use of its entering any body at all?

We see that a plant ceases to grow when its roots are torn from the soil, and when they are replaced into the soil the growth may continue. Likewise the human
spirit, man's higher self, takes root in the physical organism of man, and develops a soul through the latter, but when death tears out the roots, the soul rests and ceases to grow, until it finds again a physical organism to acquire new conditions for continued growth, and to improve its own real self.

What can this real ego be, which lives through death and changes during life, unless it is The Absolute itself, obtaining relative consciousness by coming in contact with matter? Is any man certain of his own existence? All the proof we have of our existence is in our consciousness, in the feeling of the I Am, which is the realisation of our existence. Every other state of consciousness is subject to change. The consciousness of one moment differs from that of another, according to the changes which take place in the conditions which surround us, and according to the variety of our impressions. We are craving for change and death; to remain always the same would be torture. Old impressions die and are replaced with new ones, and we rejoice to see the old ones die, so that the new ones may step into their places. We do not make our impressions ourselves, but we receive them from the outside world. If it were possible that two or more persons could be born and educated under exactly the same conditions, having the same character and receiving always the same impressions, they would always have the same thoughts, the same feelings and desires, their consciousness would be identical, and they might be considered as forming collectively only one person. A person, having forgotten all the mental impressions he ever received, and receiving no new ones, might exist for ages, living in eternal imbecility, with no consciousness whatever except the consciousness of the I Am, and that consciousness could not cease to exist as long as his ego were capable to exist relatively to himself.

This is the only possible condition in which a person, who has during his earthly life acquired no spiritual consciousness, can possibly exist after death. A person whose whole attention is given to sensual pleasures, or to intellectual pursuits on the material plane, carries
nothing with him into the subjective existence after the death of the body, which can exist permanently.

His sensations leave him at death, and the images caused in his mind by the recollection of the superficial knowledge which he has acquired during life will gradually fade away; the intellectual forces, which have been set into motion by his scientific pursuits, will be exhausted, and after that time the spirit of such a person, even if he has been during life the greatest scientist, speculator, and logician, will be nothing but an imbecile being, having merely the feeling that he exists, living in darkness, and being drawn irresistibly towards reincarnation; seeking to reembodi itself again under any circumstances whatever, to escape from nothingness into existence.

But he who acquires spiritual self-consciousness will be self-luminous and live in the eternal light. He brings a light with him into the darkness, and that light will not be extinguished; for it is eternal, while the light of this world is like darkness to him.

Under whatever form life may exist, it is only relative. A stone, a plant, an animal, a man or God, each has an existence of its own, and each one exists only for the others, as long as the others are conscious of his existence. Man looks upon the existences below him as incomplete, and the incomplete beings below him know little about him. Man knows little about any superior beings, and yet there may be such, looking upon him with pity as they would look upon an inferior animal that has not yet awakened to a realisation of its real existence.

Those who are supposed to know, inform us that there is no being in the universe superior to the spiritual regenerated man; but that there are innumerable invisible beings who are either far superior or inferior to mortal man as we know him. In other words, the highest beings in the universe are such as have once been men; but the men and women of our present civilisation may have to progress through millions of ages before they attain that state of perfection which such beings possess.

We are accustomed to look upon that which we per-
ceive with our senses as real, and upon everything else as unreal, and yet our daily experience teaches us that our senses cannot be trusted if we wish to distinguish between the true and the false. We see the sun rise in the East, see him travel along the sky during the day and disappear again in the West; but every child now-a-days knows that this apparent movement is only an illusion, caused by the turning of the earth. At night we see the "fixed" stars above our heads, they look insignificant compared with the wide expanse of the earth and the ocean, and yet we believe that they are blazing suns, in comparison with which our mother Earth is only a speck of dust. Nothing seems to us more quiet and tranquil than the solid rocks under our feet, and yet the earth whereon we live whirls with tremendous velocity through space; the mountains seem to be everlasting, but continents sink beneath the waters of the ocean and rise again above its surface. Below our feet moves, with ebbs and tides, the swelling bosom of our apparently solid mother the earth, above our head seems to be nothing tangible, and yet we live on the very bottom of the airy ocean above us, and do not know the things that may perhaps live in its currents or upon its surface. A stream of light seems to descend from the sun to our planet, and yet darkness is said to exist between the atmosphere of the Earth and the sun, where no meteoric matter exists to cause a reflection; while again we are surrounded by an ocean of light of a higher order, which appears to us to be darkness, because the nerves of our bodies have not yet been sufficiently developed to react under the influence of the Astral Light. The image reflected in the mirror seems a reality to the unreasoning mind, the voice of an echo may be mistaken for the voice of a man; the elemental forces of nature may be loaded with the products of our own thoughts, and we may listen to their echo, believing it to be the voices of spirits of the departed. We often dream when awake, and while believing to be awake we may be asleep.

It is not scientific to say "we are asleep;" as long as we do not know who "we" are. We can only truly say
that such and such functions of a physical or psychical organism, which we call our own, are asleep or inactive while others are active and awake. We may be fully awake relatively to one thing and asleep relatively to another. A somnambule’s body may be in a state of catalepsy, resembling death, while his higher consciousness is fully alive and has even far superior powers of perception than it could employ if all the activity of his life-principle were engaged in performing the functions of his lower organism.

Solid matter looked at with the physical eye appears as a dense mass of unchangeable something, but examined with the eye of the intellect it appears as an aggregation of centres of energy easily penetrable to thought. A solid mass is therefore in reality a concentration of force, and what we behold in the form of matter of any kind is only the symbol of stored-up energy, a visible expression of the invisible force residing in matter. Seen with the eyes of the spirit, matter and force are known to be only one, the twofold activity of one eternal reality, the twofold manifestation of eternal power.

Matter is an external visible manifestation of force, having become latent; Spirit is an internal invisible active power. Both are the two different modes of manifestation of one primal cause.

If we turn from the consideration of form to that of space, and examine what relation extension and duration bear to the consciousness of forms, we find that their qualities change according to our standard of measurement and according to our mode of perception. To an animalcule in a drop of water that drop may appear as an ocean, and to an insect living on a leaf that leaf may constitute a world. If during our sleep the whole of the visible world were to shrink to the size of a walnut or expand to a thousandfold its present dimensions, on awakening we should perceive no change, provided that change had equally affected everything, including ourselves. A child has no conception of its true relation to space, and may try to grasp the moon with its hands, and a person who has been born blind and is afterwards made to see, cannot judge of distances correctly. Our
thoughts know of no intervening space when they travel from one part of the globe to another in an almost imperceptible space of time. Our conceptions of our relation to space are based upon experience and memory acquired in our present condition. If we were moving among entirely different conditions, our experiences, and consequently our conceptions, would be entirely different. Our idea of relative space is a mode of perception of distance, and there appear to be as many dimensions of space as there are modes of perception or consciousness. Space relatively to form can only have three dimensions, because all forms are composed of three dimensions—length, thickness, and height. A consciousness existing in a mathematical point could have no conception of form, because such a point has no form. A consciousness existing in a line or in a plane without thickness could have no conception of form, because the former having only one, and the latter only two extensions, cannot exist as forms, but only as mathematical abstractions. Consciousness in the absolute sense may exist without form, but entering into relation to form, its relation to space will be threefold, because three is the number of form.

It is evidently an absurdity to talk about forms existing in a fourth dimension of space; because three is the number of form, and no form whatever, whether visible or invisible, can possibly exist without possessing the three factors, which are necessary to constitute it a form, namely length, breadth, and thickness. There may be innumerable invisible powers in space; but whenever any such power manifests itself in a form, it always belongs to three dimensions of space. *Absolute* Space like Matter and Motion is fundamentally one, and has no dimensions. It only manifests dimensions, when it becomes relative to forms, and forms are necessarily always three dimensional.

Space in the absolute is independent of form, but forms cannot exist independent of space. We may imagine ourselves to be in the midst of a solid rock, and we will be there in space, although there will be no room in which we could move. Everyone knows that there exists a difference between good and evil,
between love and hate, between knowledge and ignorance; but if two things or ideas differ from each other there must be a distance of some kind between them, and distance means space, but a space that has in such cases no relation to form, and of which we can form no conception.

As our conception of space is only relative, so is our conception of time. It is not time itself, but its measurement, of which we are conscious, and time is nothing to us unless in connection with our association of ideas. The human mind can only receive a small number of impressions per second; if we were to receive only one impression per hour, our life would seem exceedingly short, and if we were able to receive, for instance, the impression of each single undulation of a yellow ray of light, whose vibrations number 509 billions per second, a single day in our life would appear to be an eternity without end.* To a prisoner in a dungeon, who has no occupation, time may seem extremely long, while for him who is actively engaged it passes quickly. During sleep we have no conception of time, but a sleepless night passed in suffering seems very long. During a few seconds of time we may, in a dream, pass through experiences which would require a number of years in the regular course of events, while in the unconscious state time has no existence for us.

In books on mystical subjects we find often accounts of a person having dreamed in a short moment of time, things which we should suppose that it would take hours to dream them; for instance the following: "A traveller arrived late at night at a station. He was very fatigued, and as the conductor opened the door of the car, he entered, and immediately fell asleep. He dreamed that he was at home, and living with his family; that he fell in love with a girl and married her; that he lived happy until he meddled with political affairs, and was arrested on the charge of having entered into a conspiracy against the government. He was tried, and condemned to be shot, and led out to be executed. Arrived at the place of execution, the command was given, and the soldiers

* Carl du Prel: "Die Planetenbewohner."
fired at him, and he awoke at the noise caused by the shutting of the door of the car, which the conductor had shut behind him when our friend entered. It seems probable that the noise produced by shutting that door caused the whole dream."

A spiritual entity in Dévachan or Avitchi has no measure like ours of time while it revels in the products of its own imagination. Persons fully in the subjective world receive no impressions from the objective world. If they are only partially in that state, the sensations carried to the half-conscious brain become mixed with the ideas born in the subjective world, and produce caricatures and distortion of images.

In this state, when the experiences of the internal state mingles with the sensations of the external consciousness, the most erroneous impressions may be produced; because the intellect labours, logic and reflection exist; but reason does not act sufficiently powerful to discriminate between the true and the false.

But what is the difference between objective and subjective states of existence? We do not cease to live while we are asleep, but we have a different kind of perceptions in either state. The popular idea is that objective perceptions are real and subjective ones only the products of our imagination. But a little reflection will show that all perceptions, the objective as well as the subjective ones, are results of our "imagination." If we look at a tree, the tree does not come into our eye, but its picture appears in our mind; if we look at a form we perceive an impression made in our mind by the image of an object existing beyond the limits of our body; if we look at a subjective image or a thought, whether it be of our own creation or caused by the influence of another being, we perceive the impression which it produces on our mind. In either case the pictures exist in our mind, and we perceive nothing but the impressions made on the mind, and the only difference between the two is, that in the former case the impression is caused by something visible, and in the latter by something invisible to our physical sight, but
the internal impressions may be as real as the external ones. If we close our eyes the latter vanish and the former appear more distinct. If our eyes are open, the former may become mixed with the latter or be entirely superseded by them on account of their superior strength.

The fact is, that everything appears either objective or subjective according to the state of consciousness of the perceiver, and what may appear to him entirely subjective in one state may appear to him objectively in another. The highest truths have to him who can realise them an objective existence, the grossest material forms have no existence to him who cannot perceive them.

The basis upon which all exhibition of magical power rests is a knowledge of the relations that exist between objective and subjective states of existence. If we conceive in our mind of the picture of a thing we have seen before, an objective form of that thing comes into existence within our own mind, and is composed of the substance of our own mind. If by continual practice we gain sufficient power to hold on to that image and to prevent it from being driven away and dispersed by other thoughts, it will become comparatively dense, and be projected upon the mental sphere of others, so that the latter may actually believe to see objectively that which exists merely as an image within our own mind; but he who cannot hold on to a thought and control it at will cannot produce its reflections upon the minds of others, and therefore such psychological experiments often fail, not on account of any absolute impossibility to perform them, but on account of the weakness of those who desire to experiment, but have not the power to control their own thoughts, and to render them solid enough for transmission.

Everything is either a reality or a delusion, according to the standpoint from which we view it. The words "real" and "unreal" are only relative terms, and what may seem real in one state of existence appears unreal in another. Money, love, power, &c., appear very real to those who need them; to those who have no
use for them they appear to be only illusions. That which we realise is real to us, however unreal it may appear to another, and the appearance of reality changes as our consciousness changes. If my imagination is powerful enough to make me firmly believe in the presence of an angel, that angel will be there, alive and real, my own creation, no matter how invisible and unreal he may be to another. If your mind can create for you a paradise in a wilderness, that paradise will have for you an objective existence. Everything that exists, exists in the universal Mind, and if the individual mind becomes conscious of his relation to a thing, it begins to perceive it. No man can correctly conceive of a thing that does not exist, he cannot know anything with which he stands in no relation. To perceive, three facts are necessary: The perception, the perceiver, and the thing that is the object of perception. If they exist on entirely different planes, and cannot enter into relationship, no perception will be possible between them, and they will not know each other; if they are one, there will be no perception, because the three being one, there can be no relation between them. If I wish to look at my face, and am not able to step out of myself, I must use a mirror to establish a relation between myself and the object of my perception. The mirror has no sensation, and I cannot see myself in the mirror, I can only see myself in my mind. The reflection of the mirror produces a reflection which is objective to my individual mind, and which comes to my subjective perception. Looked at from the standpoint of individual perception, I and the image produced in my mind, as well as the mirror, have each a separate existence; but looked at from the standpoint of The Absolute, myself, the image and the mirror are only One; there is no difference between us, and what I believe to see is only an illusion.

Reflection upon these facts will form the key to an understanding of man's nature, and of the history of his evolution. We cannot objectively see the light or the truth, as long as we are within the centre of the one or the other. Only when we enter beyond the centre of
the light, can we see the source of the latter; only when we fall into error, will we learn to appreciate the truth. As long as primordial man was one with the centre of universal power from which he emanated as a spiritual ray or entity in the beginning, he could not know the divine source from which he came. The will and imagination of the Universal Mind were his own will and imagination. Only when he began to "step out of himself" could he begin to imagine that he existed as a separate "Self;" only when he began to act against the law, did he begin to realise that there was another law than his own. When man, as a spiritual entity, having attained perfection, enters again into the centre, his sense of self and separateness will be lost, but he will be in possession of knowledge. To see a thing, it must become objective. To know what love is, we must be separated from the object of our love. When we fully comprehend a thing, we become one with it, and know it by knowing ourselves.

This example is intended to illustrate the fundamental law of creation. The first great cause—so to say—stepping out of itself, becomes its own mirror, and thereby establishes a relation with itself. "God" sees His face reflected in Nature; the Universal Mind sees itself reflected in the individual mind of man. God comes to consciousness in man, but when He again retires into Himself the relation will cease, He will again become one with Himself, there will be no more relative consciousness, and "Brahm will go to sleep" until the night of creation has ceased. But man knows that he exists even after all his relation with external things has ceased, and does not need to look continually into a mirror to be reminded of that fact. Likewise the absolute consciousness of the great I Am is independent of the objective existence of Nature, and He will still "sit on the great white throne after the earth and the heaven fled away from His face."*

If the world is a manifestation of the Universal Mind, everything that exists must exist in that mind, there can be nothing beyond the Universal Mind,

* St John: Revelations, xx. 2.
because it is necessarily infinite, it can be only One, and
there can be no beyond. We exist in that Mind, and
all we perceive of external objects is the impressions
which they produce upon our individual minds through
the medium of the senses or by a superior mode of
perception.

The superior powers of perceptions are those possessed
by the inner man, and they become developed after the
inner man awakens to self-consciousness. They corre-
spond to the senses of the external man, such as seeing,
hearing, feeling, tasting, smelling, and other modes of
perception, which are not yet developed in the physical
man.

External sensual perceptions are necessary to see
sensual things; the internal sensual perceptions are
necessary to see internal things. Physical matter is as
invisible to the spiritual sight as astral bodies are to the
physical eyes; but as every object in nature has its
astral counterpart within the physical form, it may see,
hear, feel, taste, and smell with its astral senses those
astral objects, and thereby know the attributes of
the physical objects as well or still better than the physical
man might have been able to do with his physical senses;
but neither the physical nor the astral senses will be able
to perceive, unless they are permeated by the light of
the spirit which endows them with life.

If everything that exists is Mind, and if we ourselves
are that Mind, all the forms of the subjective as well as
the objective words can be nothing else but states of our
Mind. Thought is the creative power in the universe.
Thought-germs grow in the mind as the seeds of plants
grow in the soil of the earth. The latter are quickened
into life by the light of the sun, the former by the
light of intelligence. At the beginning of a day of
creation, Brahm, awaking from his sleep, begins to think,
and his thoughts call worlds into existence. This truth
is expressed in various allegories in all the ancient books
of wisdom. "In the beginning was the Word, and the
Word was with God, and the Word was God." * "God"
is absolute Wisdom, co-existent with Power. The

* St John, i. 1.
"Word" is thought expressed. Thought unexpressed is resting in its source, the eternal Mind, being expressed through the magic Power of the Will, it becomes materialised into an act. Things are materialised thoughts, or states of mind having been rendered objective. Few persons have the power to think spontaneously and independently, although all may believe to have that power; if they were able to manipulate thought they would be able to create. The majority of men only occupy themselves with the thoughts that come into their mind without their bidding; they are instruments or " mediums " through which the universal principle of mind thinks, but they are unable to originate a thought, much less to project it into objectivity through the power of the "Word." He who has gained the power to hold on to a thought may project it upon another, and the process will be facilitated if the "receiver" is in a passive state of sleep, hypnotism, or somnambulism. The expression "suggestion" is in such cases entirely inappropriate to describe what takes place; for the passive person not merely acts upon the suggestion of his "magnetizer," but having no will of his own, he becomes a helpless instrument through which the thoughts of the former are executed upon the subjective or objective plane.

We usually look upon a thing as real if it is seen alike by several persons, while if only one person professes to see it, it being invisible to others, we may call it illusive; but all impressions produce a certain state of the mind, and a person must be in a condition—or state of mind—to enter into a relation with that state which the impression produces. All persons being in the same state of mind, and receiving the same impression, will perceive the same thing, but if their states differ, their perceptions will differ, although the impression coming to their consciousness will be the same. A horse or a lion may be seen alike by everyone who has his normal senses developed; because all men having normal human senses, may be in the same mental state, but if one is excited by fear, or has his attention otherwise absorbed, his mental state will change and his percep-
tion will differ from that of others. A drunkard in a state of delirium tremens may believe to see worms and snakes crawling over his body. His experience tells him that they have no external existence. Nevertheless they are horrible realities to him, and he seeks to rid himself of their presence. They really exist for him as the products of his own mental condition, but they do not exist for others who do not share that condition. But if others were to enter the same state they would see the same things, and he who sees them can make others see them, provided he is able to communicate to them his own consciousness—that is to say, his own mental state.

Our perceptions therefore differ—not only in proportion as the impressions coming from the objects of our perception differ—but also according to our capacity to receive such impressions, or according to our own mental states. If we could develop a new sense we would believe to be in a new world, and if our capacity to receive impressions were restricted to only one sense, we would only be able to conceive of that which could become manifest to us through that sense and the world which we could perceive would be very limited. Let us suppose the existence of a being whose mode of perception were entirely different from our own, and who could enter into only one state of consciousness; for instance, that of hate. Having all his consciousness concentrated into his guiding passion, he could become aware of nothing else but of hate. Such a "god of hate," incapable of entering into any other mental state, could perceive no other states but those corresponding with his own. To such a being the whole world would be dark and void, our oceans and mountains, our forests and rivers, would have no existence for him; but wherever a man or an animal would burn with hate, there would be perhaps a lurid glow perceivable by him through the darkness, which would attract his attention and attract him, and on his approach that glow may burst into a flame in which the individual from whom it proceeded may be consumed. Any other mental state or passion may serve for a similar illustration. Hate
attracts hate, and Love attracts love, and a person full of hate is as incapable to love as a being full of love is incapable to hate; both are mental states, which, after a person has fully entered them, cannot be changed at will.

The *Bhagavad Gita* says: “Those that are born under an evil destiny” (having acquired evil tendencies by their conduct in former lives) “know not what it is to proceed in virtue or to recede from vice; nor is purity, veracity, or the practice of morality to be found in them. They say the world is without beginning and without end, and without an Ishwar, that all things are conceived in the junction of the senses, and that attraction is the only cause.”*

Those who believe that everything exists in consequence of the attraction of two principles, forget that there could be no attraction if there were not some cause that produces that attraction, and that the attraction would cease as soon as the cause that produced it would cease to exist. They are the deluded followers of a doctrine which they themselves cannot seriously believe. They agree that out of nothing nothing can come, and yet they believe that the power of attraction was caused by nothing, and that it continues to exist without a cause. They are the followers of the absurd Two which has no real existence, because the eternal One divided into two parts would not become two Ones but the two halves of a divided One. One is the number of Unity, and Two is Division; the One divided into two ceases to exist as a One, and nothing new is thereby produced. If the plan for the construction of the world had been made according to the ideas of the followers of Dualism, nothing could have come into existence that did not already exist at a time when nothing existed, because action and reaction, if any existed, would have been of equal power, and there could be no progression of anything existing at present. If *Ormuzd* (the principle of good) were of equal power with *Ahriman* (the principle of evil) there would be an end to all progression, and the state of the world from

* Bhagawad Gita, L. xvi.
all eternity would have been the same; but behind Ormuzd and Ahriman is the nameless and invisible fire, the law of evolution, and Ormuzd continually conquers Ahriman by the inherent power of good. If the Parsi worships the fire, he worships the invisible power of Good. The visible fire and the visible sun are the symbols which represent to him the invisible power and spiritual sun, and it would be difficult to find any symbols in nature more fit to represent the infinite power of good and light, by which the dark power of evil will be fully conquered in the end.

Whatever this power of good may be, it is beyond the capacity of finite man to give it an appropriate name, or to describe it, because it is beyond the comprehension of mortal man. It has been called "God," and as such it has "many faces," because its aspect differs according to the standpoint from which we behold it. It is the Supreme cause, from which everything comes into existence; it must be absolute consciousness, wisdom and power, love, intelligence, and life, because these attributes exist in its manifestations and could not have come into existence without it. It has been called Space, because everything exists in space, but space itself is incomprehensible to us, although we exist in it and are surrounded by it. Space is a term which has no meaning, unless it means extension, and extension is an attribute of Matter, but matter cannot exist without Motion, and the motion of matter is caused by the Law. Space, Matter, and Motion in the absolute are incomprehensible to us, because man being a relative being can only comprehend that to which he stands in relation. Being bound to a form he can only know that which exists relatively to form. Only when his consciousness enters the formless, and when he ceases to be a man, may he hope to be able to understand The Absolute, by becoming "as one of the gods."

The Absolute, independent of relations and conditions, is the original cause of all manifestations of power. An attempt to describe it would be equivalent with an attempt to describe something which has no attributes, or of whose attributes we can form no conception. 
When Gautama Buddha was asked to describe the supreme source of all beings, he remained silent, because those who have reached a state in which they can realise what it is, have no words to describe it,* and those who cannot realise it would not be able to comprehend the description. To describe a thing we must invest it with comprehensible attributes, and it then ceases to be The Absolute and becomes relative. Therefore all theological discussions about the nature of “God” are useless, because “God” has no natural attributes, but Nature is His manifestation. If we use the word “God” in its legitimate meaning, as “Good,” then to deny the existence of God is an absurdity, equivalent to denying one’s own existence, because all existence can be nothing else but a manifestation of life, as “Good.” To declare to possess a knowledge of God is equally absurd, because we cannot know anything of which we cannot conceive. God can only be known to those that are above theological disputations; He can only be spiritually known, but not scientifically described, and the fight between so-called Deists and Atheists is a mere quarrel about words which have no definite meaning. Every man is himself a manifestation of God, and as each man’s character differs from that of every other, so each man’s idea of God differs from that of the rest, and each one has a God (an ideal) of his own: only when they all attain the same aspirations, will they all have the same God.

To him who does not believe in the power of Good, the power of Good does not exist, and its existence cannot be demonstrated to him. To him who feels the presence of Good, Good exists, and to him its existence cannot be disputed away. The ignorant cannot be made to realise the existence of knowledge unless he becomes knowing; those who know cannot have their knowledge reasoned away unless they forget what they know. The caricatures of gods set up by the various churches as representations of the only true God are merely attempts to describe that which cannot be described. As every man has a highest ideal (a god) of his own, which is a

* 2 Corinth. xii, 4,
symbol of his aspirations, so every church has its peculiar god, who is an outgrowth or a product of evolution of the ideal necessities of that collective body called a church. They are all true gods to them, because they answer their needs, and as the requirements of the church change, so change their gods; old gods are discarded and new ones put into their places. The god of the Christian differs from that of the Jews, and the Christian god of the nineteenth century is very different from the one that lived at the time of Torquemada and Peter Arbues, and was pleased with torture and _Autos da Fé_. As long as men are imperfect their gods will be imperfect; as they become more perfect their gods will grow in perfection, and when all men are equally perfect they will all have the same perfect “God,” the same highest spiritual ideal and the same universal reality, recognised alike by science and by religion as being humanity itself in its highest ideal perfection; because there can be only one supreme ideal, one absolute Truth, whose realisation is Wisdom, whose manifestation is power expressed in Nature, and whose most perfect production is ideal Man.

There are seven steps on the ladder, representing the religious development of mankind: On the first stage man resembles an animal, conscious only of his instincts and bodily desires, without any conception of the divine element. On the second he begins to have a presentiment of the existence of something higher. On the third he begins to seek for that higher element, but his lower elements are still preponderating over the higher aspirations. On the fourth his lower and higher desires are counterbalancing each other. At times he seeks for the higher, at other times he is again attracted to the lower. On the fifth he anxiously seeks for the divine, but seeking it in the external he cannot find it. He then begins to seek for it within himself. On the sixth he finds the divine element within himself and develops spiritual self-consciousness, which on the seventh grows into self-knowledge. Having arrived at the sixth, his spiritual senses begin to become alive and active, and he will then be able to recognise the presence of other
spiritual entities, existing on the same plane. His will then becomes free from every selfish desire, his thoughts become obedient to his will, his word becomes an act, and he may then rightfully be called a Christ or an Adept.
CHAPTER III.

FORM.

"The Universe is a thought of God."—Paracelsus.

According to Plato the primordial essence is an emanation of the Demiurgic Mind, which contains from eternity the idea of the natural world within itself, and which idea He produces out of Himself by the power of His will. This doctrine seems to be almost as old as the existence of reasoning man on this globe. It contains essentially the same truth which has been taught by the ancient Rishis, and has been expressed—although, perhaps, in other terms—by the deepest thinkers of all ages, apparently from the first planetary spirit, that made his appearance on this earth, down to the modern philosophers who teach that the world is a product of ideation and will,* although the latter seem to forget that will and ideation cannot exist independently of something that wills and thinks, but are the functions of some unknown essence, principle, or cause.

This unknown cause comes into existence when the unmanifested absolute One, manifesting itself, becomes Three. Upon this truth is based the doctrine of the Trinity, which we find represented in the most ancient religious systems of the East as well as in Christian symbolism, and without which even so-called "rationalistic science" becomes irrational; because if the "materialist" (correctly) states that there can be no matter without motion and no motion without matter, he must—to remain logical—add that the existence of matter and the activity of motion must have some cause. He may not know that cause, but the cause nevertheless is there, even if we know nothing at all about it, except

* Schopenhauer: "Die Welt als Wille und Vorstellung."
that it is. The trinity of rational science is therefore *Action*, *Reaction*, and *Causation*, or, in other words, *Matter*, *Motion*, and *Cause* (Potency).

The great Christian Mystic, Jacob Boehme, describes the Great First Cause as a trinity of will, thought, and action. His doctrine corresponds to that which is taught in the East, regarding the three emanations of Brahm, and of which that German shoemaker could at that time have hardly known anything, if he had not been an Illuminate. He says, in his book on "The Three Principles," that by the activity of the *Will-Fire* at the *Centre* the eternal consciousness of the latter was reflected in Space as in a mirror, and from this activity *Light* and *Life* were born. He then describes, how by the action radiating from the incomprehensible centre, radiating into the element of *Matter*, and the subsequent reaction from the periphery toward the centre, rotation, mixture of the essential substances and complicity were caused, and how at last the *Ether*, the world of forms, came into existence, and grew into material density. Thus the will of the *Father* (Love) sent out the *Son* (Love and Light), and through that action the power of the Father in the Son, or the "*Holy Ghost*" became manifest, and its manifestation is the visible and invisible universe in one, with all its suns, stars, planets, their forms and inhabitants, with all the angels and demons, devas, elementals, men and animals, or in other words, with all the energies and powers and forms of the visible and invisible side of nature.

This trinity manifests itself on three different *planes* or *modes of action*, that have been termed *Matter*, *Soul*, and *Spirit*, or, according to the symbolism of ancient occult science, *Earth*, *Water*, and *Fire*. The *One* becomes manifest in the *Three*, but the *Three* is a whole and does not consist of three parts, of which one comes into succession after another, it springs into existence at once. *Reaction* cannot exist without *Action*, and both are due to a co-existing *Cause*. The *Father* does not become a Father before the arrival of the *Son*, and that which produces the Son is the power resting in the Father, his *Will* or "*The Holy Ghost*." There is no motion without matter or without cause; no cause without an effect and with-
out something upon which an effect is produced. There can be no extension and duration or "Space" without matter or motion, and no form without space. Absolute space is invisible, and we cannot conceive of its form. We cannot imagine it to be without any limits, nor can we conceive of any limits to it with no space beyond it; relative space is limited and exists as a form. There can be no empty space, because "space" means extension, and we cannot conceive of "nothing," nor can "nothing" have an extension. Forms are—so to say—space which has been rendered objective, crystallized into some shape which may or may not be perceptible to our senses, and no form can exist but in space.

Spirit or "Fire" is an immaterial, formless, and universal element, which may become manifest in forms. It is the matrix in which everything was contained before it was thrown into objectivity by the awakening of its Will. It is the "creator,"* the great "carpenter" of the universe, the "stepfather of Christ," whose wife is Maja (Nature),† the ever immaculate virgin, through whom the Father becomes manifest as a Son, brought into activity in the form through the life-giving influence of the "Holy Ghost."‡ This great mystery which, under different allegories, exists in all the principal religions of the world, can be fully known and understood only by those who have entered that state of higher perception and knowledge which the awakening of spiritual consciousness confers upon the initiate; its misconceptions have given rise to many absurdities and conflicting opinions. Those who seek to intellectually understand the infinite will fail to comprehend it as long as their finite minds do not sufficiently expand to be in perfect harmony with the infinite One.

There is an image of the Madonna which has been found among the Egyptian antiquities, and which was made at least seven hundred years before the beginning of the Christian era. It is a counterpart of the Christian Madonna seen in the Catholic churches, and represents the same idea. It symbolizes the universe in the form of a globe, over which mother Nature (Isis) presides.

* Pracriti. † Illusion. ‡ Purush.
She holds in her arms the child, or the living spiritual energy (Horus or Christ) which is the eternal influence of the Father, having come into existence in Man as a conscious power, by being evolved out of the womb of its mother. How much more grand and conforming to the sublimity of this subject is this conception; than the narrow-minded creed, which makes a person's salvation depend on an unreasonable belief in the miraculous and unnatural conception of a Jewish virgin? How much more elevating and sublime is the religion which knows the internal meaning of the sacred symbols, than that which clings to the literal interpretation of words!

Soul or "Water" is a semi-material element, formless in its original state, but able to exist as a form. It is the organizing element of corporeal forms. The soul of microcosmic man corresponds to the soul of the macrocosm. It is the playground of the elemental forces of nature, existing in the astral plane. It penetrates and surrounds the planets as it surrounds and penetrates the bodies of men and animals and all other bodies and forms, and all material forms are—so to say—only "materialized souls," that will soon perish after the soul-principle has been extracted from them.

Matter or "Earth," or (as it is called in its primordial state) A'kâsa, is an invisible material element pervading all space. Condensed by the organizing power of the soul, it clothes the forms of the latter and renders them visible on the physical plane. But not all forms are visible to the physical sense of sight, the material forms which we see are not the only forms in existence. The invisible world, hidden in the visible one, could be discovered by man if he were able to draw the veil from matter, because within the material form resides the invisible element of which the visible form is only the external expression.

From the interaction of the three primordial elements, Spirit, Soul, and Matter, four compound principles come into existence, and these four added to the three former represent seven principles. This sevenfold division in the constitution of the Macrocosmos and Microcosmos was known to the ancient sages of the East as well as to
Western Adepts, such as Paracelsus and others, and has recently been brought prominently to the notice of the public by the teachings of the Eastern Adepts.

As a matter of course, however, all such divisions are arbitrary, for man is an undivided whole, and we may divide his constitution in as many parts as we please for the purpose of facilitating this study. We may look upon him as a unity or in a dual aspect as a manifestation of Spirit acting in Matter, or as a trinity of Spirit, Body and Soul, or in his fourfold aspect as a representation of four states of consciousness; as a full accord of five harmonious powers, as a compound of four elements joined to the fifth, the quintessence of all things, as a revelation of six visible powers emanating from a seventh but invisible centre, etc. The sevenfold classification recommends itself on account of its simplicity, and because it can be easily seen to harmonise with the customary threefold classification.

It has been stated as follows:

1. A.—The element of Matter, A'kāsa, represented by "Earth."
2. AB.—A combination of Matter and Soul, known as the Astral Body (the Doppelgänger of the Germans), a mixture of "Earth and Water."
3. B.—The Soul, known as the Perispirit, or the animal principle in man, represented by "Water."
5. AC.—The Mind, a combination of Matter and Spirit, or "Earth and Fire" (the principle of Intellectuality).
6. BC.—The Spiritual Soul, a combination of Soul and pure Spirit, or "Water and Fire" (the principle of Spiritual Intelligence).
7. C.—Pure Spirit or "Fire," the incomprehensible First Great Cause.*

* The Sanscrit terms for the seven principles are: 1, Pracriti; 2, Lingasariram; 3, Kamarupa; 4, Jiva; 5, Manas; 6, Buddhī; 7, Atma (Param-Atma, Brahman, Parabrahm).—See "Five Years of Theosophy," p. 153.
The division adopted by Paracelsus and in "Esoteric Buddhism" is identical with the above, with the exception that the Jiva or Vitality is counted as the second, and the Astral body as the third principle; as follows:—1. The physical body (Stoolasariram). 2. Vitality (Mumia). 3. Astral Body (Sidereal body). 4. Animal Soul. 5. Intellectual Soul. 6. Spiritual Soul. 7. Spirit.

It is said that this division was also known to the ancient Jews, and that the Hebrew Alphabet, consisting of 22 letters, was made with reference to it; because the three in seven states produces twelve symbols, and $3 + 7 + 12 = 22$.

Jacob Boehme describes these seven principles in his own way. He says:

"When the light was born at the Centre, the (spiritual) Sun, and reacted upon the central fire, a terrible battle ensued, causing an igneous eruption, and from the sun proceeded a flash of storm and fire, an element, called Mars. Taken captive by the light, it assumed a place and continues to agitate all nature. The light, having been enchained by Mars, proceeded further in the rigidity of the element of matter (Saturn), and became corporeal in forms. (The Word became Flesh).

"Above the element called Jupiter, in the adstringent anguish of the whole body of this solar system, the Sun was not powerful enough to mitigate the horror, and there arose Saturn, the element, opposite to meekness, producing rigidity. The Sun is the heart of Nature, the Centre of Life; Saturn represents corporeal nature or Matter. Without the action of the Life coming from the Sun, upon Matter, there would be no production of forms. Venus is the daughter of the Sun. She rises out of the water of the universe, penetrates the hard element of matter and enkindles Love. Mercury (like the others, an invisible element) represents the principle of sound, or the Word, by whose activity the sleeping germs of everything are awakened to life. Mercury is continually impregnated by the substance of the Sun. In it is found the knowledge of that which existed before the light had penetrated into the solar centre. The Moon was pro-
duced directly from the Sun at the time of his becoming material. The Moon is the spouse of the Sun. She is the Eve, who was made out of a part of Adam, while the latter was asleep (resting in absolute consciousness).”

In this classification The Sun represents Wisdom, the Moon, Intuition, Mercury, the Mind substance, Venus, the Astral Body of the Universe, Mars, the principle of Life, Jupiter, the element of Power, Saturn, primordial Matter; but the significations of these planets differ according to the aspects we take of them.

All forms are the expression of either one or more of these elementary principles, and exist as long as their respective principles are active in them. They are not necessarily visible, because their visibility depends on their power to reflect light. Invisible gases may be solidified by pressure and cold, and rendered visible and tangible, and the most solid substances may be made invisible and intangible by the application of heat. The products of cosmic thought are not all sufficiently materialized to be visible to the physical eye, and in reality we see only a very small part of their sum. No one doubts that there is an immense amount of invisible matter in the universe, whether cometary or otherwise, and every improvement in the manufacture of optic instruments brings new realms of forms and life to our perception.

Each transformation of activity gives rise to changes of forms, and may bring new forms into existence. Solid ice may be transformed into invisible vapour, and condensed again into a tangible form. The more matter expands and the more its motion is made active, the more will it escape the perception of the physical senses, but its expansion does not necessarily render it less powerful to act. Steam is more powerful than water, and overheated to a certain degree it evolves electricity, and may become very destructive. The more the element of matter is condensed, the more inert does it appear; the more it expands, the farther will its sphere of activity reach.

All bodies have their invisible spheres. Their visible spheres are limited by the periphery of their visible
forms; their invisible spheres extend farther into space. Their spheres cannot be always detected by physical instruments, but they nevertheless exist, and under certain conditions their existence can be proved to the senses. The sphere of an odoriferous body can be perceived by the organ of smell, the sphere of a magnet by the approach of iron, the sphere of a man or an animal by that most delicate of all instruments, the abnormally sensitive brain.

These spheres are the magnetic, caloric, odic, or luminous auras and emanations belonging to every object in space. Such an emanation may sometimes be seen as the Aurora Borealis in the polar regions of our planet, or as the photosphere of the sun during an eclipse. The "glory" around the head of a saint is no poetical fiction, no more than the sphere of light radiating from a precious stone. As each sun has its system of planets revolving around it, so each body is surrounded by smaller centres of energy evolving from the common centre, and partaking of the attributes of that centre. Copper, Carbon, and Arsenic, for instance, send out auras of red; Lead and Sulphur emit blue colours; Gold, Silver, and Antimony, green; and Iron emits all the colours of the rainbow. Plants, animals, and men emit similar colours according to their characteristics; persons of a high and spiritual character have beautiful auras of white and blue, gold and green, in various tints; while low natures emit principally dark red emanations, which in brutal and vulgar or villainous persons darken almost to black, and the collective auras of bodies of men or plants or animals, of cities and countries, correspond to their predominant characteristics, so that a person whose sense of perception is sufficiently developed may see the state of the intellectual and moral development of a place or a country by observing the sphere of its emanations.

These spheres expand from the centre, and their periphery grows in proportion to the intensity of the energy acting within the centre. Who can measure the extent of the sphere of thought and the depth of the regions to which it may penetrate, who can determ
the distance to which the power of Will and Love and spiritual Perception will act? We know the sphere of a rose by the odour that proceeds from the latter if we have the power to smell, we know the character of the mind of a man if we enter the sphere of his thoughts, provided that our inner senses are sufficiently developed to become conscious of the state of his mind.

The quality of psychic emanations depends on the state of activity of the centre from which they originate. They are symbols of the states of the soul of each form, they indicate the state of the emotions. Each emotion corresponds to a certain colour: Love corresponds to blue, Desire to red, Benevolence to green, and these colours may induce corresponding emotions in other souls, especially if the emotional element is guided by reason. Blue has a soothing effect, and may tranquillise a maniac or subdue a fever; Red excites to passion, a steer may be furious at the sight of a red cloth, and an unreasoning mob become infuriated at the sight of blood. This chemistry of the soul is not any more wonderful than the facts known in physical chemistry, and these processes take place according to the same law, which causes Chloride of Silver to turn from white into black if exposed to blue or white light; while ruby-red or yellow light leaves it unchanged.

The thoughts of the Universal Mind expressed in matter on the physical plane comprise all the forms of the mineral, vegetable, and animal kingdoms on Earth, including the bodies of all human beings. Their physical forms are the expressions of their second principle, and each material form contains within itself its ethereal counterpart, which may, under certain conditions, separate itself from the more material part, or be extracted therefrom by the hands of an Adept. These astral parts may be reclothed with condensed A'kāsa and be rendered visible, and in this way an object may be duplicated by him who knows how to manipulate these invisible forces.*

Such astral forms may exist after their material forms have decayed; the astral forms of the dead may be seen

* A. P. Sinnett; "The Occult World,"
by the clairvoyant hovering over the graves, bearing the resemblance of the once living man. They may be artificially infused with life and with a borrowed consciousness, and made use of in the practices of Necromancy and Black Magic, or be attracted to "spiritual seances" to represent the spirits of the dead.

There are persons in whom this principle—either in consequence of constitutional peculiarities or in consequence of disease—is not very firmly united with the physical body, and may become separated from it for a short period.* Such persons are suitable "mediums" for so-called spirit-materializations, their ethereal counterparts may appear separated from their bodies and assume the visible form of some person either living or dead. It receives its new mask by the unconscious or conscious thoughts of the persons present, by the reflections thrown out from their memories and minds, or it may be made to represent other characters by influences invisible to the physical eye.

As the brain is the central organ for the circulation of nerve-fluid, and as the heart is the organ for the circulation of the blood, so the spleen is the organ from which the astral elements draw their vitality, and in certain diseases, where the action of the spleen is impeded, this "double" of a person may involuntarily separate itself from the body. It is nothing very unusual that a sick person feels "as if he were not himself," or as if another person was lying in the same bed with him, and that he himself were that other. Such cases of "Doppelgaengers," Wraiths, Apparitions, Ghosts, &c., caused by the separation of the Lingasariram from the physical form can be found in many works treating of mystic phenomena occurring in nature.†

Usually these astral forms are without consciousness

* This intimate relation of the astral form and the physical body is often illustrated at so-called exposures of "spiritual mediums." If a materialised form is soiled by ink or soot, the colouring matter will afterwards be found on the corresponding part of the medium's body, because, when the astral form reenters that body, it will leave the soiling matter on the corresponding parts of the latter.

† Adolphe D'Assier: "L'humanité posthume."
and without any life of their own; but they may be made to be the seat of life and consciousness, by withdrawing the life from the material form and concentrating it into the astral body. A person who has succeeded in doing this may step out of his physical form and live independent of the latter, and an Adept may even entirely remain outside his physical body and continue to live in his ethereal and invisible form.*

The forms in the realm of Soul, in which the fourth principle is the essential element, are still more ethereal and more independent of a definite form. This will not seem incomprehensible, if we remember that they too are forms of thought, and that a thought or an idea may take a defined shape or may remain shapeless and undefined. If we, for instance, hear the word "animal," we conceive of a living being of some shape or other, but give our conception no definite form; but if the animal is described as one with whose form we are acquainted, the picture of that form will come to the consciousness of the mind. Concentration of thought gives shape to ideas and condenses the formless into forms. Purely spiritual or abstract ideas, such as love, faith, hope, charity, &c., have no shapes and cannot be conceived as forms, they can at best be symbolized by forms which are made to guide our thoughts towards the formless ideas whose attributes they are intended to bring before our imagination.

Among the ancients it was customary to make such personifications of impersonal powers, and to describe their functions in symbols and allegories. The first Christians adopted that system. Modern religionism believes those allegories to represent dead persons and peoples, and knows nothing about the living principles, which they represent.

* The stories of fakirs who have been buried alive for months and resurrected afterwards might here be used as illustration. They are too well known to need repetition in this place. Moreover, phenomena, however well attested they may be, can never stand in the place of knowledge; they furnish no explanation of the mysterious laws of nature. The occurrence of phenomena proves nothing but that they occur. Real knowledge is never attained by the observation of external phenomena, it can only be attained by the knowledge of self.
As there are three elements represented in the three kingdoms of the physical plane, so there are three kingdoms of Elementals existing on the astral plane, corresponding to the elements of fire, water, and earth. Individual forms on that plane may often make their presence felt to men or animals, but under ordinary circumstances they cannot be seen. They may, however, be seen by the clairvoyant, and under certain conditions, even assume visible and tangible shapes. Their bodies are of an elastic semi-material essence, ethereal enough so as not to be detected by the physical sight, and they may change their forms according to certain laws. Bulwer Lytton says: "Life is one all-pervading principle, and even the thing that seems to die and putrefy but engenders new life and changes to new forms of matter. Reasoning then by analogy—if not a leaf, if not a drop of water, but is no less than yonder star—a habitable and breathing world—common sense would suffice to teach that the circumfluent Infinite, which you call space—the boundless Impalpable which divides the earth from the moon and stars—is filled also with its correspondent and appropriate life."

And further on he says: "In the drop of water you see animalculæ vary; how vast and terrible are some of these monster-mites as compared with others. Equally so with the inhabitants of the atmosphere. Some of surpassing wisdom, some of horrible malignity; some hostile as fiends to man; others gentle as messengers between Earth and Heaven."*

Our sceptical age is accustomed to admire in such descriptions the "fancy" of the writer, never suspecting that they were intended to convey a truth; but there are many witnesses to testify—if it were necessary—that such invisible but substantial and variously shaped beings exist, and that they, by the educated will of man, can be made conscious, intelligent, visible, and even useful to man. This assertion is supported by the testimony found in the writings of Rosicrucians, Cabalists, Alchemists, and Adepts, as well as in the ancient books of wisdom of the East and in the Bible of the Christians.

* Bulwer Lytton: "Zanoni,"
Such existences are, however, not necessarily personal beings. They may be impersonal forces, acquiring form, and life, and consciousness by their contact with man. The Gnomes and Sylphes, the Undines and Salamanders, do not entirely belong to the realm of fable, although they may be something very different of what the ignorant believe them to be. How insignificant and little appears individual man in the infinity of the universe! and yet there is only a comparatively insignificant part of the universe revealed to him by the senses. Could he see the worlds within worlds above, beneath, and everywhere, swarming with beings whose existence he does not suspect, while they, perhaps, know nothing of his existence, he would be overwhelmed with terror and seek for a god to protect him; and yet there are none of these beings higher or as powerful as the spiritual man who has learned to know his powers, and in whom his own god has awakened to consciousness and strength.*

The beings of the spiritual plane are such as have once been men, their constitution is beyond the comprehension of those that are not their equals, and their ethereal forms in a state of perfection we cannot conceive. Having outgrown the necessity of residing in a form they enter the state of the formless, approaching evermore the Universal Mind, from which the power called Man emanated at the beginning. We may look upon a personal man as a single note in the great orchestra composing the world, and upon a Dhyan Chohan † as a full accord or a compound of notes in the symphony of the gods. There may be unharmonious compositions of notes in music, and there are evil spiritualities as there is darkness in contradistinction to light, because a high grade of intelligence may be used for vile purposes; but the good spirituality cannot be conquered by evil, because it is protected by wisdom, which is essentially good, and of which evil is but the reverse.

There are good and evil spiritual beings, and either class may possess a great deal of knowledge and power;

* Paracelsus gives detailed descriptions of these beings.
† Son of Wisdom (Angel).
but only the good—that is to say, kind and benevolent powers, can be considered wise—because wisdom means a union of knowledge and love, from which the highest powers spring. To be wise, is to be good and beautiful and true. Evil spiritualities may be very strong, but they cannot overcome the good ones, because they lack wisdom.

The realm of the Soul is the realm of the emotions. Emotions are not merely the results of physiological processes depending on causes coming from the physical plane, but they belong to a form of life on the astral plane, they often come and go without any apparent cause. The state of the weather, or circumstances over which we have no control, may cause certain emotions independently of our state of physical health. A person entering a room where every one is laughing is liable to participate in the common emotion without knowing the cause of the hilarity; a whole crowd may be swayed by the intense emotion of a speaker, although they may not fully understand what he says; one hysterical woman in a hospital ward may create an epidemic of hysteria among the other women, and a whole congregation may become excited by the harangue of an emotional exhorter, no matter whether his language is foolish or wise. A sudden accumulation of emotion or energy on the astral plane may kill a person as quickly as a sudden explosion of powder. We hear of persons who were "transfixed by terror" or "paralysed by fear." In such cases the astral consciousness having become abnormally active at the expense of the consciousness on the physical plane, the activity of life on the physical plane may cease, and the affected person may faint, or perhaps die.

All forms come into existence according to certain laws. The solar microscope shows how, in a solution of salt, a centre of matter is formed, and how to that centre its kindred forces are attracted, crystallizing around it, and becoming solid and firm. Each kind of salt produces the peculiar crystals that belong to its class and no other, however often the process may be repeated. In the vegetable kingdom we see that the seed of one plant will attract to itself those forces which it requires to produce
FORM.

a plant resembling its parent; the seed of an apple-tree can produce nothing else but an apple-tree, and an acorn can grow into nothing else but an oak. The principal characteristics of an animal will be those that belong to its parents, and the external appearance of a man will correspond more or less to that of the race and family in which he was born.

As every mathematical point in space may develop into a living and conscious and visible being, after once a certain centre of energy (a germ) has been formed, so in the invisible realm of the soul astral forms may come into existence, wherever the necessary conditions for their growth exist. In the same manner as an active motion on the physical plane may attract the universally diffused matter around a common centre, likewise an active emotion on the astral plane may crystallize around a thought into an invisible but nevertheless substantial entity, which may have an existence of long or short duration, according to the intensity with which the forces composing it are concentrated upon its centre. As the forms on the physical plane correspond to the characters of the forces prevailing upon that plane, so the forms on the astral plane are expressions of the characteristics of the prevailing emotions on that plane. They may manifest themselves either in beautiful or in horrible shapes, because every form is only the symbol or the expression of the character which it represents.

The forms in the mineral kingdom are expressive of forces acting in straight and angular lines, those of the vegetable kingdom represent radiating and curved lines; the animal forms are expressions of forces acting on the astral plane, and the inhabitants of the astral plane may resemble visible animal or human forms. In those forms which belong exclusively to the astral plane the higher spiritual energies are not active. They may have a consciousness of their own and realise their existence, but under ordinary circumstances they have no more intelligence than animals, and cannot act intelligently and in accordance with reason. They follow their blind attraction, as iron is attracted to a magnet, and wherever they find an excessive amount of emotion
evolved by a human being they are attracted thither as to a common centre, and their accumulation increases the activity of that centre and increases the size of its sphere. We therefore often see that if one emotion is not controlled in the beginning it may grow and become uncontrollable. Some people have died of grief and some others of joy.

But if these unintelligent forms are infused with the principle of intelligence proceeding from man, they become intelligent and act in accordance with the dictates of the master from which they receive their will and intelligence, and who may employ them for good or for evil. Every emotion that arises in man may combine with the astral forces of nature and create a being, which may be perceived by persons possessing abnormal faculties of perception as an active and living entity. Every sentiment which finds expression in word or action may call into existence a living entity on the astral plane. Some of these forms may be very enduring according to the intensity and duration of the thought that created them, while others are the creations of one moment and vanish in the next.

There are numerous cases on record in which some person or other having committed some crime is described as having been persecuted for years by some avenging demon, who would appear objectively and disappear again. Such demons may be, and perhaps can be nothing else but the products of the involuntary action of the imagination of their victims; but they are nevertheless real to the latter. They may be called into existence by memory and remorse, and their images, existing in the mind, may become objective by fear, because fear is a repulsive function; it instinctively repulses the object of which a man is afraid, and by repelling the image from the centre towards the periphery of the sphere of mind, that image may be rendered objective.

Instances are known in which persons have been driven to suicide, hoping thereby to escape these persecuting demons. Such demons are said to have in some cases taken even a tangible form. But whether tangible or intangible, the substance of which they are formed is
merely a projection of substance of the person to whom they thus appear. They are, so to say, that person himself, and if the latter could injure or kill such a "ghost," he would merely thereby injure or kill his own body.*

An Adept in a letter to Mr Sinnett says:—

"Every thought of man upon being evolved passes into another world and becomes an active entity by associating itself—coalescing, we might term it—with an Elemental—that is to say, with one of the semi-intelligent forces of the kingdoms. It survives as an active intelligence—a creature of the mind's begetting—for a longer or shorter period, proportionate with the original intensity of the cerebral action which generated it. Thus, a good thought is perpetuated as an active, beneficent power, an evil one as a maleficient demon.

* In the "Lives of the Saints," and in the history of witchcraft, we often find instances of the appearance of "doubles" in visible and even tangible forms. Such phenomena may take place in mediumistic persons, if by contrary emotions the Will becomes divided, acting in two different directions, and projecting thereby two forms; for it is the spiritual Will of man that creates subjective forms, consciously or unconsciously, and under certain conditions they may become objective and visible.

As an illustration of this law we may cite from the Acta Sanctorum an episode in the life of Saint Dominic. He was once called to the bedside of a sick person, who told him that Christ had appeared to him. The saint answered that this was impossible, and that the apparition had been produced by the devil, because only holy persons could have an apparition of Christ. As he said so, a doubt as to whether the apparition seen may not have been a true one after all, entered his mind, and immediately a division of consciousness was produced, which caused the double of Dominic to appear at the other side of the patient's bed. The two Dominics were seen by the patient, and heard to dispute with each other, and while one Dominic asserted that the apparition had been the work of the devil, the other one maintained that it was the true Christ. The two Dominics were so exactly identical, that the patient did not know which of them was the true saint, and which one his image, and he could not make up his mind what to believe; until at last the saint called upon God to assist him,—that is to say, he concentrated his will-power again within himself; his consciousness became again a unity, and the "double" disappeared from view.

Absurd as such stories may appear to our "enlightened age," their absurdity ceases when the occult laws of nature, and the fact of the possibilities of a double consciousness are understood.
And so man is continually peopling his current in space with the offspring of his fancies, desires, impulses, and passions; a current which re-acts upon any sensitive or nervous organization, which comes in contact with it, in proportion to its dynamic intensity. . . . The Adept evolves these shapes consciously, other men throw them off unconsciously.” *

This testimony is corroborated by one coming from another source, and proving that to create subjective forms it is not necessary to give a distinct shape to our thoughts by the power of imagination, but that each state of feeling or sentiment may find expression in subjective forms, whether or not we may be conscious of their existence. A form is a state of mind, and a sentiment is a state of mind; a sentiment expressed will be represented by a corresponding form.

Mr Whitworth, a clairvoyant, describes how in his youth, while seeing a German professor perform on an organ, he noticed a host of appearances moving about the keyboard—veritable Lilliputian sprites, fairies, and gnomes, astonishingly minute in size, yet as perfect in form and features as any of the larger people in the room. He described them as being divided into sexes and clothed in a most fantastic manner; in form, appearance, and movement they were in perfect accord with the theme.

“In the quick measures, how madly they danced, waving their plumed hats and fans in very ecstasy, and darting to and fro in inconceivable rapidity, with feet beating time in rain-like patter of accord! Quick as a flash, when the music changed to the solemn cadence of a march for the dead, the airy things vanished, and in their place came black-robed gnomes, dressed like cowled monks, sour-faced Puritans, or mutes in the black garb of a funeral procession! Strangest of all, on every tiny face was expressed the sentiment of the music, so that I could instantly understand the thought and feeling that was intended to be conveyed. In a wild burst of sounding grief came a rush of mothers, tear-eyed and with dishevelled hair, beating their breasts and wailing

* A. P. Sinnett: “The Occult World.”
pious lamentations over their dead loved ones. These would be followed by plumed knights with shield and spear, and host of fiery troops, mounted or foot, red-handed in the fiery strife of bloody battle, as the clang of martial music came leaping from the keyboard, and ever, as each change brought its new set of sprites, the old ones would vanish into the air as suddenly as they had come. Whenever a discord was struck, the tiny sprite that appeared was some misshapen creature, with limbs and dress awry, usually a humpbacked dwarf, whose voice was guttural and rasping, and his every movement ungainly and disagreeable."

He then describes how in his riper age he saw such fairy-like beings coming from the lips of persons talking, and which seemed in every action the very counterpart of the feeling conveyed in the uttered speech. If the words were inspired by good sentiments, these figures were transcendentally beautiful; bad sentiments produced horrid-looking creatures; hate was expressed by hissing snakes and dark, fiery devils; treacherous words produced figures beautiful in front and disgusting and horrid behind; while love produced forms silvery, white, and full of beauty and harmony.

"On one never-to-be-forgotten occasion I was a pained witness to a scene of living faithfulness on one side and a double-faced, treacherous duplicity on the other. A fair young girl and her departing lover had met to exchange greetings ere he went on a distant journey. Each word of hers gave forth beautiful, radiant fairies; but while the front half of each that was turned to the girl was equally fair to look upon, and smiled with all the radiant seeming of undying affection, the rear half of each was black and devilish, with fiery snakes and red forked tongues protruding from their cruel lips, as gleams of wicked cunning danced in sneaking, sidelong glances from the corners of the half-closed eyes. These dark backgrounds of the little figures were horrible to look at, ever shifting, dodging, and seeming to shut up within themselves, as they sought to keep only bright and honest toward the trusting girl, and hold the black deception out of sight. And it was noticeable that
while a halo of cloudless radiance surrounded the good outside seeming, a pall of thick vapour hung like a canopy of unbroken gloom above the other.”*

It would be absurd to suppose that these forms had any objective existence outside of the mind of the man who observed them. They were the creations of the involuntary action of his mind, and represented the various mental states which were produced in quick succession by the impressions his mind received; but they furnish a good illustration to the theory, that each form expresses a certain character, and that each mental state corresponds to a certain form, in which it may find its expression.

The above description coincides with what has been described by others, and proves that thoughts and sentiments are something substantial residing in the imagination of man, and which may effect his inner world for good or for evil, and that the necessity of controlling thoughts and desires is not a matter of little importance, but has a practical use. But those who reject such testimony and consider such forms as illusive may remember that not only such forms, but all forms, are only illusions, and that they all represent invisible truths. Before the pure light of reason all illusions will disappear in the end and the truth appear—not hidden in forms, but in the sublime splendour of its purity—before the wondering gaze of spiritually-awakened Man.

But although subjective forms are manifestations of life, they have no appropriate active life of their own. They are the creations of the thought of man acting upon the A’kâsa. They are only kept alive by the life-power that radiates into them from the life-centre in man. They are like shadows, vanishing when the fountain of light from which they drink is exhausted. When the psychical action of man, that gave them life, ceases to act, or acts in another direction, they will disappear sooner or later. However, as the corpse of a man does not dissolve immediately as soon as the principle of life is departed, but decays slowly or rapidly according to their molecular density and cohesion, likewise the astral

* Religio-Philosophical Journal.
forms created by the desires of man may require a considerable time for their dissolution. They continue to exist as long as man infuses life and consciousness into them by his thought and his will, and if they have once gained a certain amount of power, they may still cling to him, although he may not desire their companionship. They depend on him for their life, and the struggle for existence forces them to remain with the source from which they draw their vitality. If they depart from that fountain they die; they are therefore forced to remain, and, like the phantom created by "Frankenstein," they persecute their creators with their unwelcome presence. To rid oneself of such a presence, he who is persecuted should direct the full power of his aspirations and thoughts into another and higher direction, and thereby starve them to death. In this way the spiritual principle of every man becomes his special Redeemer, who by the transformation of character saves him from the effects of his sin, and before whose pure light the illusions created by the lower attractions will melt like the snow under the influence of the sun.

Elemental forms being the servants of their creator—in fact, his own self—may be used by him for good or for evil purposes. Loves and hates may create subjective forms of beautiful or of horrid shapes, and being infused with consciousness, obtain life, and may be sent on some errand for good or for evil. Through them the magician may blend his own life and consciousness with the person he desires to affect. A lock of hair, a piece of clothing, or some object that has been worn by the person he desires to affect, may form a connecting link between himself and the latter. The same object may be attained if that person is put into possession of an article belonging to the magician, because wherever a portion of anything with which the magician was connected exists, there will a part of his own elements exist, which will form a magnetic link between him and the person whom he wishes to affect. If he has developed his astral senses, distance will not prevent him to observe the person with which he is connected; if he can project his astral form at a distance, his form may be present
with his victim, although the latter may not be able to see it.

Lord Lytton Bulwer illustrates this truth in his "Zanoni." Whether the story told therein of the *Dweller of the Threshold* happened exactly as described, is of no importance; its merit is, that it describes an actual truth. Every action is caused by an impulse, and every impulse has a tendency to repeat itself. If a phantom-form has once been formed in our soul, and been projected in an objective form, such a projection may afterwards take place without an effort of the will, and without being desired.

The astral image of a person may be projected consciously or unconsciously to a distance. If he intensely thinks of a certain place, his thought will be there, and consequently he will be there, for the thought of a man is the most important part of himself. Wherever a man's consciousness is, there is the man himself, no matter whether his physical body is there or not.

The history of spiritualism and somnambulism furnishes abundant evidence that a person may be consciously and knowingly in one place, while his physical body lies dormant in another. Franciscus Xaver was thus seen in two different places at one and the same time. Likewise Apollonius of Tyana, and innumerable others mentioned in ancient and modern history.

The *Elemental* sent by a magician is an essential part of the magician himself, and if the victim is vulnerable by being mediumistic—with other words, by not having his own principles held together by the power of his reason and will, the latter may be injured by the former. But the former, too, if his astral form be materialised to a certain extent, even if not sufficiently to be visible to the eye, may be injured by physical force, and as the astral form re-enters the physical body, the latter will partake of the injuries inflicted upon the former.*

The magician, who by the power of his will has obtained control over the semi-intelligent forces of Nature, can make use of these forces for the purposes of good or evil. The helpless medium, through whom

manifestations of occult power take place, can neither cause nor control such manifestations. He cannot control the elementals, but is controlled by them. The elements of his body serve as instruments through which these astral existences act, after the Medium has surrendered his will and given up the supreme command over his soul. He sits passively and waits for what these elementals may be pleased to do; he unconsciously furnishes them with his life and power to think, and his thoughts and the thoughts of those that are present may become reflected in these astral forms, or may enable them to manifest an intelligence of their own.

A medium for spirit-manifestations is merely an instrument for the manifestation of invisible forces over which he has no control, and the more mediumistic a person is, the less will he be liable to exercise a will of his own. The best of such Mediums have been very unjustly blamed for "cheating," for a medium which would not "cheat" is as unthinkable as a mirror that would not reflect the objects before it. The thoughts of the persons visiting a Medium, and who are trying to find out his "impostures," are taken up by the Medium and reflected by him. It is therefore not the Medium's person that cheats, but his visitors cheating themselves through his instrumentality. A mirror that would not reflect all the objects that are brought before it, would be a very unnatural and deceptive thing; a Medium who would only reflect such thoughts as he choses to reflect would be an impostor, for being able to exercise his own will he would not be in that passive condition which constitutes his mediumship.

The Adept in Magic is not the slave of these forces, but controls them by the power of his will. He may consciously infuse life and consciousness and intelligence into them and make them act as he pleases; they obey his command because they are a part of himself. The spiritualists do this unconsciously; they frequently sing at their seances to produce harmony, and they know that the more the conditions are harmonious the better will be the manifestations. The reason for this is, that the more harmony exists in a circle, the less will there
be personal feeling, the less concentration of self, and the more impersonal power and life will be available to invest the materialised form with consciousness and with life.

These animal astral existences belong to the kama rupa form of existence, and their forms are therefore too ethereal to act directly upon gross matter. They, therefore, need the assistance of an intermediary principle, which is furnished by the second principle in man, the combination of soul and matter, called Lingasariram. This may be furnished by the astral elements of the living, or by the astral remnants of those whose bodies are dead.

The astral elements used by the Elementals in spiritual seances for the purpose of producing physical phenomena, are not only taken from the medium, but from all present, whose constitution is not strong, and who may therefore furnish such elements. In seances for materialisations, they are also taken from the clothing of those present, and furnish material for the drapery of the "spirits," and it has been observed, that the clothing worn by people who frequently attend to such seances, wears out sooner than usual.

To bring fresh-spilled blood into such "spiritual seances," would probably increase the strength of the "materialisations" very much, and a knowledge of such facts has given rise to the abominable practices of black magic, which are still going on in many parts of the world, although secretly and unknown to the police. This knowledge has also undoubtedly given rise to the sacrifice of animals in the performance of religious ceremonies. A certain executioner was unfortunately gifted with clairvoyance, and after having decapitated a person he could see the "spirits" of dead people—sometimes even his friends and relatives—pounce upon the fresh-spilled blood of the criminal, and feed on its emanation and aura. He became so disgusted that he had to resign his position. It is also a fact that, at a time when the blood-drinking mania in Europe was started by medical ignorance, many people who practised it became insane, and others became demoralised by it.
The astral remnant of man is without judgment and reason, it goes wherever his instincts may attract it, or wherever any unsatisfied craving may impel it to go. If you wish to be haunted by the "ghost" of a man, attract him by the power of love or hate which you felt for the man. Leave some promise unfulfilled which you might have fulfilled, and instinctively the astral form of the deceased will be attracted to you to seek its fulfilment, drawn to you by its own unsatisfied desire.

Such an astral form is not necessarily in any way consciously connected with the real spirit of that person, as will be clear to those who have studied the doctrines of the constitution of man. It may be merely that combination of his lower principle, or his astral corpse, which made up the animal man. But if the man was very brutish, having all or nearly all his consciousness concentrated into his animal elements, such a remnant may constitute all, or nearly all, there ever existed of that person, except his higher reason, which may have fled even before his death. There are endless varieties of combinations of circumstances existing on the astral as well as on the physical plane; there is no pattern by which all cases can be explained alike.

It is not his fault if you do not perceive his presence and hear his voice, it is because your astral senses are asleep and unconscious; you may feel his presence and it may cause a feeling of depression in your mind; he speaks to you, but in a language which you have not yet learned to understand. In those elementary remnants remains that which constituted the lower nature of man, and if they are temporarily infused with life, they will manifest the lower characteristics of the deceased, such as have not been sufficiently refined to join his immortal part. If a music-box is set to play a certain melody and made to start, it will produce that same melody and no other, although it has no consciousness of its own. The remnant of emotional and intellectual powers in the astral remnant of man will, if this remnant is made to speak, become manifest in the same kind of language which the man during his life used to speak.

The fresh corpse of a person who has suddenly been
killed, may be galvanised into a semblance of life by the application of a galvanic battery. Likewise the astral corpse of a person may be brought back into an artificial life by being infused with a part of the life-principle of the medium. If that corpse is one of a very intellectual person, it may talk very intellectually; and if it was that of a fool, it will talk like a fool. The intellectual action resembles mechanical motion in so far, that if it is once set into action, it will continue without any continual effort of the will, until it is exhausted or comes to a stop. We often see this in daily life. There are old and young people frequently seen, who are in the habit of telling some favourite story, which they have already told many times, and which they repeat on every occasion. It may be noticed, that when such an one begins to tell his story, it is of no use to tell him that one knows it already. He has to finish the story in spite of himself.

An orator or a preacher does not need to think and reason about each word he utters separately. When the stream of ideas once flows, it flows without any effort of the will. If ideas flow into the astral brain of a deceased person, infused with life by the medium, that brain will elaborate those ideas in the same way it was accustomed to do during life.

We also reason while we dream; we draw logical conclusions during our sleep; but reason is absent, and although, while we dream, our logic seems to be reasonable, nevertheless we often see that it was foolish, when we awake and when our reason returns, or becomes active again.

The mental organism of man resembles a clockwork, which if it is once set into operation will continue to run until its force is exhausted; but there is no clockwork which winds itself up without extraneous assistance, and there is no mental organism able to think without a power that causes it to begin the process of intellectuation.

In a departed soul the attraction of good and evil still continues to act, until the final separation of the higher and the lower takes place. It may follow the attraction of the higher principles in nature and be at-
tracted to spirit, or it may again come into contact with matter through the instrumentality of mediumship, take again part in the whirling dance of life, although by vicarious organs; follow once more the seduction of the senses, and lose entirely sight of the immortal self.

It is therefore not merely dangerous to a person to hold intercourse with the "spirits of the departed;" but it is especially injurious to the latter,—as long as the final separation of their lower principles from the higher ones has not yet taken place. Necromancy is a vile art, and so has therefore always been abhorred. It may disturb the blissful dreams of the sleeping soul, which aspires to a higher state of existence. It is like roughly attacking a saint during his hours of meditation, and to force him to take an interest in affairs of the lower life, which can be of no use to him in his efforts to rise into a superior state. It is a step towards degradation; and as every impulse has a tendency to repeat itself, the most terrible consequences may follow after what seemed to be at first merely some innocent amusement.

These astral remnants may be used by the black magician and by the elemental forces in nature for the purpose of evil. If they are unconscious, they will only serve as the instruments of the latter; if they are conscious they may enter into an alliance and co-operate with them.

Such alliance, either consciously or unconsciously on the part of him who enters into such an unspiritual intercourse, may take place between an evil-disposed person and a very evil inhabitant of the astral plane, whose whole consciousness has been concentrated within his lower principles. We are convinced that many people who are in actual possession of powers to work black magic work evil unconsciously; that is to say, that if they hate a person, they are often unconscious of the effects which their hate produces upon the latter, and of the mode in which it acts. The spiritual force created by their hate may enter the organism of the object of their hate, and cause some bodily sickness, and the person from whom the evil power proceeds may be entirely ignorant of the fact, that it was his own hate which pro-
duced the sickness. Such black magicians merely furnish the elements of evil, by which invisible powers act. The animal elements, existing in the soul of man, may, after having attained a certain degree of vitality, be projected by hate towards another person and enter his soul, even unknown to him, from whom they originate. But they are still a part of the life-principle of the person from whom they originated, and if they cannot take hold of the soul of him, against whom they are directed, they return again to the source from which they originated, and may kill him, from whom they emanated. It is therefore said, that if the will of a black magician is not strong enough to effect his evil purpose, the force will return and kill the black magician, or make him sick.

This is undoubtedly true, and the grossest illustration of it is, if a person by a fit of rage or jealousy is induced to kill himself. It is the reaction following an unfulfilled desire, which induces the rash act; the act is merely a result of his previous mental state.

We are acquainted with a woman who, soon after the death of her husband, became annoyed very much by phenomena of a supersensual kind. Invisible causes produced raps and broke her dishes in the kitchen, and invisible hands even slapped her face. She had an enemy in the same village, a rejected lover, who hated her and attempted to injure her character by circulating vile stories. Now it happened that this rejected lover fell very sick, and during his sickness the annoyances ceased; but after the man got well, they continued again as before for several months. The rejected lover is a very ignorant person, and we may say that he knows nothing of magic, either black or white; nevertheless there is reason to believe his hate to have been the cause of these phenomena, and it may have been the ill-will of that fellow, being unconsciously projected against that woman (who is evidently mediumistic), acted upon her organism by means of the astral remnant of her newly-deceased husband, whose astral corpse was made to act through that power. After a while, when that astral corpse began to lose its density, the manifestations finally ceased. But the fact that they also ceased during
the sickness of the rejected lover is explainable by the fact, that during his sickness his will was less intense, and he had to think of his own suffering instead of his hate for that woman.

The surest protection against all the practices of black magic, whether they are caused consciously or unconsciously, is to acquire strength of character—in other words, faith in the divine principle within one's own soul.

As man becomes ennobled, the lower elements in his constitution are thrown off and replaced by higher ones, and in a similar manner a transformation may take place in the opposite way if he degrades himself by his thoughts and acts. Sensual man attracts from the Ākāsa those elements that his sensuality requires, for gross pleasures can only be felt by gross matter. A man with brutal instincts growing and increasing may degrade himself into a brute in character, if not in external form. But as the form is only an expression of character, even that form may again approach an animal in resemblance.

The proof of this assertion is seen every day, for we meet every day in the streets brutish men, whose animal instincts are only too well expressed in their external forms. We meet with human snakes, hogs, wolves, and those upon whom alcohol has stamped his seal, and it does not need the instructions given in books on physiognomy to enable almost anybody to read the character of certain persons more or less correctly expressed in their exterior forms.

In the physical plane the inertia of matter is greater than in the astral plane, and consequently its changes are slow. Astral matter is more active, and may change its form more rapidly. The astral body of a man whose character resembled an animal may therefore appear to the seer as an animal in its outward expression.*

The astral form of an evil person may appear in an animal shape if it is so filled with brutish instincts as to become identified in his imagination with the animal which is the expression of such instincts. It may even enter the form of an animal and obsess it, and it

* E. Swedenborg: "Heaven and Hell."
sometimes happens that it enters such forms for its own protection against immediate decomposition and death.

It would be useless to give anecdotes, illustrating instances, in which such things took place. The principal object of the reader should be to learn to know the essential constitution of man, by observing the conditions of his own being and the law which regulates all forms of matter and functions. If he once understands the modes in which the law may act, it will be a matter of little importance to know in what particular cases it may have manifested itself in such modes. Accounts of phenomena can never supply the place of the understanding of the law.

Popular traditions speak of human beings having assumed the form of animals, roaming about and injuring men and cattle. Modern culture is prone to pronounce impossible everything that she cannot explain; but the existence of such forms is theoretically not impossible, because a person may project his astral elements at a distance and make them appear in a material form, and that form is not necessarily human, because man is what he thinks, and his exterior shape may adapt itself to the true character by the power of his imagination.
CHAPTER IV.

LIFE.

"I never was not, nor shall I hereafter cease to be."

Bhagwat Gita.

The universe of forms may be compared to a kaleidoscope in which the various forms of the original energy manifest themselves in an endless variety, appearing, disappearing, and re-appearing again. As in a kaleidoscope the pieces of variously-coloured glass do not change their substance, but only change their positions, and, through the delusive reflections of mirrors at each turn of the instrument, are made to appear in new constellations and figures, so the One Life manifesting itself appears in an infinite number of forms and colours, acting as "matter" or "force," unconscious or conscious, blind or intelligent, voluntary or involuntary, from the atom, whose auras and others rush through a common vortex,* invisibly but nevertheless substantial, up to the blazing suns whose photospheres extend over millions of miles, and from the microscopic Amoeba, whose protoplasm manifests only the rudiments of instinct, up to perfect Man, whose intelligence conquers the gods.

Forms are isolated and materialised thoughts. If you can hold on to a thought and isolate it from others, you call into existence a form. If you can impart to that form your consciousness, you may make it conscious; if you can invest it with the element of matter, you may make it visible and tangible; but few persons are able to hold on to one single thought even for one single minute of time, because their minds are wavering.

* Rabbitt: "Principles of Light and Colour."
and flickering; few can transfer their consciousness, because they cannot voluntarily forget their own selves; few can control the element of earth, because it is their master, and they are attracted by it. The prototypes of all forms exist in the Astral Light, which is the Universal Soul in which resides the Universal Mind; the A'kása or Universal Matter being its more material substance. If a form comes into existence on the physical plane, its growth is simply a process by which something that already exists becomes visible and material. This something is the idea or character of the form, and as each character is a unity, such a character will be distinctly expressed in all parts of the form. A human being—for instance—will not have the body of a man and the head of an animal, but its human character will be expressed in all its parts, and as the character constituting humanity is expressed in all human individuals, so is the character of an individual expressed in all its parts. This is a truth upon which the doctrines of Astrology, Phrenology, Chiromancy, Physiognomy, &c., are based, which—if rightly understood—are not only possibly true, but must be necessarily and unavoidably true, because Nature is a Unity. The nature of an animal, a plant, or a man, is a unity, and is therefore expressed in all the parts of each respective form. It can be scientifically demonstrated that each component part of an organism is a microcosm, in which are represented the principles composing that organism. We may by examining a part of a leaf know that it comes from a plant, and by looking at an animal substance see that it came from an animal, or by testing even the most minute part of a mineral or metal know that it belongs to the mineral kingdom. Likewise we may read a man's character in his hands or face or feet or in any other part of his body, if we have acquired the art how to read it correctly.

These things are known to physical science. But if the power of interior perception is once attained, a still greater world of wonders is opened before the astonished sight of the seer; he will then perceive that every part of an organism bears the correct impression of the form of the whole, and upon each particle is "photographed"
by the Astral Light the picture of the body to which it belongs.

The suns and planets in space as well as all terrestrial objects have their souls, else they could have no bodies; because their bodies are only the external expressions of the soul, and their character rests in their souls. Their souls act upon each other and are acted upon by all, and as the characters of these souls change so change the physical forms. These astral influences, constituting the soul of the Universe, build up all forms, they modify the character and the growth of minerals, plants, and animals, they are the cause of endemic and epidemic diseases, they evolve in the course of ages variously-shaped animals, they predetermine to a certain extent the destiny of men,* and furnish the energies whose character impresses itself upon everything. Their signatures may be seen in the book of life belonging to every form, in the size and shape of features and limbs, in the lines of the hands, in the colour of eyes and hair.† They are the forces by which the Universal Mind puts his mark upon everything, and those who are able to read may find the true history of everything written upon the leaves of its soul.‡ Likewise every individual mind prints his character upon every one of his thoughts, words, and acts, and upon the soul of everything which comes within his sphere.

Upon this law is based the science of Psychometry. By this science we may obtain a true history of past events. By psychometrically examining a stone taken from a house we may obtain correct information in regard to the former or present inhabitants of a house,

* This is to be taken in the same sense as heat and cold, rain and sunshine, miasmas and earthquakes may change the fortune and destiny of men who do not take due care to protect themselves against their effects; but as man by the power of his intellect has become able to guard himself against the inimical influences arising in the external plane; likewise by the exercise of his will and intelligence he may overcome the dangers threatening him from the astral plane.

† Debarolles: "Mystères de la main."

or a fossil may give a true description of antediluvian scenery and of the mode of life of prehistoric animals or men. By the psychometrical examination of a letter we may obtain information about the person who wrote the letter and also of the place in which the letter was written. If this art were universally known and practised, criminals could be detected by examining psychometrically a piece of the wall, the floor, or the furniture of the room in which a murder or robbery was committed; it would make an end to convicting of innocent persons on circumstantial evidence, or to letting the guilty escape for want of proof; for the psychometer would, by the superior powers of his perception with the spiritual eye, see the murderer or robber or counterfeiter as plain as if he had seen them with his external eyes while the deed was committed.

Each form is the external expression of a certain character which it represents, and as such it has certain peculiar attributes, which distinguish it from other forms. A change of its character is followed by a gradual change of the form. An individual who becomes degraded in morals will, in the course of time, show his degradation in his external appearance; persons of a different appearance and different characters may, in the course of time, as their characters harmonize, resemble each other to a certain extent in appearance. Forms of life, belonging to the same class and species, resemble each other, and each nationality has certain characteristics expressed in the individuals belonging to it. A full-blooded Irishman will not easily be mistaken for a full-blooded Spaniard, although the two may be dressed alike, but if they both emigrate to America their children or grandchildren will in time lose the national characteristics which their ancestors possessed. Change of character changes the form; but a change of form does not necessarily change the character. A man may lose a leg and become a cripple, and still his character may remain the same as before; a child may grow into a man, and still his character remain that of a child unless modified by education.

These facts are incontrovertible proofs that the char-
acter of a being is more essential than his external form; that the form is illusive, and that the reality is a principle which is independent of form. If the character of an individual were to depend on his inherited form, children born of the same parents and educated under the same circumstances would always manifest the same mental characteristics, but it is well known that the characters of such children often differ widely from each other, and that they may possess characteristics which their parents do not possess.

If, as it frequently happens, children show the same or similar talents and intellectual capacities as their parents, such a fact is by no means a proof that the parents of the child's physical body are also the parents or producers of its intellectual germ; but it may be taken as an additional evidence of the truth of the doctrine of reincarnation, because the spiritual monad of the child would be naturally attracted, in its efforts to reincarnate, to the bodies of parents, whose mental and intellectual constitution would correspond nearest to its own talents and inclinations, developed during a previous earthly life.

Characters may exist independent of external conditions; the latter can only modify, but not create, the former. The best soil will not produce an oak tree unless an acorn is present, and a Cholera Baccillus will not produce cholera where the "predisposition" to that disease does not already exist. Forms may facilitate the development of character, but they do not create it, and persons that appear in every respect alike may be of a very different character.

How can we account for such moral and intellectual discrepancies in forms that are nearly alike, as long as we shut our eyes to the truth, that that which is essential in a being, whether rational or irrational, is its character, and that its form is only the external expression of that internal and invisible character, which may survive after the form has ceased to exist, and after the dissolution of the form finds its expression again in another form! Forms die, but their character remains unchanged after their death, preserved in the Astral Light, like the
thoughts of man stored up in his memory, after the events that called them into existence have passed away. A character does neither die nor change after it has left the form, but, after a time of rest in the subjective state, it will reimbody itself again in a new-born objective form, to grow and change its nature during the life of the form. Seen from this standpoint, "death" is life, because, during the time that death lasts, that which is essential in a form does not change; life is death, because only during life in the form the character is changed, and old tendencies and inclinations die and are replaced by others.

Our passions and vices may die while we live; if they survive us they will be born again.

The character of an oak exists before the acorn begins to grow, but the growing germ attracts from earth and air such elements as it needs to produce an oak; the character of a child exists as such before the physical form of the child is born into the world, and attracts from the spiritual atmosphere the elements to which its aspirations and tendencies are attracted. Each seed will grow best in the soil that is best adapted to its constitution, each human monad existing in the subjective state will be attracted at the time of its incarnation to parents, whose qualities may furnish the best soil for its own tendencies and inclinations, and whose moral and mental attributes may correspond to its own. The physical parents cannot be the progenitors of the spiritual germ of the child, that germ is the product of a previous spiritual evolution, through which it has passed in connection with former objective lives. In the present existence of a being the character of the being that will be its successor is prepared.

Therefore, every man may be truly said to be his own father; for he is the incarnated result of the personality which he evolved in his last life upon the planet, and the next personality which he will represent in his next visit upon this globe, is evolved by him during his present life.

The development of a plant reaches its climax in the development of the seed; the development of the animal body reaches its climax in the capacity to reproduce its
form, but the intellectual and spiritual development of a man may go on long after he has acquired the power of reproduction, and it may not have reached its climax when the physical form is on the downward path, and ceases to live. The condition of the physical body may undoubtedly furnish facilities for the development of character in the same sense as a good soil will furnish facilities for the growth of a tree; but the best soil cannot transform a thistle into a rose-bush, and the son of a good and intellectual man may be a villain or a dunce.

As the primordial essence proceeds to manifest itself in forms, it descends from the universal condition to general, special, and finally individual states. As it ascends again to the formless, the scale is reversed, and the individual units expand, to mingle again with the whole. Life on the lowest planes manifests itself in an undifferentiated condition; air has no strictly defined shape; one drop of water in the ocean shares an existence common to all other drops; one piece of clay is essentially the same as another. In the vegetable and animal kingdom the universal principle of life manifests itself in individual form; still there is little difference between individual plants, trees, animals, and men belonging to the same species, and the peculiar attributes which distinguish one individual form from another cease to exist when the form disappears. That which essentially distinguishes one individual from another is independent of form, and exists after the form has ceased to live. Distinctions of form are perishable, but distinctions of character remain; those attributes which raise their possessors eminently above the common level begin at a state where external appearances cease to be of great consequence. Socrates was deformed and yet a great genius; the size of Napoleon's body was not at all in proportion with the greatness of his intellect. Honour and fame rise above the grave of the form, and the influence of great minds often grows stronger after the bodies that served them have turned to dust. Strong minds expand far beyond their physical form while they live. They do not die when the form disappears. Their characters continue
to exist and may reappear upon the earth. Weak minds may contract and shrink during the life of their forms. All characters may become reincarnated or reembodied after they have left the form, but if an individual has no specific character of its own the common character belonging to its species or class will be all that, after leaving the old body, can enter the new. If an individual has developed a specific character of its own, that distinguishes it from its fellows, that individual character will individually survive the dissolution of its form, because the law that applies to the whole, or to the class, will also apply to the part. A drop of water mixed in a body of water will become dispersed in the mass, it may be evaporated and condensed again, but it will never again be the same drop; but if a drop of some ethereal oil is mixed with the water, and the whole is evaporated in a retort, it will, after being condensed, form again the same individual drop in the mass. A high character may lose its individuality during life and sink to the common level, but if it has established a distinction from others, its individuality will survive the death of the form. To accomplish a change of character an individual form is required, to build up an individual form a character must exist.

If we wish to produce a form we must first decide upon its character. A sculptor who would aimlessly cut a stone, without making up his mind as to what form he desired to produce, would not accomplish anything great. The form is a temple of learning for the character, in which the latter gains experience by passing through the struggles of life. The harder the struggle the faster may the character of the individual become developed; an easy life may increase the size of the form, but will leave the character weak; a hard struggle may weaken the form, but will strengthen the spirit. Forms grow at the expense of other forms, the growth of character induces other characters to grow. Forms grow weak when they impart their own substance to others, characters grow stronger while they impart to others their strength. Individuals vampyrisate each other as long as they require material forms,
but a character that has once been formed finds the source of its strength within itself. In the lowest plane, where the physical life-impulse acts very slow, an isolated form may exist for a considerable time; a stone or a diamond may last for ages, because the consuming fire of life is not very active in them; but in forms in which life is very active, permanent isolation is not compatible with the existence of form. The higher we rise in the scale of life on the physical plane, the smaller grows the possibility of enduring isolation. An isolated scrub pine may live surrounded by snow and ice on an almost bare rock, where no highly-organised life can exist, and an animal life may live a comparatively isolated existence in a forest, where a man would soon starve to death. Life in forms requires other forms to feed upon, characters are self-existing, they require the contact with other characters only to try their own strength, and as they grow and use their power they increase their own fortitude.

The attributes which constitute character are formless; they may be expressed in a form, but after the form is dissolved they return to the formless again. Abstract ideas, such as "good, evil, wisdom, power, love, hope, faith and charity, &c., have no forms, but they may characterize a living being and render it good or bad, wise and powerful," &c. Still such qualities do exist, even if they are not manifest in forms; forms cannot create their own attributes, but they are the expressions of principles which exist, and which may or may not become manifested in forms.

The "spirit," or character, is the originator of form, the astral forces of nature are the architects, and the physical plane of nature furnishes the material to render the form substantial, and to enable it to come into contact with the physical plane. Thought is the great power by which forms are called into existence. The thoughts of a person during life determine the tendencies of his soul while in the subjective state, and these tendencies attract other influences and bring him again into contact with form. A man who has no sense of personality and no desire for personal life may, while
in the subjective state, remain an impersonal power, spiritually stronger than any personal being; but he who is attracted by the illusion of self will be attracted to a form. An entity, attracted by the illusion of self, may fancy itself to be something distinct and isolated from the universal life, and look upon all other existences as being distinct from the whole. From this illusion arise innumerable other illusions. From the sense of self arises the love of self, the desire for continuance of personality, giving rise to greed, avarice, envy, jealousy, fear, doubt and sorrow, pain and death, and to the whole range of emotions and sufferings, which frequently render life miserable, and afford no permanent happiness. If a person is miserable and can find no happiness in himself, the surest and quickest way for him to be contented is to forget his own personality, and to live—so to say—in others, by blending his own consciousness with that of some others, or all. By feeling with others he will forget his own self, and for the time being cease to experience the sufferings produced by the illusion of self. A person who lives in a state of isolation on the emotional plane will care for nothing else but for his own personality. He concentrates all his energies into himself, and becomes more and more insignificant and spiritually small. Gradually he will sink to lower planes of thought, becoming—so to say—more and more heavy as his soul becomes dense; and if once the downward impulse is given, and not arrested, he will sink lower and lower, until his personality, at the death of the form, disappears in the vortex and he ceases to exist as a man in human form, having already during life ceased to exist as a man in a human character. When his physical body is decayed and the "magnetic body" dispersed, the remnant of his soul elements may still continue to exist. Its movements will be guided by its controlling emotions, it will not go whither it chooses, for having no intelligence it can make no choice; but it will go whither it is attracted by its instincts, until its energies are exhausted and it ceases to exist as a form.*

*Adolphe D’Assier: "L’humanité posthume."
LIFE.

Thus the animal elements of a man who was during his life a great drunkard, may after his death be attracted to another living drunkard and be drawn to a grog-shop; those of a lewd person seek comfort in a brothel, those of an avaricious person stand guard over his buried treasures, &c., &c.; and all such remnants may have a certain amount of consciousness and memory left, and may be galvanized back temporarily into a living state by coming in contact with a medium. Thus endless varieties of spooks, ghosts, vampires, incubi, succubi, &c., may come into existence, and there are innumerable accounts given in books on magic, occultism and spiritualism, to illustrate such facts.

As on the physical plane, so on the astral plane, isolation produces starvation. An emotion to be kept alive must be fed by corresponding emotions, else it will devour its possessor. A person who loves another person or object intensely, and cannot gain the object of his desire, must transfer his love upon some other object, or he may perish in the attempt to suppress it. If the love is transferred to a higher ideal it will render man happy; if it is transferred to a lower one dissatisfaction may be the result. Stored-up anger will find some object upon which to spend its fury, else it may produce an explosion destructive to its possessor; tranquility follows a storm. The "black magician" who attempts to kill or injure another person by the intensity of his hatred, projected towards that person, may be killed or injured by the intensity of the force he has created, and which—if it is not sufficiently strong to effect his object—will react upon himself. Accumulated energy cannot be annihilated, it must be transferred to other forms, or be transformed into other modes of motion; it cannot remain for ever inactive and yet continue to exist. It is useless to attempt to resist a passion which we cannot control. If its accumulating energy is not led into other channels it will grow until it becomes stronger than will and stronger than reason. To control it, it should be led into another and higher channel. Thus a love for something vulgar may be changed by turning it into a love for something high,
and vice may be turned into virtue by changing its aim. Passion is blind, it goes where it is led to, and reason is a safer guide for it than the instinct. Love for a form disappears with the death of the form, or soon after; love of character remains even after the form in which that character was embodied, ceased to exist.

The ancients said that _Nature suffers no vacuum._ We cannot destroy or annihilate a passion. If it is driven away another elemental influence will take its place. We should therefore not attempt to destroy the low, without putting something in its place; but we should displace the low by the high; vice by virtue, and superstition by knowledge.

There are some persons who live in perfect isolation on the lower intellectual plane. They are such whose thoughts are entirely absorbed by intellectual labours, having no time or inclination to attend to the claims of their reason. They are—so to say—living continually in the cupola of their temples, the head, while their hearts are made to starve and become petrified. They concentrate all their intellectual forces into their brains, and may become very learned in regard to the small details of life on this planet, but while they concentrate their attention upon the small, they often lose their capacity to enter into harmony with the whole. They constitute, to a great extent, the “materialists,” “sceptics,” and “rationalists” of our age. They throw away their birthright to immortality by arguing themselves into a belief in its impossibility, they may become criminals “for the sake of science,” disregarding the laws of humanity; their astral corpses will continue to exist for a while after the death of their physical forms, until the intellectual power active therein is exhausted, but their spiritual aspirations having already deserted them during their life, there will be nothing left of them in the end to survive the dissolution of the soul.

All forms that nature produces are originally the products of universal life expressing itself in forms. They are manifestations of the _One_ in _Three_, but as such they do not possess any life of their own. There still remains the unmanifested _One_, which must become active in the
form if the form is to live. The Three rendered alive through the One, produces the Four, and Four is therefore the number of perfection. It represents the square, by means of which the Universe is constructed, and which finds its symbolic expression in the life-giving influences meeting from the four cardinal points, North, South, East, and West.

Life is universally present in nature, it is contained in every particle of matter, and only when the last particle of life has departed from a form the form ceases to exist. It may remain for centuries inactive in a form, but when it begins to manifest itself, motion appears in the form, and the higher the form is developed the higher may be the activity of its life. Life in a stone does not appear to exist, and yet without life there would be no cohesion of its atoms. If the life-principle were extracted from a mineral its form would be annihilated. A seed taken from the tomb of an Egyptian mummy began to germinate and grow after it was planted in the earth, having kept its life-principle during a sleep of many centuries. If the activity of animal life could be correspondingly arrested, an animal or a man might prolong individual existence to an indefinite period. Stones may live from the beginning of a Manvantara unto its end; some forms reach a very old age, but if the life-impulse is once given it is difficult—if not impossible—to arrest it. To do so requires the powers of an Adept, who may concentrate the energy of life active within his physical form into his higher principles, and thereby prolong his life. There are cases known in which "Fakirs" have been buried alive and made to live again after several weeks or months; that is to say, that their physical bodies were inert and comparatively lifeless, while their life-energy was active in the essential man, who does not live in the grave.

Life may be transferred from one form upon another, and the power by which it may be transferred is the power of Love, because Love, Will, and Life are essentially the same power, or different aspects of one, in the same sense as heat and light are modifications of motion. The power of hate may kill, and the power of love has
been known to call the apparently dead back to life. Love is a restoration of life and health, more powerful than all the drugs of the Pharmacopoeia, and it is the universal panacea which the true physician applies. A person may actually give his life to another and die himself, so that another may live. This transfer can be made and sick persons thereby restored to health, without making any "magnetic passes," by the simple power of the will and the imagination, although in beginners some external forms may be useful or necessary to assist the occult processes taking place in the soul.

The true life-giving power rests in the source of all Good. "In him is life, and the life is the light of men." * Through its influence the elements composing lower forms of existence are gradually raised into higher states. It is everywhere present, and manifests itself wherever a form is capable to respond to its vibrations. It cannot be found by vivisection nor by chemical analysis, and modern scientific books say nothing about it; yet it is an element in which and through which we all live, and if it were withdrawn from us for a single moment we would be immediately annihilated. The reason why matter cannot be annihilated is because it is a manifestation of life, and the principle of life cannot be annihilated because it is eternal and its existence does not depend on conditions. This source of all life is the great Spiritual Sun, that "shineth in darkness and the darkness comprehended it not," † and yet it is omnipresent and can be found everywhere.

To be blind to the existence of the universal source of all good, called "God" by some and by others "the Law of Evolution," is to be blind to the fact that is apparent everywhere, that grasses and trees, animals and men, live and grow. Without the power of life nothing living could come into existence; if action and reaction were always of equal strength, they would completely neutralise each other, and nothing would be the result. Truly the children speak a great truth when they say that "God make the grass grow;" but the

* St John i. 4.
† Ibid.
learned, who cannot conceive of anything that transcends their sensual perception, cannot rise to the sublime conception of a universal, supreme, and therefore divine power. Our materialistic philosophers desire to abolish "God;" and it is to be hoped that they will succeed, for the god of which they conceive is an impotent dwarf. The supreme power of life in the universe is beyond their conception, this they cannot abolish; an attempt to destroy it would have to begin with their own annihilation.

Life is a manifestation of power, a function of the unimaginable cause of all existence. It must be a substantial principle, else it could not exist, because no activity can take place without substance. It has no forms, but is manifested in forms; it continually advances from lower to higher forms, and as it advances the character of forms advances with it. The building of the "Temple of Solomon" goes on unceasingly. Invisibly act the elements of nature, the master builders of the universe. Life inhabits a form, and when the form is decayed it gathers the elements and builds itself a new house. A rock, exposed to the action of wind and rain, begins to decay on its surface, the elements gather again and appear in a new form. Minute plants and mosses grow on the surface, living and dying and being reborn, until the soil accumulates and higher forms come into existence. Centuries may pass away before this part of the work is completed; but finally grasses will grow, and the life that was formally dormant in a rock now manifests itself in forms capable to enter the animal kingdom. A worm may eat a plant, and the life of the plant becomes active and conscious in a worm; a bird may eat the worm, and the life that was chained to a form crawling in darkness and filth, now partakes of the joys of an inhabitant of the air. At each step on the ladder of progression life acquires new means to manifest its activity, and the death of its previous form enables it to step into a higher one. But there may a time arrive in the process of its evolution when its activity becomes so high and its sphere so expanded, that no form of which we can conceive will be able to hold it
or to serve as an instrument in which its attributes could find an appropriate expression. Then will the mortal frame be too insignificant to serve the immortal genius, and the freed Eagle will arise from the form.

There are beings that have attained that state, who have left, like Elias, their "cloakes" (their physical forms) upon the Earth, and ascended by the power of their fiery spirit—not into a material heaven—but into a state in which a physical form is no longer required.

Forms are nothing but symbols of life, and the higher the life expresses itself the higher will be the form. An acorn is an insignificant thing compared with the oak, but it has a character, and through the magic action of life it may develop into an oak. The germ of its individual life is incarnated in the acorn, and forms the point of attraction for the universal principle of life. Its character is already formed, and if it grows it can become nothing else but an oak. Buried in the earth it may grow and develop from a low into a higher state through the influence of the highest, because the principle of life, or—to use a scientific expression—the potency of life is contained in it. But however great its potency for growth may be, still it cannot germinate without the life-giving influence of the universal fountain of life reaching it through the power of the sun, and the sun could not make it grow unless the principle of life were contained in the germ.

The rays of the sun penetrate from their airy regions to the earth; their light cannot enter the solid earth, which protects the tender seed of a plant from the fiery rays, whose activity might destroy its inherent vitality. But the seed is touched by the heat that radiates into the earth, and a special mode of life manifests itself in the seed. This life is not a new creation, but it is the power of The Absolute becoming manifest in a form. The seed begins to sprout, and the germ struggles towards the source of the life-giving influence, and strives towards the light. The roots have no desire for light, they only crave for nutriment, which they find in the dark caverns of matter. They penetrate deeper into the earth, and may even absorb the activity of the higher
parts of the plant. But if the latter belongs to a species whose character it is to grow towards the light, its nobler portions will enter its sphere, and may ultimately bear flowers and fruits.

The soul of man being buried in matter, perceives instinctively the life-giving influence of the supreme spiritual sun, while at the same time it is attracted by matter. If man's whole attention is attracted to the claims of his body, if all his aspirations and desires are directed to satisfy the desires of his material form, he will himself remain a thing of earth, incapable to become conscious of the existence of Light. But if he strives for Light, and opens his soul to its divine influence, he will enter its sphere and become conscious of its existence. A time will arrive when matter will lose its attractions for him, and as the odour of the flower can exist after the flower and the roots from which the latter drew its nutriment have ceased to live, so will the character of that man, even after his physical body has continued to exist, consciously survive, and having followed the attraction of the immortal law, become himself one with the law, and be rendered immortal.

The true *Elixir of Life* can only be found at the eternal fountain of life. It springs from the seventh principle, manifesting itself as spiritual power in the sixth and shedding its light down into the fifth, illuminating the mind. In the fifth it is manifest as the intellectual power in man, radiating down into the fourth and controlling by the power of Reason the turbulent elements of the latter. In the fourth it creates desires, calling forth life and instincts in the lower triad, and thereby enabling the forms to draw the elements which they need from the storehouse of nature. It for ever calls men to life by the voice of truth, whose echo is the power of intuition crying in the wilderness of our hearts, baptising the souls with the water of hope, and pointing out to them the true spirit which, coming to consciousness in their heart, may baptise them with fire and knowledge, and initiate them into the eternal life.
CHAPTER V.

HARMONY.

"Let no one enter here who is not well versed in mathematics and music."—Pythagoras.

"To listen to the music of the spheres" is a poetical expression, but it expresses a great truth; because the Universe is filled with harmony, and a soul who is in full harmony with the soul of the universe may listen to that music and understand it. The world as well as man resemble musical instruments, in which every string should be in perfect order, so that no discordant notes may be sounded. We may look upon matter on the physical plane as a state of low vibration and upon spirit as the highest vibration of life, and between the two poles are the intermediary principles constituting the grand octave called Man.

A more exact study of the laws of harmony will undoubtedly give us a deeper insight into the laws which govern the functions of the principles of which Nature and man are composed. Woman is the image of Man, representing Man's beauty and will, while the male part of humanity is to represent reason and strength, but neither can continue to exist without the other, and neither a male nor a female being is perfect. Only that being is perfect in which the male and female elements are united.

The Moll accord is the harmonious counterpart of the Dur accord; but it has been proved that the existence of a family of moll-accords, existing independently of dur-accords, and running in parallel lines with the latter, is an impossibility. The most beautiful sound is not a
single sound, but an accord of three. Such an accord is like a mental conception, which—for the purpose of realising its existence as a unity—has to pass through three phases of consciousness; namely, 1. That of being one with itself; 2. That of being different from itself; and 3. That of conceiving that these two states are only one.

Nature is the product of a cause, and everything in nature is ruled by the law of cause and effect. There can be no arbitrary ruler in the universe, and even if there were such a ruler, his decisions would be the effects of the action of his mind, and the actions of his mind would be determined by pre-existing causes, and he would therefore be subject to law. A being that is not subject to law is an unimaginable monster that cannot exist, because all beings come into existence through the law of cause and effect, and nothing can be without having come into existence; only the eternal law itself, which is no-thing, self-existent, and absolute.

Here it might be objected, that the law could not exist, if there was not a cause of the law, in other words, a law-giver; and such would be the case, if we had to deal with arbitrary laws; but the eternal law of cause and effect requires no law-giver; because it is eternal and therefore self-existent. Each being is subject to that law, because each is a product of it. The law of cause and effect calls all beings into existence; but the law itself is not a being, and if man enters the state of non-being, i.e., Nirvana, he ceases to be subject to the law; because as an eternal individuality he is one with the law, he is the law, and cannot be subject to any other law, but himself.

Man is a being and exists in the world, having come into existence according to the law of cause and effect. The form and quality of his body depend on the physical conditions under which he was born; the state of his soul depends on the astral influences that concentrated their power upon him in consequence of his affinity; his character depends on the causes created during his previous existence, and these causes constitute his Karma, of which he himself is the creator. Man is himself a product of the law of cause and effect, and in all departments of nature the effects produced are
always in exact proportion to the causes that produced them. If we knew the causes well, we could easily calculate their effects. Each thought, each word, each act creates a cause, which acts directly on the plane to which it belongs, creating there new causes, which react again upon the other planes.* A thought is a mental state that may be expressed in a word, and the word may be made effective by an act. An act is the expression (the word) of a thought. Every form in nature has a threefold constitution, every symbol a threefold meaning, every perfect act is a trinity. To perform an action three factors are necessary: the actor, the act, and the object acted on. To constitute a complete act three factors again are required: the motive, the will, and the performance. A motive or thought which finds no expression in an act will have no direct result on the physical plane, but it may cause great emotions in the sphere of mind, and these may again react on the physical plane. The best intention will produce no visible effect unless it is put into execution; but intentions produce certain mental states, that may be productive of actions at some time in the future. The performance of an act will have an effect, no matter whether it was premeditated or not, but an act without a motive will not directly affect the planes of thought. Such an act is the result of insanity, and imposes no moral responsibility upon the performer, but it will, nevertheless, have its effects on the physical plane that may react upon the mind.

From the causes created on the physical, astral, and spiritual planes innumerable combinations of effects come into existence, creating new causes, that are again followed by effects, and every force that is put into action on either plane continues to act until it is exhausted by transformations into other modes of action, when its vibrations will be changed into others, and the previous effects will cease to exist.

* Paracelsus explains how the morbid imagination of man may create states in the mental atmosphere which poison the imagination of nature, and how by a reaction of the Universal Soul upon the soul of man, epidemic diseases come into existence.
HARMONY.

It is highly interesting to study the actions of the law of cause and effect on the various planes of existence. By the threefold action of that law as thought, will, and performance on the physical, emotional, intellectual, and spiritual planes a great many varieties ensue which give rise to endless modifications and varieties, and again produce innumerable secondary causes, which again produce effects. For instance, a good act performed on the physical plane with an evil thought, or an evil act performed with a good motive, or a good act with a good motive, or an evil act with an evil thought produces certain effects upon one plane, while the motive affects another plane, and they both react upon higher planes, and there results are produced which react again upon the lower planes, and at last the actions of the law of Karma will become so complicated, that it is impossible to follow it into its details. Nor is it necessary that we should do so; for we should not do good as a matter of speculation and for the purpose of acquiring good Karma; but we should do good, because we love good on account of its goodness.

Man is not a being whose existence is separated from nature, but an integral part thereof. Heat and cold, sunshine and storms on the physical plane, affect his body, the elemental forces of nature act upon his soul, and the influence of the universal spirit radiates to his centre. Likewise man reacts upon the whole. By his physical labour he changes the face of the Earth, acting sometimes as a creator and at other times as a destroyer of forms; his emotions produce currents in the soul of the world that give rise to new causes in the invisible realm, which again react upon the physical plane. His imagination may create thought-germs, that may in the course of time find expression in physical forms, his passions may give rise to epidemic diseases,* his collective and accumulative energies lead to convulsions in nature, and if harmony is restored in the universal Man, nature will be restored to harmony.

The discords in nature are produced by imperfect man. Having tasted of the tree of knowledge, he has

* Paracelsus: "De Origine Morborum Invisibilium."
learned to oppose his individual will to the order existing in nature, and he will continue to suffer the consequences of his sins until he recognizes the superiority of the All to that of the individual, and uniting his will with that of the whole, ends the conflict of separate interests, and thereby restores the unity and harmony of the whole.

Originally nature was an undivided Unity, in which a division was created by a separation of interests among its constituents and an opposition of their individual wills to the will of the whole. In the beginning the universal will, radiating from the centre, became—so to say—reversed in the action of its surface rays, and thereby the sphere of illusions came into existence at the periphery of the sphere representing the visible world. But at the centre there still exists the immeasurable power of the uniform law, where light penetrates through the clouds that surround the spiritual sun. These clouds constitute the world of illusions, and the action of this law can be perceived in every form of activity in all departments of nature.

Plato wrote over the door of his academy: "Let no one enter here unless he is well versed in mathematics;" and Pythagoras demanded the additional knowledge of music. They meant to say that he who wishes to investigate the hidden mysteries of nature must be able to draw logical conclusions from his observations and attune his soul to the divine harmonies of the universe.

Nature is still a Unity, and every part of it stands in a certain definite relation to the whole; nothing is left to chance. Everything has its number, measure, and weight, and there is nothing in nature which is not ruled by mathematical laws. Suns and stars have their periodical revolutions. The molecules of bodies combine in certain proportions, known to chemistry, and in all events on the physical plane as well as in the realm of the emotions a certain regularity and periodicity has been observed. There are regular hours for the appearance of day and night, fixed intervals for spring and summer, autumn and winter, for ebbs and tides in the ocean and in the waters constituting the soul. The physiological and anatomical changes in animal forms
occur at fixed periods, and even the events of life take place according to certain occult laws; because, although man's actions seem to be free, yet his actions are caused by his will, and his will is influenced by his mental states, which are again the effects of still deeper causes that find their origin in the supreme law.

The followers of Pythagoras believed every process in nature to be regulated by certain numbers, which are as follows:

<table>
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<tr>
<th></th>
<th>3</th>
<th>9</th>
<th>15</th>
<th>45</th>
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<td>260</td>
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<td>9</td>
<td>81</td>
<td>369</td>
<td>3321</td>
<td></td>
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</tbody>
</table>

This table represents a succession of numbers, which are obtained by the construction of Tetragrams or magic squares, and it was believed that by the use of these numbers every effect could be calculated if the original number referring to the cause were known. Recent discoveries go to prove that this opinion was quite correct. If everything has a certain number of vibrations, and if these vibrations increase or diminish at a certain ratio and in regular periods, a knowledge of these numbers will enable us to predict a future event.

The magic squares of odd numbers are formed as described below: by writing down the numbers of their squares in regular succession, cutting out their "heart" and transposing the numbers that are left to their opposite places. The following is the process in forming the magic square of the number III. The square of 3 is 9:

```
 1  2  3
 4  5  6
 7  8  9
```
We see here the numbers 1, 3, 7, 9, left on the outside of the square. If they are inserted into the blank spaces at the opposite sides of the square, the following figure will be the result:

These numbers, if added in any column of three, will always produce 15.

The following is the tetragram of the number seven:

<table>
<thead>
<tr>
<th>22</th>
<th>47</th>
<th>16</th>
<th>41</th>
<th>35</th>
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<td>9</td>
<td>34</td>
<td>3</td>
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</table>

Each column added together produces 175.

The construction of tetragrams of even numbers is more complicated, but the following examples will show the principles after which they are constructed:
VI.

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<th></th>
<th>6</th>
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*Summa = 111.*

VIII.

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<td>3</td>
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<td></td>
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</tbody>
</table>

*Summa = 260.*

Every person has a certain number that expresses his character, and if we know that number, we may, by the use of the magic squares, calculate certain periodical changes in his mental and emotional states, which may induce him to make certain changes in his outward conditions, and in this way we may, perhaps, calculate approximately the time when some important changes may take place in his career. But as the numbers of men are known only to the enlightened, who do not require such calculations, these magic squares are at present of little practical value, and of none whatever for the purpose of “fortune-telling,” or to satisfy idle curiosity in regard to future events.

This law of periodicity is, however, an universal law, and an attention to it may lead to some important discoveries. Its actions have long ago been known to exist in the vibrations producing light and sound, and it has recently been recognised in chemistry* by experiments tending to prove that all so-called simple elements

* L. B. Hellenbach: “Die Magie der Zahlen.”
are only various states of vibrations of one primordial element, manifesting itself in seven principal modes of action, each of which may be sub-divided into seven again. The difference which exists between so-called single substances appears, therefore, to be no difference of substance or matter, but only a difference of the function of matter or in the ratio of its atomic vibration.

The occultists of all ages have looked upon the Seven as being a sacred number. The religious books of the East speak of seven emanations of Parabrahm; and there is a sufficient number of passages in the Apocalypse and in other parts of the Bible to make it appear that the relation which this mysterious number bears to the construction of the universe has not escaped the attention of the Christian Fathers.

The ancient philosophers believed that there were seven planets in our solar system, and modern scientists base their claims of their superiority over the ancient astronomers upon the fact that they have discovered more planets and asteroids than were known in ancient times. The construction of the sidereal universe and the rotundity of the Earth was well known to the ancients, but it was then only taught in the mysteries and not divulged to the people. Moreover, the revelations made by the Eastern Adepts go to show that there are a great many more planets still undiscovered in our solar system, of which our astronomers can know nothing, because these planets exist in a state of "obscuration" or as "dematerialized thought," which as such can manifest no physical force of attraction, and must necessarily be invisible to the eye.

Eternal truths which are cognizable to the spiritual perception of the illuminated of to-day must be the same that were seen by seers thousands of years ago, because such truths do not change, neither can a true spiritual perception make any mistakes. It is, therefore, probable that if the exoteric doctrines of the ancients spoke of seven planets, the esoteric meaning was that there existed six planetary spheres, which, including the central sphere, produce seven. According
to the prevailing opinion in regard to the nebular theory, our planetary system has been evolved from the original substance (fire-mist) that constituted the body of the sun, forming an immense sphere, extending beyond the orbit of Neptune. If we imagine in a sphere a centrifugal force radiating from the centre towards the periphery, and a centripetal force acting towards the centre, there will be a point between the centre and the periphery where the two opposing forces meet. At that point their straight motions will either counteract each other and there will be a stand-still, or—what is more probable—the radial force will be broken and transformed into a revolving motion around a new centre formed at the place of contact. In such a case there would be not less than six bodies to enclose the seventh on all sides.

According to this theory the solar system was formed of six spheres of radiant matter around the central sphere, and out of these evolved the several subdivisions of planetary systems. The planets which we see belong to our solar system, but they do not necessarily all belong to the same subdivisions, and there may be numerous others in the objective or subjective state.

Their size and distance from the sun and movements have been made a matter of speculation,* and led to the discovery of the three important laws which rule the mechanism of our solar system, and whose recognition by Kepler has revolutionised the science of modern Astronomy.

The number Seven represents the scale of nature, it is represented in all departments of nature, from the radiant sun, whose light is broken by a dewdrop into the seven colours of the rainbow, down to the snowflake crystallizing in six-pointed stars around the invisible centre. The law of seven has been found to rule in the development and growth of vegetable and

* According to Bode's law, the approximate proportions of the planetary distances from the sun are as follows:—Mercury, $\frac{2}{3} + 4$; Venus, $\frac{6}{6} + 4$; Earth, $\frac{12}{12} + 4$; Mars, $\frac{24}{24} + 4$; Jupiter, $\frac{48}{48} + 4$; Saturn, $\frac{96}{96} + 4$; Uranus, $\frac{192}{192} + 4$; Neptune, $\frac{384}{384} + 4$. 
animal organisms, in the constitution of the Universe, and in the constitution of Man. Seven is the rule by which the totality of existences is measured, but Five is the number of Harmony. If the fifth note in the musical scale is in accord with the first and the third, harmony will be the result. There are other accords which are harmonious, but the most perfect accord is caused by the harmony of the first, the third, and the fifth. Two sounds may be harmonious, but to attain a perfect accord a third one is required. The same law rules in the constitution of Man. If his body (his first principle) is in accord with his instincts (the third), he may experience pleasant sensations, but full harmony and happiness is only attained when his fifth principle (his intelligence) fully assents in the union of the first and the third. Other parallels may be drawn between the musical scale and the scale of principles in man, and it will be found that both have their accords in moll and in dur that correspond to each other. Each man's life is a symphony, in which either harmonious or discordant tunes may prevail.

The power by which harmony is produced is the power of Love. Love produces harmony, hate causes discord. Love is the tendency of the disunited parts of one principle to unite again into one. This tendency pre-supposes the power of mutual recognition, recognition is a manifestation of consciousness, consciousness is a manifestation of life. Life, Love, Consciousness, Harmony, are essentially one, the opposite of which is discord and death. Why do some notes, if sounded together, produce harmony, if not on account of the similarity of the elements that compose them coming to the consciousness of our own mind? Mutual recognition among friends causes joy, and joy means harmony, happiness, and content.

If two or more notes of exactly the same kind are sounded together, they produce neither harmony nor discord, they simply increase their own strength. They are already one, and no relation exists between them; but if different notes are struck, each containing an element contained in the other, each sees its own coun
terpart represented in the mirror held by the other, and this recognition is joy. If we listen to beautiful music the air seems filled with life. If the principle of harmony exists within ourselves we may recognise it in the music, and it becomes alive in our soul. A discordant being may listen to the most beautiful music and be left cold, because there is no harmony within his own soul.

If a principle becomes conscious of its own existence in another form and recognises its beauty in that form in its purity, and unalloyed by any adulteration, perfect harmony is the result. If two or more things contain the same element, these elements are justly adapted to each other, and seek to unite, because they are constituted alike, they vibrate together as one. This tendency to unite creates Love, which manifests itself on all planes of existence. The planets are attracted to the sun and to each other, because they all contain the same elements, seeking to reunite, and the power of gravitation is nothing else but the power of love. Man is attracted to woman and woman to man, because they perceive in each other the elements of their own highest ideal, and the more their common ideal becomes manifest in each, the more will they love each other and be fully contented. Man and woman can only truly love each other if they are both either consciously or unconsciously attracted by the same ideal. This ideal may be high or low, but the higher it is the more permanent will it be, and the greater will be their mutual happiness.

In each human being exist certain elements which are identical with those existing in all other human being, and therefore one with the latter. Consequently, individual man only appears to be a separate being; while in fact the whole of humanity is a unity and one; it is merely the outward expression of the Universal Man, which is manifest in many separate human forms. The dirtiest beggar in the street, the most vicious criminal, as well as the greatest king or queen in the world, is myself and yourself, for there is no distinction between one human being and another in the fundamental principle which constitutes a human being, and which is called the Universal Man, the Logos or Christ.
In other words: Mankind is only one, but it appears in many millions of various masks, and sometimes with very inhuman habits, because the mask which the forms wear hinders their free evolutions. This mask is the personality of each man, the instrument through which Christ acts, and which is full of imperfections. He, in whom the Christ principle has become conscious, sees in every man and woman not only his brother or sister, but his own self. A person who injures another, injures himself, for each man constitutes a power which acts upon all the powers constituting humanity and the good or evil he does will return to himself.

A man who attempts to fall in love with himself, or, with other words, to find in himself his own highest ideal, will never succeed in being contented and harmonious. He will produce nothing but discord, even if he were an ideal man; because no man can see his own face without the help of a mirror, and a principle cannot perceive its own beauty or deformity unless it finds it reflected in other forms. A man who seeks to recognise himself as his own highest ideal becomes self-centred and vain. His love, instead of expanding to the periphery of his sphere, will act from its periphery to the centre, and he will become mentally smaller every day. He will in vain seek in his exterior for his ideal. Even if it were there he could not recognise it, because to do so he would have to become relative to it by stepping out of himself. But the man or the woman who seeks the realisation of their own ideal in the object of their love, will, if they find it, recognise it as their own self which they always possessed, although they were not aware of its possession until they found it in another form. He who possesses the truth recognises it wherever he finds it in others, but he who does not possess it cannot recognise it, and accepts it only on the strength of his belief in the veracity of others. Our modern age often rejects the highest truths unless they bear the stamp of man-created authority; but the wise recognise the truth by its own light.

In every university, academy, college, church, and school the following words of Gautama Buddha should be written in golden letters, in a prominent place:
“Do not believe in anything merely because it is said, nor in traditions because they have been handed down from antiquity; nor in rumours as such; nor writings by sages, because sages wrote them; nor in fancies that we may suspect to have been inspired in us by a deva; nor from inferences drawn from some haphazard assumption we may have made; nor because of what seems to be an analogical necessity; nor on the mere authority of our teacher or masters. But we are to believe, when the writing, doctrine, or saying is corroborated by our own reason and consciousness.”

Light is darkness unless it is reflected by matter. Light cannot illuminate itself, but it illuminates the darkness, and consequently the existence of light depends on the existence of matter. Love without an object cannot exist relatively. A person in love with himself loves nothing. Love, attached to nothing, exists in the Absolute. A love being attached to a high object is high, and if it is attached to a low object it is low, as life in a low form is low, and in a high form high; because love, and life, and harmony are the functions and attributes of one and the same principle in nature, they are only different aspects of one universal power. Where love exists there is life, and no life can endure without love, and the more the love expands over all the more will the living spiritual power of man extend. The more love is concentrated upon a single object, the stronger will it be in that direction and infuse love and life in that object, and the more it is divided among different objects the more will its power be dispersed.

Love, to be strong, must be pure and unalloyed with selfish considerations. If we love a thing on account of the use we can make of it, we do not in reality love that thing, but ourselves. Pure love has only the well-being of its object in view, it does not calculate profits, and is not afraid of disadvantages that may grow out of its love. The intellect calculates, but love follows the law of attraction.

Impure love is weak and does not enter into its object; it may cause a ruffle on the soul of another, but does not penetrate to the centre. Pure love penetrates and cannot be resisted, unless it is opposed by another
love of equal strength, but streaming in another direction. The most potent love potion a person can give to another is to love that person without any selfish object in view. Pure love will infuse itself into the soul of the beloved and call forth corresponding vibrations of love, because one mode of activity gives rise to similar modes, according to the universal law of induction.

This is undoubtedly true, provided that the love-germs in the soul of the beloved correspond in quality to those of the lover and are reached by the latter. The strongest sunshine cannot cause any plants to grow in a soil in which the seeds of the latter are too deeply imbedded to be reached by the heat of the sun, or too much obstructed by weeds, to grow. Likewise the heart is the soil where psychic germs of all kinds are imbedded, ready to unfold, if accessible, to the magic power of love.

If you wish to progress on the road to perfection, take lessons in love. Learn to love the highest, and you will be attracted by it. Seek in every man those qualities which appear to be high, and cover his mistakes by charity and love. If you speak ill of another you speak ill of yourself, because he who prominently notices the faults of another must have the elements of those faults in himself. A vain person is repulsed by the vanity of another, a liar expects from others the truth, a thief does not wish to have his own property taken away. Virtues attract each other, producing harmony, but vices repulse each other, and discord is the result.

Each man is a mirror in which every other man may see his own image reflected, either as he is or as he may become in the future, for in every human soul exist the same elements, although in different states of development, and their development often depends on external conditions over which man has but little control.

An emotion suppressed and forced back on itself may become diseased and its direction perverted. A love which is neither transformed nor fulfilled, but harboured in the heart, creates phantoms and hallucinations just as stagnant water develops animal life. A love for a high ideal, which instead of reaching up to the sphere of that
ideal, seeks for it in lower spheres, will languish and starve or be attracted to lower ideals; but, if love meets its corresponding love, harmony will be the result.

Love is the most necessary element for the continuance of life; there is no life without love, and if man were to cease to love life he would cease to live. A love for a higher life will lead men to a higher condition, a love for a lower state will drag them down to the low. It often happens that if a person's love for a high ideal does not meet the object which it desires, it transfers its love upon something that is low. Old females without any offspring often transfer their parental affection upon some favourite cat or dog, and there are men who buy the semblance of love when no genuine love can be had.

Whenever a lower vibration is not entirely out of harmony with a higher one, the higher vibration may accelerate the action of the lower one and bring it up to its own level, in the same manner as a bar of iron, surrounded by an insulated electric wire, may have electricity induced in it, and through a long-continued and powerful action of the higher vibrations upon the lower ones even the involuntary actions of the body, such as the movements of the heart, may become subject to individual will. Two strings of a musical instrument which sound not entirely out of harmony, may, by being sounded together for a certain length of time, at last become harmonious; a man living in more refined society, which is not too far above his moral or intellectual level, will become more refined, servants will ape their masters, and animals take some of the lower characteristics of those that attend to them, and friends or married couples being continually in each other's company may finally resemble each other to a certain extent.

If the respective rates of the vibrations of two substances are entirely out of harmony, they may repel each other, and abnormal activity or excitement follows. The animal body, for instance, can be exposed without danger to a comparatively high degree of heat, if the temperature is gradually raised; while an even lower degree of heat may be very injurious if applied suddenly. It is not for fancied reasons that the occultist abstains from
Alcohol and from animal food. The elements of such substances are in a high state of activity, and by coming into contact with the elements of the blood, they stimulate them and throw them into an abnormal state of vibration, giving rise to emotions on the astral plane, which may in their turn affect the higher principles in man in an undesirable manner. The same is the case with other substances, whose odic emanations are red, while those emitting blue auras are of a different character; but even the highest elements draw their nourishment indirectly from the lowest ones, and the old saying that “a sound mind needs a sound body to develop in” is not a mere fiction; because, although a sound brain (the instrument of the Mind) may exist in an invalid body, still robust health is nevertheless useful and desirable, and it is important, for the development of occult powers, to select proper food and follow such laws of Hygiene as the individual may require.

“What may be one man’s food, will be another man’s poison;” in the sphere of matter as well as in the sphere of the emotions. Strong constitutions can bear strong food, weak minds will get frightened at unwelcome truths. Intemperance in food and drink is as bad as intemperance in emotion; and self-restraint is equally necessary on both planes.

No man has ever become an Adept merely because he lived on vegetables; a vegetable diet is however much preferable to meat-eating for various reasons. Apart from the self-evident fact that it is entirely untheosophical and opposed to the divine law of justice that he who strives after the attainment of a higher state of existence should destroy animal life, or cause others to destroy it for the purpose of gratifying his animal appetite, it will be plain to every one who investigates the laws of the higher life, that the loading of the human organism with animal substances will not facilitate its penetration by the light of the divine spirit.

Those who desire to become more spiritual and refined should avoid supplying their bodies with that which is gross; those who desire to master their passions should not feed themselves with substances in which the ele-
ments of such passions reside; those who wish to come into possession of more ethereal forms act unwisely if they supply the latter with substances which must necessarily render them more gross, and material and dense, and thus hinder the free movements of the spirit within. Instances may be known, where a person has attained a considerable degree of spiritual development in spite of living on the corpses of animals; but such instances are very rare, and it may be said without hesitation that the first step to the acquisition of spiritual refinement is the abandonment of animal food.

A great variety of different kinds of food produces disorders of the digestive organs and impurities of the blood; a struggle for life ensues between the different auras, and excitement, fever, and disease is the result. The same law explains the origin of venereal and cutaneous diseases, and in the astral plane, a great variety of emotions, called into existence within a short space of time, may render a person insane.

Numerous cases of severe chronic diseases are known to have been cured by fasting—either voluntary or enforced. Man actually needs but little food. Gluttony is a habit, not a necessity.

Wherever two forces of an entirely opposite character meet, disharmony will be the result, and as everybody has his own peculiar emanations and auras and transmits them to others, so every one receives the magnetic auras of others or of the locality by which he is surrounded, and these emanations may be either wholesome or pestiferous; men and women may either cure or poison each other by them, and it many therefore be well to follow the advice which Gautama Buddha gave to his disciples, and eat and sleep alone.

Many people are very careful to have their food well prepared, so that no unhealthy food enters the body; while at the same time they are very careless as to what emotions enter their mind; because they fail to realise that purity of the emotions is as necessary as purity of the body.

A strong force overcomes a weak force, and a stronger emotion may render a weaker one inactive. If the
strong emotion is high, it elevates the lower, if the lower one is the strongest, degradation is the result. Cautiousness may keep combativeness in check or make man a coward; but without cautiousness combativeness will fly off at a tangent, and rashness and disaster may be the result.

The higher emotions evolve from the lower ones, and by the control of reason vices grow into virtues. Intense love of self may expand into love of wife and friends, or widen still more into a love of country or a love of humanity. The more it expands the more it becomes refined.

Nothing in the universe can be annihilated, only the form can be changed. An emotion cannot be killed, but it can be educated up to a higher level.

Purely sexual instinct may be transformed into a pure love of an elevated character by associating with a person of the other sex, who is of a highly moral and intellectual nature; brutal combativeness may be purified by leading it into an intellectual channel, where the pen will take the place of the cudgel: acquisitiveness may be elevated into a craving for knowledge, and destructiveness into a desire for the destruction of error.

It has been said that our vices are the ladder on which we may climb up to heaven, and this is undoubtedly true, because the only effective virtue which man can possess is energy, and if we employ our energies for good instead of evil, we turn our vice into virtue; but he who possesses no energy is equally useless for good as he is for evil.

There can be nothing absolutely wrong in employing the natural instincts and emotions in a natural and legitimate manner; the question is only whether such an employment will be useful for the purpose we have in view. If we have a sum of money at our disposal, we have a right to spend it for pleasure or to buy something useful, or to throw it away. In the same manner we may spend our physical forces, our vital energies, or our emotions, for the pursuit of useful pleasures or for the purpose of our higher evolution; but as we cannot expend the same sum of money again after it is once
spent, so the sum of energies expended for a low purpose will be lost for the higher object in view. If a person has no higher object in view than to eat and drink, sleep and propagate his species, he may be thereby rendered perfectly happy, and if he follows the dictates of his nature, there can be nothing wrong; but he who desires to assist the slow process of nature in developing himself into an immortal being, must take care not to waste his strength on lower attractions; and in the course of time the energies which produced the lower emotions will develop into not less strong but higher emotions; the whole of the lower activity will be transformed into a higher one.

Only that which is pure can be harmonious.

Singleness of purpose renders a motive pure, but a variety of purposes causes impurity. If a person devotes himself to a certain mode of life, because all his desires are directed towards that end, his motive will be pure; but if he has besides other objects in view, his motive will be impure, and may defeat his aim.

The word "asceticism" is continually misapplied. A man who lives in a convent, or as an hermit in the wilderness, is not an "ascetic," if he has no desire for a life in the world; for it is no act of self-denial to avoid that which we do not want. "Asceticism" means discipline, and a person who is disgusted with the ways of the world undergoes a much more severe discipline, if he remains in the world, than if he runs away, and goes where he may enjoy his peace. The real ascetic is therefore he who lives in the midst of the society whose manners displease him, and whose tastes are not his own, and who, in spite of all the temptations by which he may be surrounded, still maintains his integrity of character. Strength only grows by resistance, and our enemies are therefore our friends, if we know how to use them. A hermit living in the woods, where he has no one to contradict and resist him, can gain no strength. Such a life is only suitable for one who has already gained full strength, and who wants to enjoy that which he already possesses. Tranquillity is only suitable for the Adept; the Neophite must go through the ordeal of life,
Metals are purified by fire, and the emotions by suffering. The lower desires must starve to nourish the higher; the animal passions must be crucified and die; but the angel of Will removes the stone from the sepulchre, and liberates the higher energies from the sphere of selfishness and darkness; and then the resurrected virtues will begin to live and become active in a new world of enduring light and harmony.

To obtain a clear view of the process of purification of man, imagine yourself immersed in a mist of matter, surrounded by imimical influences from the emotions of the astral plane that gradually lead to your dissolution. Deep in yourself, in the cloudless centre of your soul, and yet seemingly far above you, is your internal god, your ethereal prototype, your real self, the immortal Adonai, like a mirage, waiting to attract your more refined elements towards himself. The more you concentrate your thoughts and desires upon your lower self, and cling to the sphere of desires, the more will the serene image grow dim and shadowy; but if your aspirations and thoughts, made effective by your Will and your acts, rise above the sphere of self and cling to the pure ideal, then your higher energies will flow towards it, making it grow more and more distinct and substantial, until your innermost self and your consciousness is united with it, and free from all earthly attractions, looks down upon that which remains below, and beholds in it only the shadow of its own immortal reality. Desire results from attraction, attraction results from the separation of two substances, analogous in their essences and properties. We cannot desire a thing of which we know nothing, and if we are attracted to a thing, there must necessarily be in us a portion of it desirous to reunite itself with the portion from which it is separated. A human being possessed of a divine spark of the universal spirit knows intuitively the source from which it came and with which it desires to become reunited, without needing any scientific demonstration to convince him intellectually of this truth.

To recognise the purity of the divine spark within is true adoration, to attempt to realise it is true medita-
tion; to exert the will to bring one's self in perfect harmony with it, is aspiration or prayer. To express that prayer in acts, is to make it effective. True prayer is always efficacious on the plane whereon it is made to act. Prayer on the physical plane consists in physical works, on the astral plane it purifies the emotions through the action of the will; in the realm of the intellect study is prayer and leads to knowledge, and the highest spiritual aspirations lift man out of the turmoil of matter and bring him nearer to his own god.

There is not a single instance known in history in which true prayer has not been efficacious. If any man has not obtained that which he asked, it only proves that he did not know how to pray. True prayer does not consist in words, but in actions, and the gods help him who helps himself; but he who expects that the gods should do for him that which he ought to accomplish himself, does not know how to pray, and will be disappointed. Prayer means a rising up in our thoughts and aspirations to our highest ideal, but if we do not ourselves rise up to it, we do not pray. If we expect our highest ideal to come down to us, we expect an absurdity and impossibility.

To attain the highest the spirit should be the master, the passions, the servants. A helpless cripple is the slave of his servant; a man who depends on ignorant servants to do work which he can do himself has, to a certain extent, to submit to their whims and imperfections, and if he changes his servants, that does not change his position. A person who has vulgar desires and tastes becomes the servant of these tastes; they dictate to him, and he has to exert himself to obtain the means to gratify their claims; but he who has no ignoble desires to serve, is independent and free and his own master. He has conquered matter, his strife with the astral elements ceases. For him discord can then no longer exist, and his purified elements will find their responsive vibrations in the eternal life of the universal spirit of Love.
CHAPTER VI.

ILLUSION.

"Reason dissipates the illusions and visionary interpretations of things, in which the imagination runs riot."—Dr Caird.

The first power that meets us at the threshold of soul's dominion is the power of imagination; it is the plastic and creative power of the mind. Man is conscious of being able to receive ideas and to put them into forms. He lives not entirely in the objective world, but possesses an interior world of his own. It is in his power to be the sole autocrat in that world, the master of its creations and lord over all it contains. He may govern there by the supreme power of his will, and if ideas intrude, which have no legitimate right to exist in it, it is in his power either to drive them away or suffer them to remain and to grow. His reason is the supreme ruler in that world, its ministers are the emotions. If man's reason, misled by the treacherous advice of the emotions, suffers evil ideas to grow, they may become powerful and dethrone reason, unless it employs the Will to suppress them.

This interior world, like the outer world, is a world of its own. It is sometimes dark, sometimes illuminated; its space and the things it contains are as real to its inhabitants as the physical world is real to the physical senses; its horizon may be either narrow or expanded, limited in some and without limits in others; it has its beautiful scenery and its dismal localities, its sunshine and storms, its forms of beauty and horrible shapes. It is the privilege of intellectual man to retire to that world whenever he chooses; physical enemies do not persecute him there; bodily pain cannot enter. The vexations of material life remain behind, but the emotions enter with him.
This interior realm of the soul is the Temple of Man wherein we should shut ourselves and lock the door against the intrusion of sensual impressions, if we desire to "pray." On the entrance of that temple are the Dwellers of the Threshold, our desires and passions, which are our own creations, and which must be conquered before we can enter. Within that temple exists a world, as big and illimitable as the external unbounded universe, the forms of which we see with our physical eyes. This inner world is filled with the products of man's own creation; some of them inactive, but others have become active and living entities, which may assume dominion and, by growing into power, dethrone the real king, Reason. In this inner realm each man is—or ought to be—the God whose spirit floats over the waters of the deep, and whose fiat calls into existence only that which is useful and good. The more this inner individual god will be in harmony with the God of the universe, the more will the two become one, and the greater will be the perfection of the inner world over the happiness of the individual. Only when man has found himself in that inner world, will he begin a life which must necessarily be immortal because it is free from change, and having become his own master, he can belong to nobody but himself—not to his lower—but to his highest self, which is one with the eternal Christ or the Maha-atma of the universe.

In that interior world is the battle-ground of the gods. There the gods of love and hate, the dæmons of lust and pride, and anger, the devils of malice, cruelty, and revenge, vanity, envy, and jealousy, may hold high carnival, they may stir up the emotions, and, unless subdued by Reason, they may grow strong enough to dethrone it.

Reason rests upon Truth. Wherever truth is disregarded illusions appear. If we lose sight of the highest, the lower will appear to be the highest, and an illusion will be created. One is the number of Truth, Six is the number of illusion, because the Six have no existence without the Seventh, they are the visible products of the one, manifesting itself as six around an invisible centre. Wherever they are six, there must be the seventh, al-
though the presence of the latter may not be manifest. One is the number of life, and six the number of shadows from which life has departed.

Forms without life are illusive, and he who mistakes the form for the life or principle of which it is an expression is haunted by an illusion. Forms perish, but the principle that causes their existence remains. The object of forms is to represent principles, and as long as a form is known to be a true representation of a principle the principle gives it life; but if a form is made to serve another principle than the one which called it into existence, degradation and death will be the final result.

The irrational forms produced by nature are perfect expressions of the principles they are intended to represent; rational beings only are the dissemblers. Each animal is a true expression of the character represented by its form, only at the point where intellectuality begins deception commences. Each animal form is a symbol of the mental state which characterizes its soul, because it is not itself the arbitrary originator of its form, but rational man has it in his power to create, and if he prostitutes one principle in a form for another, the form will gradually adopt that shape which characterizes the prostituted principle, of which, in the course of time, it becomes a true expression.

Therefore we find that a man of noble appearance, by becoming a miser, gradually adopts the sneaking look and the stealthy gait of an animal going in search of its prey; the lascivious may acquire the habits, and perhaps the appearance, of a monkey or goat, the sly one the features of a fox, and the conceited the looks of a donkey.

If our bodies were formed of a more ethereal and plastic material than of muscles and bones, each change of our character would produce quickly a corresponding change of our form; but gross matter is inert and follows only slowly the impressions made upon the soul. For this reason the deduction of Phrenology, Physiognomy, &c., however much truth they may contain, cannot convey absolute truth. The material of which astral forms and souls are made are more plastic, and the soul of a
villainous person may actually resemble a pool filled with vipers and scorpions, the true symbol of his moral characteristics, mirrored in his mind. A generation of saints would, in the course of time, produce a nation of Apollos and Dianas, a generation of villains would grow into monsters and dwarfs. To keep the form in its original beauty the principle must be kept pure and without any adulteration.

One fundamental colour of the solar spectrum, if unmixed, is as pure as another; one element, if free from another, is pure. Unmixed copper is as pure as unalloyed gold, and emotions are pure if free from extraneous mixture. Forms are pure if they represent their principles in their purity; a villain who shows himself what he is is pure and true, a saint who dissembles is impure and false. Fashions are the external expressions of the mental states of a country, and if men and women degenerate in their character their fashions will become absurd.

The want of power to discriminate between the true and the illusive, between the form and the principle, and the consequent error of apprehending the low for the high, is the cause of suffering. Man's material interests are frequently considered to be of supreme importance, and the interests of the highest elements in his constitution are forgotten. The power that should be expended to feed the high is eaten up by the low. Instead of the low serving the high, the high is made to serve the low, and instead of the form being used as an instrument of action for the principle, the principle is made to wait until the claims of the form are attended to; in other words, a low principle is substituted for a higher one.

Such a prostitution of principle in favour of form is found in all spheres of social life. We find it among the rich and the poor, the educated and the ignorant, in the forum, the press, and the pulpit, no less than in the halls of the merchant and in the daily transactions of life. The prostitution of principle is worse than the prostitution of the body, and he who uses his intellectual powers for selfish and villainous purposes is more to be pitied than she who carries on a trade with her bodily
charms to gain the means by which she may keep that body alive. The prostitution of universal human rights for the benefit of a few individuals is the most dangerous form of prostitution on Earth.

The difference between vulgar prostitution of the body and the more refined prostitution of the intellectual faculties for the purpose of accomplishing selfish ends, is merely that in the first class merely the grossest parts of the human organisation are misused, while in the other class the higher and more permanent parts are misused. The consequences of the latter kind must therefore be much more lasting than those of the former; especially if we take the motives into consideration. There are few women in the world who have become degraded from an inclination to be so; in the great majority of cases they are the victims of circumstances which they had not the power to resist; but intellectual villains usually belong to the higher classes, where want and poverty are unknown.

To employ the intellectual powers for the purpose of "making money" is the beginning of intellectual prostitution. Blessed are they who are able to gain their bread by the honest work of their hands, for an employment which requires little intellectual attention will leave them free to employ their mental powers for the purpose of spiritual meditation and unfoldment; while those who are forced to spend their mental energy upon the lower planes are selling their immortal birthright for a worthless mess of potage which may nourish the body while it starves the soul.

The surest sign of the degradation of a people is, if the so-called higher classes look with contempt upon those who perform manual labour; a street-sweeper who gains his right to live by his work is more respectable in the eyes of Divinity than a bishop who prostitutes his intellect for the sake of gaining £10,000 a year.

The greatest of all illusions is the illusion of Self. Material man looks upon himself as something existing apart from every other existence. The shape of his form creates the illusion of being an independent substantial whole, and the changes in that form take place
so slow and imperceptible, that the error is not perceived. Still, there is not a single element in his body, in the constitution of his soul, or in the mechanism of his intellect, that is not continually departing, and is replaced by others from the universal fountain of life. What belongs to him to-day belonged yesterday to another, and may belong to another to-morrow. In his physical form there is a continual change. In the bodies of organised beings tissues disappear slowly or quickly, according to the nature of their affinities, and new ones take their places, to be replaced in their turn by other. The human body changes in size, shape, and density as age advances, presenting successively the symbols of the buoyant health of youth, the vigorous constitution of manhood, or the grace and beauty of womanhood, up to the attributes indicating old age, the forerunner of decay and cessation of activity in that individual form.

No less is the change in the soul. Sensation and desires change, consciousness changes, memories grow dim. No man has the same opinions he had when he was a child; knowledge increases, intellect grows weak, and on the mental as well as on the physical plane the special activity ceases when the accumulated energy is exhausted by transformation into other modes of action or is transferred in other forms.

The lower material elements in the constitution of man change rapidly, the higher ones change slowly, but only the highest elements are enduring. Nothing can be said to belong essentially to man but the character of his sixth principle in its union with the seventh. He who cares a great deal for his lower principles, cares for things that are not his own, but which he has only borrowed from nature. While he enjoys their possession an illusion is created, making them appear to be an essential part of himself, and his imagination revels in their fancied possession. They are, however, not more an essential part of himself than the clothes which a man wears, a constituent part of the man. His only true self is his character, and he who loses the strength of his character loses all his possessions.

One of the kings of illusions is Money, the king of
the world. Money represents the principle of equity, and it should be employed to enable every one to obtain the just equivalent for his labour. If we desire more money than we can rightfully claim, we wish for something that does not belong to us but to another, and we repulse the divine principle of truth. If we obtain labour without paying for it its proper equivalent, we deprive others of justice, and therefore deprive ourselves of the principle of truth, which is a more serious loss to ourselves than the loss of money to the defrauded.

Money as such is an illusion, only the principle of justice, which it represents, has a real existence. Nevertheless we see the world lie at the feet of the form. The poor clamour for it, and the rich crave for more, and the general desire is to obtain the greatest amount of reward by giving the least possible equivalent. There are priests who save souls, and doctors who cure bodies for money; law is sold to him who is able and willing to pay, fame and reputation and the semblance of love can be obtained for money, and the worth of a man is expressed in the sum of shillings or pounds which he may call his own. Starvation threatens the poor, and the consequences of superabundance the rich, and some of the rich take advantage of the distress of the poor to enrich themselves more. Science exerts her powers to increase the amount of the material comforts of man. It vanquishes the impediments presented by time and space, and turns night into day. New engines are invented, and the work whose performance in former times required the use of a thousand arms, may now be accomplished by a child. An immense amount of personal suffering and labour is thereby saved. But as the means to satisfy the craving for comfort increase a craving arises for more. Things that formerly were considered luxuries now become indispensable needs. Illusions create illusions, and desires give rise to desires. The sight of the principle is lost, and the golden calf is put into its place. Production is followed by over production, the supply exceeds the demand, the price of labour comes down to starvation rates, and on the rotten soil the mushrooms of monopoly grow. The
more the facilities increase to sustain the battle of life, the more increases its fury. The noblest power of man, his intellect, whose destiny it is to form a solid basis for the highest spiritual aspirations of man, is forced to labour for the satisfaction of the animal instincts of man; the body flourishes, and the spirit starves and becomes a beggar in the kingdom of truth.

From the love of self arises the love of possession. It is the hydra-headed monster whose cravings can never be stilled. Nearest to the illusion of self stands the illusion of Love. True love is not an illusion, it is the power that unites the worlds and an attribute of the spirit; but the illusion of love is not love, but only love's shadow. True love seeks only for the happiness of the object it loves, but animal love cares for itself, and seeks only enjoyment. True love exists, even if the form is dissolved; false love dies, when the form to which it was attached decays.

Ideal woman is the crown of creation, and has a right to be loved by man. A male being, who does not love the character of woman, bears only the semblance of a man, and man is not a complete being unless he possesses woman's love. A man who does not love beauty has no element of beauty in him. But the man who only loves woman's attractions, and not the woman herself, is repulsed by her. If only his instincts attract him to her she sees his weakness and is repulsed by it. She may be rendered vain enough by the possession of such charms as to enjoy the victory gained by them, but an intelligent woman looks upon such a victim as an object of pity and commiseration, and not as a source of strength.

Man loves beauty and woman loves strength. A man who is the slave of his desires is weak, and cannot command the respect of the woman he professes to love. If she sees him squirm under the lash of his animal instincts she will not be able to look upon him as her protector and god.

Man represents Reason, and woman represents Will. If the will is in harmony with reason it will be as one. If they act against each other illusions come into existence.
Another illusion is the craving for physical life, and well may he crave for it who has no character of his own, because, having lost his character, if he loses his life, he loses his all. Men and women cling to the illusion of life because they do not know what life is. They will submit to indignity, dishonour, and suffering rather than die. Nothing illustrates the tenacity with which men cling to life better than a panic caused by a sudden illusion of fear. A call of danger arises in a crowd, and immediately a struggle begins, and men and women scramble for life. Men, forgetting their dignity, trample women under their feet; and women, forgetting their sex, engage in the battle for animal life. But why should life be so desirable as to sacrifice character for it? One life is only one temporary condition among a thousand similar ones through which the character of man passes in its travels on the road to perfection, and whether he remains a longer or a shorter interval at one station, cannot be of any very serious importance to him. Man can make no better use of his life than to sacrifice it, if necessary, for the welfare of others; because this act will strengthen his own character, in which rests the source of his life, and the power by which he is enabled to reappear in a new form.

On the other hand, he who sneaks away from the battle of life for selfish purposes, or because he is afraid to continue its struggles, will not escape. He may wish to step out of life and destroy his body, but the law cannot be cheated. Life will remain with him until his natural days would have ended. He cannot destroy it, he can only deprive himself of the instrument through which he can act. He resembles a man who has to perform some work and throws away the instrument which would have enabled him to perform it. Vain will be his regrets.

But if, in the cases of sane suicides, the illusion called life continues after the death of the physical body, and consciousness remains with the astral form, then a serious question arises in regard to the disposal of the bodies of such unfortunate persons; for wherever consciousness exists, there must be sensation, and as in such instances
a magnetic connection is said to continue to exist between
the astral man and his corpse, it appears not impossible
that the post mortem communications of suicides are true,
and that injuries inflicted upon the body may be felt
very acutely by the disembodied man.

If these assertions are true—and it has not yet been
proved that they are not—then we see him who dissects
the body of a suicide, soon after apparent death, un-
knowingly engaged in the hellish work of vivisecting a
man. The fact that the corpse shows no signs of
suffering, is no proof that the astral man does not feel
the cuts of the knife; for he may experience the most
horrible torture without being able to manifest the
symptoms of it on the physical plane. If this is true,
then we see daily the most fiendish torture inflicted in
the name of science upon her victims.

Such a statement may appear absurd, because it is
contrary to accepted opinions, and science will laugh at
it; but an understanding of the occult laws of nature
may change men’s opinions, and it is not long since
“science” laughed at the rotundity of the earth.

Another illusion is a great deal of what is called
“science.” True knowledge makes a man free, but false
science renders him a slave to the opinions of others.
Many men waste their lives to learn that which is foolish
and neglect that which is true, mistaking that which is
evanescent and perishing for the eternal. Nor is their
desire for learning usually caused by a desire to learn
the truth, else they would not reject the truth when they
see it. In the majority of cases learning is not the aim
but the means to the aim of the student, while his real
objects are the attainment of wealth, position, and fame,
or the gratification of curiosity. The true wealth of a
nation or a man does not rest in intellectual acquire-
ments, but in moral and spiritual possessions, which
alone will remain permanent.

There is nothing more productive of a tendency to the
development of an extreme degree of selfishness than the
development of a high degree of intellectuality, without
any accompanying growth of spirituality. Whoever
doubts this assertion let him observe the petty jealousies
everywhere prevailing among the learned professions. Moreover, a high degree of intellectuality enables a person to take personal advantages over others who are less learned, and unless he possesses great moral powers he may not be able to resist the temptations that are put in his way. The greatest villains and criminals have been persons of great intellectual qualifications. A development of the intellect is necessary to understand spiritual truths after they are once perceived, but they cannot be perceived by the intellect without spirituality; they can only be perceived by the power of the spirit. The development of spiritual powers of perception is, therefore of supreme importance; that of the intellect comes next, because without the latter the former is useless for the true interests of man. "Blessed is he whom the truth teaches, not by perishable emblems and words, but by its own inherent power; not what it appears to be, but as it is." *

The love of power and fame are other illusions. True power is an attribute of the spirit. If I am obeyed because I am rich, it is not myself who commands obedience, but my riches. If I am called powerful because I enjoy authority, it is not myself who is powerful, but it is the authority vested in me. Riches and authority are halos thrown around men, which often vanish as quickly as they have been acquired. Fame is often enjoyed by him who does not deserve it, and the most honoured man is he who has cause to respect himself on account of his acts.

Place of birth and condition of life are circumstances which are usually not matters of choice, and no one has a right to despise another on account of his nationality, religious belief, colour of skin, or the act he may play on this planet. Conditions are illusions, caused by the consequences of other illusions; they do not belong to the essential character of man. Whether an actor plays the part of a king or a servant, the actor is, therefore, not despised, provided he plays his part well.

"Honour and shame from no conditions rise;  
Act well your part, there all the honour lies."

* Pope.

* Thomas de Kempis.
ILLUSION.

There are other illusions which come without being asked, and remain, although their stay is not wanted. They are the unwelcome visitors—Fear, Doubt, and Remorse, and they, like all other illusions, are caused by ignorance of the true nature of man and the extent of his powers. Men sometimes live in fear of a revengeful power which has no existence, and may die from fear of an evil that does not exist. They are often afraid of the effects of causes which they, nevertheless, continue to create; they may doubt whether they will succeed in cheating the law, not knowing that the real man is himself the law and cannot be cheated. Every act creates a cause, and the cause is followed by an effect which reacts on him who created the cause, whether he may experience that effect in this life or in another. To escape the effect of the cause which has been created, he who created the cause must try to transform himself into another. If his lower principles have led him into mistakes they will suffer, but if he succeeds in assimilating his nature with his higher principles, and thereby changes himself into a being of a different character, their suffering will not be of the greatest importance to him. Such is the only rational philosophy of the “forgiveness of sins,” and priests could forgive sins if they were able to change the sinner into a saint or to control the law of Karma. This can, however, only be done by the individual exertions of the “sinner,” who may be instructed by one who is wise. To become sufficiently wise to instruct another about the laws or his nature it is of the utmost importance that the instructor should know these laws, and be acquainted with the true constitution of man.

Reason is the saviour of man, ignorance is his perdition. Reason is the power of the mind to recognise the truth, and in the light of truth the shadows of doubt and fear and remorse cannot exist.

Illusions are dispersed by Reason through the power of Will. When the will is held in abeyance the imagination is rendered passive, and the mind takes in the reflections of pictures stored up in the Astral Light without choice or discrimination. When reason does not guide
the imagination the mind creates disorderly fancies and hallucinations. The passive seer dreams while awake, and may mistake his dreams for realities, but his dreams may be his own illusions, or they may be impressions caused by floating ideas taking possession of the unresisting mind, and, according to the source from which such impressions come, they may be either true or false. Various means have been adopted to suspend the discriminating power of will and render the imagination abnormally passive, and all such practices are injurious, in proportion as they are efficacious. The ancient Pythoness attempted to heighten her already abnormal receptivity by the inhalation of noxious vapours; savage and semi-civilized people sometimes use poisons, or whirl in a dance until the action of reason is temporarily suspended; others use opium, Indian hemp, and other narcotics, which not only suspend their will and render their mind a blank, but which also excite the brain, and induce morbid fancies and illusions.* Fortune-tellers

* The fumigations which were used at former times for the purpose of rendering reason inactive, and allowing the products of a passive imagination to appear in an objective state, were usually narcotic substances. Blood was only used for the purpose of furnishing substance to Elementals and Elementaries, by the aid of which they might render their bodies more dense and visible.

Cornelius Agrippa gives the following prescription: Make a powder of spermaceti, aloe wood, musk, saffron, and thyme, sprinkle it with the blood of a hoopop. If this powder is burnt upon the graves of the dead, the ethereal forms of the latter will approach, and may become visible.

Eckartshausen made successful experiments with the following prescription: Mix powdered frankincense and flour with an egg, add milk, honey, and rosewater, make a paste, and throw some of it upon burning coals.

Another prescription given by the same author consists of hemlock, saffron, aloe, opium, mandragora, henbane, poppy-flowers, and some other poisonous plants. After undergoing a certain preparation, which he describes, he attempted the experiment, and saw the ghost of the person which he desired to see; but he came very near poisoning himself. Dr Horst repeated the experiment with the same result, and for years afterwards whenever he looked upon a dark object, he saw the apparition again.

Chemistry has advanced since that time, and those who desire to make such experiments at the risk of their health, may now
ILLUSION.

and clairvoyants employ various means to fix their attention, to suspend thought and render their minds passive, and the images which they receive may be true or false; others stare at mirrors or crystals, water or ink,* but the Adept, while not forsaking the use of his reason, renders his imagination passive by maintaining, under all circumstances, a serene tranquility of the mind. The surface of a lake whose water is in motion reflects only distorted reproductions of images projected upon it, and if the elements in the interior world are in a state of confusion, if emotion fights with emotion and the uproar of the passions troubles the mind, if the heaven of the soul is clouded by prejudices, darkened by ignorance, hallucinated by insane desires, the true images of things seen will be equally distorted. The divine principle in man remains in itself unaltered and undisturbed, like the image of a star reflected in water; but unless its dwelling is rendered clear and transparent, it cannot send its rays through the surrounding walls. The more the emotions rage, the more will the mind become disturbed and the spirit be forced to retreat into its interior prison; or if it loses entirely its hold over the mind, it may be driven away by the forces which it cannot control, burst the door of its dungeon, return to the source from whence it came, and leave man behind as a living corpse,† in which the spiritual principle is entirely inactive.

accomplish this in a more comfortable and easy manner by inhaling some of the stupefying gases known to chemical science.

* There are numerous prescriptions for the preparation of magic mirrors; but the best magic mirror will be useless to him who is not able to see clairvoyantly; while the natural clairvoyant may call that faculty into action by concentrating his mind on any particular spot, a glass of water, ink, a crystal, or anything else; for it is not in the mirror where such things are seen, but in the mind; the mirror merely serves to assist in the entering of that mental state which is necessary to produce clairvoyant sight. The best of all magic mirrors is the soul of man, and it should always be kept pure, and be protected against dust and dampness and rust, so that it may not become tarnished, and remain perfectly clear, and able to reflect the light of the divine spirit in its original purity.

† See H. P. Blavatsky: "Isis Unveiled."

The author says: "Such a catastrophe may happen long before
If a person suffers his reason to give up the control over his imagination he surrenders one of the greatest prerogatives of man, and exposes himself to danger. In the normal condition reason guides the imagination to a certain extent; in abnormal conditions the will of another may take its place, or it may roam without being guided, influenced only by previously-existing conditions. A person who dreams does not control the actions which he performs in his dream, although he may dream that he is exercising his will. The things seen in his dream are to him realities, and he does not doubt their substantiality, while external physical objects have no existence for him, and not even the possibility of their existence comes to his consciousness. He may see before him a ditch and dream that he wills to jump over it, but he does not actually exert his will, he only follows the impulses created during his waking condition. A person in a trance may be so much under the influence of a "magnetiser" as to have no active will of his own, and be only led by the imagination of the operator. The avenues of his external senses are closed, and he lives entirely in the subjective world, in which material objects can find no place, and in which such objects could by no means be introduced. Still what he sees is real to him, and if the operator creates a precipice in his imagination, perhaps represented by a chalk mark on the floor (to assist the imagination of the operator), the "subject" will, on approaching it, experience and manifest the same terror as he would in his normal state if a precipice were yawning under his feet; and if the operator should have the cruelty to will the entranced to jump over its edge, the most serious consequences to the individual might follow. A glass of water transformed into imaginary wine by the will of the "mesmeriser" may make the final separation of the life-principle from the body. When death arrives, its iron and clammy grasp finds work with life as usual; but there is no more soul to liberate. The whole essence of the latter has already been absorbed by the vital system of the physical man. Grim death frees but a spiritual corpse, at best an idiot. Unable either to soar higher or awaken from lethargy, it is soon dissolved in the elements of the terrestrial atmosphere.
subject intoxicated, and if that water has been transformed into imaginary poison it may injure or kill the sensitive. A powerful "mesmeriser" can form either a beautiful or a horrible picture in his mind, and by transferring it by his will upon the mental sphere of a sensitive, he may cause him—even if the latter is in his normal condition—either pleasure or suffering, while the mental images so created in the mind of the sensitive may again react upon others and be perceived by them.

If a person is en rapport with a magnetised subject, the image or even a thought existing in the mind of the former is immediately accepted as a reality by the latter.

Such states may be induced not merely during the magnetic sleep, but also during the normal condition, and without any active desire on the part of a magnetiser. If the audience sheds tears during the performance of a tragedy, although they all know that it is merely a play, they are in a state of partial magnetisation. Hundreds of similar occurrences take place every day, and there is sufficient material everywhere in every-day life for the student of psychology to investigate and explain, without seeking for cases of an abnormal character.

* * Mrs Chandos Leigh Hunt of London, in her "Private Instructions in Organic Magnetism," informs us, that imaginary intoxicants, emetics, &c., have a powerful effect upon subjects.

Eliphas Levi (Abbé Constant) cites a case in which some sceptics submitted a poor girl to magnetic experiments, to gratify their curiosity, and to see whether "magnetism was true." They succeeded in putting her to sleep, and commanded her to look into hell. She became terribly agitated, and begged for mercy, but they insisted that she should go there.

"The features of the subject became frightful to see; her hair stood upright on her head; her eyes were wide open, and showed nothing but the white; her bosom heaved, and a kind of death-rattle came from her breast.

"'Go there! I will it!' repeated the magnetist.

"'I am there,' said the wretched subject, between her closed teeth, and fell exhausted. Then she spoke no more; her head rests on her shoulder; her arms hang motionless down. They approach her, and touch her. They wish to awaken her; but the crime has been done; the woman was dead, and the authors of this sacrilegious experiment were safe from prosecution on account of the public's incredulity in regard to Magnetism."
If a "Medium" submits the control over his imagination to another being he becomes his servant. This other being may be another person, or it may be an idea, an emotion, a passion, and the effect on the passive Medium will be proportionate to the intensity of the action manifested by them. It may be an elemental, an astral corpse, or a malicious influence, and the Medium may become an epileptic, a maniac, or a criminal. A person who surrenders the control over his imagination, indiscriminately, to every unknown power, is not less insane than he who would entrust his money and valuables to the first unknown stranger or vagabond that would ask him for it.

Mediumship is nothing else but a magnetic process, and differs from an ordinary magnetic experiment only in so far as in the latter the operator is a visible person, while in the former the influence proceeds from an invisible source, and is the more dangerous because being invisible it is not known from whence it proceeds. If a magnetiser commands his subject to commit a murder, the latter may commit it, even after he has awakened from his sleep. In such a case the operator is the murderer, and the subject merely the instrument.

How many murders and crimes are committed every year through sensitive persons, who have been influenced or "mesmerised" by invisible powers to commit them, and who had not sufficient will power to resist, it is impossible to determine. In such cases we hang or punish the instrument, but the real culprit escapes. Such a "justice" is equivalent to punishing a stick with which a murder has been committed, and to let the man who used the stick go free. Verily the coming generations will have as much cause to laugh at the ignorance of their ancestors as we now laugh at the ignorance of those who preceded us.

The state of the imagination is a great factor in the observation and appreciation of things. The savage may see in the sculptured Minerva only a curious piece of rock, and a beautiful painting may be to him only a piece of cloth daubed over with colours. The greedy miser, on looking at the beauties of nature, thinks only of the
money-value they represent, while for the poet the forest swarms with fairies and the water with sprites. The artist finds beautiful forms in the wandering clouds and in the projecting rocks of the mountains, and to him whose mind is poetic every symbol in nature becomes a poem and suggests to him new ideas; but the coward wanders through life with a scowl upon his face; he sees in every corner an enemy, and for him the world has nothing attractive except his own little self. The man who cannot be trusted is ever mistrustful, the thief fears to be robbed, and the backbiter is extremely sensitive to the gossip of others.

The cause of this is evidently that each man perceives only those elements which exist in his own mind, and if any foreign element enters, it is immediately tintured and coloured by the former. The world is a mirror wherein every man may see his own face. To him whose soul is beautiful, the world will look beautiful; to him whose soul is deformed, everything will seem to be evil.

The impressions made on the mind by the effects of the imagination may be powerful and lasting upon the person. They may change or distort the features, they may render the hair white in a single hour; they may mark, kill, disfigure, or break the bones of the unborn child, and make the effects of injuries received by one person visible upon the body of another with whom that person is in sympathy. They may act more powerfully than drugs; they cause and cure diseases, induce visions and hallucinations, and may produce stigmata in so-called saints. Imagination performs its miracles, either consciously or unconsciously, in all departments of nature. Frequently are seen instances of protective colouring, which means a close resemblance between the colour of an animal and that of the locality in which the animal lives, and the cause of this is said to be the powerful effect of surrounding colours on the imagination of animals when breeding. By altering the surroundings of animals at such times their colour can be changed at will. The tiger’s stripes are said to correspond with the long jungle grass, and the leopard’s spots resemble the
speckled light falling through the leaves.* The forces of nature, influenced by the imagination of man, act on the imagination of nature, and create tendencies on the astral plane, which, in the course of evolution, find expression through material forms. In this way man's vices or virtues become objective realities, and as man's mind becomes purified, the earth becomes more beautiful and refined, while his vices find their expression in poisonous reptiles and noxious plants.

The soul of the world has its animal elemental existences, corresponding to those existing in the animal soul of man. Either are the products of thought-evolution. The Elementals in the soul of man are the products of the action of the thought in the individual mind of man; the elemental forms in the soul of the world are the products of the collective thoughts of all beings. These elemental powers are attracted to the germs of animals, and may grow into objective visible animal forms, and modify the characters and also the outward appearance of the animals of our globe. We therefore see that as the imagination of the Universal Mind changes during the course of ages, old forms disappear and new ones come into existence. Perhaps if there were no snakes in human forms, the snakes of the animal kingdom would cease to exist.

But the impressions made on the mind do not end with the life of the individual on the physical plane. A cause which produces a sudden terror, or otherwise acts strongly on the imagination, may produce an impression that not only lasts through life but beyond it. A person, for instance, who during his life has strongly believed in the existence of eternal damnation and hell-fire, may at his entrance into the subjective state after death, actually behold all the terrors of hell which his imagination during life has conjured up. There may have been no premature burial, the physical body may have been actually dead; but the terrified soul, seeing before it all the horrors of its own vivid imagination, rushes back again into the deserted body, and clings to it in despair, seeking protection. Personal consciousness returns, and it

finds itself alive in the grave, where it may pass a second
time through the pangs of death, or, by sending out its
astral form in search of sustenance from the living, it
may become a vampire, and prolong for a while its
horrible existence.* Such misfortunes in Christian
countries are by no means rare, and the best remedy for
it is knowledge or the cremation of the body soon after
death.

On the other hand, the convicted murderer who, before
stepping on the gallows, has been fully "converted" and
"prepared" by the attending clergyman, and who has
been made to believe firmly that his sins have been for-
given, and that the angels will stand ready to receive
him with open arms, may, on his entrance to the sub-
jective state, likewise see the creations of his own imagi-
nations before him until the delusion fades away.

In the state after death and in the devachanic con-
tion the imagination neither creates new and original
forms nor is it capable of receiving new impressions;
but it—so to say—lives on the sum of the impressions
accumulated during life, which may evolve innumerable
variations of mental states, symbolised in their corre-
ponding subjective forms, and lasting a longer or shorter
period until their forces are exhausted. These mental
states may be called illusive in the same sense as the
forms and events of the physical life may be called
illusive, and life in "heaven" or "hell" may be called a
dream, in the same sense as life on the earth is called a
dream. The dream of life only differs from the dream
after death, that, during the former, we are able to
make use of our will to guide and control our imagina-
tion and acts, while during the latter that guidance is
wanting, and we earn that which we have sown, whether
it is pleasant or not. No effort, whether for good or for
evil, is ever lost. Those who have reached out in their
imagination towards a high ideal on earth will find it in
heaven; those whose desires have dragged them down
will sink to the level of their desires.

It is said that the most material and sensual thoughts

* Maximilian Perty: "Die mystischen Erscheinungen in der
Natur."
create forms in the subjective condition which will appear to him who created them, after he enters that sphere, even more gross, dense and material, than the material forms of the terrestrial world; nor does this seem incomprehensible, if we remember that everything is composed of thought-substance, and that the terms "density," "materiality," &c., are merely relative terms. What appear to us dense and material now, may appear ethereal or vaporous, if we are in another state, and things which are invisible to us now may appear grossly material then. A due consideration of the relations existing between consciousness and what we call "matter" will make it appear that there may be worlds more dense and material to its inhabitants than our physical world is to us; for it is the light of the spirit that enlivens matter, and the more matter is attracted by sensuality and concentrated by selfishness, the less penetrable to the spirit will it become, and the more dense and hard will it grow, although it may for all that not be perceptible to our physical senses; the latter being adapted merely to our present state of existence.

There is no heaven or hell but that which man creates for himself, but it may be, nevertheless, a state real and enduring to him. We see every day men and women living in hells of their own creation, which they are unable to leave as long as the force by which they created them has not exhausted its strength. If we wish to secure happiness after death, we must secure it before we die by controlling our impulses for evil, and by cultivating a pure and exalted imagination.

We should enter the higher life now, instead of waiting for it to come to us in the hereafter. The term "heaven" means a state of spiritual consciousness and enjoyment of spiritual truths; but how can he who has evolved no spiritual consciousness and no spiritual power of perception enjoy the perception of spiritual things which he has not the power to perceive? A man without spiritual consciousness entering heaven would be like a man blind and deaf and without the power to feel existing upon the earth. Man can only enjoy that which he is able to realise, that which he cannot perceive does not exist for him.
ILLUSION.

The surest way to be happy is to rise above all selfish considerations. People crave for amusements and pastimes; but to forget one's time is to forget one's self, and by forgetting themselves they are rendered glad. People are rendered temporarily happy by illusions, because while they enjoy an illusion, they forget their own personal selves, and for those that cannot rise above their personal selves without the assistance of illusions, illusions may be useful. The charm of music consists in the temporary absorption it causes to the personality in the harmony of sound. If we witness a theatrical performance and enter into the spirit of the play, we forget our personal sorrows and live—so to say—in the personality of the actor. The actor who understands how to absorb our attention, absorbs our personal consciousness and becomes inspired by our own enthusiasm; an actor from whom the sympathy of the audience is withheld, will find it difficult to play his part well. An orator who is in full accord with his audience becomes inspired with the sentiments of his audience; it is his audience that gives expressions of his feelings through him; while he speaks he may forget the part he has intended to speak and give expression to that which his audience feels. There are no "spirits" required to inspire an inspirational speaker. If he is impressive the thoughts of those that are present will be sufficient to inspire him.

If we enter a cathedral or a temple, whose architecture inspires sublimity and solemnity, expanding the soul; where the language of music speaks to the heart, drawing it away from the attachment to the earth; if the beauty and odour of flowers lull the senses into a forgetfulness of self, such illusions may render us temporarily happy to an extent proportionate to the degree in which they succeed in destroying our consciousness of personality and self, and as such they are immeasurably better than other illusions that appeal to the lower personal self; but if we seek for the truth in the outward expression of a form, instead of looking for it in the principle which the form is to represent, we will be led into darkness instead of being led into light. If we
look upon the pictures of deities as being representations of really existing personalities, we become conscious of our own personality, existing relatively to the supposed personal deity, and in such cases a concentration of self instead of an expansion takes place. For this reason the belief in external gods strengthens the illusions of self; they induce men to become cowards, to ask for favours which they do not deserve, in preference to other men that deserve them; they help to establish the autocracy of priests and to put the false priest upon a throne from which the true god has been excluded. Such misconceptions destroy the dignity of men and the purity of women, and a religious system based upon such practices degrades men instead of elevating their character. He who has grown to live above the illusion of form and recognises the existence of the true god in his heart, needs no illusions of form to attract his attention. He carries the temple of the formless and eternal God in his own soul, and worships it without ceremonies and rites, by perpetual adoration.

If we cling to illusions we expose ourselves to suffering; if our happiness is dependent on a form, our happiness will disappear when the form perishes. Permanent happiness can only be found in the formless and impersonal state. Only when the lower personal nature of man, with all its illusions, has become useless to him, can the immortal man, freed from the attraction of matter, rise to the region of permanent truth.
CHAPTER VII.

CONSCIOUSNESS.

"I am that I am."—Bible.

EVERYTHING in the universe is a manifestation of the Universal Mind. Everything is therefore mind itself, and exists as such in the Absolute, but existence relative to a form can only be said to begin where sensation, perception, and consciousness begin to be active within the form. The term consciousness signifies realization of existence relative to a certain thing. Consciousness in the absolute sense is unconsciousness in relation to things. Consciousness means knowledge and life; unconsciousness is ignorance and death. An imperfect knowledge is a state of imperfect consciousness in relation to the object of knowledge; the highest possible state of consciousness is the full realization of the truth.

A thing has no existence relatively to ourselves before we become conscious of its existence. A person who does not realise his own existence is unconscious, and for the time being, to all practical purposes, as far as he himself is concerned, dead. A state of existence is incomprehensible unless it is experienced and realised, and it begins to exist from the moment that it is realised. If a person were the legal possessor of millions of money and did not know it, he would have no means to dispose of it or enjoy it. A man may be present at the delivery of the most eloquent speech, and, unless he hears what is said, that speech will have no existence for him. Every man is endowed with reason and conscience, but if he never listens to its
voice, the relation between him and his conscience will cease to exist, and it will die for him in proportion as he loses the power to hear it. Symbols have a meaning to him who understands their meaning, but for the ignorant nothing but the forms which he sees and feels exist; their meaning has no existence for him.

A man may be alive and conscious in relation to one thing, and dead and unconscious relatively to another. One set of his faculties may be active and conscious, while another set may be unconscious and its activity suspended. A person who listens attentively to music may be conscious of nothing but sound; one who is wrapt in the admiration of form is only conscious of seeing; another, who suffers from pain, may be conscious of nothing but the relation that exists between him and the sensation of pain. A man absorbed in thought may believe himself alone in the midst of a crowd. He may be threatened by destruction and be unconscious of the danger. He may have the strength of a lion, and it will avail him nothing unless he becomes conscious of it; he cannot be immortal unless he becomes conscious of immortal life. The more a person learns to realise the true state of his existence the more will he become conscious of his existence. If he does not realise his true position, illusions will be the result. If he fully knows himself and his surroundings, he will be conscious of his own powers, he will know how to exercise them and become strong.

To become conscious of the existence of a thing is to perceive it. To perceive it means to enter into relation with it and to feel the existence of that relation. Consciousness begins, therefore, wherever sensation begins, but sensation and perception of a form are only followed by a recognition of the truth if the principle that exists in that form is itself perceived and understood. If a stranger is introduced to us we perceive his exterior form and see the clothes which he wears, we realise his existence as a living form, but we know nothing of his true character. His appearance may be prepossessing and still he may be untruthful, his clothing may be new and elegant and still his character bad. His body may be healthy, but his soul may be diseased. His certificates
CONSCIOUSNESS.

and testimonials may be excellent, and yet they may deceive us. If we want to know the true character of the man, we must be able to perceive that character itself. We may look into his eyes and blend our own consciousness with the consciousness of that person. Then will the soul speak to the soul, the two will enter into relation with each other, and for him who can realize the nature of that relation there will be no deception possible. This recognition of the truth by direct perception is one of the faculties which at the present state of evolution are not yet fully developed in man. It is a sixth sense that as yet exists only as a bud in the tree of life, while the other five senses have been fully developed. The seventh sense, which is still in store for man, belongs only to the enlightened.

As everything that exists is of a threefold nature, so there are three modes of perception: the physical perception, the perception of the soul, and the spiritual perception; the former reaches the surface of things, the second the soul, and the third reaches into their innermost centres. To see is to think with the organ of sight. A thought sent to the surface of the object of perception will see only the surface; a thought becoming conscious in the centre will see that which exists at the centre.

Everything that exists, exists within the Universal Mind, and nothing can exist beyond it, because the Universal Mind includes all, and there is no "beyond." Perception is a faculty by which mind learns to know what is going on within itself. Man can know nothing but what exists within his own mind. Even the most ardent lover has never seen his beloved one, he merely sees the image which the form of the latter produces in his or her mind. If we pass through the streets of a city the images of men and women pass review in our mind while their bodies meet our own; but for the images which they produce within our consciousness we would know nothing about their existence. The images produced in the mind come to the consciousness whose seat is the brain; if man's consciousness were centered in some other part of his body, he would become conscious in that part of the sensations which he receives. He might for instance see with his stomach or hear with
his fingers, as has been actually the case in some somnambulic states.

A conscious power, being universally diffused through space, would have the faculty to realize all that is going on at any portion in space, because it would be in relation with everything in space. A conscious power being bound to a material form, can only realize that which enters into relationship with its form. To establish a relation between two things it is necessary they should act and react upon each other, or, with other words, there must be influence and resistance.

From the influence of the universal power of Mind, and the resistance of the form, physical senses came into existence. If man had originally remained in perfect harmony with the Universal Mind, he would never have become clothed in a material form. There could be no perception without resistance. If our bodies were perfectly transparent to light we could not perceive the light, because light cannot illuminate itself. The Astral Light penetrates our bodies, but we are (under normal conditions) not able to see it, because the physical body offers no resistance to it, and the astral body is usually dormant. The latter has not yet, in the great majority of mankind, become the seat of the life and activity, and therefore does not yet fully realize its own existence; but when the physical body begins to sleep, and life retires from the outer into the inner man, the astral man may become conscious of the existence of that higher light, and see it like beautiful stars, or sheets of light, resembling the electric light falling through a crystal globe.

At the time when we fall asleep, consciousness gradually leaves its seat in the brain and merges into the consciousness of the “inner man” (the transcendental I). It may then begin to realize another state of existence; and if a part of the consciousness still remains with the brain, the perception of the higher consciousness may come to the cognizance of the lower personal self. We may therefore in that half-conscious state, between sleeping and waking, when our consciousness is—so to say—oscillating between two states of existence, receive important revelations from the higher state and retain
them in the memory of the lower self. The more our consciousness merges in that higher state, the better will we realise the higher existence, but the impressions upon our personal self will become dim and perhaps not be remembered; but as long as the greatest part of our consciousness is active within the material brain, the perceptions of the higher state will only be dim and mixed up with memories and sensations of the lower state of existence; the images will be confused and illusions will be the result.

There may have been a time in the development of the elements composing the body of man, when his form was—so to say—all eye, and his whole surface sensitive to the power of light. But now his body protects him from the intensity of light, leaving only a small opening in the Iris of his eye through which it may penetrate to the more sensitive nerves. The resistance of his form to the influence of light created the eye. Fishes have been found in subterranean lakes which have no eyes; there being no light, they needed no organs to receive it and none to resist it. In tropical countries the intensity of light is stronger, and still more protection for his nerves is needed than in the North. Tropical man needs the dark pigment in his skin to protect his nude body from the influence of the tropical sun.

There are semi-material existences (Elementals) which have no teguments sufficiently solid to protect them from terrestrial light. Such natures are very sensitive to the action of light, they can only continue to live in darkness, and only manifest their powers at night.* If the astral body of man were exposed to the full influence of the astral light, without having learned to resist it

* Adolphe d'Assier, who spent much time in the investigation of occult phenomena, tells of a case, where a person slept in a “haunted house,” for the purpose of investigating the spook. He went to bed and left the light burning. At once a dark shadow seemed to rush through the door into his room and went under his bed. Soon a long arm extended from under the bed, reached up to the table and extinguished the light, and immediately the rampage began. Furniture was overthrown and broken, and the noise was so great that it attracted the neighbours, who came with a light, when the dark shadow fled through the door.
by becoming associated with a higher principle, it would be destroyed slowly or quickly according to the intensity of that light. The myths of "hell" and "purgatory" are suggestive of that action of the destructive action of the Astral Light. But this destruction is not necessarily accompanied by sensation, unless that body is conscious. A corpse may be cremated and cannot feel it, an astral corpse may dissolve into its elements and feel no pain. Only when a form becomes associated with life, in whatever plane of existence, there will sensation and consciousness and pain come into existence.

Some of the practices of black magic and necromancy are based upon this fact, and it does not appear impossible that the astral bodies of the dead may be tormented by the living, if the latter knew how to endow them with life, and to reawaken them to consciousness by infusing some of their own life within these forms.

If our bodies were sufficiently ethereal to pass through others without experiencing any resistance, we would not feel their presence. If the keyboard of the ear were not present to receive the vibrations of sound, hearing would be defective. The power to resist produces sensation and pain.

Man suffers because he resists. If he were to obey the laws of his nature under all circumstances, he would know no bodily disease; if he were to do in all things the will of God, he would incur no suffering in his soul.

Life, sensation, perception, and consciousness may be withdrawn from the physical body and become active in the astral body of man. The astral man may then become conscious of his own existence independent of the physical body and develop his faculties of sense. He may then see sights which have no existence for the physical eye, he may hear sounds that the physical ear cannot hear, he may feel, taste, and smell things whose existence the physical senses cannot realise, and which consequently have no existence to them.

What an astonishing sight would meet the eyes of a mortal, if the veil that mercifully hides the astral world from his sight were to be suddenly removed! He would see the space which he inhabits occupied by a different
world full of inhabitants, of whose existence he knew nothing. What before appeared to him dense and solid would now seem to be shadowy, and what seemed to him like empty space he would find peopled with life.

Scientifically conducted researches have brought to light many instances of cases in which the astral senses have been rendered more or less active. The Seeress of Prevorst, for instance, perceived many things which for other persons had no existence; the history of the saints gives numerous similar examples, and modern "mediumship" proves the existence of such superior senses by facts which occur every day. If the astral senses of a person are fully alive and active, he is able to perceive things without the use of his physical senses. He will be clairvoyant and clairaudient, he will be able to see, hear, feel, taste, and smell the astral attributes of things existing in or out of corporeal forms.

All houses are "haunted," but not all persons are equally able to see the ghosts that haunt them, because to perceive things on the astral plane requires the development of a sense adapted to such perceptions. Thoughts are "ghosts," and only those that can see thoughts can see "ghosts," unless the latter are sufficiently materialised to refract the light and to become visible to the eye.

We may feel the presence of an astral form without being able to see it, and be just as certain of its presence as if we did behold it with our eyes; for the sense of feeling is not less reliable than the sense of sight. The presence of a holy, high, and exalted idea that enters the mind fills it with a feeling of happiness, with an exhilarating influence whose vibrations may be perceived long after that thought has gone.

The explanation which material science gives in regard to the process of seeing only explains the formation of a picture on the retina of the eye, but gives no explanation whatever how these pictures come to the consciousness of the mind. If the mind of man (his consciousness) were enclosed in the physical body of man he could not perceive any exterior thing. In such a case he could at best see the miniature picture formed on his retina, and the outside world would appear to
him like objects seen through a reversed telescope, small and almost imperceptible, and it would be impossible for him to enter into any communication with them. But the reflections formed in the physical eye only serve to call the attention of the mind to the objects of his perception, or—in other words—to stimulate the interior sense of feeling which the mind possesses, into a consciousness of its relation to the objects of its perception, which objects exist within its own sphere. Visible man is—so to say—the kernel of the invisible man, the sphere of his mind surrounds him on all sides like an invisible pulp, blending with the Universal Man, and extending far into space, and he can become conscious of the objects existing within that sphere if he recognizes his relation with them.

This invisible and ethereal "pulp" is as essential to constitute a man as the pulp of a peach is essential to constitute a peach, but material science knows only the kernel, and knows nothing about the pulp. Still this sphere exists, and intermingles with the spheres of others, producing sympathies, or antipathies, according to the harmony, or disharmony, of their respective elements. The blind cannot perceive external objects with their physical eyes, because their optic nerves cannot stimulate their mind into a consciousness of their relation to things existing external to their physical forms, but nevertheless existing within the sphere of their mind. A great many events may take place within one's mind and we may not perceive them, unless our attention is attracted to them, and they come to our consciousness.

The mind may perceive what is going on in the physical plane by being stimulated by physical perception into a consciousness of his relationship with physical things; it may perceive what is going on in the realm of the soul by being stimulated into a consciousness of his relationship with the realm of the soul by influences produced from that realm, and it may perceive spiritual truths by being stimulated into a recognition of its relationship to them by influences proceeding from the infinite sphere of the spirit.
CONSCIOUSNESS.

The physical body has its organs of sight to receive the stimulus necessary to the perception of physical things; the soul has its astral senses to receive the stimulus necessary to the perception of things existing in the realm of the soul; the spirit has its own powers of perception that may be stimulated into activity. The physical body may be dormant and perceive no external objects; the astral senses may be undeveloped or incapable of stimulation; the spiritual power of perception in the majority of mankind is still inactive, and feels the presence of the spirit only by the uncertain reflex of its light, like a man in a semi-conscious condition may see the reflex of light shining through the closed lids and not know what it is. This is the power of intuition that precedes an awakening to spiritual consciousness.

Mind has no limits, and distance is therefore no impediment to mental perception, because a mind being in solidarity with the whole stands in relation to every part of the whole, and as soon as man recognizes his relation to an object in space he becomes conscious of the presence of that object.

To see a thing is—in a certain sense—identical with feeling it with the mind. The individual mind of man being a part of the universal mind, extends through space; it is therefore not merely the images of things we see but the things themselves that exist within the periphery of our mind, however distant from the centre of our consciousness they may be, and if we were able to shift that centre from one place to another within the sphere of the mind, we might in a moment of time approach to the object of our perception.

As it is, the centre of consciousness of normally constituted man is located in the brain, and if the mind feels an object the impressions have to travel all the way to the brain. If we look at a distant star our mind is actually there and in contact with it, and if we could transfer our consciousness to that place of contact, we would be ourselves upon that star and perceive the objects thereon as if we were standing personally upon its surface.
If we were not able to feel with the mind, we would not be able to become conscious of the character of the things we see and whose qualities are unknown to us; but the individual spheres of beings enter and pervade each other and exchange their sensations like the circular rings produced if a handful of pebbles is thrown into a lake.

Perception is passive imagination, because if we perceive an object, the relation which it bears to us comes to our consciousness without any active exertion on our part. But there is an active perception or imagination by which we may enter into a relation with a distant object in space by a transfer of consciousness. By this power we may act upon a distant object if we succeed in forming a true image of it in our own consciousness. By concentrating our consciousness upon such an object we become—so to say—conscious in that place of the sphere of mind where that object exists. Instead of perceiving an already existing relation we establish consciously a relation between such an object and ourselves, but this power is possessed only by those who have developed it, and they may use it for the purposes of good or of evil.

Consciousness is existence, and there are as many states of consciousness as there are states of existence. Every living being has a consciousness of its own, the result of its sensations, and the state of its consciousness changes every moment of time, as fast as the impressions which it receives change; because its consciousness is the perception of the relation it bears to things, and as this relation changes, consciousness changes its character.

If our whole attention is taken up by animal pleasure, we exist in an animal state of consciousness; if we are aware of the presence of spiritual principles, such as hope, faith, charity, justice, truth, etc., in their highest aspects, we live in our spiritual consciousness, and between the two extremes there are a great variety of gradations. Consciousness itself does not change, it only moves up and down on the scale of existence.

There is only one kind of consciousness which never changes its form, because its relation to things never changes, which is the same in all persons, because all
persons stand in relation to it. It is the consciousness of existence \textit{per se}, the realisation of the \textit{I am}. It cannot change, because existence \textit{per se} never changes; its change would involve non-existence or the annihilation of all. It is the consciousness of the living, and remains the only consciousness of the dead, whose spiritual powers have not awakened, and whose lower states of mental activity have become exhausted in Kama loca and Devachan.

The consciousness of the unregenerated man on the way to reincarnation is only that of an idiot who knows that he exists and nothing more. If he was a learned man during his previous existence, he is an imbecile now, following the blind law of attraction; for his learning has all passed away, and his memory has become exhausted and there is nothing in him but the latent germs which he has sown during his previous incarnation, and which may be developed when he again becomes an inhabitant of the earth.

When the Absolute One Life becomes relative in a form it begins to live relatively to form; but the degree of its consciousness depends on the state of the activity of life expressed in the organization of its form. In a low organized form there may be sensation, but there is no intelligence, it cannot distinguish between the objects of its own cognition and those of the cognition of others. An oyster has sensation and consciousness, but no intelligence and no power of discrimination. A man may have a great deal of intellect and no consciousness of the existence of spirituality, sublimity, justice, beauty, or truth. Consciousness without individualised reason and intelligence produces instinct. Such a state of semi-consciousness, or instinct, resides in the lower orders of life as well as in the higher organisations, because the former have not yet reached the state in which certain actions can be guided by their own intellect, and in the latter certain such movements may have become habitual, and do not require the guidance of intellect any more.

The lowest existences follow implicitly the laws of nature or of \textit{Universal Reason}; they have no will of their
own, and the manifestations of that reason are called instinct. The highest spiritual beings follow their own reason; but their reason is identical with the universal law. The difference between the lowest beings and the highest ones is, therefore, that the lowest ones perform the will of "God" unconsciously and unknowingly; while the highest ones do the same thing knowingly and consciously. It is only the intermediary beings between the lowest and highest who imagine that they are their own law-givers, and may do what they please.

The muscular system exercises its habitual movements in the act of walking, eating, &c., without being especially guided by a superintending intellect, like a clockwork that, after being once set in motion, continues to run; and a man who is in the habit of doing that which is right and just, will act in accordance with the law of justice instinctively, and without any consideration or doubt.

Each state of mind has its own mode of perception, sensation, instinct, and consciousness, and the activity of one may overpower and suppress that of the other. A person being only conscious of the sensations created by some physical act, is at that time unconscious of spiritual attractions. One who is under the influence of chloroform may lose all his external sensation of pain, and yet be conscious of his surroundings. One in a state of trance may be fully awake on a higher plane of existence, and entirely unconscious of what happens on the physical plane. The muscular system may be semi-conscious and overpower the intellect, or the conscious and intelligent brain may control the muscular system.

A person may climb up to the most dizzy heights of a tower or a mountain peak, and if there is a rail or a staircase to afford him even an imaginary protection, he will not be very liable to become overpowered by the sense of danger. His intellect may be aware of danger, but impress the unreasoning animal man and the muscular system with the sensation of security, and he will not be very liable to fall. But if you remove the protection, the sensation of danger presenting itself before the mind impresses the unreasoning animal instincts with
the overpowering illusion of fear, and danger may become imminent. The body becomes conscious of the attraction of the chasm, the intellect too weak to guide the will to resist the tendency of the body to follow that attraction, and the person may fall.

The unintelligent muscular system is conscious of nothing else but the attraction of Earth. In it the element of Earth predominates, and unless it is upheld by the intellect and will, it seeks to act according to the impulse created in it by that attraction. The astral body per se is unintelligent, and unless infused with the intelligence coming from the higher principles, it follows the attractions of the astral plane. These attractions are the emotions created by desires. As the physical body, if unguided by reason, may fall and perish by the fall, so the astral body, following the attractions of love and hate, may refuse to obey the intelligent principle of man, and seek its own destruction. The animal consciousness of man is that unreasoning brute instinct which impels him to seek for the gratification of his natural desires.

Correctly speaking, there is no such thing as animal reason, animal intellect, animal consciousness, &c. Consciousness, reason, intelligence, &c., in the absolute, have no qualifications; they are universal principles, that is to say, functions of the Universal One Life, manifesting themselves on various planes in vegetable, animal, human, and transcendental forms.

The condition of a person whose consciousness is no more illuminated by reason, is seen in cases of emotional mania, and sometimes in cases of actual obsession. In such cases the person will act entirely according to the impulses acting upon him, and when he recovers his reason, be entirely unconscious of his actions during that state. Such states may manifest themselves in only one person, or they may simultaneously affect several persons, and even whole countries, becoming epidemic by the law of induction, as has been experienced in some wholesale "obsessions" occurring during the Middle Ages.* They

* "Histoire des diables de Loudun."

Cases of obsession are by no means unfrequent, and many cases of insanity are merely cases of obsession. It is extremely
are often observed in cases of hysteria, may be witnessed at religious meetings, during theatrical performances, during the attack upon an enemy, or at any other occasion, where the passions of the multitude are excited, inducing them to acts of folly or bravery, and enabling people to perform acts which they would be neither willing nor able to perform if they were guided only by the calculations of their intellect.

The spiritual consciousness of man is the power of realising the truth by direct perception. In its full development it is a power beyond the comprehension of normal man. It enables its possessor to blend his own consciousness with that of any other person who is not too repulsive to him, to enter into communication with any other person in any part of the world, although that other person may not become aware of his presence, unless he has developed his own power of spiritual perception to a certain extent. If we steadily concentrate our thought upon a person or a place, the highest thought-energies, residing in the fifth principle of man, will actually visit that place, because thought is not bound by the laws of gross matter regarding time and space, and we are able to think of a far-off place as quick as of one that is near. Our thoughts go to the desired locality, for that locality, however far it may be, is still within the sphere of mind. If we have been there before, or if there is something to attract us, it will not be difficult to find it. But under ordinary circumstances our consciousness remains with the body. We may even realise our presence at the place which we visit, but on returning to our normal state we cannot remember it, because the semi-material principles of our soul, in which resides memory, have not been there to collect impressions and transfer them to the physical brain. But if our astral elements are sufficiently refined, so as not to cling to the body, but to accompany our thoughts, then our consciousness may go with them, being projected there by the power of the will, and the more the desirable in the interests of humanity that our superintendents and doctors of insane asylums should study the occult laws of nature, and learn to know the causes of insanity, instead of merely studying their external effects.
CONSCIOUSNESS.

will is intense the easier will this be accomplished. We shall then visit the chosen place consciously and know what we are doing, and our astral elements may carry our memory back and impress them upon our physical brain.

This is the secret how the astral body may be projected to a distance by those who have acquired that power; but this explanation is to be taken in an allegorical rather than in a literal sense. It is a power that may be acquired by birth or learned by practice. There are persons in whom, in consequence of either an inherited peculiarity of the constitution or from sickness, such a separation between the physical and astral elements may either voluntarily or involuntarily take place, and the astral form may then either consciously or unconsciously travel to distant places or persons, and either by the assistance of the odic and magnetic emanations of his own body, or of those of other persons, it may "materialize" into a visible and even tangible form.

Adolphe d'Assier cites several instances in which the "double" of a person was seen simultaneously with the physical form. A young lady at college was seen by her mates in the parlour of the school, while at the same time her double was in the garden. The stronger the "double" grew, the more faint became her corporeal form. When she recovered her strength, the double disappeared from sight. In this case the attention, i.e., the consciousness, of the lady was evidently divided between the room and the garden, and as her thoughts went to the flowers they formed a body there. It should be remembered that the astral as well as the physical form are merely products of ideation; the processes of forming either differ however from each other according to the difference in the materials of which they are composed, and this difference, if analytically examined by logic, will be found to be after all only a variation in the velocity of the vibration of primordial substance.

The Kama-rupa, or "body of desire," may be attracted unconsciously to places where it desires to be, while the physical body is asleep. It has often been seen by
impressible persons on such occasions, but it shows no signs of intelligence or life; it only acts like an automaton and returns when the physical body requires its presence. At the time of death, when the cohesion between the lower and higher principles is loosened, such a projection of the "Maja-vi-rupa" is of not unfrequent occurrence; it may then be conscious, alive, and intelligent, and represent the true man.*

There are a great number of cases on record where, in consequence of a sudden and intense emotion, for instance, the desire to see a certain person, the life of the astral body has become prominently active, and projecting itself from the physical body has become conscious and visible at a distance. In cases of homesickness we find some approach to an instance of this. The person separated from home and friends, having an intense yearning to see his native place again, projects his thoughts and his finer astral forces to that place. He lives—so to say—spiritually in that place, while his physical body vegetates in another. The life-elements pass more and more to these astral elements at the expense of the life-elements necessary to supply the wants of the physical body. There seem to be nothing particularly important the matter with the patient, he has a little fever, becomes weaker, and finally dies—that is to say, he goes where he desires to go, although his gradual going is imperceptible and unrecognisable to physical senses.

In cases of sickness or death a similar process takes place. When, from whatever cause, the union between the physical form and the astral body becomes weakened, the astral form may separate itself for a while or permanently from the physical form and follow a stronger attraction, and in such cases it may be seen by persons gifted with second sight.

The symptoms of such a beginning of separation may often be observed in cases of severe sickness, when the patient has the sensation as if another person were lying in the same bed with him, and as if that person were in

* Numerous instances of such occurrences may be found in E. Gurney, "Phantasms of the Living."
some way connected with him, and he would have to take care of the latter. As recovery takes place, the principles whose cohesion has been loosened become re-united, and that sensation disappears.

A higher state of consciousness than that of the normal state is often observed in cases of trance and somnambulism; a lower state than the normal one is witnessed in cases of drunkenness or intoxication of some kind.

A case is cited in Dr Hammond's book on insanity, in which a servant, while in a state of intoxication, carried a package with which he had been entrusted to the wrong house. Having become sober, he could not remember the place, and the package was supposed to be lost; but after he got drunk again he remembered the place, he went there and recovered the package. This goes to show that when he was drunk he was another person than when he was sober; man's individuality continually changes according to the conditions in which he exists, and as his consciousness changes he becomes another individual, although he still retains the same outward form.

If a person is in the hypnotic state, subject to the will of a "magnetizer," it is the consciousness of the latter which takes possession of the former, and uses his mental organism as if it were his own. If a hypnotizer causes his subject to commit a crime, it is he who commits it through the instrumentality of the hypnotized; if a medium lies it is the lying thoughts of him who consults the medium that are echoed back through the latter, nor could he be a genuine medium if he did not reflect lies as well as the truth.

All men are mirrors, in which the world is reflected; he who imagines to have a will of his own is deluded. Even the strongest hypnotizer may, in his turn, be hypnotized by another, if the latter is sufficiently strong to do so, and we are all mediums through which the Universal Spirit acts either for good or for evil according to our qualities. Man exists as an individual only as long as he is in possession of divine reason, and this reason is not an attribute of the human form, but a function of the divine Spirit which illuminates it.
In the state of trance the consciousness is entirely concentrated on the higher planes, and the mind may even forget the existence of the physical body. In the state of intoxication the person may only be conscious of his animal existence and entirely unconscious of his higher self. A somnambule in the lucid condition looks upon her body as a being distinct from her own self, who is, to a certain extent, under her care. She speaks of that being in the third person, prescribes sometimes for it as a physician prescribes for his patient, and often shows tastes, inclinations, and opinions entirely opposed to those which she possesses in her normal condition. Somnambules often give promises which they fulfil when they return to their normal condition, although, when they awake, they do not remember of ever having made any promise at all.

If man’s consciousness changes from one state to another, his tastes and inclinations change accordingly. While his thoughts revel in animal pleasures, the realm of the spirit will be closed to him, nor will he desire to enter it; if he has once attained the power to perceive the things of the spirit, animal pleasures and the knowledge of which terrestrial science is proud, will appear absolutely worthless to him. Persons while in a trance may love another person intensely, because they are then capable to perceive his interior qualities, and they may detest him when they are in their normal condition, because they then merely behold his external attributes.*

This higher self, which often seems to care so little for the earthily troubles that vex and perplex the lower self, is the real man, who continues to live when the body of the person with which he is connected during life no longer exists. It is the individual which, through a long chain of reincarnations, has become connected with many personalities, extracting from each the elements which are worthy to be preserved, and assimilating them with his own. Only few persons mentioned in history have succeeded in uniting their personality with their own divine and impersonal Atma. Such that have succeeded

* H. Zschokke: “Verklaerungen” (Transfigurations).
are the truly enlightened, and require no more incarnations.

The highest state of spiritual consciousness is experienced in the state of *Samadhi*. In this state the body of the ecstatic may be entirely unconscious and unable to realise any physical sensation. It may be burnt or buried. Such a proceeding would not affect the real man otherwise than to prevent his return to that body. But while his earthly form is unconscious, his real self is conscious of life in surroundings, which surpass the power of man’s imagination, and may be engaged in duties far beyond our comprehension, in scenes from which it must be painful to return to the bonds of Earth.

While in that state his body is void of sensation, and there are no means to bring it to life unless the soul desires to return. It is said that the wife of a certain philosopher caused the body of her husband to be burnt to ashes while he was in that state.

Even while physical consciousness is active the consciousness of the higher principles may be so exalted as to render the body little conscious of pain. History speaks of men and women whose souls rejoiced while their earthly tabernacles were undergoing the tortures of the rack, or were devoured by flames at the stake.

The state of *Samadhi* is not to be confounded with that of the ordinary mesmeric trance or hypnotism. The latter may be a state of perception by means of the astral senses, and very often the visions seen are unconsciously produced by the mesmeriser himself. Sometimes the magnetised person will correctly describe a place where he has never been, provided the mesmeriser has been there, and in such cases the former will describe an object in such a place which is not there, if only the mesmeriser will imagine it to be in that place.

Man leads essentially two lives, one while he is fully awake, another while he is fully asleep. Each has its own perceptions, consciousness, and experiences, but the experiences of that higher state, called “deep sleep,” are not remembered when we are fully “awake.” At the borderland between sleep and waking, where the
impressions of each state meet and mingle, is the realm of confused dreams, which are usually remembered, and seldom contain any truth.

This state is, however, favourable to receive impressions from the higher self or to see the pictures existing in the astral light. In the former case the higher self may use symbolical forms and allegorical images to convey ideas to the lower self, and to give it admonitions, forebodings, and warnings in regard to future events; in the latter case faces and forms of persons that previously occupied the room of the sleeper may be seen, or his mind may wander to scenes to which he is unconsciously attracted.

There are, however, various kinds of dreams, and it would be wrong to deny that some of them may not be useful. The higher self may make use of the impressibility of the lower self during the time of half-conscious slumber to impress it with useful visions and warn it of danger, and to teach it lessons which the lower self would not be able to understand while his physical senses are fully active and the voice of intuition drowned in the noise of the struggle produced by the contending emotions. Many a difficult problem has been solved during sleep, and the terrestrial world is not always without any reflex of the light from above. The mind of the sleeper during the sleep of the body may come into contact with other minds and pass through experiences which he does not remember when he awakes. Man, in his waking condition, often has experiences which he afterwards does not remember, but which he, nevertheless, enjoyed at the time when they occurred, and which at that time were real to him.*

* Man has not only a double consciousness, but he leads two lives, which are separate and yet one. Each of these lives has its own experiences, and if while in one state we do not remember the experiences of the other state, this does not disprove the truth of our assertion. A man may live and undergo certain experiences in a certain place, while his body is asleep, or unconscious, or half-conscious in another place, and if the physical body returns to its normal state, it may or may not remember what happened to him while he was in the other state. But there are some exceptional cases, in which the consciousness of
CONSCIOUSNESS.

A mixture of the various states of sensations and perceptions produces the normal consciousness of man. Man feels in himself at least two sets of attractions that come to his consciousness, the "earthly" and the "fiery" elements. One set drags him down to earth and makes him cling with a firm grasp to material necessities and enjoyments, the other set, lifting him up into the region of the unknown, makes him forget the allurements of matter, and by bringing him nearer to the realm of abstract ideas of the good, the true, and the beautiful, gives him satisfaction and happiness. The greatest poets and philosophers have recognised this fact of double consciousness, or the two poles of one, and between those two poles ebbs and floods the normal consciousness of the average human being.

Both states may become blended, and then the person may remember where he had been and what he had been doing while in that other case. One of such extraordinary cases is mentioned in A. P. Sinnett's "Incidents in the Life of Madame Blavatsky." Speaking of her sickness in Tiflis, Madame Blavatsky says, that she had the sensation as if she were two different persons, one being the Madame Blavatsky, whose body was lying sick in bed, the other person an entirely different and superior being. "When I was in my lower state," she says, "I knew who that other person was and what she (or he) had been doing; but when I was that other being myself, I did not know nor care who was that Madame Blavatsky." It is therefore very well possible that Madame Blavatsky's "transcendental Ego," with all its consciousness, faculties, and powers of perception, in fact, her real self, was consciously and really undergoing certain mysterious experiences in Tibet, while the physical instrument, which we call "Madame Blavatsky," was sick at Tiflis; but such an explanation will be incomprehensible to those persons who imagine the physical body of a person to be the whole of his person, and his physical form to be his own real self. Only when the relations existing between the higher and lower self will be fully understood by our would-be-philosophers will their eyes become opened to a realisation of the truth that man's phenomenal terrestrial self is nothing else but a temporary illusion, a bundle of ever changing powers and principles held together by the power of the divine spirit, and endowed by the latter with the faculty to perceive, to think, to will, and to remember; a fleeting cloud of living matter, illuminated for the time being by the light of the spirit, a mere instrument through which impersonal forces act; while the real self of man exists in another region of thought, and is known only to those who are passing through the process of spiritual regeneration.
Goethe expresses this in his "Faust" in about the following terms:—

"Two souls, alas! are conscious in my breast,
Each from the other tries to separate.
One clings to earth, attracted by desire,
The other rises upward," &c.

One attraction arises from Spirit, another from matter. By the power of Reason Man is enabled to choose which way he will follow, and by the power of his Will he is enabled to follow his choice. He may concentrate his consciousness entirely on the lower plane, and, sinking into sensuality, become entirely unconscious of the existence of higher aspirations, or he may live entirely in the higher planes of thought and feeling, grow to realise fully the beauties, realities, and truths of the spirit, and become dead to the attractions of matter. A self-centered and narrow-minded man may have his consciousness narrowed down to a small sphere; a great and liberal mind may expand it without any limits, until the whole of space will appear to him to be filled with his own consciousness, and his power of perception will enable him to penetrate all the mysteries in Nature. Few may be able to reach such a state, and few will be able to comprehend its possibility; but there have been men who, on the threshold of Nirwana, were able to concentrate the powers of their minds in centres beyond the attraction of earth, and while their physical bodies continued to live on this planet, the divine self, leaving its human form, could consciously roam through the interplanetary spaces and see the wonders of the material and spiritual worlds. This is the highest form of Adeptship attainable on Earth, and to him who accomplishes it the mysteries of the Universe will be like an open book.

According to the doctrines of the sages the world is a manifestation of various states of consciousness of the Universal Mind. Beginning with absolute consciousness, which is unconsciousness relatively to form, relative consciousness comes into existence by the differentiation and progression of form. No relative consciousness is yet manifest in the mineral kingdom, but it seems to begin
in the vegetable kingdom, and comes to perfection in the animal and human realm. The higher animals are fully conscious of existence, but they are not yet self-conscious that they exist as individual beings; they merely follow their natural instincts. In the human kingdom a higher state of consciousness, called spiritual consciousness, begins, and finds its highest expression in moments of religious exaltation or adoration of the highest good. Still such states are yet far from spiritual self-consciousness, which is a full realisation of individual existence within the spiritual realm, and as such is known only to few. Even the most devout worshipper, as long as the divine spirit has not awakened within his soul, will merely feel the beauties of the spiritual realm in the same sense as a blind man may enjoy the warm rays of the sunshine without being able to see the light; only when the process of spiritual regeneration has fairly begun will he be able to see the sun of glory within his own soul, and the illusive self-consciousness of his former state which caused him to believe that he was a permanent being, will be transformed into that real self-consciousness of the spirit, in which state man actually knows that he exists as an eternal, self-existent and immortal power in God.
CHAPTER VIII.

UNCONSCIOUSNESS.

"Omne bonum a Deo, imperfectum a Diabalo."—Paracelsus.

Consciousness is knowledge and life; unconsciousness is ignorance and death. If we are conscious of the existence of a thing, we know that a relation exists between ourselves and that thing. If we become unconscious of its existence, neither we nor that object ceases to exist, but we fail to recognise its relation to us. As soon as we begin to realise that relation, the character of the object perceived in the sphere of our mind becomes a part of our mental constitution, and we begin to live in relation to it. We then possess it in our consciousness, and may retain it there by the power of our Will. If we lose its possession, we may regain it by the power of recollection and memory. To know an object is to live relatively to it, to forget it is to cease to exist in relation to it.

Unconsciousness, ignorance, and death are therefore synonymous terms, and every one is dead in proportion as he is ignorant. If he is ignorant of a fact, he is dead relatively to it, although he may be fully alive in many other respects. We cannot be conscious of everything at once, and therefore, as our impressions and thoughts change, our consciousness and relation to certain things change, and we continually die relatively to some things and begin to live relatively to others. There can be no absolute death, because death means cessation of existence, and an existence that is no more ceases to be. In other words: We do not exist, but the One Life exists
and manifests itself in our forms, and even if our forms dissolve, the One Life continues to exist and to evolve other forms. There can be no cessation of absolute consciousness as long as there is absolute existence, because the Absolute does not cease to exist in relation to itself, and must therefore have the consciousness of its own existence. The sense of I Am remains ever the same, because it rests in The Absolute, but it may exist without any relation to things, and be entirely unconscious of any other existence but that of its own. Relative death and unconsciousness occurs every moment, and we are not aware of its occurrence. We meet hundreds of corpses in the streets, which are entirely dead and unconscious in regard to certain things of which we are conscious, and in regard to which we are alive; and we may be dead in regard to many things to which others are alive and conscious. Only simultaneously occurring omniscience in regard to everything that exists would be absolute life without any admixture of death, but such a state is an impossibility as long as man is bound to a personality and form, standing in relation to other personalities, and has therefore only a relative existence and consciousness.

Each principle in man has a certain sphere of consciousness, and its perceptions can only extend to the limits of that sphere. Each is dead to such modes of activity as are in no relation with it. Minerals are unconscious of the action of intelligence, but not of the attraction of Earth; spirit is dead to earthly attraction and mechanical pressure, but not to love. If we can change the mode of activity in a principle, we call into existence a new state of consciousness, because we establish new relations of a different order; the old activity then dies and a new one begins to live.

If the energy which we are now using for the purpose of digesting food, for performing intellectual labour and for enjoying sensual pleasures, were used for the purpose of developing the spiritual germs contained within the constitution of man, we would be in a comparatively short time rewarded for our labour by becoming superior beings, of a state so far above our present condition, that
we can at present not even conceive of it, because we
have no experience about it. All we know about such
states is that which has been told to us by those who
have entered it, and in moments of tranquillity and exalt-
tation the soul of even not highly spiritually developed
people may occasionally pass by the temple of divine
wisdom, when the door is left ajar, and from the glance
cought of the interior light that streams through the
Gates of Gold it may form a conception about the
beauties contained therein.

In the constitution of average man life is especially
active in the physical body, and he clings to the life of
that body as if it were the only possible mode of exist-
ence. He knows of no other mode of life, and may
be, therefore, afraid to die. A person who has concen-
trated his life and consciousness into his astral body
will be conscious of another and higher existence, and
his physical body will be only so far of value to him, as
by its instrumentality he may—if necessary—act on the
physical plane. Physical death is a continuation of the
activity of life in higher principles. If we, by some
occult process, concentrate all our life into our higher
principles before our body ceases to live, we may step in
advance of death, and live independent of our physical
body.

Such a transfer of life and consciousness is not beyond
possibility. It has been accomplished by many, and will
be accomplished by others. The material elements of
the physical body are continually subject to elimination
and renewal. By restricting the renewal of these ele-
ments within the limits of the utmost necessity, and at
the same time withdrawing our consciousness from the
exterior and concentrating it upon the interior plane, we
may, in course of time, change the compound parts of
the physical body into more ethereal ones, until its
physical molecules become entirely replaced by finer
elements belonging to the astral plane, when its organisa-
tion will require no more food from the physical plane
and become invisible to the physical eye.* This is,
however, usually not the work of one incarnation, and

* The Theosophist: "Elixir of Life."
many attempts may be required before success can be gained.

No one would be willing to look upon such a change as death, and yet it would be nothing else but a mode of dying slow as far as the physical body is concerned, while at the same time it is a resurrection of the real man into a superior form of existence. Death—whether slow or quick—is nothing but a process of purification, by which the imperfect is eliminated and rendered unconscious. Nothing perishes but that which is not able to live. Principles cannot die, only their forms disappear.

Only that which is perfect can remain without being changed. Truth, wisdom, justice, beauty, goodness, &c., cannot be exterminated; it is merely the forms in which they become manifest that can be destroyed. If all the wise men in the world were to die in one moment, the principle of Wisdom would nevertheless exist, and manifest itself in due time in other receptive forms; if Love were to leave the hearts of all human beings, it would thereby not be annihilated, it would merely cease to exist relatively to men, and men would cease to live, while love would continue to be. Eternal principles are self-existent, and therefore independent of forms, and not subject to change; but forms are changeable, and cannot continue without the presence of the principles whose instruments for manifestation they represent.

The human body is an instrument for the manifestation of life, the soul is an instrument for the manifestation of spirit. If the life leaves the body, the latter begins to disintegrate; if the spirit leaves the soul, the latter begins to dissolve. A person in whom the spiritual principle has become entirely inactive is morally dead, although his body may be full of life and his soul full of animal desires. Such spiritless living corpses are often seen in fashionable society as well as in the crowds where the vulgar assemble. A person in whom the principle of reason has become inactive is intellectually dead, although his body may be full of animal life; lunatics are dead people, in whom only the lower principles continue to live. If the soul leaves the body, the latter
dies, but the former may live if it is amalgamated with spirit, but if its connection with spirit ceases, either before or after the death of the body, it continues to exist for a while as an active entity until its activity is exhausted, and it dissolves into the elements of the astral plane.

The soul, like the body, is a compound organism, composed of various elements. Some of these elements may be fit to assimilate with the spirit, others are not fit to do so. If, therefore, a person, during his earthly life, has not purified his soul sufficiently, so as to enter the spiritual state immediately after the death of the physical body, a gradual separation of the pure and impure elements from the still impure remains takes place in the state after death. When the final separation is accomplished, the spiritual elements enter the spiritual state (which, in fact, they have never left); and the lower elements, which may or may not possess a certain remnant of consciousness of their own, remain in the lower plane, where they gradually disintegrate.

If the organisation of the physical body becomes impaired to such an extent, that the principle of life cannot employ it any longer to serve as an instrument for its activity, it ceases to act. Death may begin at the head, the heart, or the lungs, but life lingers longest in the head, and it may still be active there to a certain extent after the body, to all exterior appearances, has become unconscious and ceased to live. The power of thought may continue for a time to work in its habitual manner, although sensation has ceased to exist in the nerves. This activity may even grow in intensity as the principles become disunited; and if the thought of the dying is intensely directed upon an absent friend, it may impress itself upon the consciousness of that friend, and perhaps cause him to see the apparition of the dying. At last vitality leaves the brain, and the higher principles depart, carrying with them their proper activity, life, and consciousness, leaving behind an empty form, a mask, and illusion. There need not necessarily be any loss of consciousness in regard to the persons and things by which we may be surrounded; the only consciousness which
necessarily ceases is that which refers to his personality, of physical sensation, pain, weight, heat and cold, hunger and thirst, which may have affected the physical form. As his life departs from the brain, another state of consciousness may come into existence, because he enters in relation to a different order of things. "The principle, carrying memory, emerges from the brain, and every event of the life which is ebbing away, is reviewed by the mind. Picture after picture presents itself with living vividness before his consciousness, and he lives in a few minutes his whole life again. Persons in a state of drowning have experienced that state and regained their life. That impression which has been the strongest, survives all the rest; the other impressions disappear to reappear again in the dévachanic state. No man dies unconscious, whatever external appearances may seem to indicate to the contrary; even a madman will have a moment, at the time of his death, when his intellect will be restored. Those who are present at such solemn moments should take care not to disturb, by outbursts of grief or otherwise, that process by which the soul beholds the effects of the past and lays the plan for its future existence."*

The process of the parting of the *perispirit* from the physical remains is described by a clairvoyant as follows: — "At first I saw a beautiful light of a pale blue colour, in which appeared a small egg-shaped substance about three feet above the head. It was not stationary, but wavered to and fro like a balloon in the air. Gradually it elongated to the length of the body, the whole enveloped in a mist or smoke. I perceived a face corresponding in features to that which was so soon to be soulless, only brighter, more smooth, more beautiful, yet unfinished, with the same want of expression that we observe in a new-born infant. With every breath from the dying body the ethereal form was added to and became more perfect. Presently the feet became defined, not side by side, as the dying man had placed himself, but one hanging below the other, and one knee bent, as new-born infants would be in an accidental

* Extracted from the letter of an Adept.
position. The body appeared to be enshrouded in a cloud-like mist. A countless host of other presences seemed to be near. When the whole was complete, all slowly passed out of sight." *

This ethereal body is the soul-body or perispirit of the person that died. It is not the spirit itself, but it may still be connected with the spirit, as it was connected with it during life. It still contains the good and evil tendencies which it acquired during life, unless its attraction towards one pole or the other was already so great that a separation of the highest principles has taken place before or immediately after physical death. The real man is an impersonal power, and his existence does not depend on a physical form, he only acquires such a form to manifest his activity on the lower planes. If he clings to the lower planes, his existence in a form will be prolonged; if he does not desire a form, the formless will attract him. If his spirit rises above the attractions of his lower self, his lower self will be unconscious and disintegrate; but if he clings to his animal nature with a great intensity of desire, a centre of consciousness may become established therein, and its sense of personality may continue to exist for a while in his fourth principle, even after the physical body is dead. His soul will in such cases be a conscious or semi-conscious inhabitant of the Kama loca state.

The time during which an astral corpse may remain in this state before it is entirely dissolved depends on the density and strength of its elements. It may differ from a few hours or days to a great many years. Man is made up of a great many living elements or principles, of which each one exists in its own individual state while they all receive their life from the spirit. When the spirit withdraws they become separate, while each one may retain for a while its own particular life and consciousness in the same sense as a wheel which is once set into motion will continue to run until after the force is exhausted, even if the original motive power is withdrawn.

The remnant of a man in the Kama loca state is there-

* A. J. Davis describes a similar scene.
fore not the man, but a part of himself which may or may not be conscious that it exists, and which may or may not be connected with the spiritual monad whose instrument it was during life.

This Kama loca state is the "land of the shadows," the Hades of the ancient Greeks, and the "purgatory" of the Roman Catholic Church. Its inhabitants may or may not possess consciousness and intelligence, but the astral souls of average men and women possess no intelligence of their own; they can, however, be made to act intelligently by the power of the Elementals, who infuse their own consciousness into them. Paracelsus says:—"Men and women die every day, whose souls during their lives have been subject to the influence and guidance of Elementals. How much easier will it be for such Elementals to influence the sidereal bodies of such persons and to make them act as they please, after their souls have lost the protection which their physical bodies afforded! They may use these soul-bodies to move physical objects from place to place, to carry such objects from distant countries, and to perform other feats of a similar kind that may appear miraculous to the uninitiated."

The state of consciousness of the fourth principle (the animal soul) after the lower triad has become unconscious and lifeless may, therefore, differ widely in different persons, according to the conditions that have been established during its connection with the body. The soul of an average person in Kama loca with only moderate selfish desires is not conscious and intelligent enough to know that its physical body has died, and that it is itself undergoing the process of disintegration; but the soul of a person whose whole consciousness was centred in self may be conscious and intelligent enough to remember its past life and to feel its impending fate. Seeking to prolong its existence it may cling for protection to the organism of some living being, and thereby cause an obsession. Not only weak-minded human beings but also animals may be subject to such an obsession.

To a body without sensation or consciousness it can
make no difference under what conditions it may continue to exist or perish, because it cannot realise its existence; but to a soul in which the divine spark of intelligence coming from the sixth principle has kindled consciousness and sensation, its surrounding conditions will be of importance, because it can realise them more or less fully according to the degree of its consciousness. Such surroundings, in the state after death, each man creates for himself during life by his thoughts, his words, and his acts. Man is creating all his life the world wherein he will live in the hereafter.

Thought is material and solid to those that live on the plane of thought. Even on the physical plane every form that exists is materialized thought, grown or made into a form; the world of the souls is a world in which thought itself appears material and solid to those who exist in that world. Man is a centre from which continually thought is evolved, and crystallizes into forms in that world. His thoughts are things that have life and form and tenacity; real entities, solid and more enduring than the forms of the physical plane. Good thoughts are light and rise above us, but evil thoughts are heavy and sink. The world below us to which they sink is the sphere of the grossest, most diseased, and sensual thoughts evolved by evil-disposed and ignorant men. It is a world still more material and solid to its inhabitants than ours is to us; it is the habitation of man-created personal deities, devils, and monstrosities invented by the morbid imagination of man.

They are only the products of thought, but nevertheless they are real and substantial to those who live among them and realise their existence. The myths of hell and purgatory are based on ill-understood facts. "Hells" exist, but man is himself their creator. Brutal man creates monsters by the working of his diseased imagination during life; disembodied man will be attracted to his creations. There are few persons who are not subject to evil thoughts; such thoughts are the reflex of the lurid light from the region of evil, but they cannot take form unless we give them form by dwelling on them and feeding them with the substance taken from
our own mind. Love is the life of the good, malice the life of the evil. An evil thought, evolved unconsciously, is an illusion without life; an evil thought, brought into existence with malice, becomes malicious and living. If it is embodied in an act, a new devil will be born into the world. The horrors of hell exist only for those who have been conscious, voluntary, and malicious colaborers in peopling it with the products of their fancy; the beauties of heaven are only realized by him who has created a heaven within himself during his life.

Pain is only caused if a being exists under abnormal conditions. Allegorically speaking, devils do not suffer in hell, because they are there in their own natural element; they would suffer if they had to enter in heaven. A man suffers if his head is kept under water; a fish suffers if he is taken out of the water. A cruel and vicious person may enjoy sights which will horrify others; but if he still has some good elements within his organisation, they will suffer until they have become separated from evil.

We can only be conscious of the existence of things, if a relation exists between ourselves and the things. A person who has created nothing during life that could have established a relationship with his immortal self will have nothing immortal with which to enter into relationship with after death. If his whole attention is taken up by his physical wants, the sphere of his consciousness during life will be confined to those material wants. When he leaves his material habitation material wants will no longer exist for him, and his consciousness of them ceases. Having created nothing in his soul that can enter into relation with spirit, his soul will neither lose that which it never possessed nor gain that which it never desired, but remain a blank, with only the consciousness of the I Am, which it cannot lose as long as it exists. If we hire a priest or a professor to do our thinking for us, and to be guardian of our spiritual aspirations, we create no spiritual aspirations or living thoughts for ourselves. If we are contented to believe the opinions of others, we have no knowledge of our own. The artificial consciousness,
which has thus been created by the illusive reflection of the thought of others on the mirror of the individual mind, has no power of penetration, and mere opinions without conviction will not become deeply engraved upon the soul. Those minds which have been fed on illusions will have no substance after the illusions have passed away. The only knowledge which can remain with the spirit is that which it knows itself.

Every cause is followed by an effect. Illusions that have been created in the mind are forces that must become exhausted before they can die. They will continue to act in the subjective state and produce other illusions by the law of harmony that governs the association of ideas, and all illusions will end in the sphere to which they belong. Selfish desires will end in the sphere of self, unselfish aspirations and thoughts will bring their own rewards if they were good, and their own punishment if they were evil, in the sphere of good or evil, in Dévachan or Avitchi. But after all the forces created during life have been exhausted, there remains nothing but the eternal conscious of the I Am, with its inherent tendencies for good or for evil, to be born again into the world. Death as well as life is a continual transformation or change of conditions under which we exist. Our desires for things change as the conditions under which we exist assume a different character. Before we are born our state of life depends on the state of the mother’s womb; but having been born into the world, we care nothing more for the placenta and membranes that furnished us with nutriment and life during our fetal existence. Being infants, our interests are centred upon the breasts of the mother, but these breasts are forgotten after we need them no more. Things which absorbed the whole of our consciousness during our youth are discarded as we grow older. If we throw off the physical body, the desire for that which was attractive to it and important for its existence is thrown off with it, or perishes soon afterwards.

But if the soul again approaches the material plane, and through the influences of mediumship again enters into relationship with it, the old consciousness and the
old desires, that were gone to sleep, reawaken, and its physical sensations return. If the influence of the medium is withdrawn, it relapses in its state of stupor or unconsciousness, while the true spirit rejoices in its freedom, being unaffected by the conditions of the lower principles that were once his own.

There are innumerable varieties of conditions and possibilities in the world of spirit and on the astral plane, as there are upon the physical plane. If the mind begins to investigate these things separately, and without understanding the fundamental laws of nature upon which such phenomena are based, it may as well despair of ever being able to form a correct conception of them. If a botanist were to examine separately each one of the thousands of leaves of a large tree, for the purpose of finding out the true nature of the latter, he would never arrive at an end; but if he once knows the tree as a whole, the colour and shape of the individual leaves will be easily known. Likewise, if we once arrive at a correct conception of the spiritual nature of man, it will be easy to follow the various ramifications of the one universal law.

There is no death for that which is perfect, but the imperfect must perish sooner or later. So-called death is simply a process of elimination of that which is useless. In this sense we all are continually dying every day, and even wishing to die, because every reasonable person desires to get rid of his imperfections and their consequences and the sufferings which they cause. No one is afraid to lose that which he does not want, and if he clings to that which is useless, it is because he is unconscious and ignorant of that which is useful. In such a case he is already partly dead to that which is good, and must come to life and learn to realise that which is useful, by dying to that which is useless. This is the so-called mystic death, by which the enlightened come to life, which involves the unconsciousness of worthless and earthly desires and passions, and establishes a consciousness of that which is immortal and true. The reason why men and women are sometimes afraid to die is because they mistake the low for the high, and prefer
material illusions to spiritual truths. There is no death for the perfect, and he who is imperfect must throw away his imperfectness, so that that which is perfect in him may become conscious and live. This mystic death is recommended by the wise as being the supreme remedy against real death. This mystic death is followed by a spiritual regeneration.*

Hermes Trismegistus says: “Happy is he whose vices die before him;” and the great teacher Thomas de Kempis writes: “Learn to die now to the world” (to the attractions of matter), “so that you may begin to live with Christ” (the impersonal sixth principle of every man).

A person whose vices have died during his earthly life does not need to die again during his life as a soul. His sidereal body will dissolve like a silver cloud, being unconscious of any desires for that which is low, and his spirit will be fully conscious of that which is beautiful, harmonious, and true; but he, whose conscience is centred in the passions that have raged in his soul during life, can realise nothing higher than that which was the highest to him during his life, and cannot gain any other consciousness by the process of death. Physical death is no gain, it cannot give us that which we do not already possess. Unconsciousness cannot confer consciousness, ignorance cannot give knowledge. By the mystic death we arrive at life and consciousness, knowledge and happiness, because the awaking of the higher elements to life implies the death of that which is useless and low. “Neither circumcision nor uncircumcision availeth, but a new creature.” †

There are Esprits soufrantes, our suffering souls. They are the “revenants” or “restants,” the astral bodies of victims of premature death, whose physical forms have perished before their spirits became ripe enough to separate from the soul. They remain within the attraction of the Earth until the time arrives that should have been the termination of their physical lives according to the law of their Karma. They are under normal conditions, not fully conscious of the conditions in which they exist;

* John iii. 3. † Galat. vi. 15.
UNCONSCIOUSNESS.

but they may be temporarily stimulated into life by the influence of mediumship. Then will their half-forgotten desires and memories return and cause them to suffer. To rouse such existences from their stupor into a realisation of pain for the purpose of gratifying idle curiosity is cruel, and may be very injurious to such souls, as it may reawaken their thirst for life and for the gratification of earthly desires.

The soul of the sane suicide, however, or that of a malicious person, may be fully conscious and realise the situation in which it is placed. Such existences may wander about earth, clinging to material life, and vainly trying to escape the dissolution by which they are threatened. Partly bereft of reason, and following their animal instincts, they may become Incubi and Succubi, Vampires stealing life from the living to prolong their own existence, regardless of the fate of their victims. The soul-bodies of the dead may be either unconsciously or consciously attracted to mediums for the purpose of communicating with the living. By using the astral emanations of the medium they may become materialised, and be rendered visible and tangible, and appear like the deceased person himself. But if a deceased person was in possession of high aspirations and virtues, his soul-corpse will not actually be the actual entity which it represents, although it may act in every respect as the person whose mask it wears. If we blow into a trumpet it will give the sound of a trumpet and no other. The soul-corpse of a good person, if infused artificially with life, will produce the thoughts it used to produce during life; but there will be no more of the identity of that person in the corpse than there is the identity of a friend in the wire of a telephone, if we recognise his voice and manner of expression through such a wire.

The revelations made by such "spirits" are only the echoes of their former thoughts, or of thoughts impressed upon them by the living, as a mirror reflects the faces of those that stand before it. They do not give us a true description of the spirit's condition in the world of souls, because he is himself ignorant of that condition. At the time when Plato was living, such souls returned,
giving descriptions of Hades and of the deities that were believed to exist in that place. At the present day the souls of Roman Catholics will return and ask for masses to be relieved from purgatory, while the Protestants refuse to be benefited by the ceremonies of the Catholic Church. The souls of dead Hindus ask sometimes for the performance of sacrifices to their gods, and every "spirit" appears to be domineered by those ideas in which he believed during his life. The discrepancy in their reports prove that their tales are usually only the products of the imagination of the irrational soul.

If man has a "spirit," that spirit must be immortal. Having become conscious in man, it cannot become unconscious again, because it is self-existent and independent of all conditions but those which it creates itself. The consciousness of the \textit{I Am} is indestructible, because it exists in the absolute eternal \textit{One}. If that consciousness were to perish, the world would perish with it, because in the consciousness of the \textit{I Am} the world came into existence, and by its power does it continue to exist. Its consciousness upholds the world, its unconsciousness would be annihilation. The elements held together by the consciousness \textit{I Am} cannot perish. The more the lower elements cling to that principle in which absolute consciousness rests, the more will they partake of its state and be rendered conscious and immortal. The object of man's life is to become conscious that \textit{He is}—not an illusive personal form—but an impersonal, immortal reality. The object of his existence is to render the unconscious spirit conscious and the mortal soul immortal; the object of death is to release that which is conscious from that which is unconscious, and to free the immortal from the bonds of ignorance and of matter.

The tree of life grows and produces a seed, and this seed may have to be planted again, to grow into a tree and produce another seed, and this process may have to be repeated over and over again, until at last the spiritual consciousness slumbering in the seed awakens to immortal life. Again and again may the spiritual principle be forced by the law of evolution to incarnate into flesh.
UNCONSCIOUSNESS.

Unconscious of any relation to personalities, but nevertheless conscious of its own self, it will be attracted to such conditions as may be best suited for its further development, as its Karma decides. It will be attracted to overshadow a man whose moral and intellectual tendencies and qualities correspond to its own, careless whether it enters the world as a new-born babe through the door of the hut of a beggar or through the palace of a king. It does not care for personal conditions, because it is unconscious of being a personality.

Thus a man that reigned as a king in a former incarnation may be reborn as a beggar, if his character was that of a beggar, and a liberal beggar may create as his future successor a king or a being of noble birth. Both act without freedom of choice at the time of their visit to the Earth, following unconsciously their Karma. But the Adept, whose spiritual consciousness is awake, will be his own master. He has grown above the sense of personality and thereby gained immortal consciousness during his earthly life. He has thrown away his lower self, and death cannot rob him of that which he no longer possesses and to which he attaches no value. Being conscious of his existence and of the conditions under which he exists, he may follow his own choice in the selection of a body, if he chooses to reincarnate, either for the benefit of humanity or for his own progression. Having entirely overcome the attractions of Earth, he is truly free. He is dead and unconscious to all earthly temptations, but conscious of the highest happiness attainable by man. The delusion of the senses can fashion for him no other tabernacle to imprison his soul, and before him lies open the road to eternal rest in Nirvana.

If a person has once attained a certain amount of spiritual knowledge, he will—if it is necessary for him to reincarnate again—not need to follow the blind law of attraction; but he will be able to choose the body and the conditions most suitable to him. He may then reincarnate himself in the body of a child, or in the body of a grown person, whose soul has been separated by disease or accident from the body, and the latter may thus be brought to life again, if no vital organ is too
seriously injured, to carry on the functions of life again. Cases are known in which a certain person apparently died, and finally came to life again, when from that time he appeared to be an entirely different man, so for instance, he may have died as a ruffian and after his recovery become suddenly like a saint, so that such a sudden change appeared inexplicable on any other theory than that an entirely different character had taken possession of his body. Such people may, after their recovery takes place, speak a language they never learned, talk familiarly of things they never saw; call people by their names, of which they never heard, know all about places, where their physical bodies never have been, etc., etc. If phenomena could prove anything, such occurrences might go to prove the theory of the reincarnation of living adepts.

To die—in the real meaning of the term—is to become unconscious in relation to certain things. If we become unconscious of a lower state, and thereby become conscious of a higher existence, such a change cannot properly be called death. If we become unconscious of a higher condition, and thereby enter a lower one, such a change is followed by degradation, and therefore degradation is the only possible death, because death in the absolute does not exist. Degradation takes place if a human faculty is employed for a lower purpose than that for which it was by nature intended. Degradation of the most vulgar, the lowest material type takes place, if the organs of the physical body are used for villainous purposes, and disease, atrophy, and death are the common result. A higher and still more detrimental and lasting degradation takes place, if the intellectual faculties are habitually used for selfish and degrading purposes. In such cases the intellect, that ought to serve as a basis for spiritual aspirations, becomes merged with matter, his spiritual consciousness ceases to exist—in other words, his consciousness is entirely bound down to the plane of personality and selfishness, and becomes inactive in the region of impersonality and life. The lowest and most enduring degradation takes place if man, having reached a state
in which his personality has, to a certain extent, merged with his impersonal \( I \), degrades his spiritual self by employing the powers which such an amalgamation confers for villainous purposes of a low character. Such are the practices of black magic. A person who for want of any better understanding employs his intellectual faculties for his own selfish purposes, regardless of the principle of justice, is not necessarily a villain, but simply ignorant of his own interests. Such persons cannot die spiritually, because they have not yet come spiritually to life. The murderer may commit a murder to save himself from being discovered of some crime, and not for the purpose of robbing another person of life. A thief may steal a purse for the purpose of enriching himself, and not for the purpose of rendering another man poor. Such acts are the result of ignorance, and ignorance has no permanent life; persons usually act evil for selfish purposes and not for the pure love of evil. Such acts are the result of personal feelings, and personal feelings cease to exist when the personality to which they belong ceases to exist. Such a personal existence ceases when his life on the physical plane or in Kama loca ceases to act. The higher, immortal and impersonal \( I \) of the man is neither a gainer nor loser on such an occasion, it remains the same as it was before the compound of forces representing the late personality was born.

The real villain, however, is he who performs evil for the love of evil without personal considerations. A person who is no more influenced by his sense of personality, and has thereby gained spiritual life and powers, is a magician. Those who employ such powers for the purposes of evil have been called black magicians or Brothers of the Shadow, in the same sense as those who employ their spiritual powers for good purposes have been called Brothers of Light. The white magician is a spiritual power for good; the real black magician is a living power of evil, attached to a personality that performs evil instinctively and for the love of evil itself. This power of evil may kill the man or the animal that never offended it, and by whose death it has nothing to
gain, destroys for the love of destruction, causes suffering without expecting any benefit for itself, robs to throw away the spoils, revels in torture and death. Such a person calls to life an impersonal evil power, which is a part of himself, and which continues to exist after his personality ceases to exist on the physical plane. Many incarnations may be needed before such a power will come into existence and become strong, but when it once lives it will perish as slow as it grew. "Angels," as well as "devils," are born into the world, and children with villainous propensities and malicious characters are not very rare. They may be the products of such forces as in former incarnations have developed a tendency for evil, without becoming immortal in evil by developing any spiritual consciousness in the direction of evil.

Every power which may be employed for a good purpose, may also be used for an evil purpose. If we can by magnetism decrease the rapidity of the pulse of a fever-patient, we may also decrease it to such an extent, that the subject ceases to live. If we can force a person by our will to perform a good act, we may also force him to commit a crime.

It appears to be unnecessary to enter into details in regard to the practices of Black Magic and Sorcery. It is more noble and useful to study how we can benefit mankind, than to satisfy our curiosity in regard to the powers for evil. To show to what aberrations of mind a craving for the power of working black magic may lead, it may be mentioned that the would-be black magician, Gilles de Rays, maréchal of France, and better known as "Blue Beard," who was executed for his crimes at Nantes, killed and tortured to death during a few years not less than one hundred and sixty women and children for the purpose of practising Necromancy and Black Magic.

The white magician delights in doing good, the servant of the black art revels in cruelty and crime. The former co-operates with the Divine Spirit of Wisdom, the latter co-operates with the animal and semi-intellectual forces of nature; the former will be exalted in God and united with Him; the latter will ultimately be
UNCONSCIOUSNESS.

absorbed by the devils with which he has associated and which he called to his aid.

To raise our consciousness into the spiritual plane is to live; to let it sink to a lower level is to die. The natural order of the universe is that the high should elevate the low; but if the high is made to serve the low, the high will be degraded. Everywhere in the workshop of nature the high acts upon the low by the power of the highest. The highest itself cannot be degraded. Truth itself cannot be turned into falsehood, it can only be rejected and denied. Reason itself cannot be rendered foolish, it can only be refused obedience. The universal and impersonal cannot itself become limited, it can only come into contact with such personalities as are able to approach it. The highest does not suffer by breaking its connection with the low, the low alone suffers and dies.

The impersonal and real is everywhere, and manifests itself in the consciousness of man. Man's consciousness rotates between the two poles of good and evil, of spirit and matter; the attraction from below may be equal to the attraction from above. The omnipresent influence of the great spiritual Sun renders him strong to overcome the attraction of matter, and assists him to come victorious out of the struggle with evil. Man is not entirely free as long as he is not in possession of perfect knowledge, which means, of a perfect consciousness of the truth; but he is free to allow himself to be attracted by a love for the truth or to repulse it. His spiritual aspirations may be in co-operation with nature or act against it. He may become united with the principle of truth, or he may sever his connection with it and sell his inherited rights to immortality, like the biblical Esau, for a comparatively worthless mess of pottage. The Centaur in his nature, whose lower principles are animal, while the upper parts are possessed of intellect, may carry away his spiritual aspirations and lull them into unconsciousness by the music of its illusions.

Bodies may be comparatively long-lived, and some souls, compared with others, may be very enduring;
but there is nothing permanent but the consciousness of love and the consciousness of hate. Love is light, and hate is darkness, and in the end love will conquer hate, because darkness cannot destroy light, and wherever light penetrates into darkness, there will love conquer, and hate and darkness will disappear.
CHAPTER IX.
TRANSFORMATIONS.

"Be ye transformed by the renewing of your mind."—Rom. xii. 2.

THE Universe is a manifestation of thought, and thought is an action of Mind. The Mind whose thought can bring an universe into existence must be an Universal Mind, embracing in its totality all the individual minds that ever existed, and containing the germs of everything that will ever come into existence.

Mind is eternal motion of substance in space, manifesting itself according to conditions, as Light, Heat, and Chemical Action; Attraction, Repulsion, and Life; Consciousness, Sensation, and Perception; Intelligence, Love, and Will. In its higher aspect it is the Astral Light, the Sensorium of Nature, from which all thoughts take their origin, and to which all ideas return. In the Astral Light rests the power of the Imagination and Memory of Nature, and as the memory of the events of a man's life is stored up in his mind, likewise the picture of everything that ever happened is preserved in the Astral Light. Ideas are states of mind, and the mental states of the Universal Mind stored up in the Astral Light, after their representative forms have dissolved, may again grow into visible forms, by being clothed with matter.

Man may remember his thoughts; that is to say, he may recall one of his previous mental states, which still
exists in his own Astral Light. All thoughts remain engraved in that Light, and to remember a thing is to read it there. It is the book of memory, in which every thought is engraved and every event recorded, and the more intense the thought the deeper will it be engraved, and the longer will the picture remain. Agreeable thoughts make deeper impressions than disagreeable thoughts, provided their strength is the same, because the former can penetrate deeper into the centre of the soul. Gross and material thoughts remain in the astral shell after death; spiritual recollections accompany the spirit. Thought is a force, which continues to exist until its strength is exhausted, and its products remain in the Astral Light long after the person who gave them form has ceased to live.

As the images of things which exist in the Astral Light remain there for ages, they may be seen by the clairvoyant or psychometer at any time, and thus a piece of stone may give us a detailed and correct account about prehistorical times. Such images are formed of thought, and as thought is something solid and substantial—in a transcendental sense,—it is even possible for the Occultist to reproduce books, writings, &c., which have existed thousands of years ago.

Men do not create thought; the ideas existing in the Astral Light flow into their minds, and there they transform themselves into other shapes, combining with other ideas, consciously or unconsciously according to the laws that control the correlations, interrelations, and associations of thought. A great mind may grasp a great idea, a narrow mind is only capable of catching little ideas. Ideas exist and are sometimes grasped contemporaneously by several receptive minds. Some great discoveries have been made almost simultaneously by several minds.* Ideas that have matured in the imagination of nature throw their reflections upon the minds of men, and, according to the capacities of the latter to receive ideas, they may come to their consciousness, clear or distorted, plain or shadowy, like

* There are three claimants for the discovery of chloroform, two for the discovery of Uranus, two for the Bell telephone, &c.
images of pictures reflected in living mirrors, that may be clean or rendered dim by the accumulation of dust. In those living mirrors they are remodelled, and may be transformed into new pictures, to people the currents of the Astral Light with new images, and to give rise to new forms of thought. Therefore, even a person who performs no manual labour, who lives in solitude and silence, may do a great work by evolving ideas, which will remain impressed upon the Astral Light and come to the cognizance of those who are capable to grasp them.

Not only the thoughts of men impress themselves into the Astral Light, but the Universal Mind takes cognizance of everything that exists, and every event that takes place on the physical plane is recorded in the memory of nature. Every stone, every plant, every animal as well as every man, has a sphere in which is recorded every event of its existence. They are all made of thought, and whenever they move, they think; for their motions are motions of thought. In the Astral Light of each is stored up every event of its past history and of the history of its surroundings; so that everything—no matter how insignificant it may be—can give an account of its daily life, from the beginning of its existence as a form up to the present, to him who is able to read. A piece of lava from Pompeii may give to the Psychrometer a true description of the volcanic eruption that devastated that town and buried it under its ashes, where it remained hidden for nearly two thousand years; a floating timber carried by the Gulf Stream to the far North may give to the inhabitants of the North a true picture of tropical life; and a piece of bone of a Mastodon may teach the vegetable and animal life of antediluvian periods. *

The pictures impressed in the Astral Light may react upon the mental spheres of individual minds and create in them emotional disturbances, even if these pictures do not come to the full consciousness of their minds. Deeds committed with a great concentration of thought call living pictures in the Astral Light into existence,

* Prof. Wm. Denton: "Soul of Things."
that may cause impresible persons to commit similar acts. A case is known, for instance, in which a prisoner hung himself in his cell, and several other persons that were successively shut up in the same cell hung themselves likewise without any apparent cause. At another place a sentinel killed himself at his post, and several soldiers mounting guard after him did likewise, so that the post had to be deserted. Many similar examples may be cited. Crimes of a certain character often become epidemic in places where a criminal has been executed, and murder may become epidemic like measles or scarlatina.

If the true nature of the constitution of man were properly understood, capital punishment would soon be abandoned as perfectly useless, unjust and contrary to the law of nature. That which commits a murder or any other crime is a conscious and invisible power, which cannot be killed and which does not improve in character by being separated from its external form. The body is innocent, it is merely an instrument in the hands of the invisible culprit, the inner man. The face of even a criminal bears an expression of peace when the soul has departed. By severing the bonds between this intellectual and vicious power and the physical form, we do not change its tendency to act evil; but while during the life of the body the action of that power was restricted to only one form, having been liberated, it may now incite numerous other weak-minded people to perform the same crimes for which the body was executed. Thus by capital punishment evil is not abolished, but its sphere of action increased. As far as the theory of influencing other would-be criminals with fear, by making an example of one, and thus to prevent others from committing crimes, is concerned; it is well known that criminals do not look upon any punishment as being something which they have deserved for their deeds, but as being a consequence of having been so careless as to allow themselves to be caught, and they usually make up their minds, that if they were permitted to escape, they would be more careful—not to be caught again.
TRANSFORMATIONS.

A lock of hair, a piece of clothing, the handwriting of a person or any article he may have touched, handled, or worn, may indicate to an intuitive individual that person's state of health, his physical, emotional, intellectual, and moral attributes and qualifications. The picture of a murderer may be impressed on the retina of his victim, and in some instances be reproduced by means of photography; but it is surely impressed on all the surroundings of the place where the deed occurred, and can there be detected by the psychometer, who may thus come en rapport with the criminal, and even follow the events of his life after he has left that locality, and hunt him down just as the bloodhound traces the steps of a fugitive slave.*

This tendency of the Astral Light to inhere in material bodies gives amulets their power and invests keepsakes and relics with certain occult properties. A ring, a lock of hair, or a letter from a friend, may not only conjure up that friend’s picture in a person’s memory, but bring him en rapport with the peculiar mental state of which that person was or is a representation. If you wish to forget a person, or free yourself from his magnetic attraction, part from everything that reminds you of him, or select only such articles as call up disagreeable memories or disgusting sights, and are therefore repulsive. Articles belonging to a person may bring us in sympathy with that person, although the fact may not come to our consciousness, and this circumstance is sometimes used for purposes of black magic.

Paracelsus in his writings about the Mumia and the transplantation of diseases gives many illustrations of this theory. The existence of a power, by which a disease may be transferred upon a healthy person, even in “non-contagious” cases, by means of some article belonging to the sick person, is generally believed in by the people in various countries. It must, however, be remembered that in making such experiments the

* Emma Hardinge Britten: "Ghost Land." The case cited in this book, in which a clairvoyant followed the tracks of a murderer through several towns and caught him at last, is quoted in several German publications of the last century.
success depends on the amount of faith which the magician can employ. Without faith, nothing can be accomplished.

As every form is the representation of a certain mental state, every object has such attributes as always belong to that state, and this fact may explain why every substance has its sympathies and its antipathies; why the loadstone attracts iron, and iron attracts the oxygen of the air; why hygroscopic bodies attract water, why affinities exist between certain bodies, why some substances change their colours under certain coloured rays, while others remain unaffected, &c. They are all nothing else but the various manifestations of the One Life, in which the principle of Love is active and seeks to unite whatever is harmonious.

Looked at in this light, it does not seem impossible that the ancients should have attributed certain virtues to certain precious stones, and imagined that the Garnet was conducive to joy, the Chalcedony to courage, the Topaz promoting chastity, the Amethyst assisting reason, and the Sapphire intuition. A spiritual force to be effective requires a sensitive object to act upon, and in an age which tends to extreme materialism, spiritual influence may cease to be felt;* but if a person cannot feel the occult influences of nature, it does not necessarily follow that they do not exist, and that there may not be others who may be able to perceive them because their impressional capacities are greater.

Only the ignorant man believes that he knows everything. What is really known is only like a grain of sand on the shore of the ocean in comparison to what is still unknown. Physiologists know that certain plants and chemicals have certain powers, and to a certain extent they explain their secondary effects. They know that Digitalis decreases the quickness of the pulse by paralysing the heart; that Belladonna dilates the pupil by paralysing the muscular fibres of the Iris; that Opium in small doses produces sleep by causing anaemia of the brain, while large doses produce coma by causing congestion; but why these substances

* Justinus Kerner: "Seeress of Prevorst."
TRANSFORMATIONS.

have such effects, or why a chemical compound of Nitrogen, Oxygen, Carbon, and Hydrogen may be exceedingly poisonous in one chemical combination, while the same substances if combined in a different stoichiometrical proportion may be used as food, neither chemistry nor physiology can tell us at present. If we, however, look upon all forms as symbols of mental states, it will not be more difficult to imagine why strychnine is poisonous, than why hate can 'kill, or fear paralyse the heart.

A simple idea which is once firmly rooted in the mind is difficult to change. If an idea is complicated it is less difficult to modify it in its details, so that gradually an entirely different compound may be the result. In physical chemistry the law is analogous. Compound bodies may be easily changed into other combinations, but the so-called single bodies cannot be changed at present. Yet there are indications that even these single bodies are the results of combinations of still more primitive elements. It has been observed that when lightning has struck gilded ornaments they have become blackened, and it has been found, on analysing the blackened matter, that the presence of sulphur was distinctly indicated. Unless sulphur exists in the lightning it must have existed in the 'gold, and have been evolved by the action of lightning. We may then fairly assume that gold contains the elements of sulphur, and this is no anomaly in the case of gold, as other metals have also been proved to contain the elements of sulphur,* and the dreams of the Alchemist may have some foundation, after all. But sulphur is supposed to be related to nitrogen, and the elements of nitrogen are believed to be hydrogen and carbon, and if we go still further, we may find that even on the physical plane all bodies are only modifications of one primordial element, which is not of a sufficiently material nature to be detected by physical means, and that in this primordial element the germs of all other secondary principles are contained.

The power to receive, preserve, and transform ideas,

* David Low, F.R.S.E.: "Simple Bodies in Chemistry."
is the power of Imagination. If an idea enters into the mind, the mind seeks to clothe it into a form, and this power may be exercised independently of any active application of the will. We may step upon a piece of rope in the dark and immediately imagine that we have stepped upon a snake. This is called passive imagination; while, if we determine to give a certain form to an idea, it is called active imagination, but in both cases the imagination is active, only in the former instance it is exercised instinctively, and in the latter this is done with intent and deliberation.

Imagination is, therefore, an active power, and it forms the basis of all artistic and magical operations. Art and magic are closely related together; both give objective form to subjective ideas. The artist exercises this power when he mentally projects the picture formed in his mind upon the canvas and chains it there by the use of his pencil or brush; the sculptor shapes the picture of a form on his mind and embodies it in the marble. He then employs mechanical force to free the ideal from all irregularities, and resurrects it from the tomb, out of which it may rise as a materialisation of thought. The magician forms an image on his mind and makes it perceptible to others by projecting it into their mental spheres. Uniting his own mental sphere with theirs, they are made to participate of his superior consciousness, and they see that as a reality what he chooses to imagine and to think.

By this law many of the feats performed by Indian fakirs may be explained. They may cause tigers and elephants or anything else appear before a multitude, by merely forming the images of such things in the sphere of their mind, and as that sphere extends through space, they may locate these images wherever they chose. What the spectators see on such occasions is nothing else but the thoughts of the conjuror, rendered objective and visible by the latter.

In the case of an artist mechanical labour executes the work, and the artist will finish his work the sooner the more he works to that end. In the case of a magician, concentration of thought executes his work, and he will
succeed the better the more his thought is concentrated upon the work he desires to perform; but the greatest amount of labour will not enable a person who is not an artist to produce a real work of art, and the greatest concentration of thought will not enable a person who has no spiritual power to perform a true magical feat. A person may be an excellent chemist and know nothing whatever about Alchemy; he may have perfect control over the chemical forces of nature acting on the physical plane, and know nothing whatever about the chemistry of the soul.

For this reason the mysteries of Alchemy will for ever remain mysteries to the material scientist, who has no spiritual power at his command. This spiritual power, which the Alchemist must have at his command if he wants to succeed, is the power of will. Without this power he can only separate the substances of compound bodies and recombine them again as is done in Chemistry, but he cannot transform one single body into another, nor can he make good out of evil, or something better out of something good. Without the power of the spirit, or life, good and evil will continually neutralise each other, and no progress will be the result.

The processes of nature are alchemical processes and not merely chemical ones; because, without the principle of life acting upon the chemical substances of the earth, no growth would result. If the force of attraction and repulsion were entirely equal, everything would be at a standstill. If growth and decay would go hand in hand, nothing could grow, because a cell would begin to decay as soon as it would begin to form. The chemist may take earth, and water, and air, and separate them into their constituent elements, and recombine them again, and at the end of his work, he will be with his work where he began. But the Alchemy of nature takes water, and earth, and air, and infuses into them the fire of life, forming them into trees and producing flowers and fruits. Nature could not give her life-imparting influence to her children if she did not possess it; the chemist who has no life-principle at his command, or does not know how to employ it, cannot
perform the wonders of Alchemy, and popular modern science denies the possibility of what she cannot comprehend. The reason why we have at present very few alchemists, is because we have very few spiritually-developed persons, and those who are so developed do not care for notoriety. Nevertheless alchemy is a science, and the author of these pages has personally convinced himself of the possibility of the transmutation of metals and of other processes known to the alchemists, but impossible to be repeated by persons without the powers conferred by initiation; because spiritual essences require spiritual means to attract them, and the conscious soul alone can control the powers that belong to the soul of the universe.

There are three aspects of Alchemy. It deals with the physical substances of things, more especially with their souls, and in this highest aspect with their spiritual centres. In its physical processes it may require physical means, and from the study of these modern chemistry has taken its rise. By the developed powers of his soul the Alchemist may act upon the souls of material substances, and if he can change their qualities, the character of the physical form may be changed. If the spiritual "fire" is awakened within him, he may attain the spiritual powers required to act upon the inferior elements. An insufficient degree of heat will not accomplish anything great: he must gradually develop within himself the fire of divine love kindled in his soul, until he becomes himself the Salamander, able to live in a light in which nothing that is impure can exist.

Johannes Trithelm says: "The Spiritus Mundi resembles a breath, appearing at first like a fog and afterwards condensing like water. This 'water' (A'kāsa) was in the beginning pervaded by the principle of life, and light was awakened in it by the fiat of the eternal spirit. This spirit of light, called the soul of the world (the Astral Light), is a spiritual substance, which can be made visible and tangible by art; it is a substance, but being invisible, we call it spirit. This 'soul' or corpus is hidden in the centre of everything, and can be extracted by means of the spiritual fire in man, which is identical
with the universal spiritual fire (the Astral Light), constituting the essence of nature and containing the images and figures of the Universal Mind."

"This Light (Astral Light) resides in the Water (A'kāśa) and is hidden as a Seed in all things. Everything that originated from the spirit of light is sustained by it, and therefore this spirit is omnipresent; the whole of nature would perish and disappear if it were removed from it; it is the principium of all things."

There were true Alchemists during the Middle Ages who knew how to extract that Seed from the soul-essence of the world, and there are some who have the power to perform that process to-day; but those who do not possess that power will not be inclined to admit the possibility of such facts. "It is an eternal truth, that without our secret magical fire nothing can be accomplished in our art. The ignorant will not believe in our art because they do not possess that fire, and without that fire all their labour is useless. Without that fire spirits cannot be bound, much less can they be acted upon with material fire." *

This magic fire of which the Alchemists speak is the divine power manifested in man by the development of the activity of his sixth principle (the Logos or Christ), and which has the power to control all the lower powers of nature, on the physical as well as on the astral plane. It is spiritual consciousness, as yet manifested in very few men, but those in whom it is manifest will easily comprehend the ancient books on Alchemy, while to those who move on the lower planes these books contain nothing but incomprehensible gibberish.

Some of the more enlightened modern chemists do not deny the possibility that the so-called single elements of chemistry may yet be found to be compound bodies, and some do not even doubt the possibility that one metal may be transformed into another; but the most serious objections made against the ancient Alchemists is that they mistook the nature of metals, and that their main object was to make artificial material gold. Such objections are based upon an entire misconception of

alchemistical terms. The sole circumstance that certain planetary constellations were of the utmost importance for the success of alchemical processes is sufficient to show that the Alchemists experimented with the souls of things, of which their material forms are only the external representatives on the physical plane. Gold, the purest and most incorruptible metal, represented Spirit, Magnesia wisdom, and Calcinated Magnesia wisdom attained through suffering. Sulphur, Mercury, and Salt represent the trinity of all things, the fiery, watery, and material elements, and have little to do with the material substances that are called by these names. They are essentially one, but threefold in their manifestation. These three elements by their combination produce seven principles, and according to the teachings of the Tibetan Mahatmas every substance contains these seven principles."

* Here we are about to divulge one of the secrets of Alchemy, the truth of which will, however, be self-evident to everyone who is able to form a natural (reasonable) conception of Nature. On a preceding page we have explained that in every atom of the body of man are contained all the principles which go to make up the whole organism of man, with all the organs and functions of the latter; and likewise, in every atom of matter is contained a principle, which may grow into a whole universe of matter with its great variety of substances. Matter in its ultimate state—called primordial matter—is a Unity; the various qualities under which primordial matter becomes manifest when it becomes visible substance, are merely secondary effects of primary causes, and as all substances consist of modifications of primordial matter, consequently in every atom of matter are contained the "spiritual" essences of all the seventy or more so-called "Elements" of modern chemistry. In copper, lead, iron, mercury, or any other metal, is contained the principle which, under certain conditions, may grow to be gold; in gold are contained the principles—invisible and not perceptible by chemical tests—which may, under other conditions, become lead, silver, iron, &c., and if an Adept knows how to make those principles or essences grow into molecules and take form, it will be as easy for him to make gold out of iron or lead, as to make iron out of gold. The Alchemist does not create any new substance, he merely guides nature, and induces her to grow "the seeds of minerals," in the same sense as a gardener assists nature to grow the seeds of plants, and to develop them into flowers. The Alchemists, therefore, say: "We cannot make gold out of anything which is not gold. To make material gold, we must have
The most important alchemical work is the generation of man; it requires not only the chemical combination of physical substances, but involves a chemistry of the soul and an influence of the spirit, and all must harmoniously act together, if a human being and not a human monster and mental homunculus is to be the result. If the rules of Alchemy were better understood and adhered to, scrofula, cancers, syphilis, tuberculosis, and other inherited diseases would disappear, and a strong and healthy generation of men and women would be the result.

We have seen a man in the last stage of consumption driven slowly in a carriage—not to the hospital to die, but to church, to be married to a young girl who loved his money. The result of this marriage was a scrofulous child that suffered for two years, and then died. During the marriage the clergyman said that God was giving those people together; but it appears self-evident that if God did such a thing He acted unwisely, and it can spiritual gold; we can merely cause the spiritual gold which exists already to grow into a visible and material form. This process is taught by the science of Alchemy, but this science is necessarily incomprehensible to him who has not arrived at that stage of spiritual knowledge, in which he can exercise a spiritual will, and a "spiritual will" does not exist in a man whose will is not free of material or personal desires. As the gardener puts the seed into the ground, and supplies it with water and with the necessary temperature, likewise the Alchemist "waters" the seeds of the metals with spiritual influences proceeding from his own soul. If a true appreciation of these truths is arrived at, it will at once remove Alchemy from the realm of superstition, and bring it within the limits of an exact spiritual science.

To answer the question whether or not any one ever succeeded in making gold grow in this manner, we will say that there is a German book in existence entitled, "Collection of historical accounts regarding some remarkable occurrences in the life of some still living Adept." It was printed in 1780; and among many most interesting anecdotes about successful attempts of making gold grow, there are copies of the legal documents and decisions of the court at Leipzig in regard to a case where, during the absence of the Count of Erbach in the year 1715, an Adept visited the countess in the castle of Tankerstein, and out of gratitude for an important service which had been rendered to him by the countess, he transformed all the silver she had into gold. When the count returned, who, as it seems, kept his own
therefore not have been God, it was the clergyman who made that mistake. Such cases are not very rare; they are crimes against nature, and the works of the devils of concupiscence and greed.

The great *alembic* in which the passions of men are purified and transformed is the mind. The true magic fire, without which nothing useful can be accomplished, is the intense love for the source of all good burning in the soul of the adept. Man does not create or originate a thought. The mind-substance is already in existence; he can only grasp it and induce it to grow. He does not invent ideas, the ideas are already present; he can only collect, elaborate, and modify their expressions. We cannot imagine anything that does not exist, we can only make new combinations of that which is already in existence. We may imagine a snake with the head of a man, because snakes and men do exist; but we cannot imagine the form of an inhabitant of the Sun, because we have no conception of the forms that may be existing under conditions of which we have no experience, and which therefore do not exist for us.

property separate from that of his wife, he claimed that gold for himself, appealing to a certain statute of the law, according to which treasures discovered upon or below the surface of a certain piece of land belong to the proprietor of that territory; but the court decided that as the material (the silver) out of which the gold had been made belonged legally to the countess, consequently this gold could not be classified as a hidden treasure, and did not come within the reach of that statute. The count thereupon lost his case, and his wife was permitted to keep the gold.

We have reasons to believe in the genuineness of these documents; and if looked at from the standpoint of Occultism, it does not at all seem improbable that gold can be made in that manner. Moreover, we have some personal experience to support our belief; for there lived about ten years ago a person whose name was *Prestel*, within a short distance of the town where we are now writing, who was a reputed Rosicrucian and Alchemist. We personally knew this man, and are well acquainted with two of his still living disciples. This man was generally known as an eccentric and mysterious person. He possessed great powers of projecting the images formed in his own mind upon the minds of others, so that they believed to see things which, however, had no objective existence. For instance, he was once waylaid by an enemy, and as the latter bounced upon him, he caused him to see a terrible sight of a scaffold and
If—as some modern physiologists believe—thoughts were a secretion of the brain, as the bile is a secretion of the liver, a thought would be lost as soon as it were expressed, and we would have to wait for the brain to recuperate its power, and to form and secrete another one like it again before we could have twice the same thought. We would have to be careful not to express our thought or impart our knowledge to others, as by doing so it would be lost to ourselves. Verily, if we seek for absurdities, we need not look for them in ancient books on Alchemy, but find them sufficiently represented in the works of modern scientific authorities.

Thoughts and ideas are entities, and exist independently of the perception of man; they do not need man for their existence, but man needs them, to enable him to think. Thoughts and ideas, set in motion by the Will, move through space; a thought set in motion in the Astral Ether resembles the expanding ripples upon the surface of a lake; a thought projected to a certain destination by the power of an executioner, so that the person was terrified and ran away; and it was not Prestel who told this story, but the man himself who attacked him: the former kept silent about it.

Now, this man was not a full-fledged Alchemist, and could not make gold and the Elixir of Life, because, as he said, he could not find a woman sufficiently pure, and at the same time willing, to assist him in his labours; for, as it is known to all Alchemists, it requires the co-operation of the male and the female element to accomplish the highest process. This person could therefore not make pure gold; but he could change the nature of metals so that they would obtain certain chemical qualities, differing from substances of the same kind. He could, so to say, ennoble metals, so that, for instance, Iron or Brass would not rust if exposed to air and water; and we are now in possession of a Rosicrucian Cross made of brass, which, although it is over twenty years old, and has been exposed to salt-water air, and to climates where every other inferior metal rusts, is still as bright as it has been when first received, and it never needed any cleaning or polishing.

This person also had the power to cause combustible substances to become incombustible, and he could perform many of the alchemical processes described in the books of T. Trithem, abbot of Spandau. He insisted that he could have made himself to live a thousand years, if he had found a suitable person to assist him in his alchemical work.
Adept may be compared to an electric current passing with lightning-velocity through space. Thoughts directed towards an object are like a mountain stream rushing towards that object, and if the wills of several persons combine to direct it, it grows in extension and force, provided their wills are single-minded and without any secondary designs. If a mountain stream strikes a rock, whose resistance it cannot conquer and which it cannot pass, the waters will swell into a lake, devastating the shore and surging back towards its source. If a thought-current cannot enter the sphere of mind of the individual towards whom it is directed, it rebounds upon the mind of the individual from whom the impulse came. A person who concentrates the full power of a malicious thought upon another may—if he fails to succeed—be killed by the energy which he has called into action.

An illustration of this law may be seen when a person dies of grief on account of disappointment. The ray of force continually projected by long and intense desire, unable to accomplish its purpose, returns to the heart, producing a sudden revulsion of feeling; it may change love into hate, attraction into repulsion, desire into contempt, it may cause sickness and death.

Light travels through the air with a velocity of over 180,000 miles per second; thoughts pass with a similar velocity through space. A ray of light may be seen to flash through the air and be intercepted by some non-conducting material. An idea flashes through space and may be intercepted by an Adept. A sound may be heard by an indefinite number of persons, and an idea may affect the world. As a pebble thrown into water produces concentric waves, which grow wider and wider, but less distinct as distance increases, so a thought may affect at first one person, and spreading from that centre create a ripple in the family, the town, the country, or all over the world.

A biogenesis of thought-infections and mental epidemics might be written. To such an investigation would belong the histories of all great reformations originating from some central idea; also the history of
the crusades, the flagellants, the inquisition, medieaval
witchcraft and modern materialism, and the absurdities
of fashion.

To give presupposes the ability to receive. The pos-
sibility to impress a thought upon another mind pre-
supposes the ability of that mind to receive that
impression. A person who is sufficiently sensitive and
in a passive condition, may without difficulty be brought
under the control of the will of another, and be made
to act unconsciously in obedience to that will. A sleep-
ing person may be impressed with such dreams as
another may call up in his imagination, by projecting a
picture formed in his mind into the mind of the sleeper;
a person in a mesmeric trance may have his imagination
identified with that of the person who mesmerised him,
and be made to comply implicitly with the will of the
latter.

We see in everyday life that one person may subject
another one to his will and cause him to obey his com-
mands without putting him to sleep, and even without
expressly stating a wish. The difference between such
an obedient person and one in the magnetic sleep is
merely that the former will not and the latter cannot
resist. In the former case it is often merely a question
whether love or reason are stronger, in the latter case it
is an entire surrender of reason.

An impulse created by the will continues until the
energy is exhausted. If the first impulse is followed by
a series of others acting in the same direction, the effect
will be correspondingly greater, and one person may
affect the thoughts of another at a distance of thousands
of miles by continually directing his thoughts upon him.

It would be impossible to move inanimate bodies at a
distance by the mere power of will, if there were no
substantial contact between such objects and the person
who attempts to move them. Nevertheless such move-
ments take place, and prove that there must be a con-
tact of some kind, even if it is an invisible one. The
A'kāsa furnishes that contact, and the developed will-
power of a person may act through the substance of
his soul upon the soul of the object, and set that object
in motion. In this way tables may be made to talk and bells be made to ring. Unconsciously and ignorantly by the Medium, consciously and with understanding by the Adept.

The thoughts and consciousness of a person or of a number of persons may be projected and concentrated upon any object or to any place that exists within the sphere of their minds. It may be made to inhere in material objects by entering their astral elements and producing corresponding vibrations. Plants or precious stones may be brought in this manner into sympathetic relation with persons, so that if the person is sick or dies, the plants wither and the stones lose their brilliancy. No object in nature is entirely inanimate, and the life-principle is the same in all, whether it be a man or a stone; only the state of their activities differ. If we can induce corresponding vibration in the souls of a lower order of life, their life will be united with us, because all individual forms are only centres in which the Universal Mind has crystallised into forms, and all forms are related together and bound together by the universal cement of Love. A bird may drop down dead when its mate is killed, a mother may feel the pain of an accident happening to her child, twin-brothers have been known to have become affected simultaneously with the same disease and to die at the same time, although their bodies were far apart from each other. No being stands entirely isolated in nature, all are united by love, and the more they become conscious of the love that unites them the more do they realise that they are one.

Separation and differentiation exists only in the lower regions of matter; the spirit is one, and those who have united their minds with that principle know that they are one, and distance forms no impediment to the actions of their minds.

Spirit is substance, inseparable, impenetrable, indivisible, and eternal; form is an aggregate, separate, penetrable, divisible, and subject to continual change. The “communion of the saints” is a reality, for they are all one in the spirit; a number of lights in a room are as
one light composed of that number; and if an orchestra
is played in a room, each instrument produces sound,
the sound of each fills the whole room and is heard
according to its intensity. One instrument may sound
louder than another; one light may shine brighter than
the rest; but they do not annihilate or extinguish each
other. Sound is one, and Light is one, and Spirit is
one, only their manifestations differ in quality and in
strength.

Love unites all, and it is guided by the Will. Thought
is attracted by love and directed by will, but the will
to be powerful must be pure. If we desire two things at
the same time, the will acts in two different directions:
but division causes weakness, only in unity is strength.

There will be very few of our readers who have never
noticed, that if they pass a certain person in the street,
and then turn around to look after him or her, it very
often happens that the latter turns at the same time to
look after them. This happens so frequent, to be a mere
matter of coincidence, and is caused by the fact that the
impulse of will of one person can communicate itself
to another person. But if one desires to make a person
turn around by the effort of his will, and for the pur-
pose of seeing whether he can do so, he will probably
fail; because the desire to gratify his curiosity weakens
the force of his will; he desires two things at once, and
he fails.

As all forms are only external expressions of states
of mind, if we could create a state of mind we could
create a form. But men do not create thought, they
are the victims of thought; they usually do not think
what they choose, but what they are forced to think, by
the thoughts flying into their minds. To obtain magic
power the first requirement is to learn how to control
thought; to command our own moods of mind, and to
allow only such ideas to enter the mind as we volun-
tarily choose to admit. Whoever has for the first time
attempted to command a thought, and to hold on to it
for five minutes, will have experienced the difficulty, and
yet without this first requirement no further progress in
practical occultism will ever be made.
Before one can become a magician he must learn to control not only his emotions, but also his thoughts; for thought is the substance with which the magician acts, and the power to control it is the beginning of magic. No one can control the mind of another as long as he cannot control his own. The will acts outwardly from within the centre of the heart, and no one can make it act beyond the periphery of his body, as long as he has not become strong enough to guide it within the body. The neophyte must learn first to control his own emotions before he can control the emotions of others, he must know how to give shape to his thoughts before he can make them objective.

To change a form we change the state of mind, of which the form is an expression. Certain states of mind find their expressions in certain attitudes, and these attitudes induce corresponding mental states. A proud man will walk erect, a coward will creep, a continually practised creeping walk will develop a cowardly nature, and a habitually erect posture will make a man proud or conscious of his dignity. An actor who can identify himself fully with the personality whose part he plays, need not study attitudes to appear natural; an angry person who forces himself to smile may lessen his anger; a person with a continual scowl on the face will find it difficult to be gay. It is on account of the desire to facilitate the entering into certain mental states that certain attitudes have been prescribed in religious ceremonies and in acts of devotion.

The thoughts of man are disorderly, they flow into his mind without being asked to come, they remain when they are not wanted and disappear, although we may invite them to stay. The thoughts of the Universal Mind are orderly; they are the results of its own previous states, they are not subject to accidental causes created by external conditions acting upon it, but they are subject to the inherent law of cause and effect existing within itself.

If the actions of the Universal Mind were not subject to the eternal law of cause and effect, but guided by the arbitrary whims and notions of some invisible power or
god contained therein, the most extraordinary results were liable to follow and the age of actual miracles would begin. The earth would perhaps stand still for a day or a year and begin to revolve again the next; sometimes it may turn fast and at other times slow, and there is no end to the absurdities which might take place; especially if this imaginary power could be induced to follow the advices of its worshippers.

To the superficial observer the processes of nature seem to be the results of chance. The sun shines and the rain falls upon the land of the pious as well as upon that of the wicked; storms and fires rage, careless whether they destroy the life and property of the learned or that of the ignorant, because they are the necessary results of the law of cause and effect. The interest of individuals cannot control the welfare of the whole. While the welfare of the human body seems to be, to a certain extent, under the control of the will of the individual, the processes of nature, as a whole, appear to be unguided by the reason of the Universal Mind.

The intellect, being unreasonable, is disposed to gauge the absolute reason of the Universal Mind by the relative understanding of comparatively microscopic man. By the same right might the insect crawling in the dust doubt the intelligence of the wanderer, by whose foot it is maimed or killed without consideration and without remorse; such an insect, if capable of reasoning, would discover no intellect in that foot, and yet the man, whose foot is the destroyer, may be highly intellectual.

The cause, why we cannot comprehend the eternal principle of reason in nature, is because it acts according to law, being one with the law; while our intellect is not free of desire, and therefore always inclined to act contrary to the law.

Invisible causes may produce visible effects, and the same cause, acting under similar conditions, will always produce similar results. Whenever a certain amount of energy has been accumulated, the time will arrive when it will be expended. The accumulated tension between the particles of explosives finds its equilibrium at the approach of a spark; the electric tension established in
the upper regions of the air finds its relief in lightning; accumulated emotions will be equilibrated by an outburst of passion; accumulated energies in the soul of the earth may produce earthquakes and revolutions in the body of the earth, in the same manner as an outburst of grief may cause the human form to tremble and to shake. Man's reason may prevent an outburst of his emotions; but where is the personal god to control the emotions of the soul of the world? God does not prevent the growth of warts, or cancers, or tumours, God being the law cannot act in contradiction with Himself. His blessings are accompanied by curses. Man's foot crushes the insect, because man's perception and intelligence does not pervade his feet; God does not prevent the growth of a stone in the bladder, because the high cannot manifest itself in the low, wisdom cannot be active in an unconscious form; the means must be adapted to the end. When man will have so far perfected himself as to be a sphere of wisdom without any material parts, then will God also be still more perfect and conscious, because more matter will have become conscious and alive, and all nature will have grown into more perfect harmony with the highest. The music that can be made with a harp cannot be made with a stick. The intelligence of the Universal Mind can only manifest itself through instruments adapted to intellectual manifestation. Absolute consciousness can manifest itself as relative consciousness only in conscious forms.

Wisdom is not a product of the organization of man. It is eternal and universal. It finds its expression in the fundamental laws upon which the universe with all its forms is constructed. It is expressed in the shape of a leaf, in the body of an animal, in the organism of man. Its action can be found everywhere in nature, as long as the beings in nature live according to nature. There are no diseases in nature, which have not been originally created by powers which acted contrary to the laws of nature and became therefore unnatural. Outward appearances seem to contradict this assertion; because we find animals affected with diseases, and epidemic diseases are even of frequent occurrence in the vegetable kingdom.
But a deeper investigation into the occult laws of nature may show that all the forms of nature, minerals, vegetables, and animals, are merely states or expressions of the states of the Universal Mind—in other words—products of the imagination of Nature, and as the imagination of Nature is acted on, influenced and modified by the imagination of man, a morbid imagination of man is followed by a morbid state of the Universal Mind, and morbid results follow again on the physical plane. This law explains why periods of great moral depravity, sensuality, superstition, and materialism may be followed by plagues, epidemics, famine, wars, etc., and it would be worth the while to collect statistics to show that such has invariably been the case.

The elementary forces of nature are blind and obey the law that controls them. A motion originated by an impulse continues until the original energy is expended. Stones have no intelligence, because they have no organization through which intelligence can act, but if an intelligent power sets them into motion, they obey the law by which their movement is guided. As the organisms rise in the scale of evolution and development, their consciousness becomes more manifest. Absolute consciousness becomes manifest as instinct in the animal creation. It teaches the bird to fly, the fish to swim, the ants to build their houses, the swallows to make their nests. Acting through the nerve centres and the spinal cord it induces the actions of the heart and lungs and other organic and involuntary actions of the body.

As the spinal cord, in the course of evolution, develops into a brain, absolute consciousness obtains a more perfect instrument for its relative manifestation. Intellectual power takes the place of instinct, and the Universal Mind begins to think through the individual brain of man.

The brain is the most highly developed instrument for the manifestation of mind. It performs the intellectual labour of the organism, acting as a centre of attraction for the collection of ideas, as a workshop for their transformation and as a focus from which they are reflected again into the Astral Light. With the highest
development of the human brain, the most perfect instrument for the examination of forms is attained. But the essential man is a formless power, and with the development of the most perfect physical form the climax of his spiritual evolution is not reached. To deal with transient forms a form may be needed, but to enter the eternal realm of the formless no form is required. As long as man is attracted to form he is not free, but bound to form, and his terrestrial life ends with the life of the terrestrial form; having succeeded in freeing himself from the attraction of form he begins to enter the realm of infinite life, which is not dependent on form, and therefore enduring. Having accomplished this task he requires no physical organism. Such an instrument would be only a burden to him, preventing the currents of his mind to flow freely in space. He requires for his future existence an unlimited ethereal sphere, capable to correspond to any state of mind in which he chooses to enter.

The world in which he moves is the world of mind. It has its centres of intelligence, its currents of thoughts and emotions, its elementary forces, and contains the ideal prototypes of everything that ever existed. It is the "brain" of nature, whose thoughts created the world. Its thoughts are the products of previous periods of evolution, and as the world advances through the influence of the never-failing fountain of good, it continually improves the state of the Universal Mind until, at the end of the present period, the whole of nature will go to rest, to awake again when "the morning stars sing together for joy," to a new and still more glorious day of creation.
CHAPTER X.*

CREATION.

"And God said: Let us make Man."—Bible.

The most important question that was ever asked, and is still asked with anxiety and often with fear, is the same that was propounded thousands of years ago by the Egyptian Sphinx, who killed him that attempted to solve the riddle and did not succeed: What is Man? Ages have passed away since the question was first asked, nations have slain each other in cruel religious warfare, making vain efforts to impose upon each other such solution of the great problem as they believed they had found, but from the tombs of the past only re-echoes the same question—What is Man? And yet the answer seems simple. Common sense, if divested of religious or scientific prejudices, tells us that man, like every other form in the universe, is a collective centre of energy, a solitary ray of the universally present Divine Light "which is the common source of everything that exists; he is a true child of the great Spiritual Sun.

* The term Creation is frequently misunderstood. Neither the Bible nor any other reasonable book says that anything had ever been created out of nothing. Such a superstition belongs entirely to modern materialistic Science, which believes that life and consciousness could grow out of dead and unconscious things. The word "Creation" means the production of forms out of already existing formless materials; form in the absolute is not a thing, it is nothing but an illusion, and therefore if a form is produced, nothing but an illusion has been created.
As the rays of our sun only become visibly active in contact with dust, so the divine ray is absorbed and reflected by matter. It mingles for a while with matter, and draws up towards the sun such elements as are sufficiently refined to escape the attraction of Earth.

The sun-ray plays with the waves of the ocean: the heat created by the contact of water with light from above extracts from below the refined material, and the vapours rise to the sky, where, like the ghosts of the seas, they wander in clouds of manifold shapes, travelling freely through the air, playing with the winds, until the time arrives when the energies which keep them suspended become exhausted and they once more descend to earth. In a similar manner the divine ray of the spiritual sun mingles with matter while dwelling on Earth, absorbing and assimilating whatever he chooses or what corresponds to his needs. As the butterfly flits from flower to flower, tasting the sweets of each, so the human monad passes from life to life, from planet to planet, gathering experience, knowledge, and strength, but when the day of life is over, night follows, and with it follows sleep, bringing dreams of vivid reality. The grossest elements remain to mingle again with earth, the more refined elements—the astral elements—which are still within the attraction of the planet float about, driven hither and thither by their inherent tendencies, until the energy which holds them together is exhausted, and they dissolve again in the plane to which they belong, but the highest spiritual energies of man held together by love freed from the attraction of Earth ascend to their source like a white-robed spirit, bringing with it the products of its experience beyond the limits of matter. Man's love and aspiration do not belong to Earth. They create energies which are active beyond the confines of the grave and the funeral-pyre; their activity may last for ages, until it becomes exhausted, and the purified ray, endowed with the tendencies impressed upon it by its last visit to the planet, again seeks association with matter, builds again its prison-house of animated clay, and appears an old actor in a new part upon the ever-changing stage of life.
Some of the greatest philosophers have arrived at a recognition of this truth by speculation and logical reasoning, while others, whose minds were illuminated by wisdom, have perceived it as a self-evident fact by the power of intuition.

To build the new house the impressions gathered by its previous visits furnish the material. The slothful rich man of the past may become the beggar of the future, and the industrious worker in the present life may develop tendencies which will lay the foundation of greatness in the next. Suffering in one life may produce patience and fortitude that will be useful in another; hardships will produce endurance, self-denial will strengthen the will; tastes engendered in one life may be our guides in another; and accumulated energies will become active whenever circumstances require it during an existence on the material plane either in one life or another according to the eternal law of cause and effect.

A child may burn its fingers by touching the flame, and the adult may not remember all the circumstances under which the accident occurred; still the fact that fire will burn and must not be touched will remain impressed upon the mind. In the same manner the experiences gained in one life may not be remembered in their details in the next, but the impressions which they produce will remain. Again and again man passes through the wheel of transformation, changing his lower energies into higher ones, until matter attracts him no longer, and he becomes—what he is destined to be—a god.

There is a certain stage in the spiritual evolution of man, when he will remember the events of his previous lives; but to remember them in his present state of imperfection would be merely a hindrance in his progress. It has been said, that by not remembering the errors of our past lives and their evil consequences, man is liable to commit his previous errors again; but we ought not to do good merely as a matter of speculation and to avoid evil consequences resulting therefrom, but from an inherent desire to do good, regardless of what the resulting consequences may be.
Man, like the majority of organised beings, is an atom in the immensity of the universe; he cannot be divided and still remain a man; but unlike other and lower organised beings, whose realisation of existence is confined to the physical or astral plane, that which constitutes him a Man and distinguishes him from an animal is an integral and conscious part of the highest spiritual energy of the universe, which is everywhere present, and his spiritual consciousness is, therefore, not limited to a certain locality in the physical world.

Who made Man?—Man makes himself during every day of his life. He is his own creator. The clay—the material body—that clings to the ray of the manifested Absolute, is taken from Earth, the energies, called the soul, are the products of the astral plane, the highest energies, called the spirit, belong to "heaven." Animal man, like the lower orders of nature, is a product of the blind law of necessity, and may even be produced artificially.* As such, his mother is Nature, the ever immaculate virgin, who presents time-born man to his father the infinite spiritual principle, to be transformed into a god. The physical attributes of the child and its mental qualifications are the result of inheritance or previously existing conditions. Like the tree that can send its roots into the neighbouring soil and gather the nutriment by which it is surrounded, but cannot roam about in search of food at distant places, so physical man has only a limited choice in the selection of such means of development as he may require; he grows, because he cannot resist the law of necessity, and the impulses given by nature. But as reason begins to enlighten him, the work of creation begins. The intelligence within says to the will: "Let us make man." She urges the will, and the will sullenly leaves its favourite occupation of serving the passions and begins to mould animal man in accordance with the divine image held up before him by wisdom.

Let us make Man, means: Let us make a divine man out of an animal man; let us surround the divine ray within us with the purest of essences gathered from the

* See Paracelsus. "Homunculi."
lower planes; let us throw off everything which is sensu-
al and grossly material, and which hinders our pro-
gress; let us transform the emotions into virtues in
which the spiritual ray may clothe itself when it
reascends to its throne.

Let us make man! It depends entirely on our
efforts what kind of a man we shall make. To make
an average man or even a superior one in the common
acceptation of the term is not a very difficult matter.
Follow the rules of health and the laws of diet, provide
above all for yourself and never give anything away,
unless by doing so you are sure to get more in return.
You will then make a respectable animal, a "self-made"
man, prominent, independent, and rich—one who lives
and dies on the plane of selfishness, an object of envy
for many; respected perhaps by many, but not by
himself.

But such is the influence of the higher nature in man,
that even on that plane an apparent unselfishness will
often bring material reward, and while the inexorable
miser is despised by all, he who occasionally confers
little favours makes friends, and may get his favours
returned with interest.

There is another class of self-made men; those on the
intellectual plane. They stand before the world as the
world's benefactors, as philosophers, teachers, statesmen,
inventors, or artists. They have what is called genius,
and instead of being mere imitators, they possess origin-
ality. They benefit themselves by benefiting the world.
Intellectual researches that benefit no one are unpro-
ductive; they resemble physical exercise with dumb-
bells, by which muscular strength may be gained, but no
labour accomplished. An intellectual pursuit may be
followed for merely selfish purposes; but unless there is
a love for the object of that study, little progress will be
made, and instead of a sage, a bookworm will be the
result. True genius is a magician who creates a world
for himself and for others, and his power expands as he
grows in perfection.

The lower intellectual labour alone cannot be the true
object of life; the truth cannot be grasped by the
unaided efforts of the brain, and he who attempts to arrive at the truth merely by the intellectual labours of the brain, without consulting the heart, will fail. The heart resembles the Sun as the seat of Wisdom, the brain corresponds to the Moon; it is the seat of the reasoning intellect, and receives its light and life from the Sun. The Sun stands guard over the Moon, and thoughts which are distasteful to the heart will not enter the brain. The heart and the head should work together in harmony, to kill the dragon of ignorance, dwelling upon the threshold of the temple, and to arrive at the truth.

In the allegorical books of the Alchemists the Sun represents Love; he is the "heart" of our solar system; the Moon represents the Intellect or the "brain;" Earth represents the physical Body. If the male Sun cohabits with the female Moon in the water of Truth, they will produce a son whose name is Wisdom. The Intellect is the material man whose bride is Intuition, the divine woman; no man or woman is perfect as long as the celestial marriage has not taken place through the power of Love.*

The materials of which Man is constructed are the seven principles that flow into him from the store-house of universal nature, the builder is the will, reason the superintendent, and wisdom the supreme architect. The building goes on without noise, and no sound of the hammer is heard, because the materials are already prepared by nature; they only require to be put into their proper places. The highest is the Spirit, and Spirit alone is immortal. Such of the lower elements as may harmonise with it amalgamate with the spirit, and are rendered immortal. Pure spirit can only find its corresponding vibrations in the highest spiritual elements, such as are furnished by the higher principles, and consist of the purest thoughts, aspirations, and memories produced by the fifth, in which resides the intellectual power of man. Pure intelligence is Spirituality, but intellectual power labouring only in the lower planes of thought can bring to light no spiritual treasures, unless it is penetrated by the light of Wisdom,

* ""The Perfect Way, or the Finding of Christ."
which enables it to distinguish the pure metal from the material dross. A very intellectual and learned person may be very unhappy and unharmonious, if his tendencies are towards evil, and his mind incapable to be illuminated by the light of truth. Wisdom is the perfect recognition of the truth; it resides in the spiritual principle of man, and sends its light down into his fifth principle, where it may be seen by the power of intuition, shining through the clouds of matter like the sunlight penetrating a fog.

The fifth principle receives its stimulus from the fourth, the rational nature of man. We cannot build a house without solid material, and we may just as well attempt to run a steam-engine without fuel or water as to make a genius out of a being without any emotions or intellect. The stronger the emotions are, the more enduring will be the spiritual temple, if they can be made to fit into the walls and pillars. A person without any emotions is without virtues, he is without energy, a shadow, neither cold nor warm, and necessarily useless. The passionate man is nearer to the spirit, if he can guide his passions in the right direction towards the source of all good, than the man who has nothing to guide and nothing to conquer.

To produce a perfect building, or a perfect man, the proportions must be harmonious. Wisdom guides the work and love furnishes the cement. An emotion is either a virtue or a vice according to the manner in which it is applied. Misapplied virtues become vices, and well-directed vices are virtues. A man who acts according to the dictates of prudence alone is a coward; one who indiscriminately exercises his generosity is a spendthrift; courage without caution is rashness; veneration without knowledge produces superstition; charity without judgment makes a beggar; and even one-sided justice, if too stern and unbending and untempered by mercy, produces a miserly, cruel, and despicable tyrant.

The irrational soul, impelled only by its desires and unguided by wisdom, resembles a drunken man who has lost his physical balance; it totters from side to
side, falls from one extreme into another, and cannot guide its steps. Only an equilibrium of forces can produce harmony, beauty, and perfection. The irrational soul, swayed by uncontrollable emotions, forms an unfit habitation for the divine ray, that loves peace and tranquillity.

The control of the emotions is the difficult struggle, that is allegorically represented by the twelve labours of Hercules, which the oracle of Zeus commanded him to perform. Every man who desires to progress is his own Hercules and works for the benefit of the king (his Atma), whose orders he receives through the divine oracle of his own intuition. He is constantly engaged in battle, because the lower principles fight for their lives and will neither be conquered. They are the products of matter and they cling to their source.

Whence do the emotions come?

The cosmologies of the ancients express under various allegories the same fundamental truth; that "in the beginning" the Great First Cause evolved out of itself, by the power of its own will, certain powers, whose action and reaction brought the elementary forces that constituted the world into existence. These elementary forces are the Devas of the East, the Elohim of the Bible, the Afrites of the Persians, the Titans of the Romans, the Eggregores of the book of Enoch. They are the active agents of the cosmos, beneficial or detrimental according to the conditions under which they act, intelligent or unintelligent according to the nature of the instrument through which they act. They are not self-conscious rational entities, but may manifest themselves through self-conscious organisms endowed with reason; they are not individuals, but may become individualised by finding expression in individual forms. Love and hate, envy and benevolence, lust and greed are not persons, but their shadows may become personified in human or animal forms. An extremely malicious person is the embodiment of malice, and if he sees the demon in an objective form, he beholds the reflection of his own soul in the mirror of his mind. Spirit exists everywhere, but we cannot perceive
a spirit unless it first enters the sphere of our soul. The spirit that enters our soul obtains his life from ourselves, and if we do not expel it from our soul he may grow strong by vampirizing our life. Like a parasite growing on a tree and feeding on its substance, it may fasten its feelers around the tree of our life and grow strong while our own spirit grows weak. A thought, once taking root in the soul, will grow, unless it is expelled by force, until it will become expressed in an act, when obtaining a life of its own by that act, it will leave its place to a successor. Those elementary forces of nature are everywhere, and always ready to enter the soul if its doors are not defended. To call up a wicked spirit we need not go in search of him, we need only allow him to come. To call up a devil means to give way to an evil thought, to vanquish him means to resist successfully a temptation to evil.

The elementary powers of nature are innumerable, and their classification gave rise to the pantheons of the Greeks and to the mythologies of the East. The greatest power is Zeus, the father of the gods, or the source from which all other powers take their origin. Minerva, the goddess of wisdom, springs from his head, her origin is the noblest of all, but Venus, the daughter of the Sun, arising from the ocean of the universal Soul conquers all by her beauty. She holds together the worlds in space by the power of her attraction, binds souls to souls, chains the good to good, and binds the evil to evil. She is the mother of the minor gods that combat each other, because love of self, love of possession, love of fame, love of power, &c., are all only children of the universal power of love. They fight among themselves like children, because action gives rise to reaction, love is opposed by hate, hope by fear, faith by doubt, &c. To control them the god of Power (Mars) must be united with the goddess of Love—in other words, the passions must be held in obedience by the Will.

Each power exists and is held in its elementary matrix or vehicle, the A'kâsa, the Universal Proteus, the generator of form, which finds its outward expression in Matter, and these powers constitute the
eternal circle, or the *snake*, "whose head shall be crushed by the heel of the woman," meaning Wisdom, the eternal virgin, whose "daughters" are *faith, hope, and charity*.

The snake cannot enter the soul, if the latter is defended by wisdom. If an evil thought enters the soul and we do not immediately reject it, if we harbour a devil in our heart, whose claims we take into consideration, we give him a promise and induce him to remain, and like an unwelcome creditor he will continually argue his claims until they are fulfilled.

The lower triads of principles in the constitution of man receive their nutriment from the inferior kingdoms of nature. If the body is overfed or stimulated by drink, the emotional element will become excessively active and the intellect will become weak. Too stimulating food or drink is injurious for higher development, because life will in such cases withdraw its activity from the higher principles and be made to work in the lower principles of man. Large quantities of otherwise healthy food will be injurious for the same reason. The principle of life which transforms the lower energies into higher ones is the same principle which causes the digestion of food. If it is squandered in the lower organs, the higher organs will suffer. Some men are habituated to meat-eating, and they require it; others are used to alcohol, and if they would suddenly discontinue its use they will suffer; but meat and alcohol are, under normal conditions, unnecessary for the human system, and often they act positively injurious.

A pure person requires pure food, but to the impure impurities become at first a luxury, and afterwards a necessity. "God said: Behold, I have given you every herb, bearing seed, which is upon the face of all the earth, and every tree, in which is the fruit of a tree yielding seed, to you it shall be for meat."*

The principal argument of the lovers of animal food is that it "gives bodily strength, and is necessary for those who have to perform manual labour." This argument is based upon an erroneous opinion, because

* Genesis i. 29.
animal food does not give as much strength as a vegetable diet;* it only stimulates the organism, and induces it to use up the strength which it already possesses in a short period of time instead of saving it up for the future. The consequences of an exclusive animal diet are gluttony, extreme sensuality, combative-ness, cruelty, and stupidity, indolence, physical and psychical apathy, are the necessary consequences of over-stimulation.

Darwin says that “the hardest-working people he ever met are the persons that work in the mines of Chili, and that they are living on an exclusively vegetable diet.” The country people in Ireland live almost without meat-eating, and yet they are strong and enduring. The common Russian eats very little meat and enjoys good health. The strongest people that can perhaps be found anywhere are the country people in the South of Bavaria, and they eat meat only on exceptional occasions and holy-days. Horses, bulls, elephants, are the strongest animals, and live on vegetable food, while the prominent traits of character of the flesh-eating animals are cowardice, irritability, and cunning. A bear kept at the Anatomical Museum at Giessen showed a quiet, gentle nature as long as he was fed on bread, but a few days’ feeding on meat made him, not stronger, but vicious and dangerous.

Let those who desire to know the truth in regard to meat-eating seek the answers to their questions, not with the intellect of the head, but through the voice of wisdom speaking in the interior of their heart, and they will not be mistaken.†

Another question arises in regard to the eating of flesh; it is the question whether or not man has a right to kill animals for his food. To the professed Christians who claim to believe in the Bible there seems to be no cause for any doubt, because the command is plain:

* According to the calculations made by Prof. J. v. Liebig, the same amount of albuminous substances for which, if in the form of animal food, is paid 100d., can be bought in the shape of peas for 9d., and in that of wheat for 4d.

† See Dr A. Kingsford: “The Perfect Way in Diet.”
"Thou shalt not kill." And yet this command is disregarded daily by millions of professed "Christians," who base their illusory right to kill animals upon a misunderstood verse of their Bible. If it is said that God permitted man to "have dominion over the fish of the sea, and over the fowls of the air, and over the cattle, and over every living thing that moveth upon the earth,"* we should know that by the terms "fish," and "fowls," and "cattle," &c., are meant the elementary forces of nature, who find their objective representations in the animal kingdom, and that it is nowhere said that man is permitted to take away a life which he is not able to give. Man's prerogative is to appease suffering, not to cause it; not to interrupt the work of evolution, but to assist it. Christianity and Murder are incompatible terms.

Meat is stimulating, and stimulating food creates a desire for stimulating drink. The best cure for the desire for alcoholic drink is to avoid the eating of meat. It is doubtful whether there is any passion in the world more devilish and more detrimental to the true interests of humanity and of individual happiness than the love of Alcohol. As meat-eating endows man with illusory strength, that soon fades away, leaving its possessor weaker than he was before; likewise stimulating drinks lull him into an illusory happiness, which soon disappears, and is followed by lasting and real misery, causing suffering to himself and to others. It causes a long list of diseases of the internal organs, and leads to premature death; it is the cause of by far the great majority of all crimes committed in civilized countries. To those who look upon man as a rational being, it seems incomprehensible why civilized nations will suffer an evil in their midst that fills their jails, hospitals, lunatic asylums, and graveyards; and why men will "put an enemy in their mouths" that destroys their health, their reason, and their life; but those who look deeper see that the dawn of reason has only begun, and that the spiritual faculties of the majority of men still sleep in the icy embrace of ignorance and illusion.

* Genesis i. 26.
Reforms are necessary, but they cannot be inaugurated by force.*

The body politic resembles the individual body. It is of no use to destroy the means to gratify a desire as long as the desire itself is suffered to exist. The evils that affect mankind are the outcome of their desires for such evils. Means to gratify evil desires will exist as long as they are patronised, and if they are abolished other means will be found. Weeds are not destroyed by cutting their leaves, if the roots are allowed to remain.

To eat and drink and sleep for the purpose of living, and not to live for the purpose of eating, drinking, and sleeping, is a maxim which is often heard, but which is not frequently carried out. A great deal of nutriment daily taken by men serves no other purpose than to comply with habit, and to gratify an artificially created desire. The more a man is gross and material, the greater is the quantity of food he desires, and the more food he takes the more gross and material will he become. Noble and refined natures require little nutriment, ethereal beings and "spiritual" entities require no material food.

The means should always be adapted to the end in view. If the end is low and vulgar, low and vulgar means will be needed; if it is noble and high, equally high and noble means are required. A prizefighter, whose main object is to develop muscle, will require a different training from that of one who desires to develop the faculty to perceive spiritual truths. Conditions that may be suitable for the development of one person may be impracticable for another. One man may develop faster through poverty, another through wealth; one man may need as his initial psychic stimulus the gentle and exalting influences of married life, while another one's aspirations may rise higher, if independent of earthly ties. Each man who exercises his will for the purpose of his higher development is, to the extent he exercises it, a practical occultist. Every one grows necessarily in one direction or in

* See Dr A. Kingsford: "The Alcoholic Controversy."

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another; none remain stationary. Those who desire to outstrip others in growth must act.

One of the Tibetan Mahatmas says in a letter:

"Man is made up of ideas, and ideas guide his life. The world of subjectivity is the only reality to him even on this physical plane. To the occultist it grows more real as it goes further and further from illusory earthly objectivity, and its ultimate reality is Parabrahm. Hence an aspirant for occult knowledge should begin to concentrate all his desires on the highest ideal, that of absolute self-sacrifice, philanthropy, divine kindness, as of all the highest virtues obtainable on this Earth, and work up to it incessantly. The more strenuous his efforts to rise up to that ideal, the oftener is his will-power exercised, and the stronger it becomes. When it is thus strengthened, it sets up a tendency, in the gross shell of Shula-sharira, to do such acts as are compatible with the highest ideal he has to work up to, and his acts intensify his will-power doubly, owing to the operation of the well-known law of action and reaction. Hence in Occultism great stress is laid on practical results.

Now the question is: What are these practical results, and how are they to be produced? It is a well-known fact, derived from observation and experience, that progress is the law of nature. The acceptance of this truth suggests the idea, that humanity is in its lower stages of development, and is progressing towards the state of perfection. It will approach the final goal when it develops new sensibilities and a clear relation with nature. From this it is obvious that a final state of perfection will be arrived at when the energy that animates man co-operates with the One Life operating in the Cosmos in achieving this mighty object; and knowledge is the most powerful means to that end.

Thus it will be clear that the ultimate object of nature is to make man perfect through the union of the human spirit with the One Life. Having this final goal before our mind, an intellectual brotherhood should be formed by uniting all together, and this is the only stepping-stone towards the final goal. To produce this practical result, union, we must hold up the highest ideal, which
forms the real man, and make others see that truth and act up to it. To lead our neighbours and fellow-creatures to this right path, the best means should be pursued with self-sacrificing habits. When our energy as a collective whole is thus expended, in working up to the highest ideal, it becomes potent, and the grandest results are produced on the spiritual plane. As this is the most important work in which every occultist should be engaged, an aspirant for higher knowledge should spare no efforts to bring about this end. With the progressive tide of evolution of the body as a whole, the mental and the spiritual faculties of humanity expand. To help this tide on, a knowledge of philosophical truths should be spread. This is what is expected from an aspirant for occult knowledge, and what he should do."

The will is developed through action and strengthened by faith. The movements of the body, such as walking, are only successfully performed by a person because he has a full and unwavering faith in his power to perform them. Fear and Doubt paralyze the will and produce impotency; but hope and faith produce marvellous results. The lawyer or physician who has no faith in his own ability will make blunders, and if his clients or patients share his doubts, his usefulness will be seriously impaired; whereas even the ignorant fanatic or quack may succeed, if he has faith in himself.

Bulwer Lytton says: "The victims of the ghostly one are those that would aspire and can only fear." Fear and Doubt are the hell-born daughters of ignorance that drag man down to perdition; while Faith is the white-robed angel that lends him her wings and endows him with power. "Samsayatma Vinasayati" (the doubter perishes), said Krishna to Arjuna, his favourite disciple.

Faith therefore, even without knowledge, may be more useful than imperfect knowledge without faith, and consequently without action. Strong faith, even if resting upon an erroneous conception, may act powerfully in producing results; faith produces an exalted state of the imagination, which strengthens the will, banishes pain, cures disease, leads to heroism, and transforms hell into heaven.
The only way to develop will-power is to act. Each act creates a new impulse, which, added to the already existing energy, increases its strength. Good acts increase the power for good; evil acts, the power for evil; but those whose actions are neither good nor evil acquire no power for either. A person who acts only from impulse manifests no will, and if he obeys his lower impulses he passively develops into a criminal or a maniac. The most horrible crimes are often committed without any proportionate provocation, because the perpetrators had not the power to resist the impulses that prompted them to such acts. Such persons are not, strictly speaking, wicked; they are weak and almost irresponsible beings; they are the servants of the impulses that control them, and they can be made the helpless instruments and victims of those who know how to call forth their emotions: they are like the soldiers of two opposing armies, who are not necessarily personal enemies; but are made to hate and kill each other by appeals to their passions. The oftener such persons give way to impulses, the more is their power of resistance diminished, and their own impotency is their ruin. It is of little use to be merely passively good, if abstinence from wrong-doing may be so called. A person who does neither good nor evil accomplishes nothing. A stone, an animal, an imbecile, may be considered good, because they do no active evil; a person may live a hundred years, and at the end of his life he may not have been more useful than a stone.*

There is nothing in nature which has not a threefold aspect and a threefold activity. The Will-power forms no exception to this rule. In its lowest aspect the Will is that power which induces the voluntary and involuntary functions of the physical organism; its centre of activity is the spinal cord. In its higher aspect it is the power which induces psychic activity; it is diffused through the blood which comes from the heart and returns to it, and its actions are governed, or can be governed, by intellect acting in the brain by means of

* "He who is neither hot nor cold, but lukewarm, will be spued out by nature."—Bible.
the impulses, influences, and auras radiating from there. In its highest aspect the Will is a living and conscious power having its centre in the heart; but this kind of Will is known only to those who are illuminated by Wisdom.

The will, to become powerful, must be free. If we desire an object, we do not necessarily attract that object, but the object attracts us. Eliphas Levi says: "The Will accomplishes everything which it does not desire;" and the truth of this paradox is seen in everyday life. Those who crave for fame or riches or love are frequently disappointed; the rich miser is poorer than the beggar in the street, and happiness is a shadow that flies before him who seeks it in material pleasures. The surest way to become rich is by being contented with what we have; the safest way to obtain power is to sacrifice ourselves for others; and if we desire love, we must distribute the love we possess to others, and then the love of others will descend upon us like the rain descends upon the earth.

The development of the Will is a process of growth, and the only true way to develop the Will is by being obedient to the universal Law. Then will we become masters of our Will, and our Will will become a serviceable instrument in our hands; but as long as the Will is governed by personal desire, it is not we who control our will, but it is our desire. As long as we do the will of the lower animal I, we cannot be gods; only when we perform the will of the Divinity within ourselves, we will become free of the bondage of the animal elements, and be our own masters.

Man in his youth longs for the material pleasures of earth, for the gratification of his physical body. As he advances, he throws away the playthings of his childhood and reaches out for something higher. He enters perhaps into merely intellectual pursuits, and after years of labour he may find that he has been wasting his time by running after a shadow. Perhaps love steps in and he may think himself the most fortunate of mortals, only to find out, sooner or later, that ideals can only be found in the ideal world. He may become convinced of the
emptiness of the shadows he has been pursuing, and like
the winged butterfly emerging from the chrysalis, he
stretches out his feelers into the realm of infinite spirit,
and is astonished to find a radiant sun where he only
expected to find darkness and death. Some arrive at
this light sooner; others arrive later, and many are lured
away by some illusive light and perish, and like insects
that mistake the flame of a candle for the light of the
sun, scorch their wings in its fire.

Life is a continual battle between error and truth;
between man's spiritual aspirations and the demands of
his animal instincts. There are two gigantic obstacles in
the way of progress: his misconception of God and his
misconception of Man. As long as man believes in a
personal God who distributes favours to some and
punishes others at pleasure, a God that can be reasoned
with, persuaded and pacified by ignorant man, he will
keep himself within the narrow confines of his ignorance,
and his mind cannot sufficiently expand. To think of
some place of personal enjoyment or heaven, does not
assist man's progression. If such a person desists from
doing a wicked act, or denies himself a material pleasure,
he does not do so from any innate love of good; but
either because he expects a reward from God for his
"sacrifice," or because his fear of God makes him a
coward. We must do good, not on account of any
personal consideration, but because to do good is best.
To be good is to be wise; the fool expects undeserved
rewards; the wise expects nothing but justice. The
wise knows that by benefiting the world he benefits
himself, and that by injuring others he becomes his own
executioner.

What are the powers of Man, by which he may benefit
the world? Man has no powers belonging to him. Even
the substance of which his organisation is made up, does
not belong but is only lent to him by Nature, and he
must soon return it to her. He cannot make any use of
it, except through that universal power, which is active
within his organisation, which is called the Will, and
which itself is a function of the universal principle, the
Spirit.
CREATION.

Man is merely a manifestation of this universal principle in an individual form, and all the spiritual powers he seems to possess belong to the Spirit. Like all other forms in nature he receives life, light, and energy from the universal fountain of Life, and enjoys their possession for a short span of time; he has no powers whatever which he may properly call his own.

Thus the sunshine and rain, the air and earth, does not belong to a plant. They are universal elements belonging to nature. They come and help to build up a plant, they assist in the growth of the rosebush as well as the thistle; their business is to develop the seed, and when their work is done, the organism in which they were active returns again to its mother, the Earth. There is then nothing which properly belongs to the plant but the seed, for it alone can continue to exist without the parental organism after having attained maturity, and in it is contained the character of the species to which it belongs.

Life, sensation, and consciousness are not the property of man; he does not produce them. They are functions of the universal Spirit and belong to that universal power, which has been called God. This Spirit, the One Life, furnishes the principles which go to build up the organism called Man, the forms of the good as well as those of the wicked. They help to develop the germ of Intelligence in man, called the “spiritual man,” and when their work is done, those elements, which have not succeeded in amalgamating themselves with this principle of Intelligence, return again to the universal fountain of Life. That germ of Divinity is all there is of the real man, and all that is able to continue to exist as an individual, and it is not a man, but a Spirit, one and identical with the Universal Spirit, and one of His children. How many persons exist in whom this divine germ reaches maturity during their earthly life? How many die before it becomes mature? How many do not even know that such a germ exists? Who can answer these questions?

To this Universal Principle belong the functions which we call Will and Life and Light; its foundation is Love,
a Fire to which nothing that can perish will ever approach. To this Universal Principle belong all the fundamental powers which produced the universe and man, and only when man has become one and identical with that Spirit can he claim to have any powers of his own.

But the Will of this Universal Spirit is identical with the Law, and man who acts against the Law acts against the Will of the Spirit, and as the Spirit is man's only real Self, he who acts against that Law destroys himself.

The first and most important object of man's existence is, therefore, that he should learn the law, so that he may obey it and thereby become one with the law and God. A man who knows the Law knows himself, and a man who knows his divine Self knows God.

The only power which man may rightfully claim his own is his Knowledge; it belongs to him because he has acquired it by the help of the powers, lent to him by nature and the Spirit which is active therein. Not the "knowledge" of the illusions of life, for such knowledge is illusive, and will end with those illusions; not mere intellectual learning, for that intellect will be exhausted in time; but the spiritual knowledge of the heart, which means the power to grasp the truth by feeling and understanding, to feel it intuitively, and to see that which we feel by the light of the spiritual intelligence of the mind.

What has been said about the Will is equally applicable to the Imagination. If man lets his own thoughts rest, and rises up to the sphere of the highest ideal, his mind becomes a mirror wherein the thoughts of God will be reflected, and in which he may see the past, the present, and future; but if he begins to speculate within the realm of illusions, he will see the truth distorted and behold his own hallucinations.

The knowledge of God and the knowledge of Man are ultimately identical, and he who knows himself knows God. If we understand the nature of the divine attributes within us, we will know the Law. It will then not be difficult to unite our Will with the supreme Will or the cosmos; and we shall be no longer subject to the influences of the astral plane, but be their masters.
Then will the Titans be conquered by the gods; the serpent will have its head crushed by Divine Wisdom (Sophia); the "devil" will be conquered, and instead of being ruled by demons, we shall become rulers and gods.

It is sometimes said that it does not make any difference what a man believes so long as he acts rightly; but a person cannot be certain to act rightly, unless he knows what is right, and we, therefore, see the most horrible acts of injustice committed in the name of justice, errors proclaimed as truths, and forms mistaken for principles. The belief of the majority is not always the correct belief, and the voice of reason is often drowned in the clamour of a superstition based upon an erroneous theological doctrine. An erroneous belief is detrimental to progress in proportion as it is universal; such belief rests on illusion, knowledge is based on truth. The greatest of all religious teachers therefore recommended Right Belief as being the first step on the Noble Eightfold Path.*

Perhaps it will be useful to keep in mind the following rules:

1. Do not believe that there is anything higher in the universe than the immortal principle of good obtaining self-consciousness in man, and that man is exactly what he makes himself—not what he pretends to be—and nothing else. The true religion is the recognition of truth; idols are playthings for children.

2. Learn that man is a component and integral part

* The eight stages on the noble eightfold Path to find the truth are, according to the doctrine of Gautama Buddha, the following:

1. Right Belief.
2. Right Thought.
3. Right Speech.
4. Right Doctrine.
5. Right Means of Livelihood.
6. Right Endeavour.
7. Right Memory.
8. Right Meditation.

The man who keeps these augas in mind and follows them will be free from sorrow, and may become safe from future rebirths with their consequent miseries.
of universal humanity, and that what effects one, acts and reacts on all.

3. Realise that man is an embodiment of ideas, and his physical body an instrument which enables him to come into contact with matter and control it; and that this instrument should not be used for unworthy purposes. It should neither be worshipped nor neglected.

4. Let nothing that affects your physical body, its comfort, or the circumstances in which you are placed, disturb the equilibrium of your mind. Crave for nothing on the material plane, live about it without losing control over it.

5. Never expect any favours from anybody, but be always ready to assist others to the extent of your ability, and according to the requirements of justice. Never fear anything but to offend the moral law and you will not suffer. Never hope for any reward and you will not be disappointed. Never ask for love, sympathy, or gratitude from anybody, but be always ready to bestow them on others. Such things come only when they are not desired.

6. Learn to distinguish and to discriminate between the true and the false, and act up to your highest ideal of virtue.

7. Learn to appreciate everything (yourself included) at its true value in all the various planes. A person who attempts to look down upon one who is his superior is a fool, and a person who looks up to one who is inferior is mentally blind. It is not sufficient to know of the worth of a thing, its worth must be realised; else it resembles a treasure hidden in the vaults of a miser.

Louis Claude de Saint Martin (the Unknown Philosopher) says:

"This is what should pass in a man who is restored to his divine proportions through the process of regeneration:

"Not a desire, but in obedience to the law.

"Not an idea, which is not a sacred communication with Good.

"Not a word, which is not a sovereign decree.

"Not an act, which is not a development and extension of the vivifying rule of the word."
"Instead of this, our desires are false, because they come from ourselves.

"Our thoughts are vague and corrupt, because they form adulterous alliances.

"Our words are without efficacy; because we allow them to be blunted every day by the heterogeneous substances to which we continually apply them.

"Our acts are insignificant and barren, because they can but be the results of our words."

Such and similar instructions are nothing new; they have been pronounced in various forms by the philosophers of all ages, and have been collected in books, and men have read them without getting any better for it, because they could not intellectually see the necessity for following such advice. These doctrines have been taught by the ancient Rishis and Munis, by Buddha and Christ, Confucius, Zoroaster and Mahomed, Plato, Luther and Shakespeare, and every reformer. They have been preached in sermons, and are written in poems and prose, in works of philosophy, literature, fiction, and art. They have been heard by all, understood by some, and practised by a few. To learn them is easy, to realise them is difficult, to adopt them in practical life is divine. The highest spiritual truths cannot be intellectually grasped, the reasoning powers of half-animal man cannot hold them until they become accustomed to them; average man can only look up to those ideals which are perceptible to his spiritual vision in moments of aspiration, and only gradually can he grow up into that plane when, becoming less animal and more intuitive, he will be able to realise the fact that moral growth is not necessary to please a god whose favour must be obtained, but that man himself becomes a god by that growth, and that he can stimulate it only by making his energies act on a higher plane. The highest energies are latent in the lower ones; they are the attributes of the spiritual soul, which in the majority of men is still in a state of infancy, but which in future generations will be more universally developed, when humanity as a whole, having progressed higher, will look back upon our present era as the age of ignorance and misery, while they themselves will enjoy the fruits of the higher evolution of Man.
CHAPTER XI.

LIGHT.

"Let there be Light."—Bible.

FORM, personality, and sensuality are the death of spirit; the dissolution of form, loss of personality and unconsciousness of sensuous perceptions, render spirit free and restore it to life. The elementary forces of nature, bound to forms, become the prisoners of the forms. Being entombed in matter they lose their liberty of action and move only in obedience to external impulses; the more they cling to form, the more dense, compact, heavy, and dull will they become, and the less will be self-acting and free. Sunlight and heat are comparatively free; their elements travel from planet to planet, until they are absorbed by earthly forms. Crystallized into matter they sleep in trees and forests and fields of coal, until they are liberated by the slow decomposition of form, or forcibly set free by the god of fire. The waves of ocean and lake play joyfully with the shore. Full of mirth they throw their spray upon the lazy rocks. The laughing waters of the wandering brook glide restlessly through forest and field, dancing and whirling and playing with the flowers that grow by the side of their road. They rush without fear over precipices, falling in cascades over the mountain sides, uniting, dividing, and uniting again, mingling with rivers and resting at last for a while in the sea. But when winter arrives and King Frost puts his icy hand upon their faces, they crystallize into individual forms,
they are then robbed of their freedom, and like the
 damsels and knights of the enchanted castle, they are
doomed to sleep until the warm breath of youthful
Spring breaks the spell of the sorcerer and kisses them
back into life.

The fundamental laws of Nature are the same in all
her departments, and man forms no exception to the
general rule. He is a centre around which some of the
intelligent as well as some of the unintelligent forces
have crystallized into a form. Bound by the laws of
the Karma which that centre created, they are doomed
to dwell in a form, and to partake of the accidents to
which forms are exposed; imprisoned in a personality,
they partake of the sufferings which the tendencies of
that personality have called into existence. They may
be exposed to desires whose thirst increases in propor-
tion as they are furnished with drink, to passions whose
fire burns hotter in proportion as their demand for fuel
is granted, they are tempted to run after shadows that
ever fly, to grasp at hopes that ever beckon and vanish
as soon as they are approached, to sorrows that enter
the house although the doors may be closed against
them, to fears whose forms have no substance, to illu-
sions that disappear only with the life of the form.
Like Prometheus bound to a rock, the impersonal spirit
is chained to a personality, until the consciousness of his
herculean power awakes in him, and bursting his chains
he becomes again free.

Not all the elements that go to make up a complete
man are enclosed in his material form. The far greater
part of them is beyond the limits of his physical body;
the latter is merely a centre in which those invisible
elements meet. The elements that exist beyond stand
in intimate relation with those that are within, although
the elements within the form may not seem to be con-
scious of the existence of those beyond. Still they act
and react upon each other.

The mind of man is far more important than his
physical form. Thought can create a form, but no form
can produce a thought; and yet the substance of thought
is invisible as long as it has not clothed itself in a form.
Air exists within and beyond the physical body; it is invisible and yet it is an important element of the body, a man who could not breathe would be very incomplete. The ocean of mind in which man exists is as necessary to his soul-life as the air is to his body, he cannot breathe if deprived of air; he cannot think if deprived of mind. The outer acts upon the inner, the inner upon the outer, the above upon the below, and the little upon the great. A man who could live independent of his surroundings would be self-existent, he would be a god.

The spirit is not confined by the form, it only overshadows the form; the form does not contain the spirit, it is only its outward expression; it is the instrument upon which the spirit plays, and which reacts upon its touch, while the spirit responds to its vibrations. An ancient proverb says: "Everything that exists upon the Earth has its ethereal counterpart above the Earth, and there is nothing, however insignificant it may appear in the world, which is not depending on something higher; so that, if the lower part acts, its preceding higher part reacts upon it." *

The greatest philosophers in ancient times taught that the υμε that alone recognised noumena, always remained outside the physical body of man; that it overshadowed his head, and that only the ignorant believed it existed within themselves. Modern philosophers have arrived at similar conclusions. Fichte writes: "The real spirit which comes to itself in human consciousness is to be regarded as an impersonal pneuma—universal reason—and the good of man's whole development therefore can be no other than to substitute the universal for the individual consciousness."

The greatest of all teachers, Gautama Buddha, says: "The permanent never mingles with the impermanent, although the two are one. Only when all outward appearances are gone, is that one principle of life left, which exists independently of all external phenomena. It is the fire that burns within the external light when the fuel is expended and the flame is extinguished, for

* Sohar Wajecae.
that fire is neither in the flame nor in the fuel, nor yet inside either of the two, but above, beneath, and everywhere."

This real and permanent Self is an impersonal principle. Hermes Trismegistus says: "His father is the Sun, his mother the stars, and his body the generations of men." It is the "sixth principle" of the Occultists; it is not attracted into the physical body of man, but the soul of man may unite itself with that principle. It is the real Ego of every person, and the person who succeeds to merge his personality into that Ego is thereby rendered immortal. It is the true and living Christ of the real Christians, not the dead Jesus, but the living Saviour who remains with his followers unto the end of the world; and everyone who unites his own self with that Christ—no matter what his creed or confession may be—will become as true and veritable a Christ as ever lived upon the Earth. It is the λεγός of the ancients, the Adam Kadmon of the Hebrews, the Osiris of the Egyptians, the Iswar of the Hindus, the way, the light, and the truth, the divine Self of every man and the Redeemer for all.

The whole of a man is not enclosed within the small circle that circumscribes his terrestrial life. He who has found the Master within himself knows the true insignificance of his own personal self. The life of the latter is made up of a comparatively small number of years passed among the illusions of the terrestrial plane; the life of the former is made up of the essence of a great many of such lives, he has retained of them only that which is useful and grand, while the worthless parts have been rejected. He who has once realised the presence of his God laughs at the idea of having ever imagined himself to be something more than a bundle of semi-conscious elements from which the Higher Self may draw nutriment, if it finds anything therein compatible with its own nature. What is all the power and glory of earthly kings compared with the divine Man, the King in the realm of the soul? What is all the science of this earth but nonsense, if compared with the self-knowledge of the regenerated man? Well may he
who has welcomed the Lord in his soul be willing to renounce money, power and fame, terrestrial loves and all the illusions of life, if it can be called "renunciation" to refuse to touch things upon which one looks with indifference, if not with contempt. How can he, who has never seen the image of the true Saviour, in his heart love Him, and how can he who has once beheld it cease to love and adore Him with his whole mind and with all the faculties of the soul? But such things are too sacred to be divulged; they will not be understood by those who cannot yet rise above limitation; let those who know the things of which we have attempted to write rejoice and worship in silence.

He who has succeeded in merging the elements constituting his soul with that divine and ethereal higher self will feel its power in his own heart. This principle baptizes his soul with fire, and he who receives this baptism of fire is ordained a priest and a King. He who is full of its influence is the true "vicegerent of God," because the supreme power of the universe acts through his instrumentality. This principle fills his person with a peace "which passeth understanding," attracts the hearts of men to him, and sheds blessings upon every one who approaches his presence. It forgives the sins of men, by transforming them into other men who have not sinned and need not to be forgiven; it does not require to hear confession to give advice, because it can read the innermost thoughts of every man, and its admonishing voice is heard in the heart that has learned to understand its language. The development of the power to perceive it confirms men's faith by enabling them to recognize that to be true, which they heretofore only believed to be so, and being taught by the truth itself, they can make no mistake; it communicates with man—not by being absorbed by man, but by absorbing the soul of man into itself; it brings the dying to life, because, being immortal, he who is united with it partakes of its own immortality; the marriages it celebrates can never be dissolved, because in this principle all humanity is bound together to one indissoluble whole; to separate from it would be
death to the part that separates itself from the whole. The sphere in which this principle still lives is the sphere of eternal life; it is the only true and infallible "church," and its power cannot be taken away. This church is truly "catholic," that is to say, universal, nothing can live without its jurisdiction, because nothing can continue to exist without the authority of life. Still it has no particular name, requires no fee for initiation, no ceremonies or rites. Heathens and infidels may enter it without changing their creed; opinions cease to exist where the truth is revealed.

But this true principle of Christ is not the Christ of popular Christianity; it has long ago been driven away from the modern Christian temples, and an illusion has remained in its place. The money-changers and tradesmen have again taken possession of the temple of mind, sacrificing the life-blood of the poor at the altars of wooden gods, closing their eyes to the truth and worshipping tinsel, squandering the wealth of nations for the glorification of self. The true "Son of Man" is still scoffed at by his nominal followers, traduced by his pretended friends, crucified by men who do not recognize in him the only source of their life. Killed by men in their own hearts, ignorantly and foolishly, because they do not know what they are doing, and that their own life-substance departs at the time when he departs from their life.

Modern civilization adores the religion of selfishness and rejects the gospel of love; she debases her own dignity by crouching at the feet of idols, where she should stand up in her own dignity and purity as the queen of the whole creation. Humanity is still dreaming and has not yet fully awakened to life. She searches for a god whom she does not know, and cannot realise the fact that in herself is that god, and that there can be no other god besides him. Men and women clamour for the coming of a god, and yet this god is ever ready to come as soon as he is admitted into the heart.

This unknown god is attainable to all. It is a principle ever ready to be born in every heart where the
conditions for its birth are prepared. It always begins to come to life in a "manger" between the elemental and animal forces in man. It can only be born in a lowly place, because pride and superstition are its enemies, and in a heart filled with vanity it would soon suffocate. The news of its birth sends a thrill of pleasure through the physical body, and the morning stars sing together for joy, heralding the dawn of the day for the resurrection of the spirit. The three magicians from the East, Love, Wisdom, and Power, appear at the manger and offer their gifts to the new-born babe. If Herodes, the king of pride and ambition, does not succeed in driving it out of the country, it begins to grow, and as it grows its divinity becomes manifest. It argues with the intellectual powers in the temple of the mind and silences them by its superior knowledge. It penetrates into mysteries, which intellectuality, born of sensual perceptions, cannot explain. Greyheaded material science, sophistry hoary with age, old logic based upon misconceptions of fundamental truths, give way, and are forced to acknowledge the wisdom of the half-grown god.

Living in the wilderness of material desires, it is vainly tempted by the devil of selfishness. It cannot be misled by personal considerations, because being impersonal it has no personal claims. The "devil" can give to it nothing that it does not already possess, because being the highest it rules over all that is low.

This principle is the first emanation of The Absolute. It is the "only-begotten son" of its father, and it is as old as the father, because the manifested Absolute could only become a "father" at the time when the "son" was born.* It is the living Word, and every man is a Christ, in whom the "son of god" becomes manifest. It is the divine self of every man, his own original ethereal counterpart without any infirmities, because the latter only belong to the form. It is not a personality, but it may become individualised in man and yet remain in its essence impersonal, a living principle, ubiquitous, incorruptible, and immortal. This is the great mystery before which the intellect, reasoning from particulars to

* Bible: St John i. 1; Hebrews i. 3.
universals, stands hopelessly still, but which the soul, whose inner spiritual perceptions are alive, beholds with astonishment and wonder. The spirit is formless and cognises the formless; the intellect is connected with form and can only comprehend the formless by the help of the spirit. The intellect deals with the finite, and can only grasp the infinite, if illuminated by that very principle whose existence it doubted before the illumination took place.

As long as the wavering intellect doubts the existence of spirit, it cannot become conscious of its existence, because only the steady light of unclouded reason can penetrate into the depths where the spirit resides. Mere "belief" is a confession of ignorance; true faith is based upon conviction. But we cannot be convinced of the existence of something we do not know, and of which we are unconscious, except by becoming conscious of its existence. Consciousness, knowledge, and realisation of the existence of something can only begin at the moment when that something begins to become conscious within ourselves. We may search for the god within us, but we cannot artificially bring him to life. We can prepare the conditions under which he may awake to consciousness within ourselves, by divesting the mind from all emotional and intellectual predilections and prejudices, and when the divine principle has awakened within us, then has arrived the moment of "grace." Such a grace is not a favour conferred by a partial, whimsical, and personal god, it is the effect of a strong desire, which has the power to grant its own prayers, and if that desire does not exist, it is useless to pray. As well may an acorn enclosed in a stone pray to be developed into an oak as a man whose heart is filled with desires for the low ask to become conscious of the high. To put implicit belief in the statement of bonze or priest is weakness, to enable ourselves to recognise the truth is strength, to arrive at conviction through knowledge confers the only true faith.

Tennyson speaks of the beginning of true faith when he says —

"We have but faith, we cannot know,
A beam in darkness, let it grow."
When the beam has grown, it constitutes spiritual knowledge, which is identical with the living faith.

When the divine and impersonal principle begins to become conscious in the personal man, it acts upon him from the five points of attraction, represented by the five-pointed star, and in Christian symbology by the cross. The body begins to feel new sensations, the pulse begins to throb with more vigour, the animal forces stirred up in their "hells" by the arrival of "Christ" become more active, pains may be experienced in the head, the palms of the hands, and the soles of the feet, and in other parts of his body, and the candidate for immortality—whether he be a Christian, a Turk, a Brahmin, a Jew, or an Infidel—may thus physically experience the process allegorically represented in the martyrdom of Christ.* The interblending of the immortal with the mortal will necessarily cause suffering to the latter until the lower elements are entirely subjected and rendered unconscious, when his heart (his soul) will still contain blood (the earthly element) and water (of life), but the material fire that rendered these elements conscious will have departed.†

There is no salvation except through suffering; pains accompany man's entrance into the world, pains accompany his spiritual regeneration. The low must die so that the high may live, and as the low is gifted with consciousness and sensation, it suffers acutely during its transformation. Only he who has tasted the bitterness of evil can fully realise the sweetness of good, only he who has suffered the heat of the day can fully appreciate the cool of the evening breeze. He who has lived for ages in darkness will know the true value of light when he enters its realm; he who has been buried in illusions will rejoice when he rises up into real knowledge.

What is true in regard to individual man is equally true in regard to humanity as a whole. Christ, the

* The above remark does not refer to stigmata, which are a result of a state of exalted imagination, while the pains referred to are the result of the penetrating power of the spirit, infusing a new life into the physical form.
† Bible: John xix. 34.
divine principle in the kingdom of Spirit, impelled by the infinite love that radiates from the centre of the All, eternally descends into the hearts of mankind, to partake of their suffering and to show them the way to perfection. Compared with the "ram" of the intellect whose power resides in his horns, he is the "lamb" of wisdom, having no will of his own, but doing the will of the Father. He takes upon His shoulders the sins of the world, for He Himself is without sin, He can gain no personal benefit by His descent into matter; being perfect Himself, He needs no further perfection; it is the sins of men and women that induce Him to shed His love and light and life into humanity. He suffers with all mankind, He suffers with them on account of their sins; and as men and women become conscious of His divine presence, they become aware not merely of their own individual evils, but of the sufferings of humanity as a whole; they begin to suffer with and for each other, they recognise in the Christ principle the universal link that binds them all together into one harmonious whole by the power of infinite Love.

Realising their true nature as sons of the eternal God, they die to all that is animal and low, and the more they die to the latter the more will they become alive in the spirit, wherein exists the only true, real, and immortal life. The motto of the ancient Rosicrucian fraternity was: *In Deo nascimur, in Jesu morimur, reviviscimus in Spiritu Sancto*; that is to say, their souls, like those of all other men, were born from the universal fountain of all Good; they died to their semi-animal natures by entering into the spiritual body—"the church"—of Christ, and becoming one with the Christ spirit, they gained eternal life by being penetrated, illuminated, and glorified by its divine light. Their "church" had nothing whatever to do with any external church organisation; the temple wherein their spirits met and held holy communion of thought, was the universal temple of the Holy Ghost, representing Love, Wisdom, and Sanctity, and they symbolised it by a circle, representing the sphere of thought, wherein Mercury (Intelligence) and Venus (Love) were joined together.
These ideas are not new, they have not come into existence with the advent of modern Christianity; they are eternal truths, as old as the world, and they have been represented in various fables and allegories among the nations of this globe. In the "Old Testament" we find the doctrine of salvation represented in the story of Noah's ark. Noah represents the spiritual man, and the ark the spiritual church. Only those elements of the psychic organism of man which enter the spiritual realm are saved, while those who remain in a lower state are doomed to destruction. Upon the waters of thought floats the ship containing many compartments; the window of knowledge is open to enable the divine Man to look out upon the watery waste. The intellectual raven is sent out to discover dry land, but it can find no place to rest, and returns to the ark; the dove of spiritual intelligence alone can find solid ground in the realm of the spirit; she returns with the emblem of peace, the doubts recede, and the ark is turned into a temple resting upon the top of the mountain of knowledge.

Blessed is he whose ark during his terrestrial life is guided upon this Ar-ar-at of Faith; it will enable him patiently and with indifference to bear the ills of terrestrial life until the soul is released from her bonds, and returns to her home in the eternal kingdom, having become separated from all the attractions of matter.

After this separation, Isis, the goddess of nature, the mother of his body, an ever-immaculate virgin, Mary,* will take care of her son. The life-principle which was active in him during his earthly existence will be laid in a new sepulchre, "wherein was man never yet laid," it will be transferred and embodied in new vegetable or

* Maja (Illusion).
animal forms.* Entering again into the wheel of transformation and evolution, it may help to produce grain, and assist in the growth of the grape; hidden in bread and wine, it may again enter the human form; but the soul, having partaken of the immortal life of the spirit, will have become self-existent in God, and suffer no further migrations. He who partakes of material food enters into communication with the life-principle of nature, while he who assimilates his nature with the spiritual principle, becomes one with the spirit that constitutes his higher self, communicates with the real Christ.

In the ancient mysteries the ceremony called the transfiguration and communion was performed in a similar manner as it is now taking place in the Christian churches. The initiator presented bread and wine to the candidate before the final revelation was made. This ceremony represents the descent of the spirit into matter, by which the soul is at once nourished with the "bread of life," and stimulated into a higher kind of spiritual activity by the "wine of divine love," and its efficacy will be proportionate to the receptivity of the mind of the candidate.

The great Christian mystic, Jacob Boehme, says: "What we eat or drink affects merely the physical body, but does not affect the spirit. That which the ceremony symbolises exteriorly must take place interiorly, else the ceremony will be of no use. Those who wish to commune with the spirit must rise up to it in their thoughts; the high will not come down to mingle with that which is low."

Thus it seems that the original Christian allegory was intended to describe an occult process, which must have been known long before the establishment of the external Christian church. It is based upon an universal law of nature, and as such it must have existed as long as humanity existed. The Indian Yogi,† who, by the practice of Yog,† unites his lower self with his higher self; the Brahmin, who by meditation and study merges his Atma with the universal Parabrahm; the Buddhist who

† "To bind."
attempts to annihilate his lower self that his formless self may be absorbed in Nirvana, all follow the same process; but the ignorant, whether they may call themselves Brahmins, Buddhists, Christians, or anything else, and who look upon the allegorical representations of natural and "supernatural" forces described in pictures and books, as being the images of existing personal deities, are idolators.

How much more grand and sublime is practical Christianity than the mere theoretical christianism of our times! How superior is knowledge to mere opinion and belief, how infinitely greater the living spirit of Christ to the historical person whose memory is worshipped by those who cling to symbols and fables, and cannot rise up to a realisation of spiritual facts! Why do men close their eyes and grope in darkness while they are surrounded by light, why do they cling to death when the door of immortal life is open before them?

Those who cling to external ceremonies without knowing the meaning of the latter, cling to illusion. To convert an ignorant person by substituting one form of illusion for another is useless, and the money and labour expended for such "conversions" is wasted. Ignorance exchanged for ignorance remains ignorance still; a change of opinion cannot establish conviction, and a pretence to knowledge does not make a man wise.

If a man knows the truth, it matters little by what name he may call it, or under what form he may attempt to express that which cannot be made into form. The Buddhist, who looks upon the image of Buddha as a figurative representation of a living principle, and who, in memory of a once living person in whom that principle found its fullest expression, and whose example he wishes to follow, offers flowers and fruits at his shrine, is as near the truth as the Christian who sees in the picture of Jesus of Nazareth the representation of his highest ideal.

There has been a great deal of time and labour spent to prove or disprove that the founder of Christianity was a person living in Palestine at the beginning of the Christian era. To know whether or not such a person
by the name of Jesus, or perhaps Jehoshua, ever existed, and whether he existed at the time indicated by theologians, may be a matter of great historical interest, but it cannot be of supreme importance for the salvation of Man; because persons are only forms, and as such they are limited and parts of the whole, and the whole cannot be subordinate to the part. If the man described as Jesus in the New Testament lived, he was undoubtedly an Adept, and as such he was a true "Son of God," because every one in whom the spirit of God awakens to consciousness is a Son of God* and an incarnation of the Word. For all we know, he may have been the most perfect incarnation of the spirit of truth that ever existed, but the truth existed before the person was born, and it is not the belief in the person that can save mankind from evil, but the recognition of the truth, of which the outward form can be nothing else but the external expression. Those who believe in the still living eternal spirit of Christ, whether they believe in His person or not, are the true worshippers, but those who do not follow His words, but believe in His person, worship only a form without life—an illusion.

The doctrines of the Jesus of the Gospel grow in sublimity in proportion as their secret meaning is understood; the tales of the Bible in regard to His deeds and the miracles which He performed, and which to the superficial observer appear incredible and absurd, represent eternal truths and psychological processes which are not merely things of the past, but which occur even now within the realm of the soul of man, and in proportion as man ceases to be a "Christian," and comes nearer to Christ, veil after veil drops from his eyes, and a new life awakens in him, and a new and infinite vista of thought rises up before his astonished eyes.

The theory of the redemption of man does not date from the time when the historical Christ is supposed to have been born. The history of Christ finds its prototype in the history of Krishna. The Greeks taught the redemption of the soul under the allegory of Amor and Psyche. Psyche (the human soul) enjoys the embraces

* Revelations xx. 7.
of her divine lover Amor (the sixth principle) every night. She feels his divine presence and hears the voice of intuition in her heart, but she is not permitted to see the source from which that voice proceeds. At a time when the God is sleeping (when the voice of her intuition is silent) her curiosity awakes and she wishes to see the god. She lights the lamp of the intellect and proceeds to examine critically the source of her happiness; but at that moment the god disappears, because the clouds and illusions created by her lower intellectual powers hide the higher spiritual truths from view. Despairingly she wanders through the lower regions of her emotions and through the sphere of sensual perceptions. She cannot find her god by the power of reasoning from the material plane. Ready to die, she is saved by the power of her love for her redeemer; that attracts her to him. She follows that attraction and becomes united with him, no more unconsciously but conscious and knowing his attributes, which are now her own.

Modern Christianity has not destroyed the Olympian gods. They were allegorical representations of truths, and truths cannot be killed. The laws of nature are the same to-day as they were at the time of Tiberius; Christianism has only changed the symbols and called old things by new names.

Thus that which was formerly called "Christos" (The anointed one) is now called "Christ;" "Ceres," the productive power in nature, has been transformed into the virgin-mother "Mary," and the dead heathen gods have been resurrected in the form of Roman Catholic saints.

Modern writers have represented the same old truths in other forms, in prose and in verse. Goethe—for instance—represents it beautifully in his "Faust." Dr Faust, the man of great intellect and celebrated for his learning, in spite of all his scientific accomplishments, is unable to find the truth.

"The unknown is the useful thing to know; That which we know is useless for our purpose."
LIGHT.

Despairing at the impotency and insufficiency of intellectual research, he enters into a pact with the principle of evil. By its assistance he attains wealth, love, and power, he enjoys all that the senses are capable to enjoy, still feeling intuitively that selfish enjoyment cannot confer true happiness. Neither the splendour of the imperial court, nor the beauty of Helen of Troy, who returns from the land of shadows at his request, nor the orgies of the Blocksberg, where all human passions are let loose without restraint, can satisfy his craving for more. Lord of the Earth, he sees only a single hut which is not yet his own, and he takes even that, regardless of the fate of its inhabitants. Still he is not satisfied until, after having recovered a part of land from the ocean by his labours, he contemplates the happiness which others may enjoy by reaping the benefit of his work. This is the first unselfish thought that takes root in his mind. It fills him with extreme happiness, and in the contemplation of the happiness of others his personality dies and his higher self becomes glorified and immortal.

Truth knows that it is, but it cannot intellectually and critically examine itself unless it steps out of itself, and, stepping out of itself, it ceases to be one. The eye cannot see itself without the aid of a mirror; good becomes only known to us after we have experienced evil, to become wise we must first become foolish and eat the forbidden fruit. An impersonal power not having been embodied in a form, would know that it exists, but would know nothing more. To learn the conditions of existence it becomes embodied in form and acquires knowledge; having gained that knowledge, form is no longer required.

The desire for personal existence imprisons the spirit of man into a mortal form; he who during his life on Earth conquers all desire for personal existence becomes free. The divine Buddha, resting under the Boddhí-tree of wisdom, and having his mind fixed on the chain of causation, said: "Ignorance is the source of all evil. From ignorance spring the Sankharas (tendencies) of threefold nature-productions of body, of speech, and thought (during the previous life); from the Sankharas
springs (relative) consciousness, from consciousness
spring name and form, from this the six regions (the
six senses); from this springs desire, from desire attach-
ment, from attachment existence, birth, old age, death,
grief, lamentation, suffering, dejection, and despair.
By the destruction of ignorance the Sankharas are
destroyed, and their consciousness, name, and form, the
six regions, contact, sensation, desire, attachment, exist-
ence, and its consequent evils. From ignorance spring
all evils, from knowledge comes cessation of this mass of
misery. The truly enlightened one stands, dispelling
the hosts of illusions like the sun that illuminates the
sky."

The power which diffuses the sense of personality is
the same which caused the existence of man; it is the
power of love, and the more the love of a person expands
over all others the more will the consciousness of per-
sonality be diffused. We esteem a person according to
the degree in which he prefers common interests to the
interests of his own personality. We admire generosity,
and unselfishness, and benevolence, and yet such quali-
ties are absurd and useless, if we believe that the highest
object of man's existence is his own personal happiness
on the physical plane; because the highest happiness in
that plane consists in the greatest amount of possessions
pertaining to that plane. To give is to experience a
personal loss. But if the man strives for impersonal
power, to give away personal possessions will be his
gain, because the less he is attracted to personal
possessions the more he will expand his personality.
To give with the view of expecting some benefit in
return is useless for such a purpose, because a person
having such an object in view simply gives up one
personal possession for another. He is a tradesman
that clings to his goods, and is only willing to part
with something good provided he can get something
better in exchange.

Neither the white nor the black magician has any
such personal considerations. The inveterate villain
does not obey his selfish emotions, but controls them
and creates emotions in others which they cannot resist,
and in this way he makes others accomplish his purpose. He hates whom he chooses to hate, and his will, if directed against the person he hates, is freighted with evil. His touch may bring disease, and his evil eye may be poison to persons who, having very little will-power of their own, are unwilling to resist its influence. The emotions which he calls forth attract to themselves corresponding elements; he enters into co-operation with the evil forces of the astral plane, whom he either commands or propitiates, or he makes a compact with them by gratifying their evil desires and invoking their aid. Instead of expanding his powers, he concentrates them into a focus. His will is rather forcible than powerful, and is sometimes rendered so by certain practices, such as the careless endurance of physical pain, and by such ceremonies as may assist his imagination. The energies which he accumulates in his astral body may continue to exist long after the death of his physical body, until they are exhausted by suffering and disintegrated in the astral plane. He opposes his individual will to the cosmic will, and the result is isolation and death.

The white magician strengthens and expands his will-power by bringing it into harmony with the universal will. Not to counteract, but to assist the process of evolution, is his object, and as the progress of the evolution in nature is towards unity, the first manifestation of his will is a universal love for humanity, and each act by which he expresses this love strengthens his will. To unite one's will with the universal will does not mean a merely passive contemplation and perception of spiritual truths, but an active penetration into the process of evolution, and a real co-operation with the beneficent powers, the master-builders of the sidereal universe.

Such a union is not produced by an inactive acquiescence with the decrees of an inexorable fate, and patient indifference to whatever may happen; much less by a submission of one's will to the dictates of another person who claims to be furnished with divine authority, but by a strong determination to accomplish whatever is
in our power for the good of humanity, and by expressing that determination through action.

A man may surrender his will to the will of another man, if he believes the latter to be more wise than himself; and by doing so he may become strong in mastering his own self; but he should never surrender his reason and never act contrary to the dictates of his conscience. The convent discipline of the Middle Ages may have been conducive to strengthen the will-power of those that were subjected to it, but it was destructive to reason, and instead of gods imbeciles were created.

According to the unselfishness and the spiritual power of a person his individual influence may extend over a family, a village, a town, a country, or over the whole Earth. Every one desires influence, and seeks to obtain power by obtaining wealth and position. But the influence gained by such possessions is not individual power. A fool may be a pope, a king, or a millionary, and people may bow in obedience before him on account of his position and wealth. They may despise his person and adore his possessions, which he himself adores, and to which his person is as subject as the lowest one of his slaves. Such a person is not a commander; it is his wealth that commands him and the others. His wealth in such a case is the reality, and he himself an illusion. When his wealth is squandered his own personality disappears, and those who used to crouch at his feet may spurn him away from their table. The spiritual power of a person is independent of such artificial aids; a virtuous person is esteemed in proportion as his qualities become known, and the spiritually strong exerts a powerful influence over all his surroundings.

To this class belong all those who have risen above the crowd by the power of their own will and intelligence, and not in consequence of merely external circumstances, such as are conveyed by birth, money, or favouritism. It is the internal qualities of a man, and not merely his external possessions, that are constituting his virtue.

Opposed to love is hate. Hate is love reversed; it is the opposite pole of the same power that in its manifes-
tation for good is called love, and in its manifestation for evil is named hate. Hate, like love, is an impersonal power, and the being whose consciousness of personality is merged into hate becomes himself an impersonal power for evil, and as such he may cause evil. His impersonal self may be, to a certain extent, as powerful for evil as the impersonal self of him who employs his faculties for good, but at the end, when the tension between the two poles will have reached its natural limits, the law of justice will prevail with the good.

The reason why love must prevail over hate is because love being associated with wisdom is stronger than hate. Love unites and attracts all; it even converts hate into love by the power of truth. Hate disunites and repulses. Love is related to wisdom, and hate is based on ignorance. Both are enduring and independent of form, but only that which is good and wise is immortal. Wisdom is therefore the true Redeemer of good, and at the same time the destroyer of evil. Love, acting from the centre to the periphery, destroys the consciousness of personality and elevates the soul over the attraction of the Earth, expanding the limits of its activity as it increases in power. Tending downwards from the periphery to the centre it produces form, personality, selfishness, unconsciousness, and death. Awakening again in the form it expands and grows again, and attracting the most refined and spiritual elements of the form within itself it saves them from the tomb of matter and resurrects them from the form.

Man may be compared with a planet revolving around its own centre; above the orbit in which he turns is light, below is darkness, but his own personality is crystallized in the centre. The light above and the darkness below attract him, and both are filled with life and strong power; only in the centre is the material form, held together by the cohesion of selfish attractions, rendered unconscious and immovable by its density, chilled by its remoteness from the spiritual sun. The farther he travels from that centre, the more will he approach the light or the shadow, and having reached a certain point at which the attraction of his personal
self ceases, he will either rise up to the source of light or sink into the shadow, according to his tendencies which lead him to permanent good or to permanent evil. A change from darkness to light, from evil to good, is only possible as long as man, in his revolutions around the centre of his own self, has not transcended the orbit where the attraction of self ceases and where the attraction of light and shadows counteract each other. Having transcended that orbit, no return is possible, he has then committed the unpardonable sin which only the impersonal man can commit; because personal man, being bound to a form, and under the influence of love for self, is not free to act as he pleases. As long as he clings to self he acts ignorantly and under the pressure of selfish considerations. Mistaking the low for the high, he clings to the low and perishes with it. Only he who has attained the knowledge of self will be able to choose free, because he will know the nature of that which he chooses; the blind have no freedom of choice. Only at the end, when all will have attained knowledge and freedom, will be the final resurrection of humanity, as a whole, the parting of light and shadow, and the restoration of good. Then will be the day of Judgment referred to in the Revelation of St John, when after the ending of the seventh round of the life-wave around the planetary chain the "bottomless pit" will be opened and the good and evil will part. But no personal judge may be there, nor any persons that could be judged, but only the power of good and evil, of which former personalities constitute an integral part, and the power of the law.*

The unpardonable sin is to knowingly and wilfully reject spiritual truth. In a certain sense all sins are "unpardonable," because they all cause effects, which have to become exhausted before they can cease; but if a person knowingly and wilfully, without any selfish considerations rejects the truth, it proves that he has a determinate preference for evil, that he loves evil better than good, and that he is therefore amalgamated with evil. He who is ignorant is not responsible for his acts,

* St. John: Revelations xx. 1.
but he who knows the truth and rejects it will suffer severely. Only the good will survive, and he who chooses evil will perish in evil. It is therefore dangerous for men to acquire occult knowledge, before they have become sufficiently wise to select only that which is good.

Man passes through several resurrections. His life-principle resurrects in the plants growing on his grave and in the worms feeding upon his body, his soul resurrects from the body, his spirit from the elementary forces connected with the activity of his soul. Besides these—so to say—material resurrections there are resurrections taking place within the soul of man; there is the resurrection from selfishness to a true realisation of an impersonal existence, the resurrection from intellectual ignorance to knowledge, and finally his final liberation from the attraction of evil (alluded to in the “Lord’s Prayer” of the Christians). Thus will good and evil resurrect from the form, the good a blessing and the evil a curse; but the ignorant that know neither good nor evil will have no resurrection, because they have no spiritual life. They will remain chained to the form and sleep—so to say—crystallized in space and “live not again until the thousand years * are finished,”† when they may again begin their labour of self-development at the commencement of a world.

But He that is will still “sit upon the great white throne” after the earth and the heaven have fled away from his face, ‡ and the powers of good, Dhyan Chohans, the sons of wisdom, “over which the second death has no power,” will be with Him § as priests and kings, when, after the Pralaya is ended, He stretches forth his hand and commands again: *Let there be Light.*

* The Pralaya. † St John: Revelations xx. 5. ‡ Revelations xx. 2. § Ibid., xx. 6.
CHAPTER XII.

CONCLUSION.

"He to whom time is like eternity, and eternity like time, is free."—Jacob Boehme.

To picture the eternal and incomprehensible in forms, and to describe the unimaginable in words, is a task whose difficulty has been experienced by all who ever attempted it. The formless cannot be described in forms, it can only be represented by allegories which can only be understood by those whose minds are open to the illumination of truth. The misunderstanding of allegorical expressions in the sacred books has led to religious wars, to the torturing, burning, and killing of thousands of innocent victims, it has caused the living wives of dead Hindus to be burned with the corpses of their husbands, it has caused ignorant men and women to throw themselves before the wheels of the car of the Juggernath, it causes the endless quarrels between some 200 Christian sects, and while the truth unites all humanity into one harmonious whole, the misunderstanding of it produces innumerable discords and diseases.

The Bible says: "The secret things belong unto the Lord;" and the Bhagwat Gita repeats the same truth in the following words: "Those whose minds are attracted to my invisible nature have a great labour to encounter, because an invisible path is difficult to be found by corporeal beings." The greatest poets of the world have had occasion to regret the poverty of human language, which rendered it impossible to express the language of their hearts in words; and those whose minds have been fully opened to the knowledge of spiritual truths, the wisest of all men, such as Buddha,
CONCLUSION.

have left no written records of their doctrines; perhaps their conceptions were too grand to be expressed in words, and can be understood only by those who feel as they felt, and whose hearts are open to the sunlight of divine illumination.

Let us attempt to put the impressions intuitively received, regarding the Divine Source of all Being, into language, although we well know that language is inadequate to describe it, and an attempt to put that which cannot be grasped by the intellect into words, will give rise to misconceptions in those who are unable to think with their hearts.

Far, in the unfathomable abyss of space, far beyond the reach of the imagination of man, unapproachable even by the highest and purest angel or thought, self-existent, eternal, resplendent in its own glory is the Shining One, whose palpitating Centre is invisible Fire, whose rays are Light and Life, pervading the Universe to its utmost limits, penetrating every form and causing it to live and to grow. Their harmonious vibrations are undulating through space, filling all animate and inanimate beings with the substance of Love. Meeting primordial matter in space, they form them into revolving globes, and chain them together by Love, manifesting itself as attraction and guiding them on in their restless revolutions. Penetrating into the hearts of animals and men, they create sensation and relative consciousness, cause the form to feel, to perceive and to know its surroundings, call into life the emotions of love and its reaction hate with all their attending virtues and vices. Penetrating deep into the hearts of men, they kindle there the divine fire in whose light man may see the image of the Shining One, and know it to be himself.

But it is beyond the power of man to describe in language that which cannot be described, to combine words, so that the reader may form an intellectual conception of something, for which no intellectual conception exists: for in the presence of the highest, the unthinkable ideal, intellectual labour ceases, and spiritual adoration begins. Intellectual labour is a function which man shares with the animals; but the divine
prerogative of spiritual man and his highest destiny is to live in eternal perception and adoration of the highest Good, of which the intellect cannot conceive, and for which we can find no name.

In this eternal universal principle is the source of all Power. In it alone is magic power contained, even to the extent of creating new worlds and to call a new universe of forms into existence. It is the only Philosopher's Stone and the only Elixir of Life or Universal Panacea, and can be had everywhere and at any time without expense by every one who knows how to seek for it. It can attain self-consciousness and self-knowledge only in the organism of man, because the lower animals are not yet far enough advanced to be used as its vehicles and instrument; but the man in whom it has awakened to life shares its attributes and obtains magic power; for he is a living temple of God. The man in whom this principle has not awakened from its sleep is, as long as he remains in that condition, merely an intellectual animal, and having no Spirit active within his heart, he can possess no spiritual or magical powers. Some modern "philosophers," who say that man has no magical powers, are right from their own point of view; for the "man" known to external science has no spiritual consciousness and therefore no spiritual or magical power; the real man only begins to exist when he is reborn in the Spirit. True philosophers have recognised this fact. Schopenhauer says: "In consequence of the action of 'grace,' the entire being of man becomes remodelled, so that he desires no longer anything of that for which he was craving heretofore, and becomes so to say a new man."*

Everything in nature has a threefold nature, and likewise the allegories of the sacred books of the East as well as those of the West have a threefold meaning—an exoteric, an esoteric, and a secret signification. The vulgar—the learned as well as the unlearned—can see only the exoteric side, which, in the majority of cases, is so absurd, that its very absurdity should serve as a warning to people endowed with common sense not to

* "Welt als Wille und Vorstellung." I., 625.
CONCLUSION.

accept these fables in their literal meaning; there is, however, nothing too absurd to attract the attention of the ignorant, and we see them, therefore, split into three classes, namely—first, into those who implicitly believe their literal meaning; secondly, into those who reject them on account of their supposed absurdity, never suspecting a deeper meaning; and, thirdly, into those who are irritated at their absurdity, and valiantly fight the man of straw which they have themselves set up in their minds.

Those who are willing to learn can be instructed, but they that believe that they already know, refuse to be taught. For this reason the legitimate guardians of the truth, the teachers of science and religion, like those who have no intellectual power, are often the last ones to recognise the truth, and the old French proverb, that "les extrêmes se touchent," is as true of the realm of intellect as it is in other departments of nature, because those who are not able to think cannot be taught, and those who live entirely within the region of intellectual speculation reject the light of their own intuition. The esoteric meaning of symbols may be understood by those whose intellect is open to intuition, and may be explained to all who do not reject the truth; but the secret meaning of the sacred symbols cannot be explained in words, it can be understood only by those who have entered the practical way.

How can we enter the path?—Only in practical experience is life. Petrified speculative science, mouldy speculative philosophy, and dried-up speculative theology groan in the embrace of death. Humanity awakes from her slumber and asks them for the bread of wisdom, but receives only a stone. She turns to science, but science is silent, wraps herself up in her vanity and turns away; she turns to philosophy, and old philosophy answers, but her talk is an incomprehensible jargon, and confuses matters still more. She turns to theology, but theology threatens the obnoxious questioner with hell, and bids her to remain ignorant. But the people, on the whole, are no longer satisfied with such answers; they are no longer contented with the assertion that the truth is known to
a few, and that they themselves must remain ignorant, they want to enjoy it too.

If we wish to enter the path to infinite life, the first requirement is

**TO KNOW.**

Knowledge is the perception and understanding of truth. We can only know that which we perceive. There are two principal modes of perception, namely, seeing and feeling. Each of these modes, if unaccompanied by the other, is unreliable; only if we simultaneously see and feel a thing do we know that it exists.

Thousands of years have passed away since mankind first saw the sun and the stars, and modern telescopes have brought them nearer to us. Nevertheless our knowledge of these cosmic bodies, and the conditions of life existing upon them, consists merely of speculations and opinions, which may be overthrown at any time, when our means for observation are supplanted by better ones. We give names to the substances discovered by the spectroscope, but we will not know the true nature of the stars as long as we are not able to partake of their consciousness and feel the qualities of the life and characters embodied in their forms.

For thousands of years mankind has intuitively felt the presence of the Unknown. Those who felt the presence of the universal Spirit, know that it exists. Generations after generations have disappeared from earth after spending their lives in vain efforts to know that God whose power they felt but whom they could not see with their eyes, and even our greatest theologians seem to be very far from a true knowledge of God. Only when the mind of the regenerated man has become illuminated by divine wisdom will he be able to know the true God, for he will see his image within his own soul.

If we are able to see and to feel the external qualities of a thing, we may begin to understand what these qualities are, but we will still be ignorant of its interior qualities and its true character. To know the latter it
CONCLUSION.

will be necessary to enter into its spirit, and this can only be done by the spirit of man, not by his external senses. The spiritual principle in man, if once awakened to self-consciousness, has attributes and functions far superior to those of the external man; it has the power to perceive, to see and to feel the internal qualities of things which are imperceptible to the external senses; it can identify itself with the object of its observation and partake of its consciousness, it becomes for the time being as one with that object and shares its feelings, it sees that object objectionally and partakes of its subjective sensations.

Thus does a lover partake of the joys and sorrows of the object he loves, and feel as if he were one with it in spirit although separated from it in the form; for love is the power by which such a divine state is attained, it penetrates all things, and coming from the centre of all it goes to the centre.

What is it that prevents us to love and to know all things but our own prejudices and predilections? We do not see things as they are but as we imagine them to be. He who desires to know all things should not look upon them with his own eyes, but with the eyes of God; he should not think the thoughts suggested by external appearances, but he should let the Divine Spirit do his thinking within his mind.

To obtain true knowledge we must render ourselves able to receive it; we must free our minds from all the intellectual rubbish that has accumulated there through the perverted methods of education of modern civilization. The more false doctrines we have learned the more difficult will be the labour to make room for the truth, and it may take years to unlearn that which we have learned at the expense of a great deal of labour, money, and time. The Bible says that "we must become like little children before we can enter the kingdom of truth." The principal thing to know is to know ourselves; if we know ourselves, we will know that we are to be the kings of the universe. The essential Man is a Son of God, he is something far greater, far more sublime and far more powerful than the insignificant
puppet described as a man in our scientific works on anthropology.

Well may Man who knows his true nature be proud of his nobility and power; well may the man known to modern science be ashamed of his weakness. Well may the former consider himself superior to the gods, and the latter, a worm of the earth, crawl into a corner and ask for the protection of a real man who is a god. The rational Man is a divine being, whose power extends as far as his thoughts can reach; the irrational man is a compound of semi-animal forces, subject to their caprices and whims, with a spark of divine fire in him to enable him to control them, but which spark, in the great majority of cases, is left to smoulder and vanish. The former is immortal, the latter lives a few years among the illusions of life. The former knows that he lives for ever in the All, the latter expects to die, or perhaps to obtain a lease on his personal existence by the favour of some personal god who may permit him to carry his iniquities into a sphere, in which only the pure can exist.*

There are three kinds of knowledge, the useful, the useless, and the harmful. The most useful knowledge is the one which relates to the essential nature of man, to his destiny, and to his possibilities. There is no higher knowledge than the practical knowledge of religion; that is to say, the knowledge of all that relates to the spiritual, emotional, and physical nature of man. He who has this knowledge is necessarily the true physician for the soul as well as for the body, and he heals by the power of his spirit. An attempt to separate religion from science and the practice of morality from the practice of medicine leads to illusions of the most dangerous kind.

The useless knowledge is the knowledge of, or rather the adherence to, illusions and falsehoods; it is no real knowledge, although it embraces a great deal of what is considered of great importance in civilized countries that men should know. Our "scientific attainments" confer no real knowledge of fundamental laws, because they are

* Revelations xxi. 27.
CONCLUSION.

based upon misconceptions, and however logical the deductions made from false premises may be, falsehoods can produce only falsehoods.

What can be more erroneous than the assertion of rationalistic speculators, that the intellect is a product of the material organization of the physical body; that life is a product of the mechanical action of a dead force; that effects can be produced without any adequate causes; that something can come out of something which has no adequate power to produce it; that man's mind exists within the narrow limits of his skull; that man can know nothing except what he perceives with his external senses; that consciousness is the result of the chemical action of unconscious substances; that man can will, think, imagine, love, and hate without having a soul or a spirit; that wisdom, knowledge, spiritual perception, prophecy, etc., were results of pathological conditions of the body and other endless absurdities and scientific hallucinations.

As long as the true nature of man is not known, his lower interests are mistaken for his higher ones. Scientific attainments are often only used for the purpose of obtaining the power to speculate on the ignorance of those that have no such intellectual acquirements, and by taking advantage of their beliefs to obtain money and material comfort. Such scientific attainments may be good for such purposes, but they retard the progress of man in a spiritual direction, because they make men more selfish, and cause them to worship matter; they are therefore—to say the least—useless for the only true and permanent interest of man.

The harmful knowledge consists in scientific attainments without any corresponding perception of the moral aspect of truth. It is only partial knowledge, because it recognises only a part of the truth. A high intellectual development without any corresponding growth of morality is a curse to mankind. Knowledge to be good must be illuminated by Wisdom; knowledge without wisdom is dangerous to possess. Misunderstanding and misapplication of truths are the source of suffering.
The attainment of power is often not accompanied with any proper understanding how to apply that power wisely. The invention of the fulminates of mercury, of gunpowder and nitro-glycerine, has caused much suffering to a large part of humanity. Not that the substances applied, or the forces which are liberated, are intrinsically evil, but their misapplication leads to evil results. If all men were intelligent enough to understand the laws which govern them, and wise enough to employ them for good purposes only, no evil results would follow.

If we proceed a step further and imagine intellectual but wicked and selfish people possessed not only of the power to employ explosives, poisonous drugs, and medicines to injure others, but able to send their own invisible poisonous influences to a distance, to leave at will the prison-house of the physical body and go out in their astral forms to kill or injure others, the most disastrous results would follow. Such forbidden knowledge has been and is sometimes possessed by people with criminal tendencies, a fact which is universally known in the East, and upon the possibility and actuality of such facts have been established on many occasions, and among others by many of the witch trials of the Middle Ages. Modern scientists may now laugh at these facts, but the doctors of law, of medicine, and of theology of their times, were as sure of their knowledge then as their modern representatives are of their own opinions to-day, and the former had as many intellectual capacities as the latter. The only difference is that the former knew these facts, but gave a wrong explanation; the latter refuse to examine them, and give no explanation at all.

Man is continually surrounded by unseen influences, and the astral plane is swarming with entities and forces, which are acting upon him for good or for evil, according to his good or evil inclinations. At the present state of evolution man has a physical body, which is admirably adapted to modify the influence from the astral plane, and to shelter him against the "monsters of the deep."

If the physical body is in good health, it acts as an armour, and, moreover, man has the power, by a judici-
ous exercise of his will, to so concentrate the odic aura by which he is surrounded, as to render his armour impenetrable; but if by bad health, by a careless expenditure of vitality, or by the practice of mediumship, he disperses through space the odic emanations belonging to his sphere, his physical armour will become weakened and unable to protect him; he becomes the victim of elementaries and elemental forces, his mental faculties will lose their balance, and sooner or later he will, like the symbolical *Adam and Eve, know that he is naked*, and exposed to influences which he cannot repel. Such is the result for which those ignorantly crave who wish to obtain knowledge without corresponding morality. To supply the ignorant or weak with powers of destruction would be like providing children with gunpowder and matches for play.

Only an intelligent and well-balanced mind can discriminate properly and dive into the hidden mysteries of Nature. "Only the pure in heart can see God." He who has reached that stage need not search for an *Adept* to instruct him; the higher intelligences will be attracted to him, and become his instructor, in the same manner as he may be attracted by the beauty of an animal or of a flower.

A harp does not invent sound but obeys the hand of a master, and the more perfect the instrument, the sweeter may be the music. A diamond does not originate light, but reflects it, and the purer the diamond the purer will be its lustre. Man does not invent original thought, will, and intelligence. He is a mirror in which the thought of the supreme cause is reflected, an instrument through which the eternal will expresses itself; a pearl filled with a drop of water from the universal ocean of intelligence.

"If you eat from the tree of knowledge you will surely die." Your personality will be swallowed up by a realisation of the fact that personal isolation is only an illusion, and that you are one with the all. But as your personality dies, a greater truth opens before you, and you become not only God-like, but God.

He who ascends to the top of a high mountain need
not enquire for somebody to bring him pure air. Pure air surrounds him there on all sides. The realm of wisdom is not limited, and he whose mind is receptive will not suffer from want of divine influx to feed his aspiration.

The school in which the occultist graduates has many classes, each class representing a life. The days of vacation may arrive before the lesson is learned, and what has been learned may be forgotten during the time of vacation; but still the impression remains, and a thing once learned is easily learned again. This accounts for the different talents with which men are endowed, and for their propensities for good or for evil. No effort is lost, every cause creates a corresponding effect, no favours are granted, no injustice takes place. Blind to bribes and deaf to appeals is the law of justice, dealing out to every one according to his merits or demerits; but he who has no selfish desire for reward, and no cowardly fear of punishment, but who dares to act rightly because he cannot do wrong, identifies himself with the law, and in the equilibrium of the law will he find his Power.

The second requirement is

TO WILL.

If we do not want to receive the truth we will not obtain it, because it rests in the spirit, and the spirit is a power that exercises the universal law of attraction; it attracts the mind that corresponds to its vibrations, and is repulsed by discords.

Men believe that they love the truth, but there are few who desire it. They love only welcome truths; those that are unwelcome are usually rejected. Opinions which flatter the vanity and are in harmony with accustomed modes of thought are accepted; strange truths are often regarded with astonishment and driven away from the door. Men are often afraid of that which they do not know, and, not knowing the truth, they are afraid to receive it. They ask new truths for their passports, and if they do not bear the stamp of some
CONCLUSION.

fashionable authority they are looked upon as illegitimate children, and are not permitted to grow.

How shall we learn to love the truth? By learning to know that it is good. How can we become convinced of its goodness? By feeling its goodness within ourselves. Irrational man asks for external proofs, but rational man requires no other certificate for the truth but its own appearance. There can be no difference between speculative and practical knowledge; an opinion based upon mere speculation is no knowledge. Knowledge can only be attained by speculation, if the speculation is accompanied by experience. Those who want to know the truth must practise it; those who cannot practise it will not know it; speculations without practice can only lead to doubtful opinions.*

Man can have no actual desire for a thing which he does neither feel nor see, and which he therefore not knows. How can we love a thing of which we know not whether it is good or evil, whether it will benefit or injure us, if we approach it. Many followers of the church profess to love God, and have not the remotest conception of what God is. Many profess to love Christ, and despise and reject him if they meet him in the person of one in whom the Christ principle has taken a form. Such a "love of God and Christ" is a pretence and an illusion, it exists only in the brain and not in the heart. We can only love that of which we know that it is good, because we feel it to be so; and where else could we feel the presence of God except

* There are two ways of arriving at imperfect knowledge, and doubtful opinions by speculation. One, comparable to the slow and tedious work of ascending a river from its mouth, is to investigate effects and to guess at their causes. It is the inductive method, usually followed by science, and resembles the wanderings of a man around the periphery of a large circle, in the attempt to find its invisible centre. The other is the deductive method, and consists in mentally ascending to the centre of that circle and investigate the cause and to follow its effects towards the periphery. The latter method would be the easiest if the centre were known, or if it could be found by the intellect. But the innermost centre of all things is the spirit, and it cannot be grasped by the intellect of mortal man, much less be perceived by his physical senses.
within our own heart? To learn to desire God means therefore to enter a mental state in which we can feel the presence of the Divine principle within our own heart; to learn to know God means to learn to know our own Divine Self.

To know that a thing is good, is to desire it; for it is a law acting within the constitution of man, no less than among the planets, that we should be attracted to that which we feel to be good and be repulsed by that which we feel to be evil. A strong desire to be good, causes man to perform good actions; a desire to be evil, causes him to commit evil deeds. Man is the product of his own thoughts and acts; if he thinks and acts good, he becomes good; if he thinks and acts evil, he becomes evil. In an occult sense "willing" is identical with "feeling;" for the substance of the Will, if infused with the consciousness of the Spirit, feels and "manipulates" its object. Willing, knowing, and acting are ultimately identical; because we can only will what we know, and we can only know that of which we have an experience.

The only way to obtain true practical knowledge of spiritual truths is to develop true power of spiritual perception by the practice of the truth—in other words, the awakening of the inner consciousness to the recognition of truth existing within oneself. Only a mind which has been purified from all selfish desires, and is filled with a strong determination to learn the truth, and nothing else but the truth, is thereby "duly and truly prepared" to enter the temple of wisdom. The Adept, who has succeeded in uniting his consciousness with the centre of the Universal Mind, can from thence survey the infinite all, and the mysteries of nature are open before him. He who has brought his whole being into consonance with the Universal Mind can mentally enter into the very centre of things and recognise their character. Those who can recognise the truth by spiritual perception do not depend on opinions, and arguments used against them are thrown away, because they know the truth, and no amount of arguing can make them disbelieve what they know. There are intellectual
CONCLUSION.

men who attempt to use arguments against the Adepts, because the former are not capable of comprehending the meaning of the term "spiritual perception," and compare that state with the intellectual working of their material brains.

To enter a state in which universal truth may come to our direct perception, no intellectual labour but spiritual development is required. We must become master of our own thoughts and desires, and be able to sink our thoughts into the invisible centre of All.

We do not have far to go in search of that Centre, it exists within the heart of each human being; for the soul of each human being is an exact image of the soul of the universe, and as the great Spiritual Sun exists in the centre of the Universe, likewise the image of that sun exists within the heart of each human being. If we only permit this divine light to shine within our own soul, we will know the truth, for the truth is only one, and the one existing within our own heart is identical with the one existing within the centre of the universe.

If we desire to see the pure light of the terrestrial sun, the atmosphere must not be obscured by clouds and fogs; if we desire to see the eternal light of the spiritual Sun existing within the heart, the realm of the soul must not be clouded by material desires. We must by the power of our will dispel the fogs and mists created by the vapours coming from the material plane. We must become our own masters in our own house. To do this requires effort and perseverance, and the average investigator, finding it easier to perfect his physical instruments than to educate his spiritual faculties, usually remains satisfied with a superficial knowledge of details, and argues himself into a belief that the original cause cannot be known.

Men do not seriously desire the truth, because they cannot estimate what they do not know, and they do not know it because they cannot reach what they do not seriously desire. Mere curiosity, or a wish to learn to know the truth at our leisure without neglecting the claims of the elementary kingdom composing our soul, is not sufficient to attract the spirit. Man is chained to
the kingdom of the Elementals with a thousand chains. The inhabitants of his soul appear before him in their most seductive forms. If they are driven away they change their masks and renew their petitions in some other form. But the chains by which man is bound are forged by his own desire. His vices do not cling to him against his will. He clings to them, and they will desert him as soon as he rises up in the strength and dignity of his manhood and shakes them off. There is a method, by which we may, without any active effort, obtain that which we desire, and this is that we should desire nothing except what the divine spirit desires within our own heart.

The third requirement is therefore

TO DARE.

We must dare to act and throw off our desires, instead of waiting patiently until they desert us. We must dare to tear ourselves loose from accustomed habits, irrational thoughts, and selfish considerations, and from everything that is an impediment to our recognition of the truth. We must dare to conquer ourselves and to conquer the world; dare to face the ridicule of the ignorant, the vilifications of bigots, the haughtiness of the vain, the contempt of the learned, and the envy of the small; dare to proclaim the truth if it is useful to do so, and dare to be silent if taunted by the fool.* We must dare to face poverty, suffering, and isolation, and dare to act under all circumstances according to our highest conception of truth.

All this might be easily accomplished, if the will of man were free; if man were his own master and not bound with the chains of the soul; but man is a relative being, and as such his will can only be free to a certain extent; it can only enjoy a relative liberty as long as it is a slave to desire. Man may perform certain acts and leave others undone if he chooses; but his internal desire determines his choice, and man acts in obedience to it. A man who is free of external desires has the power to will that which he does not

* Prov. xxvi. 4.
CONCLUSION.

305

desire, and not to will that to which his desires attract him.

To make the will free, action is required, and each action strengthens the will, and each unselfish deed increases its power. *In unity is power.* To render our will powerful we may unite it with the will of others, and if the desires of the others are different from ours, our will may thereby become free from our own desires. *In action is strength.* If we oppose our will to the will of others, by acting against the desires of others, we may increase its strength, but we become thereby isolated from others.

There is only *one* universal power of will, because divinity is a whole. It may act in the direction for good and in the direction for evil; but its action for good is the strongest, because it emanates from the eternal source of all good. This will-power being the collective sum of all will-power in the universe, is the power that moves the worlds. It is necessarily immeasurably stronger than any individual will-power can possibly be, because the whole is larger than the part, and the infinite greater than the finite. He who unites his own will with the universal will becomes powerful; he who exercises his will by opposing it may become strong, but while the former attains eternal life with the whole, the latter causes his own destruction, as he will finally be crushed by the opposing force, which is immeasurably stronger than he. *Dare to obey the Law, and you will become your own Master, and the Lord over all.*

There are three ways to develop the power of will and to make it free of desire:

The *first* is to act against our own desires by forcing ourselves to perform acts which are disagreeable and painful. This method used to be prevalent in the West during the Middle Ages, and is to-day practised in the East by Fakirs and the lower class of ascetics. It is a method by which people disposed to witchcraft may obtain sufficient strength of will to control some of the lower Elementals, and acquire power to affect men and animals at a distance by the influence of their will. It consists in the endurance of pain with indifference, and
the accounts given by travellers in the East show to what height of absurdity such practices have been carried out. But while such practices may strengthen the will, they do not eradicate desires; but they rather increase the desires by the law that every action is followed by a proportionate reaction. Seen in the proper light, people given to such practices do not act against their desires; because their principal desire is the attainment of personal power, to which their minor desires are only subordinate. Penances and tortures are therefore worse than useless for the higher development of the soul.

The second way is to sacrifice our desire to the power of good, and to act under all circumstances in obedience to the law. If we then have any desires that are not in accordance with the law, those desires will be made to starve and to die. In this way we will unite ourselves with the power of good, and attain the infinite good. The way to freedom is the performance of duty.

The third way is to sacrifice our desire to the power of evil by doing evil without any selfish considerations. By doing so we unite ourselves with the power of evil, and will perish with it at the end.

Philosophical courage is a quality for which men are respected everywhere. The Red Indian prides himself at his indifference to physical pain, the Fakir undergoes tortures to strengthen his will-power, the civilised soldier is eager to prove his contempt for danger, and to measure his strength with the strength of the enemy. But there are deeds to perform that require a courage of a superior kind. It requires only momentary outbursts of power or temporary efforts of will to perform a daring deed on the physical plane, and after it is accomplished it is followed by satisfaction and rest; but in the realm of the soul there is no rest for those that have not succeeded in eradicating that which is evil. A continual and unremitting strain is needed to keep the emotions subjected, and this strain is rendered still more fatiguing by the circumstance that it depends entirely on our own will whether or not we will endure it, and that if we relax the bridle and allow our emotions to run free and disorderly, sensual
CONCLUSION.

307

gratification is the result. It requires a courage of the highest order to act under all circumstances in obedience to the law. Long may the battle last, but each victory strengthens the will; each act of submission renders it more powerful, until at last the combat is ended, and over the battlefield where the remnants of the slain desires are exposed to the decomposing action of the elements hovers the spiritual eagle, rising towards the sun and enjoying the serene tranquillity of the ethereal realm.

Metals are purified by fire and the spirit is purified by suffering. Only when the molten mass has cooled can we judge of the progress of the purification; only when a victory over the emotions is gained, and peace follows after the struggle, can the spirit rest to contemplate and realise the beauty of eternal truth. In vain will men attempt to listen to the voice of truth during the clash of contending desires and opinions, only in the silence that follows the storm can the voice of truth be heard.*

The fourth requirement to the recognition of the truth is therefore

TO BE SILENT.

This means that we must not allow any desire to speak in our heart, but only the voice of the truth; because the truth is a jealous goddess and suffers no rivals. He who selects wisdom for the bride of his soul must woo her with his whole heart and dismiss the concubines from the bridal chamber of his soul. He must clothe her in the purity of his affection and ornament her with the gold of his love, for wisdom is modest, she does not adorn herself but waits until she is adorned by her lover. She cannot be bought with money nor with promises, her love is only gained by acts of devotion. Science is only the handmaid of wisdom, and he who makes love to the servant will be rejected by the mistress; but he who sacrifices his whole being to wisdom will be united with her.

* "Light on the Path," by M. C.
The Bhagwat Gita says: "He who thinketh constantly of me, his mind undiverted by any other object, will find me. I will at all times be easily found by a constant devotion to me."

The Christian Mystic, Jackob Boehme, an illuminated seer, expresses the same truth, in the form of a dialogue between the master and his disciple, as follows:

The disciple said to the master: "How can I succeed in arriving at that supersensual life, in which I may see and hear the Supreme?"

The master answered: "If you can only for a moment enter in thought into the formless, where no creature resides, you will hear the voice of the Supreme."

The disciple said: "Is this far or near?"

The master answered: "It is in yourself, and if you can command only for one hour the silence of your desires, you will hear the inexpressible words of the Supreme. If your own will and self are silent in you, the perception of the eternal will be manifest through you; God will hear, and see, and talk through you; your own hearing, desiring, and seeing prevents you to see and hear the Supreme."

These directions are identical with those prescribed by the practice of Raja-Yog, by which the holy men of the East unite their minds with the formless and infinite. All religious ceremonies are calculated to elevate the mind into the region of the formless, and, in fact, all religious systems can have no other legitimate object than to teach methods how to attain such states. All churches are not worthy the name of church, which means a spiritual union, unless they serve as schools in which the science of uniting oneself with the eternal fountain of life is practically taught. But it is easier to allow one's mind to revel among the multifarious forms and attractions of the material plane, and to listen to the Syren song of the Elementals inhabiting the soul, than to enter the apparently dark caves of the formless, where at first no sound is heard in the eternal stillness of night but the echo of our voice, but where alone true power resides. It is easier to let our minds

CONCLUSION.

be controlled by thoughts that come and go without our bidding than to hold fast to a thought and command it to remain, and to close the doors of the soul to all thoughts that have not the seal of truth impressed upon their forms; and this is the reason why the majority of men and women prefer the illusions of finite life to the eternal realities of the infinite—why they prefer sufferings to happiness, and ignorance to a knowledge of truth.

To be silent means to let no other language be heard within the heart but the language of God, to listen to the voice of Divine Wisdom speaking within the heart; but this state will be arrived at only after the storm of the passions, the battle of desires, and the conflict of the intellectual forces is over.

He who has learned to know, to will, to dare, and to be silent, is upon the true path that leads to immortal life, and will know how to practise interior meditation or yog; but by those who move merely in the sensual plane, or whose minds are concentrated upon external things of the physical or intellectual plane, even the meaning of these words will not be understood.

Various instructions are given in the books of the East in regard to the practice of this interior meditation, but they all teach the same thing, namely, a concentration of man's higher consciousness to a single point within his own centre.

In the Oupnekhata the following directions are given:—

"Breathe deep and slow, and concentrate your unwavering attention into the midst of your body, into the region of the heart. The lamp in your body will then be protected against wind and motion, and your whole body will become illuminated. You must withdraw all your senses within yourself like a turtle, which withdraws its members within the shell. Enter your own heart and guard it, and Brahma will enter it like a fire or a stroke of lightning. In the midst of the big fire in your heart will be a small flame, and in the centre of it will be Atma."

Herocarca, an abbot of a convent upon the mount Athos, gives to his monks the following directions to
acquire the power of true clairvoyance: "Sit alone in your room, after having the door locked against intrusion, concentrate your mind upon the region of the navel and try to see with that. Try to find the seat of your heart (sink your consciousness into your heart), where the centre of power resides. At first you will find nothing but darkness; but if you continue for days and nights without fatigue, you will see light, and experience inexpressible things. When the spirit once recognizes his own centre in the heart, he will know what he never knew before, and there will be nothing hidden before his sight, whether in heaven nor upon the earth."

Let us compare with these statements one received from an uneducated person, who is a philosopher, and for this very reason not a "Doctor of Philosophy." He has never heard of the Oupnekata nor of Herocarca; but he possesses the power to see interior truths. He says: "Sink your thoughts downward into the centre of your being, and you will find there a germ which, if continually nourished by pure and holy thoughts, will grow into a power that will extend and ramify through all parts of your body. Your hands and feet and your interior organs will become alive; a sun will appear within your heart and illuminate your whole being. In this light you will see the present, the past, and the future, and by its aid you will attain the true knowledge of self."

Man is himself a thought, pervading the ocean of Mind. If his soul is in perfect accord with the truth, the truth will unite itself with his soul. A talented musician will not need a scientific calculation of the vibrations of sound to know whether a melody which he hears is melodious or not; a person who is one with the truth will recognize himself in the mirror of everything that is true.

The highest magical power in nature is wisdom, and it is the highest principle that man can possess. The highest power of intellectual man is to express wisdom in language, the highest power of physical man is to express that language in acts.
CONCLUSION.

Every form in Nature is a symbol of an idea and represents a sign, or a letter, or a word; and a succession of such symbols forms a language. Nature is therefore the divine language, in which the Universal Mind expresses its ideas. The individual mind, which is developed to such a state of perfection as to form the best instrument through which the highest intelligence can manifest itself, will be the most apt to realize the meaning of that language. The highest secrets of Nature are, therefore accessible to him whose mental constitution is so perfected as to enable him to be a vehicle or an instrument for the expression of the highest ideas of the Universal Mind. Arrived at a certain state of perfection, Man is able to read the thoughts of other individuals without the necessity of speech, and this power of reading that universal language which does not depend on sounds is the power of intuition—a power which in most men, in the present state of evolution, exists only as a latent spark, while in more perfect men it exists as a sun illuminating the mental horizon. By this power the mind of man penetrates into the centre of things and understands their true meaning.

Such a language means a radiation of the essence of things into the centre of the human mind, and a radiation from that centre into the universal ocean of mind. Man in a state of purity, being an image and an external expression of the highest principle, is able to reflect and reproduce the highest truth in its original purity, and man's expressions ought therefore to be a perfect reproduction or echo of the impressions which he receives; but average man being immersed in matter, as a result of a combination of principles on a lower scale of evolution, receives the pure original rays only in a state of refraction, and can therefore reproduce them only in an imperfect condition. He has wandered away from the sun of truth, and beholding it from a distance it appears to him only as a small star that may perhaps vanish from sight. Everything in Nature has its name, and he who has the power to call a thing by its proper name can call it into existence by
pronouncing that name. But the proper name of a thing is not the arbitrary name given to it by man, but the expression of the totality of its powers and attributes, because the powers and attributes of each being are intimately connected with its means of expression, and between both exists the most exact proportion in regard to measure, time, and condition.

There is only one genuine and interior language for man, the symbols of which are natural and must be intelligible to all, and this language is either an interior direct communication of thought or an exterior expression by means of the senses. This interior language is the parent of the exterior one, and being caused by the radiation of the first cause which is unity and with whom all men are one, it follows that if the original irradiation of the supreme ray were existing in all men in its original purity, all men would understand the same interior language and also the same exterior one, because the latter is the imperfect external expression of the former, and in fact this original language still exists, but few understand it, and none can learn it except by the process of interior evolution. The interior language, if forcibly expressed, breathes—so to say—spirit; while the exterior one is only a succession of sounds. The key to that interior language is in the divine Logos, the key to the exterior one is the mental organization of collective bodies of men. Man in his present condition hears the voice which speaks that interior language, but does not understand it; he sees the sacred symbols, but does not comprehend them; his ear is accustomed to connect certain meanings with certain sounds, but the true vibrations are lost; he understands human writings in books, but he cannot divine the hieroglyphics that express the true nature of things.

Each word in that interior language is the character of the thing itself, a sign and symbol which men cultivate unknowingly; each is the centre of each being, and whoever reaches that centre is in possession of the word and the sign. These symbols are the essential characteristics which distinguish one individual or group.
of individuals from others; by these symbols are harmonious souls attracted, and by them one artist recognizes another artist in beholding his works without seeing his person.

Men have ever been desiring an universal language. Such an universal language cannot be arbitrarily constructed, or if so constructed, would be more difficult to learn than any other. True language must express the harmony of the soul with the nature of things, and as long as there is distinction of character and disharmony there can be no universal, harmonious language.

There is a threefold expression of the divine principle; a physical, and intellectual, and a divine word. The first is the language of nature, the second the language of reason, the third one is power. Each thought is represented by a certain allegorical sign; each being is a characteristic symbol and living exterior image of its interior state. Each body is the symbol of an invisible and corresponding power, and Man, in whom the highest powers are contained, is the most noble symbol in nature, the first and most beautiful letter in the alphabet of earth. For every thought there is an outward expression, and if we have a thought which we cannot express by symbols, it does not follow that such symbols do not exist, but that we are unacquainted with them. A word or a language is the expression of thought, and to be perfect it must give perfect expression to the thought it is intended to convey. By giving a false expression to thought the power of language is lost. In our present state of civilization words are often used more for the purpose of concealing than revealing thought. Lying is therefore disgraceful, and involves a loss of power and subsequent degradation. To give pure and perfect expression to thought is White Magic; to act upon the imagination so as to create false impressions is witchcraft, deception, and falsehood. Such witchcraft is practised every day and almost in every station of life, from the priest in the pulpit who wheedles his audience into a belief that he possesses the keys of heaven, down to the merchant who cheats with his goods, and to the
old maid who secures a husband by means of artificial teeth and false hair. Such practices are publicly denounced and silently followed; they will lead to a universal disappearance of faith and trust, they will necessarily lead to active evil and bring destruction upon the nation that allows them to grow; because, as the power of good increases by practice, in the same manner increases the power of evil.

Man's mission is to do good; that means to do that which is most useful for his development. By doing good, the more refined principles are attracted to him; his material constitution will become more and more refined, and his interior illuminated by the light of divine reason, until even his physical body may assume the attributes of the astral form, and man himself be a spirit. By doing evil he attracts to himself the unintelligent and material principles of Nature, the elements of evil; his higher principles become more and more material and heavy until dragged into the mire of matter by his own weight, he is unable to rise to the light, he becomes metaphysically petrified, and his power of intuition lost.

Man's actions are his writings. By putting his thoughts into action, he expresses them and records them in the book of life. Every evil act is followed by a degradation of principle, a metaphysical incrustation of the soul. Good actions may dissolve existing incrustations produced by evil deeds, and re-establish the soul in its former condition. Repentance, unless followed by action, is useless. It is like the inflammation caused by a thorn in the flesh; it causes pain by gathering to its assistance the vital forces of the body; but unless the thorn is removed by the active intervention of the individual, an abscess and putrefaction will be the result. Man's acts are his creations, they give form to his thoughts. The motive endows them with life, the will furnishes them with strength.

An intention is useless as long as it is not put into action. A sign, a letter, or a word is useless unless it conveys a meaning which is realised by him who employs it; a symbol represents an idea, but no symbol can be
CONCLUSION.

Efficacious unless it is intellectually applied. The most potent magical signs are useless to him who cannot realise what they mean, while to him who is well versed in occult science, a single point, a line, or any geometrical figure, may convey a vast meaning.

Let us in conclusion attempt to explain exoterically and esoterically a few of the most important magical signs. We may succeed to a certain extent in giving these explanations in words; but their secret spiritual meaning cannot be expressed in language; language can merely attempt to guide the reader into a region of thought in which he may be able to perceive the secret meaning with the eye of the spirit:

The Pentagram or the Five-pointed Star.

In its external appearance it is merely a geometrical figure, found everywhere as a trade mark or ornament. Superstitious and credulous people once believed, that if it were drawn upon the doors of their houses it would protect them against the intrusions of the sorcerer and the witch.
In its esoteric signification the four lower triangles represent the four elementary forces of nature, and as the lines of each triangle are intimately connected or identical with those forming the other lines, the sum of these lines forming only one broken line without any interruption, likewise the four lower elements are intimately connected and identical with the fifth element, the quintessence of all things, situated at the top of the figure; representing the head, the seat of intelligence in man.

The spiritual knowledge of the Five-pointed Star is identical with its practical application. Let us beware that the figure is always well drawn, leaving no open space, through which the enemy can enter and disturb the harmony existing in the Pentagon in the centre. Let us keep the figure always upright, with the topmost triangle pointing to heaven, for it is the seat of reason and Wisdom, and if the figure is reversed ignorance and evil will be the result. Let the lines be straight, so that all the triangles will be harmonious and of equal size, so that the symbol will grow without any abnormal development of one principle at the cost of another. Then the lower triangles will send their quintessence to the top, the seat of intelligence, and the top will supply the lower triangles with power and stimulate them to grow. Then, when the time of probation and development is over, the triangles will be absorbed by the Pentagon in the centre and form into a square within the invisible circle connecting the spicas of the triangles, and our destiny will be fulfilled. There is no higher duty for man to perform, than to keep the Five-pointed Spiritual Star intact; it will be his protection during life and his salvation in the hereafter.
CONCLUSION.

The Double Triangle or Six-pointed Star.

This is one of the most important magical signs, and spiritually applied it invests man with power. Its *exoteric* meaning is merely two triangles joined together, so that they partially cover each other, while the apex of one points upwards and the apex of the other downward. It is sometimes surrounded by a circle or by a snake biting its tail, and sometimes with a *tau* in the middle.

Its *esoteric* meaning is very extensive. It represents among other things the descent of spirit into matter, and the ascension of matter to spirit, which is continually taking place within the circle of eternity, represented by the snake, the symbol of wisdom. Six points are seen in the star, but the seventh cannot be seen; nevertheless the seventh point must exist, although it has not become manifest; because without a centre there could be no six-pointed star, nor any other figure existing.

But who can describe in words the secret or spiritual
signification of the six-pointed star and its invisible centre? Who can intellectually grasp and describe the beauties and truths which it represents? Only he who can practically apply this sign, will grasp its full meaning, and he who can apply it practically is an Adept. Knowing that sign practically means to realise the nature of "God" and the laws of eternal nature, it means to know the process of evolution and involution of matter and spirit; to see and to feel how the life-impulse travels from planet to planet, beginning with the evolution of the elemental kingdom, rising up through the mineral, vegetable, and animal kingdom, and at last evolving a God out of animal man. To him who cannot realise within his heart the divine mysteries of nature, the blinding light shining from the centre of the figure has no existence; but the Adept sees in that invisible centre the great Spiritual Sun, the heart of the Cosmos, from which Love and Light and Life are radiating for ever. He sees the seven primordial rays of that light shining into invisible matter and forming visible worlds upon which men and animals live and die, and are happy or discontented according to their conditions. He sees how by the breath of that invisible centre suns and stars, planets and satellites are evolved, and how if the day of creation of forms is over, it reabsorbs them into its bosom. Verily the six-pointed star is a most potent magical sign, and it requires the wisdom of God to understand it, the omnipotent power of the One Life to apply it to its fullest extent.

In its external signification the Christian Cross is a symbol of torture and death. The sight of a Cross calls up in the mind of the pious the memory of a historical event said to have taken place in Palestine some two thousand years ago, when a noble, good, and just man, an incarnation of God (as all spiritual men are), was executed as a criminal upon a cross. If the element of hate is predominating in the soul organisation of the Christian beholding the Cross, its sight may call into action very "unchristian" feelings about the wickedness of the Jews, and he may experience a desire even now to avenge that deed. If the sentiment of love is pre-
CONCLUSION.

vailing in his heart, he may weep about an event that took place two thousand years ago; forgetting all about

The Cross.

the torture and suffering which exists among humanity even to-day. Thus the internal impression caused by the sight of the Cross will differ according to the standpoint from which we behold it.

The esoteric meaning of the Cross is very ancient, and the Cross has existed as a secret symbol probably thousands of years ago before the Christian era. It is found in the ancient cavetemples of India and Egypt, where it was hewn in stone long before Christianity was known. The philosophical Cross represents, among other things,

* Compare J. R. Skinner, "Key to the Hebrew-Egyptian Mystery."
the principle of matter and that of spirit intersecting each other, forming the quaternary which, when it is inscribed in the square, forms the basis of knowledge for the Occultist. The horizontal line represents the animal principle, for the heads of animals are bowed to the earth. Man is the only being upon the globe who stands erect; the divine principle within him keeps him erect, and therefore the perpendicular line is the symbol of his divinity. The cross represents Man, who has acted against the law and thereby transformed himself into an instrument for his own torture. From the beginning of his existence as a ray of the divine spiritual Sun he represented a perpendicular line, cutting in the direction of the Universal Will of the source from which he emanated in the beginning. As the distance from that source increased and as the ray entered into matter, it deviated from the originally straight line and became broken; creating thereby a division in its own essence and making two parts out of the original Unity; thus establishing a will and imagination of its own, acting not in accordance with the Law, but even in opposition to it. If man follows again the dictates of the Law, he will then be taken from the Cross and resume his former position. "To take up one's Cross," means to submit one's own desires to the rule of divine Law. By doing so the evil and animal desires remain crucified and die, but the divine element will be resurrected and live.

Who can know the practical spiritual signification of the Cross except he who has been nailed thereon and suffered the pangs of crucifixion and death? The average Christian sees only the wooden Cross, but he whose spiritual perception is open sees the living Cross in its glory. Sublimely stands that Cross upon the mountain of the living Faith, magnificent is its aspect. Far into space shines the light radiating from its centre and illuminating the darkness with its beneficent rays, which give life to all who behold it. Rise, oh man, up to your divine dignity, so that you may see the true Cross. Not the dead wooden Cross, the emblem of ignorance and suffering, nor the glittering cross made of brass, the emblem of vanity, sectarianism and superstition; but
the Living Golden Cross, the emblem of Wisdom which each true Brother of the Golden and Rosy Cross carries deeply buried within his own heart. This Cross is the full-grown Tree of Life and of Knowledge, bearing the fruits of salvation and immortality, the dispenser of Life, the protector against evil. He who knows practically the true mystery of the Cross is acquainted with the highest wisdom; he who is adorned with the true Cross is safe from all danger. Infinite power of the Cross! In thee is Wisdom revealed. Buried deep, deep in the Earth is thy foot, teaching us Patience; high, high into heaven reaches thy crown, teaching us Faith. Lifted by Hope and extended by Charity are thy arms, Light and Sunshine surround thee. Link upon link the chain of creation encircles the Cross; worlds within worlds, forms within forms, illusions upon illusions. But in the Centre is the Reality in which is hidden the jewel of priceless value, the Truth. Let the dew of heaven which comes from the true Cross descend into your hearts and penetrate into your soul and body, so that it may crystallize into form. Then will the darkness within your mind disappear, the veil of matter will be rent, and before your spiritual vision will stand revealed the angel of truth.

The present material age is ever ready to reject without examination the symbols of the past whose meaning it cannot realise because it knows them not. Engaged in the pursuit of material pleasures, it loses sight of its true interest, and exchanges spiritual wealth for worthless bawbles. Losing sight of his destiny, man runs after a shadow, while others embitter their lives for the purpose of propitiating an angry God, and to buy from him happiness in a life of which they know nothing, and even doubt its existence. Ruled by fear, many bow before the Moloch of superstition and ignorance, while others wilfully shut their eyes to the light of reason and madly rush into the arms of a dead and cold material science to perish in her stony embrace; but the wise, whose far-seeing perception reaches beyond the narrow circle of his material surroundings and beyond the short span of time which embraces his
life on earth, knows that it is in his own power to control his future destiny. He raises the magic wand of his reason and quiets the tempest raging in the astral plane. The emotions which were rushing to his destruction obey him and execute his orders, and he walks safely upon the waters under whose calm surface is hidden the abyss of death, while above his head shines that bright constellation formed of Truth, Knowledge, and Power, whose centre is Wisdom and whose germs can be found in the spiritual self-consciousness of every human being.
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FOR THOSE WHO DESIRE TO FOLLOW THE PRACTICAL WAY.

1. Know that All is One.
2. Know that everything is Thyself.
3. Know that the One in a state of vibration produces the great multiplicity of forms and activities in the Universe.
4. Know that if you examine this multiplicity from the standpoint of your intellectual reasoning, you will arrive at the following deductions:
5. Everything that you call "Life," "Energy," "Substance," is a Duality.
6. Everything has a tendency to return to Unity (Repose).
7. All desire and therefore all suffering originates from duality.
8. Let thy aspiration be for enlightenment (self-knowledge).
9. Know that the result of the joys experienced by the attainment of enlightenment is happiness.
10. Rise above the state of condensation (materialisation).
11. Know that the result of the joys experienced in the state of condensation is suffering.
12. On the road from Unity in motion to tranquillity is the state of condensation. It is the cause of your
illusions, because you imagine it to be tranquillity; and it is the cause of your doubts, because you regard it as the object of your desires.

Know that the striving after the unification of the duality is the only source of your will, your desires, and of those joys whose results you call "suffering."

13. Know that the door for the solution of that which is fixed is called by you "Matter."

14. Know that everything has to pass through that door.

15. Know that the door for the solution of the fixed is also called by you "Life."

16. Know that everything has to pass through that door.

17. And that the long sojourn in "Matter" and the interruption of the voyage by "Life" means retardation in the solution of the fixed and procrastination in the unification of the duality.

18. Enforce the practice of the power of that which is solved over that which is condensed.

19. Direct your attention to the consciousness of that which is dissolved over that which is condensed.

20. Carry this consciousness through all the zones of your being.

21. Elevate (educate) your whole body to the capacity to think, to hear, and to see.

22. Cause it thereby to become a fit instrument for the use of your (spiritual) self-consciousness of the One and of your self-power (resulting from unification).

23. Conquer the pains resulting therefrom.

24. When the divine Language is once heard within thy heart—when the King within thy interior has once obtained dominion—when thou hast passed through water and fire, and thy blood has become blood of thy blood—then you may say: I am, I go, and I remain.
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